



HEALTH COMMISSION
SERVING SOUTH SNOHOMISH COUNTY

Verdant Community Wellness Center

4710 196th St. SW, Lynnwood, WA 98036

Rooms and Resources

Location	Room	Room Name	Capacity	Resources in room
1 st Floor	Large Training Room	Cedar	50 with tables & chairs 75 with chairs only	Large screen, projection system, microphone/sound system, whiteboard, tack boards, (2) podiums
1 st Floor	Teaching Kitchen	Maple	12-16 hands-on cooking 16-20 for demonstration	2 screens that visualize the cooking surface, gas range, double oven, microwave, cooking utensils/supplies
2 nd Floor	Classroom	Birch	18-20 with tables & chairs 30 with chairs only	Drop-down screen, (2) whiteboards, coffee service center
2 nd Floor	Small Conference Room	Cypress	conference table accommodates 4	Frosted glass privacy door, whiteboard, sink
2 nd Floor	Medium Conference Room	Sequoia	conference table accommodates 6-8	Wall monitor, whiteboard
2 nd Floor	Small Conference Room	Madrona	conference table accommodates 4	Whiteboard
Basement	Large Open Area with Tables	Basement	12-16 with tables & chairs 24 with chairs only	Ideal for childcare & activities like yoga which need floor space (A restroom is located in the basement)

Additional Resources/Technology Available for Check Out

(On a first-come, first-served basis)

- PC Laptops – 3 available
- Projector – 1 available
- Extra Tables
- Extra Chairs
- Conference Phone – 1 available
- Flip-Chart (easel only) – 1 available

Items to Bring With You

(Please bring your own, if needed)

- Laptop, cable and adapters if using your own technology
- Flip chart paper and markers
- Food and cooking supplies to use in the Maple Teaching Kitchen (if items not provided on the kitchen equipment list)
- Ground Coffee
(thermal pots, filters, cups & supplies are available for your use)

For more information about scheduling a room at the Verdant Community Wellness Center

Visit: verdanthealth.org/VCWC or call (425)582-8600