VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON BOARD OF COMMISSIONERS Regular Meeting A G E N D A December 18, 2019 8:00 a.m. to 8:55 a.m.

	ACTION	TIME	PAGE
A. Call to Order		8:00	
 B. Approval of the Minutes a) November 20, 2019 Board Meeting b) December 6 to 7, 2019 Special Meeting 	Action Action	8:01 8:02	2-5 6-12
 C. Executive Committee Report a) Approve revised Verdant mission, vision and values c) Resolution 2019:13 – 2020 Monthly Board Meeting Schedule c) Officers & Committees for 2020 b) Selection of Superintendent Search Firm 	Action Action Information Action	8:05 8:07 8:09 8:10	13 14-16 17
D. Superintendent/Marketing Reports	Information	8:15	
 E. Finance Committee a) Financial statements and cash activity b) Authorization for payment of vouchers and payroll c) Resolution 2019:12 – Fixed Asset Disposition d) Kruger Clinic Profit Loss 	Information Action Action Information	8:20 8:25 8:27	18-22 23 24-27 28
 F. Program Committee Report and Recommendations a) Conflicts of Interest b) Program Investment Recommendations c) Verdant Community Wellness Center update d) Verdant Multicultural Program update 	Action Information Information	8:30 8:32 	 29-33 34-35 36
G. Public Comments (please limit to three minutes per speaker)		8:45	
H. Commissioner Comments		8:50	
I. Adjournment		8:55	

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting Verdant Community Wellness Center December 18, 2019

Commissioners Present Staff	Deana Knutsen, President Karianna Wilson, Secretary (8:05 a.m. arrival) Bob Knowles, Commissioner Fred Langer, Commissioner Dr. Jim Distelhorst, Commissioner Jennifer Piplic, Superintendent
	Sue Waldin, Community Wellness Program Manager Sandra Huber, Community Engagement Nancy Budd, Community Social Worker Karen Goto, Executive Assistant
Guests	Erica Ash, Ash Consulting
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:00 a.m. by President Knutsen.
Oath of Office for Commissioner Bob Knowles	Commissioner Langer administered the Oath of Office to Commissioner Knowles for his 6-year term.
Approval of Minutes	 Motion was made, seconded and passed unanimously to approve the minutes of the regular board meeting on November 20, 2019. Motion was made, seconded and passed unanimously to approve the minutes of the special board meeting on December 6 to 7, 2019.
Executive Committee Report	The committee met on December 11, 2019 to review the agenda for the December 18, 2019 board meeting, the revised Verdant Mission, Vision & Values Statement, and the next steps in the Superintendent search. No action was taken.
Approve Revised Verdant Mission, Vision & Values Statement	Motion was made, seconded and passed unanimously to approve incorporating the word "whole" before the word "community" in the statement (E:82:19).

Commissioners Meeting December 18, 2019 Page 2

Resolution 2019:13 2020 Monthly Board Meeting Schedule	<i>Motion was made, seconded and passed unanimously to approve</i> the 2020 regular board meeting schedule.
Officers & Committees for 2020	See Exhibit 83:19
Selection of Superintendent Search Firm	President Knutsen noted that all five commissioners participated in the interviews of four Superintendent search firms at the Board Retreat on December 6, 2019. <i>Motion was made, seconded and passed unanimously to</i> <i>approve</i> Herd Freed Hartz and Mr. Scott Rabinowitz as the lead on the search for the district Superintendent.
Superintendent/ Marketing Report	 Ms. Piplic reported on the following items: Welcome to Mr. Scott Rabinowitz Congratulations to Commissioners Knowles and Distelhorst for their election to the board Commissioner committee appointments will begin in January 2020 and a schedule of meetings will be coming soon Verdant program staff are working on programs for the month of January 2020
Finance Committee Report	Commissioner Langer stated that the committee met on December 16, 2019. Ms. Ash reviewed the financial statements and cash activity for November 2019 (E:84:19). Ms. Ash noted three warrants: one to CBRE for a 50% payment on the lease of a suite at the Kruger Clinic, another to Payden & Rygel for their advisory fee, and the third one to the State Auditor's Office for their work on the 2018 audit.
Authorization for Payment of Vouchers & Payroll	Warrant Numbers 13962 through 14003 for November 2019 for payment in the amount of \$88,826.04 were presented for approval (E:85:19) by Commissioner Langer. <i>Motion was made,</i> <i>seconded and passed unanimously to approve.</i>
Resolution 2019:12 Fixed Asset Disposition	Commissioner Langer presented Resolution 2019:12. <i>Motion was made, seconded and passed unanimously to approve</i> Resolution 2019:12
Kruger Clinic Profit & Loss	As requested by Commissioner Knowles at the November 20, 2019 board meeting, Ms. Ash provided a profit and loss statement from 2013 to 2019 for the Kruger Clinic(Exhibit 86:19).

Commissioners Meeting December 18, 2019 Page 3

Program Committee Update The Program Committee met on December 12, 2019 and reviewed five renewal grant applications (E:87:19). Commissioner Knowles asked if there were any known or perceived conflicts of interest and none were reported by the commissioners.

Ms. Piplic presented the renewal applications and Commissioner Knowles presented the program committee recommendations.

Motion was made, seconded and passed unanimously to approve Lahai Health Mobile Medical Clinic in the amount of \$138,000 in Year 1, \$183,000 in Year 2, and \$188,000 in Year 3.

Motion was made, seconded and passed unanimously to approve the Edmonds School District Student Support Advocates in the amount of \$450,000 in Year 1, \$450,000 in Year 2, and \$450,000 in Year 3.

Motion was made, seconded and passed unanimously to approve South County Fire & Rescue Veterans in Prevention and Community Falls and Safety Program in the amount of \$97,500 in Year 1, \$92,260 in Year 2, and \$89,175 in Year 3.

Motion was made, seconded and passed unanimously to approve ChildStrive Nurse-Family Partnership in the amount of \$288,400 in Year 1, \$297,052 in Year 2, and \$305,964 in Year 3.

Motion was made, seconded and passed unanimously to approve Wonderland Child & Family Services Early Intervention Programs in the amount of \$150,000 in Year 1, \$150,000 in Year 2, and \$150,000 in Year 3.

Verdant Community Wellness Center Update	See Exhibit 88:19 for an update on programs in the Verdant Community Wellness Center in November 2019.
Verdant Multicultural Program Update	See Exhibit 89:19 on multicultural programs in the month of November 2019.
Public Comments	 Mr. Larry Hadland of South County Fire & Rescue thanked the board for the grant and said that they are committed to doing an exemplary job in serving all veterans and are also committed to the health and wellness of all Public Hospital District #2 residents.

2. Mr. Tony Bollen of Lahai Health thanked the board for the funds for the expansion of their mobile medical clinic.

Commissioners Meeting December 18, 2019 Page 4

Commissioner Comments

3. Ms. Trish Dauer of ChildStrive thanked the board for the funds for the Nurse-Family Partnership.

4. Ms. Michelle Stiller Bradley of Wonderland thanked the board for the funds which will allow the program to go to the next level.

President Knutsen commented that her husband is a Vietnam veteran and that she has an adult child with disabilities and she thanked the organizations present for their work. President Knutsen also commented that she has had a great three years as board chair and that she will still be present for Verdant's work. Commissioner Distelhorst commented on two things: 1. The Snohomish Health District released its 2018 Community Health Needs Assessment, and the 8 indicators highlighted in the report closely align with Verdant's priority areas 2. An article in the Journal of the American Medical Association from December 3, 2019 talked about improved health outcomes in children experiencing homelessness once they were housed. This is good evidence that future Verdant programs that focus on homelessness in children might be beneficial. Commissioner Langer thanked President Knutsen for her service as board chair.

Adjournment

The meeting was adjourned at 8:38 a.m.

ATTEST BY:

Jeana Knitson Vananna III



Verdant Mission, Vision and Values

Mission: To improve the health and well-being of our whole community.

Vision: To be a sustaining public resource improving the health and well-being of South Snohomish County, collaboratively and creatively working to meet the needs of our whole community.

Our Values

• **Compassion** We act with compassion and care for our whole community.

• Accountability

We fulfill our responsibilities to our whole community and to each other with integrity and by investing in programs that demonstrate worthwhile results.

Respect We are inclusive and treat all with dignity, honesty and fairness.

Excellence

We are leaders in investing, convening and empowering individuals to achieve health and well-being.

Stewardship

We strive to use all resources wisely for the health improvement of our whole community.

PUBLIC HOSPITAL DISTRICT NO. 2 SNOHOMISH COUNTY, WASHINGTON RESOLUTION NO. 2019-13

A RESOLUTION of the Board of Commissioners (the "Board") of Public Hospital District No. 2, Snohomish County, Washington (the "District"), approving the schedule for the meetings of the Board during 2020.

WHEREAS, RCW 42.30.070 provides that the governing body of a public agency may provide the time for holding regular meetings of the governing body by ordinance, resolution, bylaws, or by whatever other rule is required for the conduct of business by that body; and

WHEREAS, Article II, Section 3.1, of the Amended and Restated Bylaws of Public Hospital District No. 2, Snohomish County, Washington, d/b/a Verdant Health Commission provides that the dates, times and locations for the regular meetings of the Board shall be established from time to time by resolution adopted by the Board; and

WHEREAS, the Board desires to approve the schedule for its regular meetings for 2020; NOW, THEREFORE,

BE IT RESOLVED by the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, that the schedule for the regular meetings of the Board attached hereto as Exhibit A is hereby approved.

ADOPTED AND APPROVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, at a regular open public meeting thereof this 18thth day of December, 2019, the following Commissioners being present and voting in favor of the adoption of the resolution.

President and Commissioner

Commissioner

Commissioner

Commissioner

Secretary and Commissioner

52970244.1

CERTIFICATE

I, the undersigned, Secretary of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2019-13 is a true and correct copy of the original resolution adopted on December 18, 2019, as that resolution appears on the Minute Book of the District.

DATED this 18th day of December, 2019.

Karianna Wilson Secretary of the Board of Commissioners



Proposed 2020 Monthly Board Meetings Subject to Approval By Resolution 2019:13

4th Wednesday of the month unless noted Time: 8 - 10 a.m. Location: Verdant Community Wellness Center 4710 196th St. SW Lynnwood, WA 98036

January 22

February 26

March 25

April 22

May 27

June 24

July 22

August 26

September 23

October 28

November 18 (3rd Wednesday)

December 16 (3rd Wednesday)

E:83:19 12,18:2019



2020 Officers & Committee Assignments

- President Bob Knowles
- Secretary Karianna Wilson
- Executive Committee Bob Knowles (Chair)/ Karianna Wilson
- Finance Committee Fred Langer (Chair) / Karianna Wilson
- Program Committee Jim Distelhorst (Chair) / Deana Knutsen
- Strategic Collaboration Comm Bob Knowles (Chair)/ Deana Knutsen
- Medical Advisory Committee ad hoc/Jim Distelhorst

E:84:19 12. 18.2019 DRAFT

Public Hospital District #2, Snohomish County Balance Sheet

As of November 30, 2019

		Α	В	С	D	
		Dec 31, 2018	Nov 30, 2019	\$ Change	Comments:	
1	ASSETS					
2	Current Assets					
3	Cash Balance	2,863,276	2,736,916	(126,360)		
4	Other Current Assets	47,865,697	52,268,742	4,403,045	Includes Investments	
5	Total Current Assets	50,728,973	55,005,658	4,276,685		
6	Total Long-term & Fixed Assets	44,873,691	43,266,921	(1,606,770)	Includes Depreciation	
7	TOTAL ASSETS	95,602,664	98,272,579	2,669,915		
8	LIABILITIES & EQUITY					
9	Liabilities					
10	Current Liabilities	2,176,028	1,384,173	(791,855)		
11	Long-term Liabilities	1,073,890	1,017,029	(56,861)	2012 LTGO Bonds/BHCF	
12	Total Liabilities	3,249,917	2,401,202	(848,715)		
13	Total Equity	92,352,746	95,871,377	3,518,631	Annual Net Income/(Loss)	
14	TOTAL LIABILITIES & EQUITY	95,602,664	98,272,579	2,669,915		

Profit & Loss November 2019

		А	В	с	D	E	F
		Nov Actual	Nov Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1	INCOME						
2	Ordinary Income	923,854	924,580	(726)	10,012,664	9,992,032	20,632
3	EXPENSES						
4	Operating Expenses	204,056	186,959	(17,097)	2,037,834	2,168,136	130,302
5	Depreciation Expense	143,592	142,270	(1,322)	1,614,571	1,612,649	(1,922)
6	Program Expenses	719,440	1,233,990	514,551	6,716,748	8,543,695	1,826,947
7	Total Expenses	1,067,088	1,563,220	496,132	10,369,153	12,324,480	1,955,327
8	OTHER INCOME/(EXPENSE)						
9	Total Other Income/(Expense)	240,399	241,828	(1,429)	3,875,120	2,660,104	1,215,016
10	NET INCOME/(LOSS)	97,164	(396,813)	493,977	3,518,631	327,656	3,190,975

Monthly Highlights November 2019

Verdant received dividend payments of \$88,989 and a unrealized loss of \$60,445 on our investment portfolio in November which closed with an ending market value of \$52,242,767.

Program grant commitments total \$6,508,707 for 2019 and \$4,647,004 for 2020 excluding BHCF.

Revenue of \$108,881 and expenses of \$91,383 from the Kruger Clinic were incurred, netting to an additional operating income of \$17,498 in November.

Public Hospital District #2	istrict #2			
Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
13962	11/01/2019	Parsi Properties LLC	2,718.00	November 2019 - Parking lot lease
13963	11/07/2019	AmeriFlex Business Solutions	11.50	Nov 2019 FSA Administration
13964	11/07/2019	Armstrong Maintenance, LLC	431.65	Janitorial
13965	11/07/2019	Ash Consulting	9,555.00	Accounting Consulting
13966	11/07/2019	Azose	3,240.00	Property Management for Kruger Clinic
13967	11/07/2019	Cascade Security Corporation	512.00	November 2019 Parking Lot Security
13968	11/07/2019	Comcast	330.22	Telephone/Internet
13969	11/07/2019	Consolidated Landscape Maintenance, Inc.	440.90	November 2019 Landscaping
13970	11/07/2019	ELTEC Systems, LLC	277.92	November 2019 Elevator Maintenance
13971	11/07/2019	J3 World Inc	5,000.00	Speaker for Mental Health Event 11/9/19
13972	11/07/2019	Lowe Graham Jones PLLC	150.00	September 2019 Trademark monitoring
13973	11/07/2019	Sean Locklear	5,000.00	Speaker for Mental Health Event 11/9/19
13974	11/07/2019	Snohomish County PUD	925.49	Electricity
13975	11/07/2019	Tulalip Resort Casino	444.00	Board Retreat Deposit - 12/5/19
13976	11/07/2019	Waste Management	338.93	Garbage
13977	11/07/2019	Sound Dietitians	6,392.39	WC 223 & WC 222 - Nutrition Consulting and Healthy Living Coaching Group
13978	11/14/2019	Alexander Printing Co, Inc	233.95	Event handouts
13979	11/14/2019	Ankrom Moisan	357.50	VCWC office furniture reconfiguration
13980	11/14/2019	Armstrong Maintenance, LLC	550.00	Janitorial
13981	11/14/2019	Comcast	533.10	Telephone/Internet
13982	11/14/2019	Dataworks	1,449.67	IT support
13983	11/14/2019	McKinstry Co., LLC	1,343.00	HVAC repair, Plumbing
13984	11/14/2019	Pacific Medical Centers(PacMed)	441.04	WC 230 - Living Well Alliance
13985	11/14/2019	Seattle Food Nut	543.22	WC 229 - Teen cooking class
13986	11/14/2019	TGB Architects	1,486.45	Kruger Clinic suite separation
13987	11/14/2019	Tulalip Resort Casino	2,791.89	Lodging and remaining foods costs for Board Retreat 12/5/19
13988	11/14/2019	Verizon	112.64	Cell phone
13989	11/18/2019	Armstrong Maintenance, LLC	912.10	Janitorial
13990	11/18/2019	Background Investigations	66.00	Background checks for childcare providers
13991	11/18/2019	CBRE, Inc.	11,221.88	50% commission for Kruger Clinic Suite Separation
13992	11/18/2019	Consolidated Landscape Maintenance, Inc.	2,256.41	Landscaping and mulch application
13993	11/18/2019	Jason Becker Creative	675.00	Design and photography for Mental Health event 11/9/19
13994	11/18/2019	Luz E Diaz	2,400.00	WC 268 - Planning and curriculum development for Latina health series
13995	11/18/2019	Neopost	185.12	Postage
13996	11/18/2019	Payden & Rygel	8,680.00	10/1-10/31/19 Investment Advisory Services
13997	11/18/2019	Principal	1,092.16	EE Insurance
13998	11/18/2019	Sound Publishing, Inc.	1,059.20	Legal Notice 11/20 Board Meeting and advertising for community events
13999	11/18/2019	Staples	1,248.79	Supplies and printing
14000	11/18/2019	State Auditor's Office	6,832.12	Progress Billing for 2018 State Audit
TOOPT	6T07/9T/TT	I nomas & Associates	3,213.80	Consulting - July thru October 2019

Purpose	00 Program Payouts 00 December 2019 - Parking lot lease	04	Purpose	 57.75 Fee for payroll processing 10.00 Fee for payroll processing 273.10 Ef FSA Payments 333.25 Bounced Check # 1322 026.67 Payroll transfer 031.40 04014)457 Deposit 068.37 Payroll transfer 031.40 04014 payroll transfer 33.55 90.89 Client Analysis Service Charge 16.79 Client Analysis Service Charge 16.79 Client Analysis Service Charge 16.79 Client Analysis Service Charge 15.70 Client Analysis Service Charge 15.70 Client Analysis Service Charge 15.71 264.99 Ef FSA Payments 284.99 FF FSA Payroll transfer 770.92 Payroll transfer 770.92 Payroll transfer 770.93 Quarterly Labor and Industries return - 9/30/19 856.95 86.05 Saud Interest 2012 LTGO Bonds 57.75 Fee for payroll processing
Amount	655.00 2,718.00	88,826.04	Amount	57.75 10.00 273.10 28,333.29 6,026.67 2,068.37 19,091.40 736.39 52.70 90.89 1123.65 123.65 123.65 123.65 123.65 123.65 123.65 115.74 609.93 856.95 856.95 943,050.00
Payee	YMCA of Greater Seattle. Parsi Properties LLC	Total Warrants	Payee	ADP ADP AmeriFlex Business Solutions Puget Sound Gastro Department of Treasury/State of WA Valic Payroll Valic AmeriFlex Business Solutions Wells Fargo Wells Fargo Wells Fargo Wells Fargo Wells Fargo Mells Farg
Transaction Date	11/18/2019 11/22/2019		Transaction Date ity:	11/01/2019 11/01/2019 11/04/2019 11/08/2019 11/08/2019 11/12/2019 11/12/2019 11/12/2019 11/12/2019 11/22/2019 11/22/2019 11/22/2019 11/22/2019 11/22/2019 11/22/2019 11/29/2019 11/29/2019
Warrant Number	14002 14003		Wire/ACH Activity:	

	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment
Amount	24,583.33	2,666.67	36,029.16	50,150.16	17,386.50	8,000.00	113,788.75	9,666.67	60,586.67	11,862.67	5,000.00	5,416.66	8,100.00	4,583.33	10,416.67	47,495.50	20,833.33	28,839.58	6,750.42
Payee	Boys & Girls Club of Snohomish County	Cascade Bicycle Club Education Foundation	Center for Human Services	ChildStrive	Compass Health	Domestic Violence Services Snohomish Co	Edmonds School District No. 15	Edmonds Senior Center	Homage Senior Services	Kindering	Korean Women's Association	Latino Educational Training Institute	Medical Teams International	Prescription Drug Assistance Foundation	Project Access Northwest	Puget Sound Christian Clinic	Therapeutic Health Services	Wonderland Development Center	Volunteers of America Western WA
Transaction Date	11/15/2019	11/15/2019	11/15/2019	11/15/2019	11/15/2019	11/15/2019	11/15/2019	11/15/2019	11/15/2019	11/15/2019	11/15/2019	11/15/2019	11/15/2019	11/15/2019	11/15/2019	11/15/2019	11/15/2019	11/15/2019	11/15/2019

Total Wires/ACH Transactions

1,738,174.28

Program Payment Program Payment

30,228.33 7,500.00

Program Payment Program Payment Program Payment

South Snohomish County Fire & Rescue Community Health Center of Snohomish Co

City of Lynnwood Alzheimer's Association Western & Central

11/15/2019 11/15/2019 11/15/2019 11/15/2019

6,750.42 48,603.34 128,647.85

Purpose

Various Claimants/Vendors
Various Claimants/Vendors
Total Disbursements
Payer
Swedish/Edmonds Value Village
Raymond Liu, D.D.S. Brian Takagi, MD
Edmonds Medical Clinic Snohomish County
Puget Sound Gastro
VCWC Registration Allied Dermotology
Swedish/Edmonds Swedish/Edmonds
Total Deposits

VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT #2 SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers <u>13962</u> through <u>14003</u> have been issued for payment in the amount of <u>\$88,826.04</u>. These warrants are hereby approved.

Attest:

Erica Ash

Commissioner

ama Commissioner

Commissioner Commissioner Commissioner

\$88,826.04 Warrants Processed: 11-1-19 - 11-30-19 11-1-19 - 11-30-19 29,558.49 Kruger Clinic Processed: 10-20-19 - 11-2-19 19,091.40 Pavroll: Robin Fenn PTO payout 14,805.05 11-3-19 - 11-16-19 14,175.77 48,072.22 18,389.54 **Electronic Payments/** Pavroll Taxes Adjustments: Payroll Processing 213.22 Valic Retirement 10,575.68 **FSA Payments** 706.53 Bank Fees & Credit Card 231.33 WA State Dept Revenue 856.95 WA State Dept of Labor & Ind 609.93 Returned Check 28,333.29 Bond Payment 943,050.00 **Program Expenditures** 687,135.59

1,690,102.06

\$1,856,558.81

Grand Total

PUBLIC HOSPITAL DISTRICT NO. 2 SNOHOMISH COUNTY, WASHINGTON

RESOLUTION NO. 2019-12

A RESOLUTION of the Commission of Public Hospital District No. 2, Snohomish County, Washington, determining certain personal property to be surplus and no longer required for public hospital district purposes of the District and authorizing the Superintendent or his designee to sell all or any part of such property on a negotiated basis upon the most favorable terms and conditions obtainable or to otherwise dispose of such property, and ratifying prior actions.

WHEREAS, certain personal property of the District is no longer required for District purposes and the Commission wishes to dispose of such property in a lawful manner as promptly as reasonably possible; NOW, THEREFORE,

BE IT RESOLVED BY THE COMMISSION OF PUBLIC HOSPITAL DISTRICT NO 2, SNOHOMISH COUNTY, WASHINGTON, as follows:

<u>Section 1.</u> It is hereby found, determined and declared that all of the personal property identified on Exhibit A hereto is no longer required for public hospital district purposes and such property therefore is surplus. It is further found and declared to be in the best interest of the District that such property (the "Surplus Property") be disposed of promptly as hereinafter provided.

<u>Section 2.</u> The Superintendent or his designee is hereby authorized and directed to sell on a negotiated basis upon the most favorable terms and conditions obtainable all or any part of the Surplus Property as soon as reasonably possible. Any Surplus Property not thus sold shall be disposed of and removed from the premises of Swedish Edmonds Hospital at the direction of the Superintendent or his designee at the least possible cost to the District.

ADOPTED AND APPROVED by the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, at an open public meeting thereof, this 18th day of December, 2019, the following commissioners being present and voting in favor of the resolution.

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President and Commissioner

Commissioner

Commissioner

uje Commissioner

MA

Secretary and Commissioner

CERTIFICATE

I, the undersigned, Secretary of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2019-12 is a true and correct copy of the original resolution adopted on December18, 2019 as that resolution appears on the Minute Book of the District.

DATED this 18th day of December, 2019.

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Karianna Wilson Secretary of the Board of Commissioners

December 2019 Asset Surplus

Class	Number	Dept	Description	QTY	Life (months)	Acquisition Date	Cost	NBV 12/31/19	Disp Date
05	9103901	7020	ULTRASOUND G20 SLC	1	60	7/1/2009	50,295.95	-	12/31/2019
05	2000039	7050	STERRAD 100 GAS PLASMA STE	1	144	5/1/2000	104,646.96	-	12/31/2019
05	8911301	7153	ULTRASOUND ACUSON ANTARES	1	60	12/1/2008	92,565.02	-	12/31/2019
05	8907501	7154	DIGITAL MAMMOGRAPHY UNIT	1	60	11/1/2008	450,138.15	-	12/31/2019

697,646.08 -

	2013	2014	2015	2016	2017	2018	2019	TOTAL	
Rental Income	35	1,330	1,366	1,387	1,420	1,260	1,196	7,994	Allied Derm rental space change 2018
Professional Services	54	52	60	75	39	38	41	359	Property Mgt, Legal, Consulting
Other Amortization	2	25	59	70	79	79	73	385	Tenant Improvement Amortization
Purchased Services	•	64	77	114	139	144	130	668	Janitorial, Landscaping, Security, Internet
Supplies	4	a	ä	~	а	ä	•	~	
Repairs and Maintenace	2	114	109	62	53	80	65	502	
Insurance	ë i f	16	18	17	19	20	22	112	
Utilities	7	108	102	122	124	118	125	701	Electric, Water/Sewer, Garbage, Recycling
Taxes	14	47	54	53	53	42	37	300	Leasehold Excise Tax
Other Expenses	+	5	Q	2	u:	(1)	a.	13	Postage
Depreciation	30	389	335	365	394	399	366	2,278	
Total Operating Expenses	103	820	820	898	006	919	859	5,319	
Net Ordinary Income	(68)	510	546	489	520	341	337	2,675	
Total Non Operating Rev/Exp	x	ï	·	49	(2)	Ĩ		47	Insurance recovery (2016)
Net Income	(68)	510	546	538	518	341	337	2,722	

Public Hospital District #2 of Snohomish County

KRUGER CLINIC Profit Loss January 2013 through November 2019 In Thousands

28

Program Oversight Committee Summary Report December 2019

Five renewal application for discussion:

1. Lahai Health (formerly Pu	get Request Year	r 1 Request Year 2	Request Year 3
Sound Christian Clinic)	\$138,000	\$183,000	\$188,000
Program Name & Descriptio	n: Mobile Medical Clinic		
A renewal request for a prim patients two times per mont volunteer licensed/registered this renewal application, the medical clinic site offered on from 2 per month to 6 per m Managers, who oversee the individual clinic sites, and pro-	h at the Community Life Cent d healthcare providers to deli y propose expanding services ce per month in our district. onth, beginning in Septembe nursing line, deliver direct pa	ter (CLC) location in Lynnwo iver primary care to the unit beginning in 2020 with an This funding would expand r 2020, and it would support	od. Lahai Health utilizes nsured/underinsured. In additional mobile the number of clinic days rt 4 staff Nurse Care
Expected Results	The program tracks the num patients who receive prima seeking care of their chronic unduplicated patients per y years.	ry care at the clinic, and the c conditions at the clinic. Th	e number of patients bey expect to serve 330
Use of Funds & Costs	Prior funding level was \$10 \$138,000 in Year 1; \$183,00 Year 1 to Year 2 reflects the Lahai leverages in-kind gifts	00 in Year 2; \$188,000 in Yea e expanded services, expected	ar 3. The increase from ed to begin Sept. 2020.

2. Edmonds School District	Request Year 1	Request Year 2	Request Year 3
	\$450,000	\$450,000	\$450,000

Program Name & Description: Student Support Advocates

A renewal request to support Student Support Advocates (SSAs) at 4 middle schools, 4 high schools, and 1 alternative high school in the Edmonds School District. The program aims to support students and families with basic needs that if unmet, present barriers to success. Staff are strongly focused on the early detection and treatment of substance use and mental health issues. SSAs case-manage clients and provide support and referrals to services, including to other Verdant programs like mental health counseling through Center for Human Services and Therapeutic Health Services.

Expected Results	 The program anticipates serving 456 participants and tracks needs and outcomes in 11 areas, including the following: # Connected to mental health resources and attended 3 or more sessions (n=375) # Connected to housing resources and/or maintained or found stable housing with SSA support (n=184) # Connected to medical insurance or services (n=85)
Use of Funds & Costs	The current funding level has been \$395k per year for 3 years. The renewal request is for \$450k per year for 3 years. Salaries/benefits have increased recently, and the ESD budgeted for COLAs moving forward. This program does receive support from other sources: Government grants/contracts (Snohomish County Human Services) and the ESD provides financial support.

3. South County Fire & Rescue	Request Year 1	Request Year 2	Request Year 3
	\$97,500	\$92,260	\$89,175

Program Name & Description: Veterans in Prevention & Community Falls and Safety Program

A request to renew funding the Veterans in Prevention program. For 3 years, Verdant has funded a program through SCF with support from Operation Military Families to hire veterans who connect vets in the community to services. This team of part-time staff and the SCF manager also provide support for at-risk older adults for falls prevention. They receive referrals through the Community Resource Paramedic program when a CRP identifies a potential client who fits within their target audience: is at-risk for falls and/or is a veteran.

New in this application, SCF & OMF are interested in expanding their reach to younger veterans. They budgeted for the creation of PSAs in print, audio, and video to target these vets in an effort to connect them to benefits and services. They will utilize college interns (with a preference for vets) to support the public information campaign.

reaction in the second second state and for a second faile many action	
Expected ResultsThe program has exceeded its goal for number of falls prevention (100), with 119 served in the most recent year. The renewal requ additional outcomes included related to connecting veterans to b Outcomes tracked will be: Falls prevention clients contacted and a year-over-year reduction/stabilization of older adult fall counts;Increase the number of military vets registered with the services;Increase the number of vets and eligible spouses receiving benefits from the VA.	uest has penefits. VA for health

Use of Funds & Costs	The current funding level has been \$89,240/year for 3 years. The renewal request is for \$97,500 in Year 1; \$92,260 in Year 2; \$89,175 in Year 3.
	The budget includes a total number of hours for the part-time staff, funding for the PSAs, postage/printing/publications connected to mailed letters to falls patients, OMF support, and supplies.
	SCF provides financial support for the program through salary/benefits for supervision plus vehicle expenses and office space.

4. ChildStrive	Request Year 1	Request Year 2	Request Year 3
	\$288,400	\$297,052	\$305,964

Program Name & Description: Nurse-Family Partnership

A request to continue funding 2.0 FTEs of Community Health Nurses to provide intensive home-visiting support to at-risk families with target populations including teen mothers, mothers with history of substance use or mental health diagnosis, and mothers experiencing housing instability.

This evidence-based community health program is delivered by BSNs with NFP model training who have assessment and intervention skills in the following areas: prenatal/pregnancy, childbirth education, postpartum, lactation, newborn care/assessment, growth and development (birth to 2), mental health assessment and crisis intervention, pregnancy planning/contraception, infant-mental health support, home and environmental safety promotion, educational support, job skill acquisition, community resource connector, and motivational interviewing. Community Health Nurses provide home visits twice/month throughout their time working together until the last few months, when they meet once/month.

Expected Results	 The program has exceeded its goals for number of families served (65) this year; with 68 served January-October 2019. The renewal request aims to reach 70 mothers per year and 55 babies. The program tracks outcomes in the following areas: Client demonstrates age-appropriate parenting as determined by developmental screenings and evaluations; Mother initiates breastfeeding and keeps baby's immunizations up-to-date; Preterm birth rate is at or lower than the national objective; Low birthweight rate is less than or equal to the national objective; Number of clients who report not smoking at 36 weeks In outcomes published in Oct. 2019, ChildStrive's NFP program results exceed the National NFP results.

Use of Funds & Costs	The current funding (\$280,000) supports 2.0 FTE salaries/benefits and other
	preserve easts including equipment training transportation ato
	program costs, including equipment, training, transportation, etc.
	The renewal request covers the same salaries/benefits plus a COLA and other
	program costs. In all, ChildStrive has 9.0 FTE community health nurses serving
	the NFP program across Snohomish County.
	the Mir program across shortonish county.
	ChildStrive receives additional funding for NFP from the state, a private
	foundation, and development dollars raised by ChildStrive.

5. Wonderland Child & Family	Request Year 1	Request Year 2	Request Year 3
Services	\$150,000	\$150,000	\$150,000

Program Name & Description: Early Intervention Programs

A request to continue funding to provide home-based, intensive, tiered early intervention (EI) services to children 0-3 with a minimum 25% delay and their families. In addition to supporting Wonderland's EI program (called The Next Level), funding also supports 2 weekly Play & Learn groups in our service area (at Verdant and MLT Library).

Expected Results	 The program has exceeded its goals for number of children served (150), with 161 served in the most recent year reported. Wonderland expects to serve 184 per year in the renewal grant. The program tracks outcomes in the following areas. Improve child's skills/abilities to relate to adults and other children and follow rules related to groups or interacting with others; Improve child's skills/abilities related to thinking, reasoning, using problem solving, understanding symbols, and understanding physical/social worlds; Improve child's abilities to use appropriate behaviors to take care of basic needs and self-care, contribute to one's health and safety, get from place to place (mobility), and use tools; Parent/caregiver will be better able to cope with issues related to raising a child with a developmental delay and/or disability.
Use of Funds & Costs	 The current funding (\$149,500/year) supports both salaries/benefits and materials/supplies for the Next Level EI program. In the renewal application, the funding request of \$150k/year supports both the Next Level EI program and 2 weekly Play & Learn groups in our district. As explained in the application, school district contracts and insurance do not adequately cover the cost of additional services and staffing essential for the Next Level.

Program Committee Recommendations (Commissioners Knowles and Wilson)

Recommended for Funding:

• Lahai Health Mobile Medical Clinic: The committee is recommending funding the program in full and believes the program aligns with the Verdant priority area to increase access to services.

The committee requested information regarding the average number of visits per client per year (answer is 2.52) and how Lahai Health helps patients check for insurance eligibility. For insurance eligibility, Lahai requires income information for individuals and households annually, and they work with WithinReach or CHC if there are any questions. If children are not enrolled in Medicaid, they will be assisted to get that enrollment completed.

- Edmonds School District Student Support Advocates: The committee is recommending funding the program in full and sees value in the connections this program makes to our priority areas in supporting youth behavioral health.
- South County Fire Veterans in Prevention and Community Falls & Safety Program: The committee is
 recommending funding the program in full, recognizing that this program supports our efforts in injury prevention.
 It also serves an important demograhic with older adults and veterans. The committee requested that SCF include
 the Verdant logo in its letters to falls prevention clients when it does outreach.
- **Childstrive Nurse-Family Partnership**: The committee recommends funding the program in full. This program supports Verdant's prevention work and behavioral health focus, particular around ACEs.
- Wonderland Child & Family Services Early Intervention Programs: The committee recommends fully funding the request. This support allows Wonderland to provide a deeper level of service in our priority area of prevention.

Verdant Community Wellness Center Summary December 2019

Completed Programs (November/December)

1.	1. General Community and Provider Events	
	1. Hanen Parent Workshop for Kids with Speech Delays (11/6 – 12/11)	12/session
	2. Monthly Hero's Café for Veterans (11/26; 12/17)	100+
	3. MTI Dental Van – Root Canal Clinic (11/27; 12/11)*	4-6
	4. City of Lynnwood Healthy Communities Retreat (12/3)	20
	5. Foster Parent Core Training Series (12/5, 11, 12, 19)	12
	6. Korean Women's Association Everyday Prevention Workshops (12/5)*	35
	7. Family Caregiver Support Group (12/5)	10/session
	8. Strategic Collaboration Meeting (12/4)	5
	9. Parkinson's Disease Support Group (12/2)	8-10
	10. ARC Mothers of Children with Disabilities Monthly Support Network (12/7)	16
	11. Special Education Parent Group Meeting (12/9)	5
	12. DDA Regional Training (12/9)	24
	13. Ongoing – Community Support for Prescription Assistance (weekly)*	Varies

2.	Nutrition and Healthy Behaviors		Attendance
	1.	Diabetes-friendly Living Series (11/6 – 11/27)*	12/session
	2.	Weekly Healthy Living Coaching Group (11/19, 26; 12/ 3, 10, 17)*	4-10
	3.	Navigating Diabetes Today Monthly Series: Holiday-friendly Recipes (11/20)*	14
	4.	Cooking Demo for Adults on SNAP – Monthly FINI Training (11/21; 12/19)*	22
	5.	Cooking Demo: Making Holiday Pies (11/25)*	20
	6.	Puget Sound Kidney Center Holiday Cooking Class (12/4)	13
	7.	Managing Stress with Breathing, Gentle Yoga and Healing Nutrition (12/5)*	16
	8.	Getting to Goal Weight Reduction Program (1:1 Appts with an RDN)	Varies

3.	Behavioral Health & Substance Use	Attendance
	1. Grief and Loss Support Group (10/2 – 11/20)*	8/session
	2. Survivors of Suicide Loss Day (11/23)	24
	3. NAMI Connections Mental Health Support Group (11/28; 12/12)	8-10/session
	4. Special Education Parents Group Monthly Meeting (12/9)	4-6
	5. Brain Health & Wellness Workshop (12/12)	10
	6. Adult Children of Alcoholics Weekly Support Group (weekly)	Varies
	7. Veterans Drop-In Support (weekly - Lynnwood & monthly - County)	Varies

4.	Other Programs	Attendance
	1. Play and Learn Group, Wonderland Development Center (weekly)*	20+/week

Verdant Community Wellness Center Summary December 2019

Upcoming Programs (December/January)

A. General Community and Provider Events

- 1. Monthly Hero's Café for Veterans (Dec 17; Jan 28)
- 2. Swedish Core Leadership Retreat (December 19)
- 3. Welcome to Medicare (December 20)
- 4. Sea Mar Regional Staff Meeting (December 20)
- 5. Bloodworks Northwest Blood Drive (December 28)
- 6. ARC Mothers of Children with Disabilities Monthly Support Network (January 4)
- 7. Family Caregiver Support Group (January 5)
- 8. Parkinson's Disease Support Group (December 6)
- 9. Opportunity Council Child Care Provider Training (January 7)
- 10. SHIBA Monthly Training (January 7)
- 11. MTI Dental Van Root Canal Clinic (January 8)*
- 12. Snohomish County Early Intervention Program Providers Meeting (January 9)
- 13. Girls on the Run Coach Training (January 11, 22)
- 14. Special Education Parent Group Meeting (January 13)
- 15. Resource Connectors Meeting (January 14)
- 16. Operation Military Family (January 16)
- 17. South County Cold Weather Shelter Board Meeting (Jan 21)
- 18. Homage Family Caregiver Retreat (January 24)
- 19. ESD Health Services Retreat (January 27)

B. Nutrition and Healthy Behaviors

- 1. Weekly Healthy Living Coaching Group (Nov. 19, 26; Dec 3, 10, 17)*
- 2. Cooking Demo for Adults on SNAP Monthly FINI Training (Nov. 21; Dec. 19)*
- 3. Cooking Demo: Making Holiday Sauces & Condiments (12/16)*
- 4. Navigating Diabetes Today: Managing Stress at the Holidays & Everyday 12/18*

C. Behavioral Health & Substance Use Focus

- 1. Grief and Loss Support Group (October 2 Nov 20)*
- 2. Survivors of Suicide Loss Day (November 23)
- 3. NAMI Connections Mental Health Support Group (November 28; December 12)
- 4. Brain Health & Wellness Workshop (December 12)
- 5. Adult Children of Alcoholics Weekly Support Group (weekly)
- 6. Veterans Drop-In Support (weekly Lynnwood & monthly County)

* = Grant / Program Funded Partners

December 2019 Multicultural Program & Outreach Report

- Latinx Executive Board Meeting 11/18/19: each month community leaders get together to discuss emerging as current health issues for the Latino community, creating opportunities to inform policy decisions in Washington State. As a member, I get to bring the voice of Snohomish County to the table
- Monthly Women's support group: Verdant is support the mental and emotional health of Latina women offering a place to meet, discover and move forward. Sometimes, women who are living through difficult experiences that increase their level of stress and impact their health, who seek to share the experiences, those who want to find a place of understanding meet at Verdant on the 3rd Tuesday of the month under the supervision of a certified mental health professional.
- Community Mental Health Event This event took place on Saturday, Nov. 9 at the Edmonds Center for the Arts at 410 4th Avenue N in Edmonds.
 - The program included an appearance/talk focused on mental health stigma reduction in the auditorium of the ECA by two Seattle Seahawks Legends (Jordan Babineaux and Sean Locklear).
 - 2) A free workshop on suicide prevention took place to a limited number of people by registration only
- King County Promotores Network Meetings 11/22/19 began in May of 2007 and 39 Promotores have been trained since then, 28 of whom continue to actively participate in the program to varying degrees. Promotores help families to navigate the complexities of publicly funded agencies that oversee the medical programs and the healthcare system in this country.