

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
November 16, 2016
8:00 a.m. to 9:45 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) October 26, 2016 Board Meeting	Action	8:01	1-6
b) November 9, 2016 Special Board Meeting	Action	8:02	7
C. Executive Committee Report	Information	8:05	---
D. Executive Session			
a) Evaluate qualifications of applicants for public employment	Information	8:10	---
E. Superintendent Appointment			
a) Introduce Resolution 2016:09 - Appointing new Superintendent of the District and Removing Carl Zapora as Superintendent of the District	Information	8:25	8-10
F. Finance Committee Report			
a) Financial statements and cash activity	Information	8:30	11-14
b) Authorization for payment of vouchers and payroll	Action	8:35	15
G. Program Committee Report & Recommendations			
a) Conflicts of Interest	Action	8:38	---
b) Program Investment Recommendations	Action	8:40	16-20
c) Sandra Huber, Community Wellness Outreach Specialist	Presentation	8:55	---
d) Verdant Community Wellness Center activities update	Information	9:15	21-22
H. Marketing Report	Information	9:20	---
I. Superintendent's Report	Information	9:25	---
J. Public Comments (please limit to three minutes per speaker)	---	9:30	---
K. Commissioner Comments	---	9:35	---
L. Adjournment	---	9:45	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting

Verdant Community Wellness Center

November 16, 2016

Commissioners Present	Fred Langer, President Deana Knutsen, Commissioner J. Bruce Williams, M.D., Commissioner Bob Knowles, Commissioner
Commissioners Excused	Karianna Wilson, Commissioner
Others Present	Carl Zapora, Superintendent George Kosovich, Assistant Superintendent & Program Director Jennifer Piplic, Marketing Director Lisa King, Finance Director Sue Waldin, Community Wellness Program Manager Sandra Huber, Outreach Specialist Karen Goto, Executive Assistant Members of the community
Guests	Ed Rogan, Waldron
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:03 a.m. by President Langer.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular meeting on October 26, 2016. <i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the special board meeting on November 9, 2016.
Executive Committee	President Langer reported that the Executive Committee met on November 7, 2016 and the committee's primary focus has been the selection of a new superintendent for the district. A motion will be introduced at this meeting to appoint a superintendent and remove Carl Zapora as superintendent of the district and action will be taken at the December 2016 regular board meeting.

Executive Session	President Langer adjourned the regular meeting at 8:05 a.m. into Executive Session to evaluate qualifications of applicants for the Superintendent position. No action will be taken and the session should last 15 minutes at which time the board would reconvene into open session.
Open Session	The board reconvened into Open Session at 8:15 a.m.
Superintendent Appointment	Resolution 2016:09 appointing Dr. Robin Fenn as superintendent of the district and removing Carl Zapora as Superintendent of the district was introduced. Dr. Fenn's most recent employment has been with the Snohomish County Department of Human Services as their research manager.
Board Finance Committee	The committee met on November 9, 2016. Ms. King reviewed the financial statements and cash activity for October 2016 (E:71:16). Warrants called out include #11885 to Waldron for \$19,883.20, #11891 to Matt Sacks Speaks for Kevin Breel keynote speaker at the February 27, 2017 Verdant Healthier Community Conference, and #11902 for \$10,186.67 to Consolidated Press for the printing of the Fall 2016 edition of The Canopy newsletter.
Authorization for Payment of Vouchers & Payroll	Warrant Numbers 11877 through 11928 for October 2016 for payment in the amount of \$121,372.84 were presented for approval (E:72:16). <i>Motion was made, seconded and passed unanimously to approve.</i>
Program Oversight Committee Report & Recommendations	<p>No conflicts of interest were reported by any of the commissioners present.</p> <p>The Program Committee met on November 10, 2016 to review three applications for funding, follow-up on Mercy Housing & Center for Human Services request, and follow-up on the Building Healthy Communities Fund proposals (E:73:16).</p> <p>The Edmonds Senior Center provided a letter to the commissioners to aid in their decision making (E:74:16).</p> <p>The committee recommended tabling all Building Healthy Communities Fund applications for 6 months (to June 2017) as commissioners have concerns about access to healthcare due to the recent presidential election and perhaps funds will be more needed for access.</p>

Commissioners Langer, Knowles & Knutsen each shared their agreement about tabling the proposals.

Program Applications Recommended for Funding:

Motion was made, seconded and passed unanimously to approve the Puget Sound Kidney Centers (PSKC) Chronic Kidney Disease Education & Prevention Program for two more years, at \$48,000 in the first year and \$40,000 in the second year, with the expectation that PSKC be prepared to sustain the program after the second year of renewed funding.

Motion was made, seconded and passed unanimously to approve the Community Health Center of Snohomish County (CHC) Dental Program request at \$200,000 per year for two years.

Commissioner Knutsen moved that the Snohomish County Music Project Music Therapy for Vulnerable Populations at \$29,000 per year for two more years be approved but there was no second and the motion died. Discussion among the commissioners resulted in mixed reviews of the program. Mr. Kosovich will provide program outcomes and research support at the upcoming board retreat on December 2-3, 2016.

Follow-Up on Previously Discussed Proposals:

Center for Human Services – Edmonds Family Medicine PCP and Behavioral Health Integration request to support two mental health clinicians from the Center for Human Services at Edmonds Family Medicine. The Program Committee would like to invite the applicant in for a presentation at the December 2016 regular board meeting.

Mercy Housing – Health in Housing Program request for \$180,000 per year for three years to implement health programs at 7 affordable housing complexes. The Program Committee is recommending waiting for more information and proven outcomes from King County ACH and Housing Authority projects.

Presentation
from Sandra
Huber,
Community
Wellness

Ms. Huber provided the commissioners with an update on the Spanish-language programming that has occurred over the past 6 months. This programming includes CPR training, National Night Out in Lynnwood, Meet Me at the Park in Lynnwood, food label education, immigration & health, preparing healthy meals, teen suicide prevention, dementia

Outreach Specialist	in the Latino community, and 40 hours of bilingual and bicultural training to 19 community health workers. Community dialogues have also been held with the Latino community, with results aligning with Verdant's priorities.
Verdant Community Wellness Center Update	See (E:75:16) for this month's report. Commissioner Knutsen complimented both Ms. Huber & Ms. Waldin for the extensive breadth of programming that has occurred in the wellness center.
Marketing Report	Ms. Piplic reported on the Verdant Healthier Community Conference which will be held on Monday, February 27, 2017 at the Lynnwood Convention Center. The topical agenda and break-out sessions and sponsorship opportunities are currently being worked on and a report will be given at the December 2016 regular board meeting.
Superintendent's Report	Superintendent Zapora reported on six items: <ol style="list-style-type: none">1. If any commissioners know of potential sponsors for the Verdant Healthier Community Conference, please inform him or Ms. Piplic. There are three levels of sponsorship: \$5000, \$2500, and \$1000.2. Commended Ms. Waldin & Ms. Huber for the variety of programs at the wellness center.3. Reminder that the board retreat starts at 12 p.m. on Friday, December 2, 2016 and ends at 12 p.m. on Saturday, December 3, 2016 at the Hilton Garden Inn in Mukilteo. Ms. Margot Helphand will be this year's facilitator.4. Reminder that the next regular board meeting is December 14, 2016 to act on Resolution 2016:09.5. Dr. Robin Fenn will be a great superintendent for the district and the leadership transition from one superintendent to the next will go well.6. Evite was send for December 8, 2016 retirement party.
Public Comments	Mr. Farrell Fleming of the Edmonds Senior Center understands the course of action the board is taking with regards to the Building Healthy Communities Fund applications and that despite any uncertainty in the political arena, good work still needs to continue. He encouraged the board to keep a modest amount of money aside for capital projects as these projects will last for many years.

Mr. Phil Smith of Volunteers of America echoed Mr. Fleming's comments and encouraged the board that we must not lose sight of serving the most vulnerable populations during these uncertain times and should leverage all resources.

**Commissioner
Comments**

Commissioner Williams commented that Verdant should take the lead on holding a discussion on a state level response to the possible repeal of the ACA with Molina, Providence, and others from Olympia.

Commissioner Knutsen commented that she has been working for the past 25 years on health care access and is hopeful about the future. She thinks that many people in Washington want a single-payer system.

President Langer assured both VOA and the Edmonds Senior Center that their funding requests will be given attention in the coming months.

Adjourn

There being no further business to discuss, the meeting was adjourned at 9:16 a.m.

ATTEST BY:



President



Secretary

E:71:16
11.16.16 DRAFT

Accrual Basis

Public Hospital District #2, Snohomish County

Balance Sheet

As of October 31, 2016

	A	B	C	D
	Dec 31, 2015	Oct 31, 2016	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	2,928,196	2,647,714	(280,482)	
4 Other Current Assets	34,623,348	38,364,443	3,741,095	Includes Investments
5 Total Current Assets	37,551,544	41,012,157	3,460,612	
6 Total Long-term & Fixed Assets	46,897,663	44,852,488	(2,045,175)	Includes Depreciation
7 TOTAL ASSETS	84,449,208	85,864,645	1,415,437	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	2,839,365	2,106,272	(733,093)	Includes BHCF
11 Long-term Liabilities	4,614,978	3,938,287	(676,691)	2012 LTGO Bonds/BHCF
12 Total Liabilities	7,454,343	6,044,559	(1,409,784)	
13 Total Equity	76,994,864	79,820,086	2,825,221	Annual Net Income
14 TOTAL LIABILITIES & EQUITY	84,449,208	85,864,645	1,415,437	

Profit & Loss

October 2016

	A	B	C	D	E	F
	Oct Actual	Oct Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	861,968	862,157	(189)	8,415,161	8,435,944	(20,783)
3 EXPENSES						
4 Operating Expenses	165,728	214,428	48,699	1,730,222	2,019,296	289,074
5 Depreciation Expense	192,990	195,607	2,616	2,014,750	2,036,679	21,929
6 Program Expenses	406,920	523,000	116,080	4,238,539	5,915,000	1,676,460
7 Total Expenses	765,639	933,034	167,396	7,983,511	9,970,975	1,987,464
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	123,469	226,468	(102,999)	2,393,572	2,264,675	128,896
10 NET INCOME	219,798	155,590	64,208	2,825,221	729,644	2,095,577

Monthly Highlights

October 2016

Verdant received dividends payments of \$46,730 and an unrealized loss of \$99,125 on our investment portfolio in October and closed with an ending market value of \$37,104,750.

Annual program commitments total \$6,493,746 and \$5,223,463 for 2016 and 2017, respectively. \$1,206,254 remains available to spend in 2016, of which \$34,587 is earmarked as Superintendent Discretionary.

Additional income of \$115,561 and expenses of \$67,355 from the Kruger Clinic were incurred, netting to an additional operating income of \$48,206 in October.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
11877	10/05/2016	Beth Rodriguez, LLC	182.69	Aug 2016 VHCC Support
11878	10/05/2016	City of Lynnwood	1,253.50	Sept 2016 After Hours Support (86hrs)
11879	10/05/2016	Comcast	272.04	Internet/Telephone
11880	10/05/2016	Consolidated Landscape Maintenance, Inc.	294.26	Fall/winter color change
11881	10/05/2016	Foster Pepper PLLC	14,827.00	Legal
11882	10/05/2016	Puget Sound Energy	50.27	Natural Gas
11883	10/05/2016	Sound Publishing, Inc.	42.00	Legal Notice 9/28 Board Meeting
11884	10/05/2016	ThyssenKrupp Elevator Company	807.17	10/1/16-12/31/16
11885	10/05/2016	Waldron	19,883.20	Payment 2 of 3
11886	10/05/2016	Corporate Security LLC	284.00	Oct 2016 Parking Lot Security
11887	10/05/2016	Yomira Vazquez	195.00	Childcare 9/23 & 9/30 (13 hours)
11888	10/05/2016	City of Lynnwood - Utilities	185.03	Water/Sewer/Storm
11889	10/12/2016	Ash Consulting	286.50	Accounting Consulting
11890	10/12/2016	Healthcare Realty	7,215.66	Property Management
11891	10/12/2016	Matt Sacks Speaks	4,950.00	Kevin Bree Keynote Speaker 1st installment
11892	10/12/2016	Armstrong Services	2,263.46	Sept 2016 Janitorial
11893	10/12/2016	Comcast	521.34	Internet/Telephone
11894	10/12/2016	Sandra S Huber	46.11	Reimbursement for Supplies for Promotoras Trainings
11895	10/12/2016	AmeriFlex Business Solutions	23.00	Oct 2016 FSA Administration
11896	10/12/2016	Dataworks	35.00	IT Support
11897	10/12/2016	League of Women Voters	750.00	Event Supporting Human Trafficking of Minors
11898	10/12/2016	Lynnwood Convention Center	3,109.50	Convention Center Deposit for VHCC 2/27/17
11899	10/12/2016	Shooby Doo Catering	924.06	Deposit for Catering for Carl's Retirement Party 12/8/16
11900	10/12/2016	Yomira Vazquez	120.00	Childcare 10/7 (8 hours) Promotoras Training
11901	10/19/2016	Bank of America - Trust	2,500.00	Annual trust fee for US Trust for Jon Smiley Account
11902	10/19/2016	Consolidated Press Printing Company, Inc	10,186.67	Canopy Fall 2016 Printing and mail prep
11903	10/19/2016	The StayWell Company, LLC	3,000.00	Qtr Payment for health content on website & publication
11904	10/19/2016	WA Department of Revenue	21,778.29	Q3 2016 Leasehold Excise tax return
11905	10/19/2016	Sound Dietitians	1,145.15	WC 129 - Lifestyle Change Check-in 9/6,20, Cooking Classes 9/22,28,29 plus foo
11906	10/19/2016	Consolidated Landscape Maintenance, Inc.	136.15	Fall irrigation shut off
11907	10/19/2016	Discovia	536.50	Public Records Request - Sept 2016
11908	10/19/2016	Staples	365.63	Supplies
11909	10/19/2016	Aukema & Associates	1,250.00	Website Updates
11910	10/26/2016	Parsi Properties LLC	2,500.00	Dec 2016 - Parking lot lease
11911	10/26/2016	Parsi Properties LLC	2,500.00	Nov 2016 - Parking lot lease
11912	10/26/2016	William Doran	600.00	WC 140 - Yoga Workshop 10/3,10,17/16
11913	10/26/2016	United Way of Snoh Co	200.00	Refund for Deposit of VCWC
11914	10/26/2016	UNITED WAY	714.00	Employee Contributions
11915	10/26/2016	Department of Labor and Industries	1,226.62	3Q16 Self Insurance Fund
11916	10/26/2016	Electronic Business Machines	70.27	Staples
11917	10/26/2016	Principal	1,189.93	1019549-10001
11918	10/26/2016	Regence Blueshield	4,843.43	Nov 2016 Health Insurance
11919	10/26/2016	Sound Publishing, Inc.	89.60	Legal Notice 10/26 Special Board Meeting & Budget Hearing x2
11920	10/26/2016	Wells Fargo	2,023.24	Misc.

Warrant Activity:

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
11921	10/26/2016	Wells Fargo	1,403.93	Misc.
11922	10/26/2016	Yomira Vazquez	180.00	Programs:
11923	10/26/2016	Sixta Libanessa Morel Ulloa	500.00	Programs:
11924	10/26/2016	Snohomish County PUD	1,027.75	Electricity
11925	10/26/2016	Sound Publishing, Inc.	39.20	Legal Notice 10/26 Special Board Meeting
11926	10/26/2016	Dataworks	35.00	IT Support
11927	10/26/2016	MBI	3,310.69	25% Deposit for Furniture at Kruger Clinic on 2nd Floor
11928	10/26/2016	Maria Jose Soerens	2,000.00	Trainer for Promotoras Training
		Total Warrants	123,872.84	
Wire/ACH Activity:				
	10/14/2016	Payroll	19,405.26	ACH payroll transfer
	10/14/2016	Department of Treasury	7,141.99	Payroll taxes for 10/8/16 pay period ending
	10/14/2016	Valic	3,093.60	Payroll 401(a)/457 Deposit
	10/14/2016	Paychex	127.83	Fee for payroll processing
	10/28/2016	Payroll	18,662.05	ACH payroll transfer
	10/28/2016	Department of Treasury	6,905.52	Payroll taxes for 10/22/16 pay period ending
	10/28/2016	Valic	3,091.63	Payroll 401(a)/457 Deposit
	10/28/2016	Paychex	106.33	Fee for payroll processing
	10/10/2016	Wells Fargo Merchant Services	70.00	Merchant Services
	10/12/2016	Wells Fargo	4.83	Bank Fees
	10/14/2016	Mary Porter, RDN	570.00	Program Payment
	10/14/2016	Alpha Supported Living Services	5,416.67	Program Payment
	10/14/2016	Alzheimer's Association Western & Central	7,209.16	Program Payment
	10/14/2016	Boys & Girls Club of Snohomish County	20,519.58	Program Payment
	10/14/2016	CampFire	4,166.67	Program Payment
	10/14/2016	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	10/14/2016	Center for Human Services	13,750.00	Program Payment
	10/14/2016	ChildStrive	23,333.33	Program Payment
	10/14/2016	City of Lynnwood	6,144.08	Program Payment
	10/14/2016	Community Health Center of Snohomish Co	25,000.00	Program Payment
	10/14/2016	Compass Health	18,572.50	Program Payment
	10/14/2016	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
	10/14/2016	Edmonds Community College Foundation	4,396.33	Program Payment
	10/14/2016	Edmonds School District No. 15	70,239.34	Program Payment
	10/14/2016	Edmonds Senior Center	9,166.67	Program Payment
	10/14/2016	Kinderling	11,517.17	Program Payment
	10/14/2016	Korean Women's Association	5,000.00	Program Payment
	10/14/2016	Medical Teams International	5,500.00	Program Payment
	10/14/2016	PEPS	2,987.50	Program Payment
	10/14/2016	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	10/14/2016	Project Access Northwest	7,500.00	Program Payment
	10/14/2016	Puget Sound Christian Clinic	25,911.11	Program Payment
	10/14/2016	Puget Sound Kidney Centers Foundation	4,166.67	Program Payment
	10/14/2016	Senior Services of Snohomish County	57,936.67	Program Payment

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	10/14/2016	Snohomish County Fire District 1	28,666.67	Program Payment
	10/14/2016	Snohomish County Music Project	2,416.67	Program Payment
	10/14/2016	Therapeutic Health Services	16,666.67	Program Payment
	10/14/2016	Volunteers of America Western WA	6,362.92	Program Payment
	10/14/2016	YWCA of Seattle, King and Snohomish Co	2,083.33	Program Payment
	10/3/2016	AmeriFlex Business Solutions	178.46	FSA Payments
	10/1/2016	AmeriFlex Business Solutions	272.96	FSA Payments
	10/4/2016	AmeriFlex Business Solutions	246.51	FSA Payments
	10/7/2016	AmeriFlex Business Solutions	285.72	FSA Payments
	10/31/2016	AmeriFlex Business Solutions	12.00	FSA Payments
	10/24/2016	AmeriFlex Business Solutions	12.00	FSA Payments
	10/18/2016	AmeriFlex Business Solutions	378.46	FSA Payments
	10/25/2016	WA Department of Revenue	780.02	B&O tax
	10/20/2016	Department of Labor and Industries	466.85	3Q16 L&I - State Fund
		Total Wires/ACH Transactions	455,130.57	

Workers Compensation Claims Activity:

305333-329 Oct 2016 Various Claimants/Vendors 6,809.19 Administered by Eberle Vivian

Kruger Clinic Activity:

617-631 Oct 2016 Various Claimants/Vendors 19,490.43 Administered by Healthcare Realty

Total Disbursements

\$ 605,303.03

Transaction Date	Payer	Amount	Purpose
Deposits:			
10/1/2016	Swedish/Edmonds	781,073.72	Monthly leases
10/1/2016	Raymond Liu, D.D.S.	3,563.46	Kruger Clinic monthly lease
10/1/2016	Kean Lawlor	19,729.94	Kruger Clinic monthly lease
10/1/2016	Brian Takagi, MD	84.63	Kruger Clinic monthly lease
10/1/2016	Puget Sound Gastro	27,540.80	Kruger Clinic monthly lease
10/1/2016	Value Village	25,490.56	Monthly lease
10/10/2016	Snohomish County	41,287.36	Levy
10/27/2016	Healthcare Realty Services, Inc.	4,663.72	Ground Lease
10/14/2016	Community Health Center of Snoh Co	200.00	Deposit for use of VCWC
10/19/2016	Kristi Marion	100.00	Deposit for use of VCWC
10/15/2016	Carl Zapora	501.27	Error for reimbursement of travel paid by co cc
	Total Deposits	\$ 904,235.46	

E: 72: 16

11. 16. 16

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 11877 through 11928 have been issued for payment in the amount of \$121,372.84. These warrants are hereby approved.

Attest:


Lisa M. King



Commissioner


Commissioner


Commissioner


Commissioner


Commissioner

Warrants Processed:	10-1-16 – 10-31-16		\$121,372.84
Work Comp Claims Pd:	10-1-16 – 10-31-16		6,809.19
Kruger Clinic Processed:	10-1-16 – 10-31-16		19,490.43
Payroll:	9-25-16 – 10-8-16	19,405.26	
	10-9-16 – 10-22-16	18,662.05	
			38,067.31
Electronic Payments:	Payroll Taxes	14,047.51	
	Paychex	234.16	
	Valic Retirement	6,185.23	
	AmeriFlex FSA	1,386.11	
	Bank Fees	74.83	
	WA State Dept Revenue	780.02	
	Dept of L&I	466.85	
	Program Expenditures	<u>393,888.55</u>	
			<u>417,063.26</u>
	Grand Total		<u>\$602,803.03</u>

November 2016 Program Summary

1. Building Healthy Community Fund Proposal Follow-Up
2. Three program funding requests for review and discussion
3. Follow-up on Mercy Housing and Center for Human Services/EFM request

Building Healthy Communities Fund Proposals

Summary of Discussion at October Regular Board Meeting

- Some interest in directing funds to programs/services and away from bricks and mortar;
- For Sea Mar project, interest in directing funds to health promotion and healthcare access vs. a general grant for clinic space;
- Several commissioners agreed the health programs on the VOA project could use additional description.

1.) Sea Mar Clinic (\$1 million request)

- Conducted a conference call with Sea Mar and CHC of Snohomish County to clarify relationship and willingness to cooperate in Lynnwood. CHC expressed some concerns, but discussion was positive.
- Sea Mar is moving their behavioral health providers to the new building because their lease is up on their current Lynnwood space. The medical/dental build out would follow at a future date.

2.) Edmonds Senior Center/Waterfront Center (\$1.75 million request)

Edmonds Senior Center provided a follow up letter responding to questions raised in October board meeting:

- Made the case that building project supports programs and would double program participation from 4,000 to 8,000 by year 3 and to 10,000 annually by year five. Programs include Fitness, Healthy Living Workshops/Resources, Direct Health Services, and Counseling and Support.
- Expand hours where the City will be offering programs from 4:00 p.m. to 10:00 p.m.; added square feet for programming and the interest that will come from the new multi-generational facility.
- Expansion will not require expanded Verdant program funding, in contrast to other Verdant-funded senior programs.

Room to Grow Verdant Initiatives – as a program partner, ESC would hope Verdant would think of organization as an extension of assets available for future expansion of Verdant initiatives and programs.

Critical Timing – \$4M toward \$11M goal (\$2M from Rick Steves, \$1.25M from WA State, \$500K from the City and the rest from the Board and foundations). The 50% raised milestone is significant for a number of funders, with \$500K in grants pending with both Hazel Miller and the C. Keith Birkenfeld Charitable Trust. Both want to see “significant” funds raised and will make their decisions in December. The \$4M raised does not include a \$1M challenge from Rick Steves. He will commit the million when they have raised a matching million. A \$2.25M capital request is pending with the State to be considered in the 2017 legislative session. It is a competitive process with dollars raised being a major consideration. **ESC notes that a commitment from Verdant now would be both a stamp of approval and more importantly would set a great deal of additional funding in motion.**

3.) Trinity/Volunteers of America Project (\$1.5 million request):

Example Programs Offered at Facility:

- Nutritious Meals (Youth, Teens, Seniors)
- Academic Support, Role Model/Mentoring Programs
- Diabetes Prevention Programs
- Physical Activity
- Adult Day Health/Care
- Education & Peer Support
- Life Skills Training
- Caregiver Support
- Health Fairs
- Seminars on Stress Impact
- Access to Medical/Dental
- Resources and Support
- Mental Health Services

Provided Letters of Support from: Reps. Kagi & Ryu, County Executive Somers, County Councilperson Somers, Dale Turner YMCA, Center for Human Services, and Lutheran Community Services Northwest.

Timing on Funding: VOA notes that getting a commitment from Verdant is critical to making its case to private and public funders. Construction is targeted for 2019-2020.

Verdant design: VOA would be excited to have Verdant participate in planning and design of facility, including outlining services.

Verdant Program Committee Recommendation: the committee members were not ready to commit funding to any of these projects at this time. They had concerns about the uncertainty of healthcare access at the national level, and the committee members would prefer to defer any decision and re-evaluate in June of 2017.

Program Applications Recommended for Funding

1. **Puget Sound Kidney Centers (PSKC) Chronic Kidney Disease Education & Prevention Program:** a renewal request for a Chronic Kidney Disease Education & Prevention Program. The program focuses on supporting chronic kidney disease patients at stage 3 or 4 and other pre-dialysis patients interested in learning about their disease.

The committee reviewed additional information about the program services and PSKC funding of the program. **After reviewing this information, the committee is recommending funding the program for two more years, at \$48,000 in the first year and \$40,000 in the second year, with the expectation that PSKC be prepared to sustain the program after the second year of renewed funding.**

2. **Snohomish County Music Project - Music Therapy for Vulnerable Populations:** a renewal request for a program that provides music therapy services in the community. The initial goal was to serve middle-aged men dealing with depression and PTSD, but the program struggled to attract South Snohomish County participants, so Verdant approved a switch to focus on youth through the Boys & Girls Club.

Since October, 2016 the program has been serving veterans at Catholic Community Service's new Lynnwood veteran's housing Complex. The applicant is requesting an increase in funding to serve youth, veterans, and individuals at YWCA housing. **The program committee is recommending renewing funding the program for two more years at \$29,000 per year with a focus on serving veterans through the program.**

3. **Community Health Center of Snohomish County (CHC) – Dental Program:** a renewal request for a dental program for uninsured adults. Verdant previously funded the project for two one-year increments. Under the renewed program, dental patients would be identified as follows: 50 patients (300 visits) in need of restorative care from Senior Services, 50 patients identified by CHC (300 visits) who will commit to an on-going treatment plan, and an additional 150 uninsured patients in need of emergency care (300 visits) will be served at the Lynnwood CHC Walk-In clinic

Unlike previous grant request, no care coordinator costs would be charged to program. Verdant would reimburse CHC for low-income uninsured treatment costs at the FQHC Medicaid rate. **The program committee is recommending fully funding the request at \$200,000 per year for two years.**

Follow-Up on Previously Discussed Proposals

4. **Center for Human Services - Edmonds Family Medicine: PCP and Behavioral Health Integration:** a request to support two mental health clinicians from the Center for Human Services at Edmonds Family Medicine. The program is designed to integrate behavioral health and primary health care at a medical clinic. EFM patients would be screened for probability of behavioral health issues, and, when appropriate, provided with a "warm hand-off" to a behavioral health clinician. After referral, the patient will be screened more thoroughly and, if appropriate, participate in brief interventions (averaging 6 sessions). Center for Human Services is requesting \$190,999 per year for three years for the program.

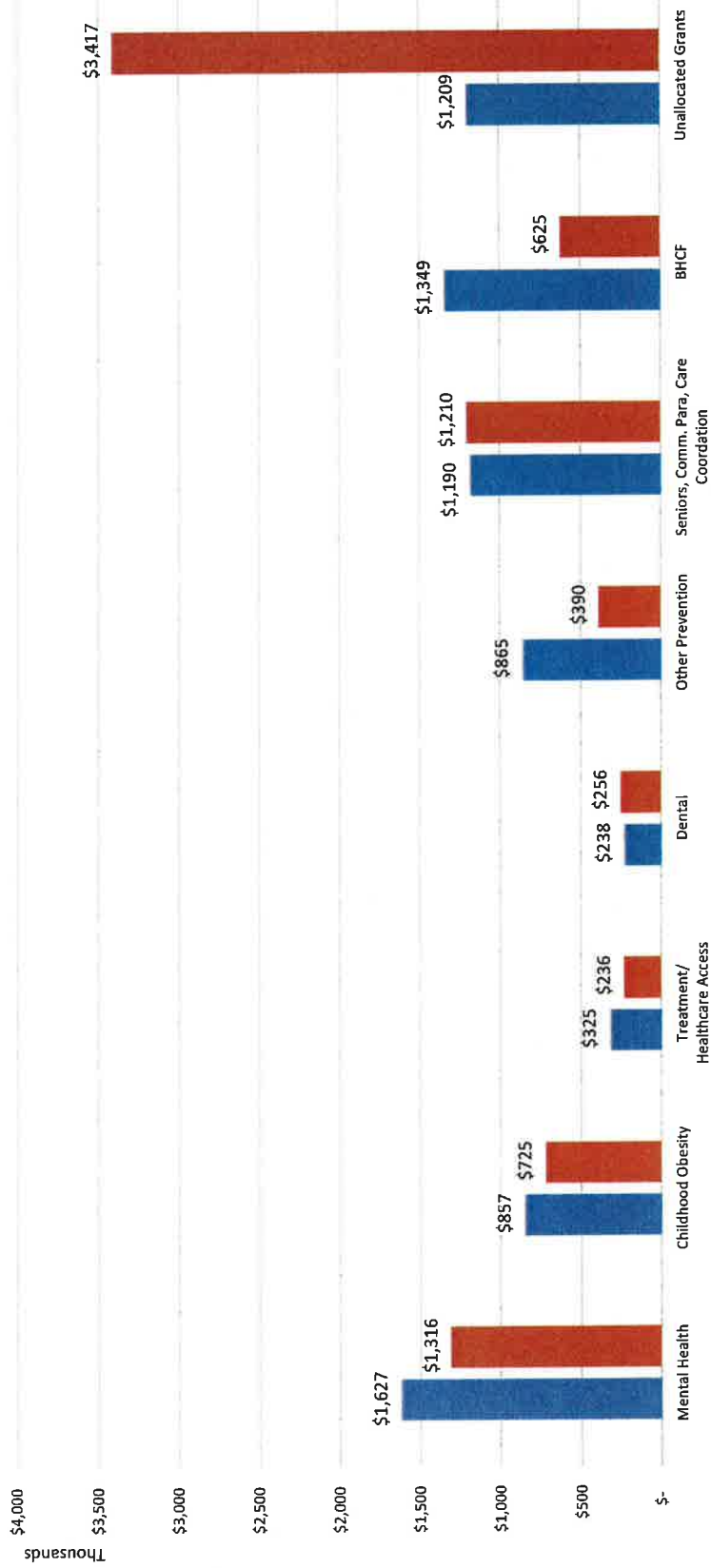
The program committee reviewed written responses to questions about the program—the committee would like to invite the applicant in for a presentation in Verdant’s December board meeting. The committee felt like they did not fully understand the program model, but members were interested in exploring integrating behavioral health services in a primary care setting.

- 5. Mercy Housing – Health in Housing Program:** a request for \$180,000 per year for three years that would implement health programs at 7 affordable housing complexes. The program is modeled after a project Mercy has operated in partnership with the King County Housing Authority using Community Health Promoters, with the goal to address health disparities and social determinants of health. Most of the funding (\$140,000) would be dedicated to staffing costs, including 2.5 FTE Community Health Promoters/Coordinators. The programs expects to serve 800 residents per year

At Verdant board member’s request, we convened a meeting of stakeholders to discuss the program, including from Mercy Housing, YWCA, Molina HealthCare, NorthSound ACH, Washington State HCA, and Verdant. The meeting helped clarify the possible connections to the ACH, HCA transformation and Managed Care organizations like Molina.

The program committee is recommending waiting for more information and proven outcomes from King County ACH and Housing Authority projects. Although the model of health promotion was interesting, committee members were looking for concrete outcome data before committing the level of funding requested (\$540,000 in total).

Verdant Committed Grant Funds November 2016 (\$k)



■ 2016 Committed ■ 2017 Committed

Edmonds Senior Center

connecting and enriching our community

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220 Railroad Ave ♦ PO Box 717 ♦ Edmonds, WA 98020 ♦ (425) 774-5555 ♦ www.edmondssc.org

November 7, 2016

Verdant Health Commission Board of Commissioners
4710 196th St. SW
Lynnwood, WA 98036

Re: Edmonds Senior Center's application to Verdant's Building Healthy Communities Fund

Dear Commissioners:

We want to share four points we believe are relevant to your decision concerning our application:

Program Services - First and foremost is the remarkable health/wellness program impact we anticipate in the new Edmonds Waterfront Center. From strictly an unduplicated annual participation level we will double our current 4,000 people to 8,000 by our third year of operation. This will increase to 10,000 annually by year five. This growth is made possible by the expanded hours where the City will be offering programs in the building from 4:00 p.m. to 10:00 p.m.; added square feet for programming and the interest that will come from the new multi-generational facility.

There will also be significant program expansion with our health and wellness partners like Bastyr University. The new building offers four times the number of exam rooms. We anticipate our meals program will double by year three serving 20,000 healthy meals annually. Finally, we will be offering new programs tied to positive health outcomes like the intergenerational drama program we did with the Edmonds Woodway high school drama students this past spring. When you consider the collective impact of these services over a 10-year period you get a sense of the transformative potential of this project.

Investing in Community Infrastructure – In terms of leveraging program impact there is no better investment than capital infrastructure. Rather than annual program grants, a one-time capital investment yields 40 to 50 years of annual community impact. Nearly all health and wellness programs take “place” in buildings. No places, no programs. Verdant's commitment to investing in both program and community infrastructure is wise as it allows Verdant to promote innovation in program delivery while creating the needed infrastructure to support those programs for decades.

Room to Grow Verdant Initiatives – Community needs and demographics are constantly changing. We have designed the space to maximize flexibility so we can respond to changing needs and opportunities to reach more people. We will have capacity for expanding services in the new Center. As a program partner, we would hope Verdant would think of us as an extension of your assets available for future expansion of Verdant initiatives and programs.

Further Leverage of Timing – Raising money is never easy. The timing of certain commitments during a campaign can have an exponential impact on other gifts serving as a tipping point for fundraising. That is the case for the grant request you are considering for this project. We have raised \$4M toward our \$11M goal (\$2M from Rick Steves, \$1.25M from the State, \$500K from the City and the rest from the Board and foundations). The 50% raised milestone is significant for a number of funders. We currently have \$500K grants pending with both the Hazel Miller Foundation and the C. Keith Birkenfeld Charitable Trust. Both want to see “significant” funds raised and will making their decisions in December.

The \$4M raised does not include a \$1M community challenge from Rick Steves. He will commit the million when we have raised a matching million from other individuals. We will be launching that community challenge in early December. We have a \$2.25M capital request pending with the State to be considered in the 2017 legislative session. It is a competitive process with dollars raised being a major consideration. All this is to say, a commitment from Verdant *now* would be both a stamp of approval and more importantly would set a great deal of additional funding in motion.

Thank you for your consideration.



Farrell Fleming, Executive Director

Our Center on the waterfront welcomes you. Come for the view, stay for the friendships.

**Verdant Community Wellness Center Summary
November 2016**

Completed Programs

1. General Community and Provider Events	Attendance
1. Verdant Promotora/Community Health Worker Training (9/16 – 11/12)*	21
2. Medicare Open Enrollment (10/25, 11/1)	16
3. Edmonds School District OT/PT Training (10/26)	20
4. Avalanche Safety Training (11/1)	16
5. SHIBA Monthly Update Meeting (11/1)	25
6. Korean Women's Association: Everyday Medicare Benefits (11/3)*	50
7. ARC Mothers of Children with Disabilities Monthly Support Network (11/5)	23
8. WABS Natural Leaders Parent Trainings (11/7)	30
9. Evergreen Home Health (11/8)	45
10. PEPS : While You Are Waiting – Monthly Drop-in Info Session (11/9)*	varies
11. Ongoing – Community Support for Prescription Assistance (weekly)*	varies

2. Nutrition and Healthy Behaviors	Attendance
1. Surviving & Thriving with Chronic Kidney Disease (11/2 – 12/14)*	23
2. Move More, Sit Less & Jump Start Your Fitness (10/6 – 11/10)*	8
3. Parent Workshop: Nutrition for Growing Teens Ages 12+ (10/19)*	7
4. Soups & Stews Cooking Demo (10/27)*	33
5. Family Cooking Class: Naturally Sweet Halloween Treats (10/29)*	16
6. Strength Training for Adults: A Beginners Guide (11/3)*	21
7. Teens in the Kitchen Hands On Cooking Class: (11/5)*	11
8. Sugar Detox: Cut the Cravings (11/9)*	41
9. Stop Diabetes Initiative Workshop (11/12)*	16
10. Lifestyle Change Check-Ins (drop – in 1 st and 3 rd Tuesdays)*	10-14
11. Getting to Goal Program (Weight Management Consultations)*	15-20 clients

3. Behavioral Health & Substance Use	Attendance
1. YWCA Managing Difficult Emotions Support Group (9/19 – 11/7)*	8-10
2. Foster Parent Caregiver Core Training Series (10/3 – 11/28)	6-8
3. YWCA Anxiety & Depression Support Group (10/12 – 11/30)*	8-10
4. YWCA Building Family Strengths Parenting Class (10/18 – 12/6)*	8
5. Spanish language WayOUT Parenting Seminar (10/29, 11/5)*	26
6. THS Drop In Parent Coaching Sessions (10/29, 11/10)*	10
7. YWCA Managing the Holiday Blues (11/1 – 1/3)	8
8. Wonderland – Hanen Speech Therapy Parent Workshops (11/2 – 12/14)	6-8
9. Snohomish Co. Caregiver and Kinship Caregiver Support (11/3)	varies
10. Brain Health and Wellness Classes (11/3, 4, 10)*	2-11
11. SCAEOP: Social Media – Keeping Students Safe	10
12. Evergreen Bereavement Informational Workshop (11/9)	4-8
13. National Alliance on Mental Illness "Connections" Support Grp (11/10)	varies
14. Adult Children of Alcoholics Weekly Support Group (ongoing)	10-14
15. Veterans Drop-In Support (weekly - City of Lynnwood & monthly - County)	varies

4. Other Programs	Attendance
1. Play and Learn Group, Wonderland Development Center (weekly)*	25-30

**Verdant Community Wellness Center Summary
November 2016**

Upcoming Programs

A. General Community and Provider Events

1. Medicare Open Enrollment (November 15)
2. Understanding Medicare Monthly Workshops (November 18, December 16)
3. WABS Natural Leaders Parent Trainings (November 21)
4. ARC Mothers of Children with Disabilities Monthly Support Network (December 3)
5. Evergreen Home Health (December 7, 13)
6. PEPS : While You Are Waiting – Monthly Drop-in Info Session (December 14)*
7. Medical Reserve Corps Training (December 17)

B. Nutrition and Healthy Behaviors

1. Surviving & Thriving with Chronic Kidney Disease (November 2 – December 14)*
2. Lower Sodium Holiday Foods Cooking Demo (November 14)*
3. Sleep Matters (November 30)*
4. Healthy Holiday Bites Cooking Demo (December 7)*
5. Type 2 and You Workshop and Celebration (December 13)*
6. Breathe Easy: How to Improve your Indoor Air Quality (December 15)

C. Behavioral Health & Substance Use Focus

1. Foster Parent Caregiver Core Training Series (October 3 – November 28)
2. YWCA Anxiety & Depression Support Group (October 12 – November 30)*
3. YWCA Building Family Strengths Parenting Class (October 18 – December 6)*
4. YWCA Managing the Holiday Blues (November 1 – January 3)
5. Wonderland – Hanen Speech Therapy Parent Workshops (November 2 - December 14)
6. Brain Health and Wellness Classes (November 14, 17, 21, 28, December 5, 8, 12, 19, 20)*
7. Snohomish County Caregiver & Kinship Caregiver Support Groups (November 15, 17, December 1, 15)
8. Spanish language Suicide Prevention (November 17)*
9. THS Drop In Parent Coaching Session (November 17)*
10. International Survivors of Suicide Loss Day (November 19)*
11. Developing Appropriate Self Esteem in Children Ages 2-12 (November 29)*
12. Behavioral Health Care Transitions Meeting (December 1)
13. National Alliance on Mental Illness "Connections" Support Group (December 8, 22)
14. Evergreen Bereavement Informational Workshop (December 14)

* = Grant/Program Funded Partner