

VERDANT HEALTH COMMISSION
 PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
 BOARD OF COMMISSIONERS
 Regular Meeting
 A G E N D A
 July 26, 2017
 Verdant Community Wellness Center
 8:00 a.m. to 9:10 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) June 28, 2017 Board Meeting	Action	8:03	1-4
C. Executive Committee Report	Information	8:04	---
D. Superintendent's Report			
a) Review grant criteria	Information	8:05	5-7
E. Finance Committee Report			
a) Review financial statements & cash activity	Information	8:20	8-11
b) Authorization for payment of vouchers and payroll	Action	8:25	12
F. Program Committee Report & Recommendations			
a) Conflicts of Interest	---	8:26	---
b) Program investment recommendations	Action	8:27	13
c) Verdant Community Wellness Center activities update	Information	8:32	14-15
d) Presentation on Needs and Services Available for Veterans	Information	8:33	---
G. Marketing Report	Information	8:55	16
H. Public Comments (please limit to three minutes per speaker)	---	9:00	---
I. Commissioner Comments	---	9:05	---
J. Adjournment	---	9:10	---

**PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS
Regular Meeting
Verdant Community Wellness Center
July 26, 2017**

Commissioners Present	Deana Knutsen, President J. Bruce Williams, M.D., Secretary Fred Langer, Commissioner (8:07 a.m. arrival) Karianna Wilson, Commissioner Bob Knowles, Commissioner
Staff & Others Present	Robin Fenn, Superintendent George Kosovich, Assistant Superintendent Lisa King, Finance Director Jennifer Piplic, Marketing Director Sue Waldin, Community Wellness Program Manager Sandra Huber, Community Engagement Karen Goto, Executive Assistant Members of the community
Guests	Jerry Gadek, Veterans Service officer, Snohomish County
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:01 a.m. by President Knutsen.
Approval of Minutes	Motion was made, seconded and passed unanimously to approve the minutes of the regular meeting on June 28, 2017.
Executive Committee	President Knutsen reported that the Executive Committee met on July 19, 2017 to review and approve the July 26, 2017 board meeting agenda, and the July 26, 2017 Strategic Collaboration Meeting agenda. No action was taken.
Superintendent's Report	Dr. Fenn updated on the board on several items: <ol style="list-style-type: none">1. AWPHD conference in June 2017 had an impressive speaker on community health issues.2. Dr. Fenn met with Congressman Rick Larsen to discuss proposed cuts to SNAP & WIC programs.

She will be meeting with a representative from the Congressman's office in the future.

3. Presentation on data for the Value Village property discussion is on hold until the August 2017 board meeting.
4. The Edmonds City Council has invited Verdant to do a presentation at their September 5, 2017 council meeting. Commissioners are invited to participate.
5. Bond 101 training meeting with Piper Jaffrey is scheduled for August 8, 2017, 11 a.m. to 12 p.m. at Verdant. Commissioners are invited to attend.
6. The financial information will be condensed for presentation at regular board meetings with a quarterly deeper review. Commissioners should let Dr. Fenn or Ms. King know what information they would like presented at board meetings.
7. Dr. Fenn recognized several recent staff birthdays.

Review Grant Criteria

Dr. Fenn presented a 1st draft of grant criteria (E:51:17). After researching several other organization's grant criteria, it was found that most do not use strong, objective criteria; instead it is based on need at that time. Commissioners discussed the need to document the process for the State Auditors, use of a 100-point scale to check that funded programs are tied to our priority areas, include viability of funding for programs in the criteria, include measurement of health outcomes, and setting expectations about future funding. Commissioner Langer suggested including statutory RCW language in the criteria, as well as posting it on our website. He would like staff to pull this new criterion into upcoming grant renewals as well as new grant applications. Dr. Fenn and Mr. Kosovich will work on the next draft to be available for the next Program Committee meeting. After Program Committee review, the second draft will be sent to a few community partners for feedback. The draft will then go to the full board for approval in October with a proposed launch date of November 1, 2017. Further discussion will also be done at the December 2017 board retreat.

**Finance
Committee Report**

The committee met on July 20, 2017. Ms. King reviewed the financial statements and cash activity for June 2017 (E:52:17). Ms. King is available to meet with any board members in a one-on-one meeting if they have more questions on district finances. Ms. King reminded commissioners of the October 18 Special Board Meeting at 8 a.m. to discuss the Superintendent's Proposed 2018 Budget and the October 25 Regular Board Meeting at 8 a.m. to approve the 2018 M&O Levy and the 2018 budget.

**Authorization for
Payment of
Vouchers &
Payroll**

Warrant Numbers 12329 through 12376 for June 2017 for payment in the amount of \$78,710.75 were presented for approval (E:53:17). **Motion was made, seconded and passed unanimously to approve.**

**Program
Committee
Update**

The Program Committee met on July 13, 2017 to review one new application (E:54:17). Commissioner Knowles presented the committee recommendations of the review to the board. No conflicts of interest were reported by any of the commissioners present.

Applications Recommended for Funding:

Center for Human Services Youth Counseling Program – a renewal request to continue funding for the youth counseling program that supports mental health counselors in the Edmonds School District secondary schools.

Motion was made, seconded and passed unanimously to approve funding the program at \$225,000 per year for two more years, a 36% increase from the current level and this would enable CHS to add a third counselor supported by Verdant.

**Presentation from
Veterans Services
of Snohomish
County**

Jerry Gadek shared what Veterans Services does to support veterans in the community with needs such as housing, health care, and employment. He highlighted the need for more engagement of younger veterans, spouses of veterans, support for victims of sexual assault, and traumatic brain injury survivors.

**Verdant
Community**

Ms. Waldin presented an update on activities in the center for June 2017 (E:55:17) and called out the SBIRT training on July 24, 2017 and the Summer Grilling class

**Wellness Center
Activities Update**

on July 15, 2017 which was comprised of 20% male registrants.

Marketing Report

Ms. Piplic presented the Marketing report which included information on the Meet Me at the Park events and several upcoming events (E:56:17).

Public Comments

None


**Commissioner
Comments**

Dr. Williams shared that the Swedish Edmonds medical staff was encouraged to meet with the Public Hospital board and the leadership of the hospital.


Adjourn

There being no further business to discuss, the meeting was adjourned at 9:25 a.m.

ATTEST BY:



President



Secretary

E: 51:17
7.26.2017

DRAFT Proposed Grant Criteria

Connection to Verdant Priority Area
How well did the applicant demonstrate the connection between the proposed program and one or more of Verdant's priority area(s)?
Does not address a Verdant priority
Somewhat addresses a Verdant priority but connection is indirect/unclear
Clear and direct connection to a Verdant priority
Needs Assessment
How well did the applicant provide current local statistics, agency statistics and/or other evidence to document the scope of the problem within the Verdant service area?
Did not provide any evidence
Some evidence provided but there was not a compelling case that the problem which the program will address strongly impacts the Verdant service area
Clear detailed description of the needs and compelling case that the problem which the program will address impacts the Verdant service area
Target Population
How well did the applicant demonstrate the target population which will be served by the proposed program including clear demonstration of service to residents within the Verdant service area?
Did not mention target population or target population clearly does not represent a significant proportion of Verdant district residents
General description of target population; proposed program will serve Verdant district residents but unclear how many and if the number served will be impactful
Clear detailed description of the target population including a significant number to be served within the Verdant district
Identification of Other Agencies that Offer This Service/Program
How well did the applicant clearly identify other agencies/organizations within the community that address the issue as well as how the proposed program differs?
Did not mention or mentioned that there were other agencies but did not specify who
Identified other agencies but unclear how proposed program differs from that of other agencies
Identified other agencies and clearly specified how the proposed program differed from that of other agencies
Budget
How well did the applicant provide an appropriate budget and identify other current funding sources?
Budget is unreasonable and/or inconsistent with proposed program
Budget reasonable but no mention of other current or potential funding sources or use of funds was unclear
Budget reasonable, mentioned other current or potential funding sources (or "N/A" if not applicable), clearly articulated use of funds

Program Activities
How clearly defined were the program activities? Is the proposed program an evidence based program?
No mention of activities to be provided
Vague mention that activities will be provided but these are not clearly defined or specified
Detailed description of activities to be provided (including when, by whom, how often)
Program Outcomes
How well did the applicant describe and clearly identify the desired outcomes of the proposed program (e.g., changes in participants' attitudes, behaviors or knowledge; desired results of the program?)
Did not mention or mentioned that there would be changes but did not specify what these would be; not clear that program can meet the stated outcomes
Some outcomes were specified and somewhat clear that the proposed program can meet them
Clearly stated measurable outcomes; clear that proposed program can meet them
Program Evaluation
How well did the applicant indicate how program results or outcomes would be measured including any design or use of tests, scales, surveys, observations, etc.?
Did not mention or mentioned a need for evaluation but did not specify how it would be done
Provided a program evaluation plan but not all areas were strong, measurable or appropriate
Provided a program evaluation plan where all measures were clearly linked to proposed outcomes
Sustainability
How well did the applicant describe their plans for sustainability for the proposed program?
Did not mention or no evidence provided
Vague mention of potential strategies for sustainability OR proposed sustainability plans are unrealistic
Clearly articulated, realistic sustainability plan
Collaboration
How well did the applicant describe their plans for collaboration with other agencies and organizations?
Did not mention collaboration with other agencies or organizations
Indicated that collaboration was occurring but collaboration plan is weak or relationships do not clearly demonstrate strong collaboration
Clearly collaborates with other agencies or organizations
Organizational Capacity
How well does the applicant display the organizational capacity necessary to implement their proposed program?
No evidence that organization has the capacity to implement proposed program (e.g., poor financial history, lacks staff capacity, poor performance on prior Verdant grants, etc.)
Organization has minimum capacity needed to implement proposed program
Organization has strong capacity to implement proposed program

Program Rationale
How well does the applicant provide evidence and rationale that supports the linkage between their proposed project and its intended results (i.e., is the proposed project evidence-based? Promising practice? Innovative practice?)
No evidence or rationale provided that links the proposed program to its intended results
Some evidence or rationale that links the proposed program to its intended results
Strong evidence or rationale that links the proposed program to its intended results

Balance Sheet

As of June 30, 2017

	A	B	C	D
	Dec 31, 2016	June 30, 2017	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	5,457,824	2,024,870	(3,432,954)	
4 Other Current Assets	34,822,481	39,450,001	4,627,520	Includes Investments
5 Total Current Assets	40,280,305	41,474,871	1,194,566	
6 Total Long-term & Fixed Assets	46,463,198	45,401,809	(1,061,390)	Includes Depreciation
7 TOTAL ASSETS	86,743,503	86,876,680	133,176	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	3,230,044	1,442,788	(1,787,256)	
11 Long-term Liabilities	3,087,949	3,056,934	(31,015)	2012 LTGO Bonds/BHCF
12 Total Liabilities	6,317,993	4,499,722	(1,818,270)	
13 Total Equity	80,425,511	82,376,957	1,951,447	Annual Net Income
14 TOTAL LIABILITIES & EQUITY	86,743,503	86,876,680	133,176	

Profit & Loss

June 2017

	A	B	C	D	E	F
	June Actual	June Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	852,728	851,628	1,100	5,194,583	5,191,710	2,873
3 EXPENSES						
4 Operating Expenses	178,031	216,190	38,160	965,224	1,186,732	221,508
5 Depreciation Expense	181,537	178,635	(2,902)	1,112,388	1,096,167	(16,221)
6 Program Expenses	452,432	567,854	115,422	2,649,567	3,464,123	814,556
7 Total Expenses	812,000	962,679	150,679	4,727,178	5,747,023	1,019,844
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	100,524	228,229	(127,705)	1,484,042	1,369,373	114,669
10 NET INCOME	141,251	117,177	24,074	1,951,447	814,060	1,137,386

Monthly Highlights

June 2017

Verdant received dividends payments of \$51,079 and an unrealized loss of \$138,376 on our investment portfolio in June and closed with an ending market value of \$39,459,567.

Annual program commitments total \$6,195,435 for 2017. \$1,695,811 remains available to spend in 2017, of which \$34,466 is earmarked as Superintendent Discretionary.

Income of \$103,713 and expenses of \$78,711 from the Kruger Clinic were incurred, netting to an additional operating income of \$25,002 in June.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
12329	06/01/2017	Guardian Security Systems, Inc.	240.00	7/1/2017-9/30/17 Elevator and AES Radio Monitoring
12322	06/01/2017	Puget Sound Energy	48.79	Account #220001924632
12323	06/01/2017	Waste Management	248.09	
12324	06/01/2017	Consolidated Landscape Maintenance, Inc.	440.50	June 2017 Landscaping Maintenance
12325	06/01/2017	Corporate Security LLC	284.00	June 2017 Parking Lot Security
12326	06/01/2017	Jessica Hunter	200.00	WC 162 - Instructor Promotoras and Natural Leaders
12327	06/01/2017	McKinstry Co., LLC	6,356.83	
12328	06/01/2017	Velia Lara	400.00	WC 163 - Instructor for Promotoras and Natural Leaders
12330	06/07/2017	Armstrong Services	1,205.62	May 2017 Janitorial
12331	06/07/2017	Comcast	282.32	905447969
12332	06/07/2017	Eberle Vivian	4,094.23	3Q17 Self Insurance Work Comp Claims Administration
12333	06/07/2017	Electronic Business Machines	1,199.69	4/22-5/21/17 Copy Machine
12334	06/07/2017	Seattle Food Nut	460.76	WC 157 - Teen Cooking Class 6/1; supplies
12335	06/07/2017	Vanessa Barrios	225.00	Childcare for Latina Health month 5/16, 5/23, 5/30
12336	06/07/2017	Property Management NW	3,995.46	Kruger Clinic Property Management March/April Maintenance
12337	06/07/2017	Zapora Consulting, LLC	500.00	Consulting 5/23/17 - 2 hrs
12338	06/07/2017	AmeriFlex Business Solutions	17.25	Jun 2017 FSA Administration
12339	06/07/2017	Lowie Graham Jones PLLC	150.00	Trademark watch - May 2017
12340	06/14/2017	City of Lynnwood	1,513.00	May 2017 After Hours Support (101 hrs)
12341	06/14/2017	Comcast	505.94	905447969
12342	06/14/2017	Dameon Hahn	550.00	WC 158 - Instructor Reimbursement - 5/3-21; Getting to Goal 2/13; Lifestyle Change 5/2
12343	06/14/2017	Dataworks	421.40	IT Support
12344	06/14/2017	Discovia	330.75	May 2017
12345	06/14/2017	Jason Becker Creative	67.50	Meet me at the park design
12346	06/14/2017	Katy Levenhagen	111.28	Reimbursement for supplies for 6/10 class
12347	06/14/2017	Sound Dietitians	2,150.40	WC 150 - Nutrition Programming
12348	06/14/2017	Edmonds School District No. 15	671.00	WC 146 - Mental Health
12349	06/14/2017	R&T Hood and Duct Services, Inc.	554.20	Annual Hood Cleaning
12350	06/21/2017	Aukema & Associates	250.00	May 2017 Web & Graphics Support
12351	06/21/2017	Foster Pepper PLLC	9,415.44	
12352	06/21/2017	Moss Adams - Audit	14,622.35	2016 Audit
12353	06/21/2017	Regence Blueshield	4,658.11	July 2017 Health Insurance
12354	06/21/2017	Staples	89.42	
12355	06/21/2017	Thomas & Associates	6,232.45	Consulting Dec 2016 - May 2017
12356	06/21/2017	Total Health	2,075.00	
12357	06/21/2017	Edmonds School District No. 15	1,200.00	WC 146 - Mental Health
12358	06/28/2017	Principal	1,370.07	1019549-10001
12359	06/28/2017	ThyssenKrupp Elevator Company	250.61	Elevator repair
12360	06/28/2017	Waste Management	243.93	
12361	06/28/2017	Wells Fargo	1,997.35	
12362	06/28/2017	Wells Fargo	191.61	
12363	06/28/2017	Consolidated Landscape Maintenance, Inc.	440.50	July 2017 Landscaping Maintenance
12364	06/28/2017	Snohomish County PUD	914.67	Account #2052-9931-6
12365	06/28/2017	UNITED WAY	1,365.00	1Q17 & 2Q17 Employee Charitable Contributions
12366	06/28/2017	Stephanie Ross	0.00	VOID: Rebate for Mediterranean for Life

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
12367	06/28/2017	Kathryn Adamson	50.00	Rebate for Mediterranean for Life
12368	06/28/2017	Karen Kirkmire-Wilson	50.00	Rebate for Mediterranean for Life
12369	06/28/2017	Kris Jensen	50.00	Rebate for Mediterranean for Life
12370	06/28/2017	Allen Raymaker	50.00	Rebate for Mediterranean for Life
12371	06/28/2017	Electronic Business Machines	36.43	6/22-7/21/17 Copy Machine
12372	06/28/2017	Parsi Properties LLC	2,555.00	July 2017 - Parking lot lease
12373	06/28/2017	Sound Publishing, Inc.	39.20	Legal Notice 6/25 Board Meeting
12374	06/28/2017	Dataworks	789.60	IT Support
12375	06/28/2017	Stefanie Roth	50.00	Rebate for Mediterranean for Life
12376	06/28/2017	Lisa King	2,500.00	Reimbursement
		Total Warrants	<u>78,710.75</u>	

Wire/ACH Activity:

6/9/2017	Payroll	17,868.35	ACH payroll transfer
6/9/2017	Department of Treasury	7,637.06	Payroll taxes for 6/3/17 pay period ending
6/9/2017	Vallc	2,723.92	Payroll 401(a)/457 Deposit
6/9/2017	Paychex	106.07	Fee for payroll processing
6/23/2017	Payroll	17,893.23	ACH payroll transfer
6/23/2017	Department of Treasury	7,619.75	Payroll taxes for 6/17/17 pay period ending
6/23/2017	Vallc	2,718.97	Payroll 401(a)/457 Deposit
6/23/2017	Paychex	111.35	Fee for payroll processing
6/10/2017	Wells Fargo Merchant Services	75.35	Merchant Services
6/10/2017	Wells Fargo	128.95	Bank Fees
6/15/2017	Alzheimer's Association Western & Central	7,209.16	Program Payment
6/15/2017	American Diabetes Association	3,750.00	Program Payment
6/15/2017	American Red Cross	5,000.00	Program Payment
6/15/2017	Boys & Girls Club of Snohomish County	20,519.58	Program Payment
6/15/2017	CampFire	4,166.67	Program Payment
6/15/2017	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
6/15/2017	Center for Human Services	27,279.16	Program Payment
6/15/2017	ChildStrive	23,333.33	Program Payment
6/15/2017	City of Lynnwood	6,144.08	Program Payment
6/15/2017	City of Mountlake Terrace	4,120.00	Program Payment
6/15/2017	Cocoon House.	5,000.00	Program Payment
6/15/2017	Compass Health	18,572.50	Program Payment
6/15/2017	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
6/15/2017	Edmonds Community College Foundation	4,396.33	Program Payment
6/15/2017	Edmonds School District No. 15	89,773.84	Program Payment
6/15/2017	Edmonds Senior Center	9,166.67	Program Payment
6/15/2017	Homage Senior Services	64,086.67	Program Payment
6/15/2017	Kindering	11,517.17	Program Payment
6/15/2017	Korean Women's Association	5,000.00	Program Payment
6/15/2017	Medical Teams International	5,500.00	Program Payment
6/15/2017	PEPS	3,250.00	Program Payment
6/15/2017	Prescription Drug Assistance Foundation	4,166.67	Program Payment
6/15/2017	Project Access Northwest	7,500.00	Program Payment

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	6/15/2017	Puget Sound Christian Clinic	26,750.00	Program Payment
	6/15/2017	Puget Sound Kidney Centers Foundation	4,000.00	Program Payment
	6/15/2017	Snohomish County Fire District 1	36,103.34	Program Payment
	6/15/2017	Therapeutic Health Services	16,666.67	Program Payment
	6/15/2017	Volunteers of America Western WA	6,553.83	Program Payment
	6/15/2017	Wonderland Development Center	12,458.33	Program Payment
	6/15/2017	YWCA of Seattle, King and Snohomish Co	8,333.33	Program Payment
	6/15/2017	Mary Porter, RDIN	960.00	Program Payment
	6/13/2017	AmeriFlex Business Solutions	178.46	FSA Payments
	6/26/2017	AmeriFlex Business Solutions	178.46	FSA Payments
	6/26/2017	WA Department of Revenue	818.22	B&O Tax May 2017
	6/1/2017	US Bank	53,775.00	Interest on 2012 LTGO Bonds
		Total Wires/ACH Transactions	<u>557,632.64</u>	

Workers Compensation Claims Activity:

305357-359	Jun-17	Various Claimants/Vendors	2,259.45	Administered by Eberle Vivian
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Kruger Clinic Activity:

3091-3103	Jun-17	Various Claimants/Vendors	64,328.82	Administered by PMNW
		Total Disbursements	<u>\$ 702,931.66</u>	

Deposits:

Transaction Date	Payer	Amount	Purpose
6/1/2017	Swedish Edmonds	768,456.95	Monthly leases
6/2/2017	Value Village	26,552.66	Monthly lease
6/3/2017	Raymond Liu, D.D.S.	3,578.68	Kruger Clinic monthly lease
6/4/2017	Brian Takagi, MD	84.63	Kruger Clinic monthly lease
6/5/2017	Kean Lawlor	20,382.21	Kruger Clinic monthly lease
6/6/2017	Puget Sound Gastro	27,641.97	Kruger Clinic monthly lease
6/10/2017	Snohomish County	192,710.22	Levy
6/25/2017	Healthcare Realty Services, Inc.	4,663.72	Ground Lease
6/1/2017	T-mobile	1,365.82	Cell tower at the hospital
	Exercise classes at VCWC	180.00	15 Registrations for VCWC Class
6/30/2017	Lisa King	3.30	Error correction
	Total Deposits	<u>\$ 1,045,620.16</u>	

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 12329 through 12376 have been issued for payment in the amount of \$78,710.75. These warrants are hereby approved.

Attest:


Lisa M. King



Commissioner


Commissioner


Commissioner


Commissioner


Commissioner

Warrants Processed:	6-1-17 – 6-30-17		\$78,710.75
Work Comp Claims Pd:	6-1-17 – 6-30-17		2,259.45
Kruger Clinic Processed:	6-1-17 – 6-30-17		64,328.82
Payroll:	5-21-17 – 6-3-17	17,868.35	
	6-4-17 – 6-17-17	<u>17,893.23</u>	
			35,761.58
Electronic Payments:	Payroll Taxes	15,256.81	
	Paychex	217.42	
	Valic Retirement	5,442.89	
	AmeriFlex FSA	356.92	
	Bank Fees	204.30	
	WA State Dept Revenue	818.22	
	Program Expenditures	445,799.50	
	Interest on LTGO Bonds	<u>53,775.00</u>	
			<u>521,871.06</u>
	Grand Total		<u>\$702,931.66</u>

July 2017 Program Oversight Committee Summary

- One new application for review
- Presentation on needs and services available for Veterans: Jerry Gadek, Veterans Service Officer at Snohomish County Human Services.

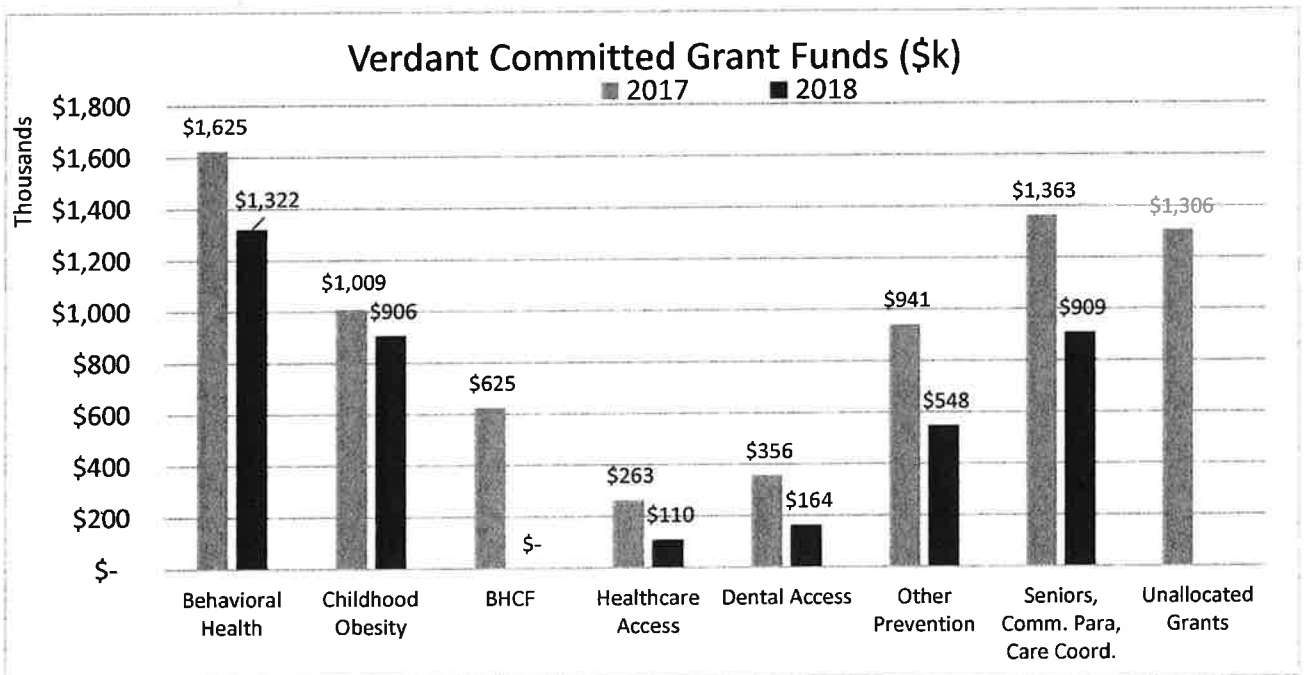
Program Funding Requests

Applications Recommended for Funding

Center for Human Services: Youth Counseling Program: a renewal request to continue funding for the youth counseling program that supports mental health counselors in Edmonds School District secondary schools. The program has exceeded its goals for number of youth served and tracks indicators such as individual youth's mental stability and functioning; reduction in mental health symptoms, and progress made toward youth's individual service plan goals.

The program leverages significant funding from other sources, including \$574,000 in Medicaid/insurance and self-pay revenue. Verdant funding enables CHS to serve youth that are uninsured or where there are barriers to accessing an insurance benefit.

The committee is recommending funding the program at \$225,000 per year for two more years, which is a 36% increase from the current level and would enable CHS to add a third counselor supported by Verdant. The program would increase the number of clients served—CHS's previous goal was 120 served; the program is currently serving 190 youth, and the new goal would be 225 youth served per year.



E 155:17
7.26.2017

Verdant Community Wellness Center Summary July 2017

Completed Programs

1. General Community and Provider Events	Attendance
1. Swedish Edmonds Core Leadership Retreat (6/23)	30
2. Opportunity Council Childcare Training (6/24)	16
3. South County Walks – (6/26, 7/3, 10, 17, 24, 31)	20+ /Walk
4. Monthly Hero's Café for Veterans (6/27)	100+
5. SCAEYC Board Meeting (6/27)	12
6. ARC Mothers of Children with Disabilities Monthly Support Network (7/1)	14
7. Bloodworks NW Blood Drive (7/3)	30
8. Korean Women's Association: Everyday Prevention Program (7/6)*	50
9. Freedom from Smoking Facilitator Training (7/10, 11)	28
10. SHIBA Monthly Training with OIC (7/11)	25
11. Not on Tobacco Program (7/12)	10
12. Evergreen Home Health (7/12, 18)	50
13. Understanding Medicare Monthly Workshops (7/21)	18
14. Sea Mar Weekly Health Insurance & Basic Food Enrollment (weekly)	varies
15. Ongoing – Community Support for Prescription Assistance (weekly)*	varies

2. Nutrition and Healthy Behaviors	Attendance
1. Sit, Sleep and Move to Improve Your Mild Back Pain (June 20, 22, 27, 29)*	9/class
2. Surviving & Thriving with Chronic Kidney Disease (June 28 – August 2)*	26/class
3. Farmers Market Cooking Demo: Getting Picnic Ready (June 26)*	24
4. Type 2 and You Workshop (July 8)*	22
5. Meet Me at the Park (7/11, 18, 25)	100+/event
6. Zumba (July 11-August 29)	10/class
7. Foods that Improve Digestive Health (July 10)*	23
8. AHA Teens Cook with Heart (7/11, 13, 18, 20, 25, 27)	14/class
9. Cooking Demo: Summer Grilling (7/15)*	27
10. Lifestyle Change Check-Ins (drop – in 1 st and 3 rd Tuesdays)*	Varies
11. Getting to Goal Program (Weight Management/Activity Consultations)*	8-12 Clients

3. Behavioral Health & Substance Use	Attendance
1. YWCA Managing Difficult Emotions (7/10 – 8/28)*	4-6
2. YWCA Grief and Loss (July 7/18 – 9/5)*	6-8
3. Brain Health & Wellness (6/26, 29; 7/10, 11, 13, 17, 18, 20, 24, 25, 28, 31)*	varies
4. National Alliance on Mental Illness "Connections" Support Group (7/13, 27)	varies
5. Snohomish County Caregiver Support Group (7/6, 18, 20)	4-12
6. Adult Children of Alcoholics Weekly Support Group (weekly)	10-20
7. Veterans Drop-In Support (weekly - City of Lynnwood & monthly - County)	varies

4. Other Programs	Attendance
1. Play and Learn Group, Wonderland Development Center (weekly)*	30+/week

Verdant Community Wellness Center Summary July 2017

Upcoming Programs

A. General Community and Provider Events

1. South County Walks – (July 24, 31, August 7, 14, 21, 28)
2. Monthly Hero's Café for Veterans (July 26, August 29)
3. Sno-King Longterm Care Ombudsman Training (July 26)
4. Korean Women's Association: Everyday Prevention Program (August 3)*
5. ARC Mothers of Children with Disabilities Monthly Support Network (August 5)
6. Evergreen Home Health (August 9, 15)
7. ACH Oral Health Workgroup (August 14)
8. Opportunity Council Cultural Competence Childcare Training (August 16)
9. Leadership Snohomish County Lunch with Leaders (August 16)
10. Lifespan Respite of WA Summit (August 17)
11. Understanding Medicare Monthly Workshops (August 18)
12. Community Health Accelerator Team Meeting (August 21)
13. ESD Health Services Training (August 23)
14. Non-profit Networking Group on Prescription Assistance (August 23)
15. ESD Deaf and Hard of Hearing Staff Retreat (August 28)
16. Edmonds Senior Center Advanced Directives Class (August 29)

B. Nutrition and Healthy Behaviors

1. Sit, Sleep and Move to Improve Your Mild Back Pain (June 20, 22, 27, 29)*
2. AHA Teens Cook with Heart (July 11, 13, 18, 20, 25, 27)
3. Zumba (July 11-August 29)
4. Surviving & Thriving with Chronic Kidney Disease (June 28 – August 2)*
5. Road Back to Life Kidney Support Group (July 26, August 22)
6. Cooking for One or Two: Cooking Demo (August 8)*
7. Be Well – Sound Health Cooking Class (August 16)
8. CHC Diabetes Cooking Class (August 18)
9. Farm to Fork Fresh: Cooking Demo (August 21)*

C. Behavioral Health & Substance Use Focus

1. YWCA Managing Difficult Emotions (July 10 – August 28)*
2. YWCA Grief and Loss (July 18 – Sept 5)*
3. Brain Health and Wellness Classes (July 24, 25, 28, 31 August 1,3,7,14,28)*
4. Snohomish County SBIRT Training (July 24)
5. National Alliance on Mental Illness "Connections" Support Group (August 10, 24)
6. Snohomish County Caregiver Support Group (August 3, 15, 17)
7. Adult Children of Alcoholics Weekly Support Group (weekly)
8. Veterans Drop-In Support (weekly - City of Lynnwood & monthly - County)

* = Grant/Program Funded Partner

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7.26.2017

July 2017 Marketing Report

South County Walks

- Great turnout with an average of 20 people attending walks consistently throughout July.

Meet Me at the Park



Get up...get out...
get active!

**Meet Me
at the Park**

Join us for free
activities & fun!
6:30-8 p.m.

Tuesday, July 11 @ Wilcox Park, 5215 196th St. SW, Lynnwood
Tuesday, July 18 @ South Lynnwood Park, 20915 61st Ave. W, Lynnwood
Tuesday, July 25 @ North Lynnwood Park, 18510 44th Ave. W, Lynnwood

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HEALTH COMMISSION

LYNNWOOD
WASHINGTON

Coming Events

- **National Night Out:** Tuesday, Aug. 1 at two locations: Community Life Center in Lynnwood (host site for PSCC Dental Clinic) from 5-8 p.m. and Evergreen Playfield in Mountlake Terrace from 6-9 p.m.
- **Back to School Health & Resource Fair:** Thursday, August 24, 5-8 p.m. at Cedar Valley Community School
- **Fair on 44th:** Saturday, Sept. 9, 10 a.m. – 2 p.m. on 44th Ave. W between the Lynnwood Library and Fire Station #15