

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting

VHC Board Room

May 23, 2012

| | |
|---|---|
| Commissioners Present | Fred Langer, President Bob Knowles, Secretary Deana Knutsen, Commissioner J. Bruce Williams, M.D., Commissioner Karianna Wilson, Commissioner |
| Others Present | Carl Zapora, Superintendent George Kosovich, Program Director Lisa King, Finance Director Jennifer Piplic, Marketing Director Bradley Berg, Foster Pepper (via conference call) Howard Thomas, Consultant (via conference call) Members of the community |
| Call to Order | The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:03 a.m. by President Langer. |
| Approval of Minutes | <i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular meeting on April 25, 2012, and the special board meeting on May 18-19, 2012. |
| Board Finance Committee | Ms. King reported on the financials for April (E: 25:12). President Langer suggested that the commissioners hear a report about '6 Weeks to a Healthier You' that included the financial and non-financial impacts. Discussion occurred. A final report will be provided by Ms. Piplic next month which includes financial impacts. |
| Authorization for Payment of Vouchers & Payroll | Warrant Numbers 10529 through 10560 for April 2012 for payment in the amount of \$206,761.24 were presented for approval (E: 26:12). <i>Motion was made, seconded and passed unanimously to approve.</i> |

**Program
Oversight
Committee
Report &
Recommendations**

Commissioner Knutsen reported that the Program Oversight Committee reviewed two new proposals and one that had been previously been discussed (E:27:12). No conflicts of interest regarding the three proposals were reported by any of the commissioners.

The Committee recommended funding one of the three proposals. ***Motion was made, seconded and passed unanimously to approve*** funding of \$48,000 per year for three years for Medical Team International's South Snohomish County Mobile Dental Program.

Funding was not recommended for the Lynndale Running club nor the TeamChild Community Advocacy Project at this time. Dr. Williams suggested that there might be an opportunity for Verdant to engage with a multi-school and local effort for the running club. Commissioner Knutsen suggested some opportunities for reworking the TeamChild proposal with more of a focus on healthcare access, including mental health.

**Marketing
Report**

Ms. Piplic reported that '6 Weeks to a Healthier You' program had concluded and that staff would be sharing a summary of results. She also reported that the May 20, 2012 – Celebration of Food Festival had occurred with good attendance (1,400 attendees) and that the Get Movin' Kick-Off Event would occur on June 2, 2012 at the Alderwood Mall.

**Commissioner
Comments**

Commissioner Knutsen commented that she was impressed with '6 Weeks to a Healthier You.' Dr. Williams suggested that Verdant consider a more formal health needs assessment that included community attitudes about the hospital and healthcare. The assessment could include an inventory of resources available and needs in the community. The commissioners discussed this idea and a list of potential groups to engage including: physicians, nurse practitioners, mental health providers, nutritionists, senior centers, and others. Commissioner Knutsen recommended that diverse communities also be considered. Dr. Williams recommended Verdant issue an RFP and try to attract several companies that would be interested in this type of assessment.

**Superintendent's
Report**

Superintendent Zapora thanked the commissioners and staff for their work on '6 Weeks to a Healthier You.' He shared that he and Mr. Kosovich visited Beach Cities Health District and would be reporting on what they learned from that visit. He also indicated he would be attending the Association of Washington Public Hospital District's (AWPHD) conference over the next several days in Leavenworth and shared the agenda with commissioners.

**Public
Comments:**

Mr. Al Rutledge commented on various issues including a food drive in Edmonds and vaccination efforts and how outreach should include people who do not have access to the Internet. Ms. Nicole McGrath from TeamChild thanked the commissioners for their funding consideration, and suggested some outreach efforts for the proposed needs analysis, including Familias Unidas, the Boys & Girls Clubs, school counselors and other school specialists, and direct outreach at places like bus stops.

**Executive
Session**

President Langer recessed the regular meeting at 8:45 a.m. into Executive Session to discuss liability issues with counsel and to review ongoing litigation and liability claims with Consultant Thomas.
President Langer stated that no action would be taken in this Executive Session and the board would reconvene in approximately 30 minutes.

Open Session

President Langer reconvened into open session at 9:18 a.m.
No action was taken.

Adjourn

There being no further business to discuss, the meeting was adjourned at 9:20 a.m.

ATTEST BY:

President

Secretary