

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
June 24, 2015
8:00 a.m. to 9:15 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) May 27, 2015 Board Meeting	Action	8:01	1-5
b) June 12, 2015 Special Meeting	Action	8:02	6-7
C. Executive Committee Report	Information	8:04	---
D. Finance Committee Report			
a) Review financial statements and cash activity	Information	8:05	8-11
b) Authorization for payment of vouchers and payroll	Action	8:18	12
E. Program Committee Report & Recommendations			
a) Conflicts of Interest	---	8:19	---
b) Program investment recommendations	Action	8:20	13-19
c) Verdant Community Wellness Center activities update	Information	8:30	20-21
F. Marketing Report	Information	8:35	22
G. Superintendent's Report	Information	8:40	---
H. Public Comments (please limit to three minutes per speaker)	---	8:45	---
I. Commissioner Comments	---	8:55	---
J. Executive Session			
a) To consider the legal risks of a proposed action of the district	---	9:00	---
K. Open Session	---	9:15	---
L. Adjournment	---	9:15	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting

Verdant Community Wellness Center

June 24, 2015

Commissioners Present	Fred Langer, President Bob Knowles, Commissioner Karianna Wilson, Commissioner
Commissioners Excused	J. Bruce Williams, M.D., Commissioner Deana Knutsen, Secretary
Others Present	George Kosovich, Assistant Superintendent/Program Director Jennifer Piplic, Marketing Director Sue Waldin, Community Wellness Program Manager Karen Goto, Executive Assistant Tanya Anderson, Consultant Members of the community
Staff Excused	Carl Zapora, Superintendent Lisa King, Finance Director
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:04 a.m. by President Langer.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve the minutes of the regular meeting on May 27, 2015.</i> <i>Motion was made, seconded and passed unanimously to approve the minutes of the special meeting on June 12, 2015.</i>
Executive Committee	President Langer reported that the Executive Committee met on June 18, 2015 to review and approve the June 24, 2015 board meeting agenda and to discuss Swedish Hospital. No action was taken.
Board Finance Committee	The committee met on June 19, 2015. Ms. Anderson reviewed the financial statements and cash activity for May 2015 (E:40:15). She highlighted that expenses related to the

Kruger Clinic flood claims will be reimbursed by Verdant's insurance company. Ms. Anderson also noted that there is one remaining payment to the contractor on the Verdant Community Wellness Center building.

Commissioner Knowles asked about the expense for Experience Momentum's program and what the funds were used for. Mr. Kosovich explained that the funds were used primarily for staff time. Commissioner Knowles asked that the commission be conscious of paying partners for promotion of their own organizations.

Authorization for
Payment of
Vouchers &
Payroll

Warrant Numbers 11035 through 11167 for May 2015 for payment in the amount of \$65,598.73 were presented for approval (E:41:15). *Motion was made, seconded and passed unanimously to approve.*

Program
Oversight
Committee
Update

The Program Oversight Committee met on June 19, 2015 and reviewed eight application requests (E:42:15): two renewal requests, five new funding requests, and one pending application previously discussed.

President Langer asked the committee if the program budget should be increased to accommodate future requests. Commissioner Wilson said she did not think an increase was necessary at this time.

No conflicts of interest were reported by any of the commissioners.

Renewal Applications:

Motion was made, seconded and passed unanimously to approve the Center for Human Services Youth Counseling request in full at \$165,000 per year for two more years.

Motion was made by Commissioner Wilson to approve partial funding at \$25,000. Motion was amended by Commissioner Knowles, seconded and passed unanimously to approve \$20,000 partially funding Within Reach insurance outreach and enrollment for one-year instead of the \$40,000 requested with the expectation that this is likely the last year that Verdant would fund the program.

New Funding Applications:

The committee is not recommending the following three programs for funding at this time:

1. YMCA Diabetes Prevention Program

2. Beecher's Pure Food Kids Foundation pure food kids plus program for nutrition education in the schools
3. Lynnwood Fire Department interventions to reduce acute care transfers program to train caregivers
4. City of Lynnwood Meadowdale Playfields Project request of \$545,336 for two synthetic turf fields at Meadowdale Playfields. The committee is not recommending funding at this time because it fits in the Building Healthy Communities fund which will re-open for requests in 2016.

Needs Additional Follow-up:

1. Evergreen Manor South County Detox request of \$485,350 to support a new south county detox program for low-income adults. The committee is recommending bringing the applicant in for a board presentation sometime in the month of August 2015 after the 6th of August. Commissioners also discussed the opportunity to tour the Everett location.

Program Previously Discussed:

1. Brain Injury Alliance of Washington multi-year funding request (\$50,000 in year 1, \$35,000 in year 2, \$25,000 in year 3) to serve individuals affected by brain injury. *Motion was made, seconded and passed unanimously to approve.*

Verdant
Community
Wellness Center
Activities

Ms. Waldin presented the programming summary and a list of upcoming programs in the Verdant Community Wellness Center (VCWC) (E:43:15).

Marketing
Report

Ms. Piplic presented the Marketing report (E:44:15) and highlighted the Daily Herald's launch of a new health section starting June 27, 2015.

Superintendent's
Report

Assistant Superintendent Kosovich reported on two items:

1. Superintendent Zapora is not at this board meeting as he is attending the AWPHD & WSHA annual conference.
2. Verdant's IT support will attend the July 2015 board meeting to assist commissioners with setting up access to their Verdant email.

Public
Comments

Ms. Rowena Miller of the League of Women Voters appreciates when the microphone system is used in board meetings.

Commissioner
Comments

None


Executive
Session

President Langer announced that there was no need to hold an Executive Session at this meeting.

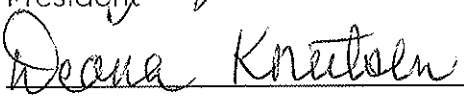
Adjourn

There being no further business to discuss, the meeting was adjourned at 8:30 a.m.

ATTEST BY:



President



Secretary

Balance Sheet
As of May 31, 2015

	A	B	C	D
	Dec 31, 2014	May 31, 2015	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	2,840,919	1,350,885	(1,490,034)	
4 Other Current Assets	32,617,628	34,528,734	1,911,106	Includes Investments
5 Total Current Assets	35,458,547	35,879,619	421,072	
6 Total Long-term & Fixed Assets	47,374,208	46,493,377	(880,831)	Depreciation
7 TOTAL ASSETS	82,832,755	82,372,996	(459,759)	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	2,480,364	1,418,431	(1,061,934)	
11 Long-term Liabilities	4,857,008	4,831,162	(25,846)	2012 LTGO Bonds
12 Total Liabilities	7,337,372	6,249,593	(1,087,779)	
13 Total Equity	75,495,383	76,123,403	628,020	Annual Net Income
14 TOTAL LIABILITIES & EQUITY	82,832,755	82,372,996	(459,759)	

Profit & Loss
May 2015

	A	B	C	D	E	F
	May Actual	May Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	812,278	805,963	6,315	4,096,628	4,029,816	66,812
3 EXPENSES						
4 Operating Expenses	223,670	169,091	(54,579)	807,242	867,719	60,477
5 Depreciation Expense	212,164	223,091	10,927	1,110,670	1,165,304	54,634
6 Program Expenses	432,149	504,917	72,768	2,761,463	3,029,579	268,116
7 Total Expenses	867,983	897,100	29,116	4,679,375	5,062,602	383,227
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	218,049	212,096	5,953	1,210,767	1,060,480	150,287
10 NET INCOME	162,343	120,960	41,384	628,020	27,695	600,326

Monthly Highlights
May 2015

Verdant received dividends payments of \$38,948 on our investment portfolio in May and closed with an ending market value of \$33,646,776. There was no unrealized gain or loss booked for the month.

Annual program commitments total \$6,144,339 and \$4,693,065 for 2015 and 2016, respectively. \$955,661 remains available to spend in 2015, of which \$280,847 is earmarked as Superintendent Discretionary.

Additional income of \$108,060 and expenses of \$84,692 from the Kruger Clinic were incurred, netting to an additional operating income of \$23,367 in May. Note that some expenses related to a flood claim will be reimbursed by our insurance company.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
11135	05/06/2015	Culinary Events Northwest LLC	853.05	Food for Snoh Co Health Leadership Coalition mtg, 4/28/15
11138	05/06/2015	Moss Adams - Cost Report	7,225.00	2005 & 2006 CPE Report prep
11137	05/06/2015	City of Lynnwood - Utilities	540.19	Water
11139	05/06/2015	Waste Management	585.43	Garbage/Recycle
11136	05/06/2015	Ash Consulting	1,001.00	Accounting April 2015
11140	05/06/2015	MJ Takisaki, Inc.	10,450.00	Construction of VCWC April
11141	05/06/2015	Experience Momentum Inc	3,375.00	Couch to 8k Workshop and Walking Group VOID
11142	05/06/2015	City of Lynnwood	-	VOID
11143	05/13/2015	Armstrong Services	900.00	Janitorial
11144	05/13/2015	Healthcare Realty	4,844.93	April Property Management
11145	05/13/2015	Lile International Companies	225.00	April 2015 Storage
11146	05/13/2015	Comcast	266.07	Phones
11149	05/13/2015	Comcast	519.89	Internet
11147	05/13/2015	Sara T Needleman-Carlton	200.00	Refund for VCWC Security Deposit
11148	05/13/2015	Matthew Edward Munson	100.00	WC113 - E-Cigarettes & Vaping Class Instructor
11150	05/15/2015	Edmonds Community College	5,000.00	Award 219 - Celebration of Food Festival
11151	05/20/2015	Straight Line Striping LLC	438.00	Install One Way Traffic Sign
11152	05/20/2015	Dataworks	3,988.31	New laptop computers deposit
11153	05/20/2015	Parent Trust for WA Children	300.00	Programs: 5/12/15 SMART Workshop
11154	05/20/2015	Thomas & Associates	4,262.50	12/18/14 Strategic Collab Com Mtg & 10.5 hours for Dec 2014 & Jan 2015
11155	05/20/2015	California State Controller	115.11	Unclaimed Property
11156	05/20/2015	Aukema & Associates	305.50	April 2015 Web Updates
11157	05/20/2015	Jason Becker Creative	1,164.00	VCWC Design/images/photos for Canopy
11158	05/20/2015	Seattle Rubbish Removal	117.56	Removal of old file cabinet
11159	05/20/2015	UNITED WAY	540.00	1Q15 EE Contributions
11160	05/27/2015	Wells Fargo	2,256.21	Misc.
11161	05/27/2015	Wells Fargo	101.01	Misc.
11162	05/27/2015	Consolidated Press Printing Company, Inc	10,251.43	Printing of Canopy
11163	05/27/2015	Lowie Graham Jones PLLC	126.00	Legal
11164	05/27/2015	Premiera Blue Cross	4,081.02	June 2015 EE Medical & Dental Insurance
11165	05/27/2015	Principal Financial Group	1,129.96	EE Life Insurance
11166	05/27/2015	Staples	319.31	Supplies
11167	05/27/2015	Benefit Solutions Inc	17.25	June 2015 Monthly Billing
		Total Warrants	65,598.73	
Kruger Clinic Activity:				
285-301	May 2015	Various Claimants/Vendors	70,456.27	Administered by Healthcare Realty
Workers Compensation Claims Activity:				
305231-234	May 2015	Various Claimants/Vendors	2,946.65	Administered by Eberle Vivian

Warrant Number	Transaction Date	Payee	Amount	Purpose
	Wire/ACH Activity:			
	5/1/2015	Payroll	16,879.05	ACH payroll transfer
	5/1/2015	Paychex	86.84	Fee for payroll processing
	5/1/2015	Department of Treasury	7,096.63	Payroll taxes for 3/28/15 pay period ending
	5/1/2015	Valic	2,696.20	Payroll 401(a)/457 Deposit
	5/15/2015	Payroll	16,337.41	ACH payroll transfer
	5/15/2015	Paychex	82.10	Fee for payroll processing
	5/15/2015	Department of Treasury	6,980.47	Payroll taxes for 4/11/15 pay period ending
	5/15/2015	Valic	2,674.55	Payroll 401(a)/457 Deposit
	5/29/2015	Payroll	17,147.71	ACH payroll transfer
	5/29/2015	Paychex	90.53	Fee for payroll processing
	5/29/2015	Department of Treasury	7,119.70	Payroll taxes for 4/11/15 pay period ending
	5/29/2015	Valic	2,670.20	Payroll 401(a)/457 Deposit
	5/10/2015	Wells Fargo	63.80	April 2015 Client Analysis Bank Fee
	5/15/2015	Alzheimer's Association Western & Central	7,209.16	Program Payment
	5/15/2015	American Diabetes Association	4,166.67	Program Payment
	5/15/2015	Boys & Girls Club of Snohomish County	12,833.33	Program Payment
	5/15/2015	CampFire	4,166.67	Program Payment
	5/15/2015	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	5/15/2015	Center for Human Services	13,523.67	Program Payment
	5/15/2015	ChildStrive	23,113.25	Program Payment
	5/15/2015	City of Lynnwood	15,165.66	Program Payment
	5/15/2015	Community Health Center of Snohomish Co	27,083.33	Program Payment
	5/15/2015	Domestic Violence Services Snohomish Co	1,621.08	Program Payment
	5/15/2015	Edmonds Community College	10,990.58	Program Payment
	5/15/2015	Edmonds Community College Foundation	4,396.33	Program Payment
	5/15/2015	Edmonds School District No. 15	66,892.84	Program Payment
	5/15/2015	Edmonds Senior Center	9,166.67	Program Payment
	5/15/2015	Kindering	7,500.00	Program Payment
	5/15/2015	Korean Women's Association	5,000.00	Program Payment
	5/15/2015	Mary Porter, RDN	480.00	Program Payment
	5/15/2015	Medical Teams International	4,000.00	Program Payment
	5/15/2015	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	5/15/2015	Program for Early Parent Support	2,987.50	Program Payment
	5/15/2015	Providence Hospice & Home Care Foundation	12,916.67	Program Payment
	5/15/2015	Puget Sound Christian Clinic	9,166.67	Program Payment
	5/15/2015	Puget Sound Kidney Centers Foundation	5,833.33	Program Payment
	5/15/2015	Senior Services of Snohomish County	114,186.67	Program Payment
	5/15/2015	Smithwright Services	5,416.67	Program Payment
	5/15/2015	Snohomish County Fire District 1	12,035.50	Program Payment
	5/15/2015	Snohomish County Music Project	2,416.67	Program Payment
	5/15/2015	Volunteers of America Western WA	6,362.92	Program Payment
	5/15/2015	Washington CAN! Education & Research Fund	15,714.29	Program Payment

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	5/15/2015	Wonderland Development Center	11,250.00	Program Payment
	5/15/2015	YWCA of Seattle, King and Snohomish Co	2,083.33	Program Payment
	5/1/2015	Benefit Solutions Inc	10.00	FSA Payments
	5/7/2015	Benefit Solutions Inc	22.14	FSA Payments
	5/12/2015	Benefit Solutions Inc	10.00	FSA Payments
	5/19/2015	Benefit Solutions Inc	278.46	FSA Payments
	5/28/2015	Benefit Solutions Inc	10.00	FSA Payments
	5/5/2015	Benefit Solutions Inc	256.32	FSA Payments
	5/29/2015	WA Department of Revenue	789.44	B&O tax
		Total Wires/ACH Transactions	505,814.35	
		Total Disbursements	\$ 644,816.00	

Transaction Date	Payer	Amount	Purpose
Deposits:			
5/1/2015	Swedish/Edmonds	734,176.21	Monthly lease
5/1/2015	Value Village	24,428.45	Monthly lease
5/1/2015	Raymond Liu, D.D.S.	3,320.83	Kruger Clinic monthly lease
5/1/2015	Brian Tagaki, MD	75.00	Kruger Clinic monthly lease
5/1/2015	John Headley MD PS	18,949.07	Kruger Clinic monthly lease
5/11/2015	Snohomish County	872,147.61	Levy
5/11/2015	Sedgwick CMS	325.00	Reimbursement
5/6/2015	Puget Sound Gastro	26,843.75	Kruger Clinic monthly lease
5/12/2015	Lexington Insurance Company	2,109.59	Reimbursement for professional liability
5/15/2015	Eberle Vivian	71.36	Reimbursement for work comp
5/15/2015	Snohomish County	111.53	Refund for unused program funds
5/15/2015	Snohomish Medical Reserve Corp	200.00	Deposit for VCWC
5/18/2015	Alliance for Child Welfare Excellence	200.00	Deposit for VCWC
5/24/2015	Healthcare Realty Services, Inc.	4,663.72	Monthly ground Lease
5/26/2015	Commission on Asian Pacific American Affa	200.00	Deposit for VCWC
	Total Deposits	\$ 1,687,822.12	

E:4115
6.24.2015


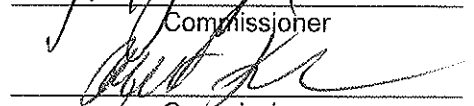



VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 11035 through 11167 have been issued for payment in the amount of \$65,598.73. These warrants are hereby approved.

Attest:

Lisa M. King


Commissioner

Commissioner

Commissioner

Commissioner

Commissioner

Warrants Processed:	5-1-15 – 5-31-15	\$65,598.73
Work Comp Claims Pd:	5-1-15 – 5-31-15	2,946.65
Kruger Clinic Processed:	5-1-15 – 5-31-15	70,456.27
Payroll:	4-12-15 – 4-25-15	16,879.05
	4-26-15 – 5-09-15	16,337.41
	5-10-15 – 5-23-15	<u>17,147.71</u>
		50,364.17
Electronic Payments:	Payroll Taxes	21,196.80
	Paychex	259.47
	Valic Retirement	8,040.95
	Benefit Solutions	582.92
	Bank Fees	63.80
	WA State Dept Revenue	789.44
	Program Expenditures	<u>424,512.80</u>
		455,450.18
	Grand Total	<u>\$644,816.00</u>

E:42:15
6.21.2015

Verdant Health Commission Proposal Summary June 2015

A		B			C			D			E			F			G			H			I		
Request for Funding																									
New Funding Requests					Year 1			Year 2			Year 3			Education & Empowerment			Prevention			Access to Healthcare			Policy & Advocacy		
#	Name				Year 1	Year 2	Year 3	Education & Empowerment			Prevention			Access to Healthcare			Policy & Advocacy								
1	YMCA of Snohomish County - Diabetes Prevention Program	A multi-year request for a diabetes prevention program that starts with a 16 session week program, moves to monthly support and includes access to the Lynnwood Recreation Center. The program would expect to serve 16 individuals per year at a price of \$429 per participant, with scholarships expected to cover half of the program participants. One session would be offered in English/Spanish each, and childcare would be provided.			\$15,000	\$15,000	\$15,000	X	X	X															
2	Beecher's Pure Food Kids Foundation - Pure Food Kids PLUS	A multi-year request for nutrition education in schools: 1.) Kid's Workshop, which is a free class during the school day for 4th/5th graders; 2.) Pure Food Families, a free follow-up evening program, and 3.) Pure Food Tweens, which is a 2 year follow-up program for 6th grade students. The applicant provided a letter of support from the school district on the program.			\$22,409	\$22,409	\$22,409	X	X	X															
3	Lynnwood Fire Department - Interventions to Reduce Acute Care Transfers (INTERACT)	A one-time request to implement a program that would help paid caregivers recognize patient changes, streamline decisions, and improve communication. The program trains caregivers to "Stop and Watch" residents to identify or detect changes in residents conditions and then take action. The goal would be to train 20 staff from 10 different organizations.			\$9,600			X	X	X															
4	Evergreen Recovery Centers South County Detox Start Up	A one-time request to support a new South County detox program for low-income adults. The program would operate 24-hours a day providing medically managed withdrawal from alcohol and opiates. The program would expect to serve 850 individuals in the first year with the goal of getting 40% to treatment upon discharge. Verdant funds would be used to remodel the building, with Medicaid/Apple health insurance to fund 75% of ongoing admissions and 25% will be uninsured with Snohomish County providing funding.			\$485,350																				
5	City of Lynnwood - Meadowdale Playfields Project	A one-time request for funding for two synthetic turf fields at Meadowdale Playfields, which is next to Meadowdale middle and elementary schools. The total project cost is \$3 million and the City is seeking funding from Verdant so that it can certify the project and receive \$500,000 in state funding. The City will need to certify funding with WA state in July of 2015, with construction occurring in late 2016 to early 2015.			\$545,356																				

Verdant Health Commission Proposal Summary June 2015

# Name	Year 1	Year 2	Year 3	Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy
Renewal Requests							
6 Center for Human Services - Youth Counseling	\$165,000	\$165,000	\$165,000		X	X	
7 WithinReach - South Snohomish County Insurance Corps	\$40,000			X		X	
Pending Proposals For Follow-up							
8 Brain Injury Alliance of Washington - Brain Health & Wellness Program	\$50,000	\$35,000	\$25,000	X	X	X	

June 2015 Program Summary

- Eight application requests up for discussion:
 - Two renewal requests
 - Five new funding requests
 - One pending application previously discussed

Renewal Requests

- **Center for Human Services – Youth Counseling:** a request to continue support for the youth counseling program that funds two FTE counselors: one at the middle schools and another dedicated to the high schools. Funding does not expire until Dec. 2015, but the applicant is looking for confirmation that services will be in place for the 2015-2016 full school year. The program provides counseling to 120 youth per year and has met its goals for the last several years. **The committee is recommending funding the request in full at \$165,000 per year for two more years.**
- **Within Reach – Insurance Outreach and Enrollment:** a renewal request to support outreach and education on the Affordable Care Act. The program would include in-person education, eligibility screening, application assistance and follow-up. Funds would be used for a bilingual Spanish-speaking outreach worker and one Americorps outreach worker stipend. The request is for \$40,000—Verdant provided \$33,000 in funding in 2014, and the program would expect to educate 1,600 families and enroll at least 400 families in health insurance. **The committee is recommending partially funding the program for one-year at \$25,000, with the expectation that this is likely the last year that Verdant would fund the program.**

New Funding Requests

In evaluating the new funding requests, the program committee members noted that there are limited funds remaining in the 2015 program budget:

- An estimated \$146,442 in multiyear funding if 100% of existing programs are renewed; \$201,570 if 80% are renewed;
- \$29,500 in one-time funds and \$277,350 in Superintendent Discretionary.

Given the limited budget, the committee is not recommending the following three programs for funding at this time:

1. **YMCA – Diabetes Prevention Program:** A multi-year request of \$15,000 per year for a diabetes prevention program that starts with a 16 session week program, moves to monthly support and includes access to the Lynnwood Recreation Center. The program would expect to serve 16 individuals per year at a price of \$429 per participant, with scholarships expected to cover half of the program participants. One session would be offered in English/Spanish each, and childcare would be provided. The committee had concerns about the per person cost of the program.

2. **Beecher's Pure Food Kids Foundation – Pure Food Kids Plus:** a multi-year request of \$22,409 per year for nutrition education in schools: 1.) Kid's Workshop, which is a free class during the school day for 4th/5th graders; 2.) Pure Food Families, a free follow-up evening program, and 3.) Pure Food Tweens, which is a 2 year follow-up program for 6th grade students. The applicant provided a letter of support from the school district on the program.
 3. **Lynnwood Fire Department – Interventions to Reduce Acute Care Transfers (INTERACT):** a one-time request to implement a program that would help paid caregivers recognize patient changes, streamline decisions, and improve communication. The program trains caregivers to "Stop and Watch" residents to identify or detect changes in residents conditions and then take action. The goal would be to train 20 staff from 10 different organizations.
- **Evergreen Manor – South County Detox:** a one-time request of \$485,350 to support a new South County detox program for low-income adults. The program would operate 24-hours a day providing medically managed withdrawal from alcohol and opiates. The program would expect to serve 850 individuals in the first year with the goal of getting 40% to treatment upon discharge. Verdant funds would be used to remodel the building, with Medicaid/Apple Health to fund 75% of ongoing admissions and 25% will be uninsured with Snohomish County providing funding.

The committee is recommending bringing the applicant in for a board presentation. The applicant is also open to Verdant commissioners touring the Everett detox treatment facility to get more information about how individuals going through the medical detox are linked to treatment.

- **City of Lynnwood – Meadowdale Playfields Project:** a one-time request for \$545,336 for two synthetic turf fields at Meadowdale Playfields, which is next to Meadowdale middle and elementary schools. The total project cost is \$3 million and the City is seeking funding from Verdant so that it can certify the project and receive \$500,000 in state funding. The City will need to certify funding with WA State in July of 2015, or risk losing the state funding. **The committee is not recommending the program for funding at this time because it fits in the Building Healthy Communities Funding category.**

Programs Previously Discussed

- **Brain Injury Alliance of Washington:** a multi-year funding request (\$50,000 in year 1, \$35,000 in year 2, \$25,000 in year 3) to serve individuals affected by brain injury. The wellness program would offer classes on communication, organization, self-advocacy, and social skills. Verdant funds would be used to hire instructors and coordinate the program, which would be expected to serve 350 people per year.

The committee is seeking full board feedback on the program—the members had some concerns about the relatively narrow population focus of the program.

Verdant Program Financial Forecasting

1 **Scenario 1: 100% renewal**

2015	
3 Existing multi-year commitments	\$4,693,430
5 New Grants (plug)	\$146,442
6 Expected Renewals (100%)	\$275,678
7 One-time events	\$75,000
8 Building Healthy Communities Fund	\$1,331,000
9 Community Programs Internal	\$290,000
10 Superintendent Discretionary	\$288,450
11 Total	\$7,100,000

Note: includes \$50k/year for swim lessons, and \$150k start up for PSCC Lynnwood Dental clinic, w/ongoing payments beginning in Sept.

13 **Scenario B: 80% renewal**

2015	
15 Existing multi-year commitments	\$4,693,430
17 New Grants (plug)	\$201,578
18 Expected Renewals (80%)	\$220,542
19 One-time events	\$75,000
20 Building Healthy Communities Fund	\$1,331,000
21 Community Programs Internal	\$290,000
22 Superintendent Discretionary	\$288,450
23 Total	\$7,100,000

24 **Programs up for Renewal in 2015**

25 Organization Name	Program Name	Funding Ends	2015 \$ amount at current funding level
26 Project Access Northwest	Project Access Northwest	Nov-14	\$80,000
28 Providence Hospice & Home Care Foundation	Hospice Outreach and Education	Jun-15	\$90,417
29 YWCA of Seattle, King, and Snohomish County	Children's Domestic Violence Program	May-15	\$16,667
30 Medical Teams International	Mobile Dental Program	Jul-15	\$20,000
31 YWCA of Seattle, King, and Snohomish County	Mental Health Counseling Program	Nov-15	\$4,167
34 Within Reach	Insurance Enrollment	Jun-15	\$33,000
35 Washington CAN	Insurance Outreach	Nov-15	\$31,428
36		Total	\$275,678

**Program Payout Schedule
as of June 2015**

A		B	C
		2015	Budget 2016
7100 . Grants			
Committed			
	Domestic Violence Services Teen Prevention	\$ 20,859	\$ 22,266
	Providence Hospice & Home Care Foundation	\$ 64,583	\$ -
	YWCA Children's Domestic Violence	\$ 8,333	\$ -
	Medical Teams International Mobile Dental Program	\$ 28,000	\$ -
	Prescription Drug Assistance Program	\$ 50,000	\$ 20,833
	YWCA Mental Health Counseling	\$ 20,833	\$ -
	EdCC Student Health & Wellness Program	\$ 95,790	\$ 29,847
	Center for Human Services Counseling	\$ 162,284	\$ -
	Cascade Bicycling Club Advanced Basics	\$ 32,000	\$ -
	American Diabetes Association Stop Diabetes	\$ 50,000	\$ -
	Senior Services Center for Healthy Living	\$ 560,240	\$ 560,240
	Wonderland Development Center	\$ 135,000	\$ 90,000
	PSCC Mental Health Counseling Program	\$ 21,667	\$ 16,668
	Community Paramedic	\$ 144,426	\$ -
	Smithwright	\$ 65,000	\$ 54,167
	Edmonds School District No. 15 Student Support Advocate	\$ 310,586	\$ 310,586
	PSCC Mobile Medical Clinic	\$ 90,000	\$ -
	ChildStrive Nurse Family Partnership	\$ 277,359	\$ -
	Edmonds Community College Veteran's Support	\$ 52,756	\$ 52,756
	City of Lynnwood Fire Departement Mobile Integrated Care	\$ 108,259	\$ 45,108
	CHC of Snohomish County Dental Program	\$ 139,715	\$ 62,500
	Edmonds School District Move 60!	\$ 498,690	\$ 518,637
	Puget Sound Kidney Center	\$ 68,333	\$ 45,833
	Seattle Visiting Nurses Flu Shots Renewal	\$ 16,275	\$ -
	Kinderling Early Intervention	\$ 90,000	\$ 67,500
	Boys & Girls Club Healthy Habits Renewal	\$ 154,000	\$ 102,667
	American Red Cross CPR Training	\$ 10,000	\$ 7,500
	Edmonds Senior Center Enhanced Wellness	\$ 110,000	\$ 110,000
	Washington CAN! Insurance Enrollment	\$ 78,571	\$ -
	3rd Grade Swim Lessons Renewal	\$ 50,000	\$ 50,000
	Snohomish County Music Project	\$ 29,000	\$ 26,583
	Cornerstone Medical Services	\$ 60,000	\$ 60,000
	PEPS	\$ 35,850	\$ 35,850
	Campfire	\$ 50,000	\$ -
	Alzheimer's Association	\$ 86,510	\$ 86,510
	City of Lynnwood Move 60: Teens!	\$ 73,729	\$ 73,729
	CHC Behavioral Health Integration	\$ 275,000	\$ 300,000
	Therapeutic Health Services Youth Behavioral	\$ 100,000	\$ 200,000
	PSCC Dental Clinic	\$ 216,667	\$ 200,000
	Snohmish County Health Leadership Coalition	\$ 52,000	\$ 50,000
	LCSNW Health Access for Underserved	\$ 54,863	\$ 94,051
	Senior Services of Snohomish County Care Coordination	\$ 146,250	\$ 135,000
	Total Committed	\$ 4,693,430	\$ 3,428,831
	Not Committed (Available to Spend)	\$ 422,120	\$ -
	Total Grants	\$ 5,115,550	\$ 3,428,831

**Program Payout Schedule
as of June 2015**

7300 . Internal Programs			
	Committed		
	Total Committed	\$ 129,939	\$ -
	Not Committed (Available to Spend)	\$ 160,061	\$ -
	Total Internal Programs	\$ 290,000	
7200 . Discretionary			
	Committed		
	LCS - Latino Health and Community Fair	\$ 1,000	
	Edmonds 4th of July 5k	\$ 2,500	
	Edmonds Health & Fitness Expo	\$ 2,000	
	Clothes for Kids Breakfast	\$ 500	
	Serve our Sisters Health Fair	\$ 2,800	
	Edmonds Senior Center Health Fair	\$ 1,000	
	Snoh Co Health Leadership Coalition	\$ 1,303	
	Total Committed	\$ 11,103	\$ -
	Not Committed (Available to Spend)	\$ 277,347	\$ -
	Total Discretionary Programs	\$ 288,450	\$ -
7500 . Building Healthy Communities Fund			
	Committed		
	Woodway Recreation Campus Renovation	\$ 625,000	\$ 625,000
	Bike Link	\$ 706,000	\$ 724,000
	Total Committed	\$ 1,331,000	\$ 1,349,000
	Not Committed (Available to Spend)	\$ -	\$ -
	Total BHCF Programs	\$ 1,331,000	\$ 1,349,000
7400 . One time Events			
	Committed		
	MLT Senior Center AED	\$ 2,500	
	Turning Point -Back to School Health Fair	\$ 12,000	
	EdCC Celebration of Food	\$ 5,000	
	City of Lynnwood - Fire Camp	\$ 6,000	\$ -
	Dance for Parkinsons	\$ 20,000	\$ -
	Total Committed	\$ 45,500	\$ -
	Not Committed (Available to Spend)	\$ 29,500	\$ -
	Total One Time Events Programs	\$ 75,000	\$ -
	TOTAL	\$ 7,100,000	\$ 4,777,831

Verdant Community Wellness Center Summary

Completed Programs

General Community and Provider Events	Attendance
• Second Time Around - PEPS Support Group for Moms (4/30 – 7/11)*	6-8
• Mothers of Children with Disabilities Monthly Support Network (6/6)	18
• MTI Specialty Dental Clinic (6/6)	6 patients
• Snohomish County Hoarding Task Force 6/9)	15
• Edmonds School District Health Services Retreat (6/10)	16
• Snohomish Health Leadership Coalition Committee Meeting (6/10)	5
• Feet First Walking Ambassador Training (6/11)*	21
• Verdant Board Mini-Retreat	13
• Lutheran Community Services - Promotora Graduation (6/13)	30
• Living Well Workshop - Facilitator Training (6/15, 16, 22, 23)	20
• Evergreen Home Health - Home Visiting Clinical Team Meeting (6/17)	25
• Alzheimer's Association Care Coordinator Weekly Hours (starting 6/18)	varies
• Evergreen Home Health - Home Visiting Clinical Training (6/18)	8
• Commission on Asia Pacific Islander Affairs – Statewide Meeting 6/20)	Tbd
• Verdant Resource Connector Quarterly Meeting (6/23)WA	Tbd
• WA Prescription Assistance Foundation Weekly Hours (ongoing)	varies

Nutrition and Healthy Behaviors	Attendance
• AHA Healthy Brain Healthy You – Stroke Prevention (5/28)*	20
• Chronic Kidney Disease Prevention Workshops*	8-12
• Raising Healthy Eaters in a Fast Food World (6/1)*	13
• Multicultural Everyday Nutrition (6/4) (Korean)*	70
• Cooking with Fresh, Local Produce Summer Series (6/8)*	17
• Parents as Role Models for Healthy Eating (6/15)*	12
• Lifestyle Change Check-Ins (drop- in 1 st and 3 rd Tuesdays of each month)*	11
• Getting to Goal Program (Weight Management Consultations)*	10 clients

Behavioral Health & Substance Use	Attendance
• YWCA Reflective Parenting + Childcare (weekly sessions 4/21-6/8)*	6-10
• Cocoon House Parenting Series (6/ 8- 6/22)	4-6
• YWCA Grief and Loss Support Group (weekly sessions 4/28-6/16)*	6
• Adult Children of Alcoholics Weekly Support Group	6-8
• AA Weekly Support Group	6
• Snohomish County Music Therapy (weekly sessions)*	1-3

Other Programs	Attendance
• Play and Learn Group, Wonderland Development Center (2X / month)*	Varies

* = Grant/Program Funded Partner

Verdant Community Wellness Center Summary

Upcoming Programs

General Community and Provider Events

- Snohomish County Funder Coalition (June 25)
- Hoff Foundation Board Meeting (June 25)
- Community Health Center Focus Group for Spanish Speakers (June 30)
- MTI Specialty Dental Clinic (July 13)
- City of Lynnwood Healthy Communities Action Plan Launch (July 14)

Nutrition and Healthy Behaviors

- Diabetes Prevention Workshop in Spanish – in partnership with National Institute for Coordinated Healthcare and Lutheran Community Services (June 27)*
- AHA Cooking Class in Spanish for Promotoras (June 29)*
- Korean Women’s Association: hosting Korean and Vietnamese language workshops about Medicare, nutrition, cancer prevention and physical activity and fall prevention. Next event - Multicultural Everyday Nutrition II in Vietnamese (July 18)*
- Summertime Cooking Demos Featuring Local, Fresh Fruits and Vegetables (July 13 /August 10 / Sept 14)*
- American Heart Association 6 Week Cooking Series for Teens (July10-Aug 14)
- Stop Diabetes Initiative – Continued Workshops*
- Ongoing - Lifestyle Change Check-Ins (drop-in support 2x/month)*
- Ongoing – Getting to Goal: Individual Weight Management Consulting with a Dietitian*

Behavioral Health & Substance Use Focus

- Snohomish County Wraparound Services Provider Meeting (July 7)
- For the Kids Sake – Snohomish County Monthly Seminars for Parents Going Through Divorce (starting July 8)
- Managing Difficult Emotions (starting July 23 for 8 weeks)*
- Mental Health First Aid Training for In-person Assisters (July 29)

Other Programs in Development

- Developing Walking Groups – working with Feet First and the City of Lynnwood to launch a Summer Walking Ambassador Program in July*
- Spanish Language Cooking and Activity Classes*
- Cooking Series with Swedish Edmonds new Chef/Dietitian (Monthly Classes in the Fall)
- Health Education Series in partnership with PacMed
- Nutrition Workshops with Total Health RD (starting August 19)*
 - Food Truths - Busting Nutritional Myths
 - Mediterranean Diet
 - Anti-Inflammatory Diet
 - Surviving the Holiday Season of Indulgence
 - Nutrition Reboot in the New Year
 - Nutritional Needs of Women in Menopause and Beyond

* = Grant/Program Funded Partner

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June 2015 Marketing Report

Daily Herald launching new health section

- New section for the paper will print every other Saturday, beginning June 27
- Will feature articles written by freelancers and content contributed by “partners,” including Verdant
- Other “partners” include Providence, Everett Clinic, Snohomish Health District, United Way, YMCA of Snohomish County, Premera and Everett Public Schools
- Verdant will share classes/events, program info for the “resource” section and occasional story ideas

Coming Events

- Edmonds Kind of 4th 5K Fun Run/Walk Saturday, **July 4** at 10 a.m. at Edmonds City Park.
- Edge of Amazing Health Summit and launch of LiveHealthy2020 **Thursday, July 23** from 8 a.m. - 4:30 p.m. at Xfinity Arena in Everett.
- Back-to-School Health & Resource Fair **Thursday, August 27** from 6-9 p.m. at Cedar Valley Community School.