



HEALTH COMMISSION  
SERVING SOUTH SNOHOMISH COUNTY

# Community Leader Meetings December 2011

*Building the Foundation for a Healthier Community*

[ **ver·dant** [vur-dnt]  
**adjective** —green or lush:  
*a verdant oasis.* ]



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## Our Community

- We serve residents in the communities of Brier, Edmonds, Lynnwood, Mountlake Terrace, Woodway, and portions of Bothell and unincorporated Snohomish County.
- This totals about 240,000 residents.



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## Public Hospital District No. 2

- 1964 – Built Stevens Hospital
- 2010 – Stevens → Swedish/Edmonds
- 2010 – Created a New Program – SSCCFH
- 2011 – SSCCFH → Verdant

## Stevens → Swedish Financial Impact

- \$7.2 million → \$11.2 million in rent
- 30-year lease
- \$90 million capital improvements, minimum \$6 million per year
- \$2 million annual Maintenance & Operations Levy
- \$1 million annual investment earnings
- \$35 million → \$60 million in cash reserves



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### Hospital Impacts in the Community

- Excellent hospital system with Swedish
- Patient satisfaction is up
- “Brand” is strong
- Hospital financial stability
- Capital improvements beginning
- Security for the future



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## **Verdant Mission:**

To improve the health and  
well-being of our community.



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## Our Priorities

- Education & Empowerment
- Prevention
- Access to Healthcare Services
- Public Policy & Advocacy





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## Three Investment Tools

1. Project & Capital Investment Support  
(One-Time Investments)
2. Multi-Year Health Program Support
3. Community Health & Wellness System  
Improvements



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### Education & Empowerment Investments:

- Boys & Girls Club Healthy Habits After-School Program
- Cascade Bicycling Club Advanced Basics of Bicycling
- City of Lynnwood Get Movin'
- City of Lynnwood Move 60 Teens
- City of Lynnwood, Edmonds and Mountlake Terrace Swim Lessons
- Edmonds Public Schools Foundation Street Strut
- Edmonds Community College Celebration of Food Festival



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## Prevention Investments:

- Edmonds School District Move 60
- Edmonds Senior Center Enhanced Wellness Program
- City of Edmonds Summer Intensive Xfit Camp
- Little Red School House Nurse Family Partnership



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## Access to Healthcare Investments:

- Community Health Center of Snohomish County E.R. Diversion Project
- Jeremiah Center counseling program
- Project Access Northwest
- Senior Services of Snohomish County Care Coordination Program



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## Public Policy & Advocacy:

- Seeking programs that employ advocacy and public policy work
- Targeting improvements in health systems, government, and communities



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## Community Health & Wellness System Improvements:

### 6 Weeks to a Healthier You with Joe Piscatella

- (Overview) Make Your Health Last as Long as Your Life
- (Diet) Eating Healthy in a Doubleburger.com World
- (Exercise) Move It or Lose It
- (Stress) Take a Load Off Your Heart
- (Cooking) Healthy Cooking at Home
- (Impact on Family) Raising Fit Kids in a Fast World