

**PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION**

BOARD OF COMMISSIONERS

Regular Meeting

Verdant Community Wellness Center

March 25, 2015

Commissioners Present	Fred Langer, President (via telephone, 8:06 a.m. arrival) J. Bruce Williams, M.D., Commissioner Deana Knutsen, Secretary Bob Knowles, Commissioner
Commissioners Excused	Karianna Wilson, Commissioner
Others Present	Carl Zapora, Superintendent George Kosovich, Assistant Superintendent/Program Director Lisa King, Finance Director Jennifer Piplic, Marketing Director Sue Waldin, Community Wellness Program Manager Karen Goto, Executive Assistant Members of the community
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:02 a.m. by Secretary Knutsen due to President Langer's participation via telephone.
Approval of Minutes	Motion was made, seconded and passed unanimously to approve the minutes of the regular meeting on February 25, 2015.
Executive Committee	Commissioner Knutsen reported that the Executive Committee met on March 20, 2015 to review and approve the March 25, 2015 board meeting agenda, the medical advisory committee charter, and other business. No action was taken.
Board Finance Committee	The committee met on March 17, 2015. Ms. King reviewed the financial statements and cash activity for February 2015 (E:16:15). Commissioner Williams requested a breakdown of projected income for 2015 (from the M&O levy, Kruger

Clinic, etc.). Ms. King will provide this at the April 22, 2015 board meeting.

**Authorization
for Payment of
Vouchers &
Payroll**

Warrant Numbers 11013 through 11053 for February 2015 for payment in the amount of \$108,303.17 were presented for approval (E:17:15). **Motion was made, seconded and passed unanimously to approve.**

**Program
Oversight
Committee
Update**

The Program Oversight Committee met on March 18, 2015 and reviewed six application requests (E:18:15). Commissioner Knutsen attended this meeting in place of Commissioner Wilson who is on maternity leave. Mr. Kosovich called out line 17 of the exhibit which shows the amount of remaining funds for new grants in the amount of \$325,259; line 22 which shows \$288,450 for Superintendent Discretionary fund, and approximately \$50,000 remaining in one-time events.

The committee reviewed five new program funding requests and one follow-up request.

No conflicts of interest were reported by any of the commissioners.

New Funding Applications:

Motion was made, seconded and passed unanimously to approve the Lutheran Community Services NW Peer to Peer Health Access program which will use community volunteers and several part-time staff to conduct education and outreach to Spanish and Russian speakers, Muslim women, and the homeless in the amount of \$94,051 per year for two years rather than three years requested.

Motion was made, seconded and passed unanimously to approve the City of Lynnwood Fire Department's Fire Camp to support a 4-day camp focused on fire and life safety education for 30 middle school students with Verdant funding for providing scholarships, transportation costs, rental and other costs in the amount of \$6,000 contingent on the City of Lynnwood raising an additional \$6,000 in direct matching funds.

Needs Additional Follow-up:

Brain Injury health & wellness program. The committee would like the applicant to rework the application to

focus on social supports to help individuals and families dealing with traumatic brain injury.

President Langer stated that he has previously served on the board of the Brain Injury Alliance of Washington and wanted to know if the group has already been informed of this follow-up request. Mr. Kosovich explained that they will be notified after the board meeting and given the opportunity to rework their application.

Commissioner Williams commented that he has a concern with Verdant funding classes and treatment for a small number of people.

Not recommended for funding:

Rotary First Harvest – Harvest Against Hunger's multi-year request of \$5,000 per year to fund an Americorps staff member placed at Volunteers of America Foodbank in Everett. The program does not specifically target South Snohomish County.

Building Healthy Communities Fund:

The committee is recommending that Verdant officially table any further review of community infrastructure requests until 2016 to be included in the 2017 budget. Commissioner Williams agrees with this recommendation. President Langer also agrees and does not want to over-commit funds. Commissioner Knowles stated that funds could be adjusted and would like to discuss this further at the board's mini-retreat on June 12, 2015.

**Medical
Advisory
Committee
Charter**

Mr. Kosovich explained that this is an ad hoc committee and will meet as needed and it will include community members with medical and public health expertise (E:19:15). The chair of the committee will recommend appointments and the board will approve the selections. Commissioner Knutsen added that short-term members for specific projects will also be part of this committee. **Motion was made, seconded and passed unanimously to approve** the committee charter.

**Verdant
Community
Wellness**

Ms. Waldin presented the programming summary and a list of upcoming programs in the Verdant Community Wellness Center (VCWC) (E:20:15).

**Center
Activities**

Commissioner Williams asked if a hard copy list of classes can be given to all doctors within south Snohomish County for posting in their offices. Ms. Waldin and Ms. Piplic will work on this. Commissioner Knutsen is impressed with the programming and the diversity represented. She asked if the commissioners could be notified of upcoming Resource Connector meetings. The next one is scheduled for June 2015.

**Marketing
Report**

Ms. Piplic presented the Marketing report (E:21:15) which includes a report on VCWC promotion and website traffic. Commissioner Knutsen noted that she hopes there are new ways to generate website traffic that do not depend upon a large event such as 6 Weeks to a Healthier You. Ms. Piplic explained that she is working on this with the use of social media and other advertising.

**Commissioner
Comments**

Commissioner Williams commented that there is a topic for the Medical Advisory Committee which is to highlight opportunities for healthcare providers to engage in social issues such as homelessness.

**Superintendent's
Report**

Superintendent Zapora provided a list of upcoming training and meeting opportunities for the board members (E:22:15).

**Public
Comments**

Ms. Rowena Miller of the League of Women Voters commented that Verdant is well known in the community for its programs. She also thanked the board for funding programs that focus on serving hospital district residents. Ms. Winnie Corral of Lutheran Community Services thanked the board for funding the Peer to Peer Health Access program. She also commented that the Verdant programs are well known in the community.

**Executive
Session**

Commissioner Knutsen recessed the regular meeting at 8:45 a.m. into Executive Session to review the Superintendent's performance.

Commissioner Knutsen stated that the board would reconvene in 15 minutes and no action would be taken in Executive Session.

Commissioner Knutsen extended the Executive Session by 5 minutes.

Open Session

The board reconvened into Open Session at 9:05 a.m. and approved the Superintendent Performance Evaluation.

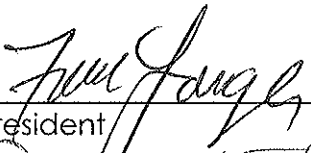
Motion was made, seconded and passed unanimously to approve Resolution 2015:02 Superintendent Salary Adjustment.

Motion was made, seconded and passed unanimously to discuss and approve Superintendent Zapora's 2015 goals at the April 2015 board meeting.

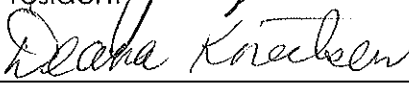
Adjourn

There being no further business to discuss, the meeting was adjourned at 9:08 a.m.

ATTEST BY:



President



Secretary

Balance Sheet
As of February 28, 2015

	A	B	C	D
	Dec 31, 2014	Feb 28, 2015	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	2,840,919	1,709,331	(1,131,588)	
4 Other Current Assets	31,906,909	32,360,094	453,185	Includes Investments
5 Total Current Assets	34,747,828	34,069,425	(678,403)	
6 Total Long-term & Fixed Assets	47,548,937	47,191,458	(357,479)	Depreciation
7 TOTAL ASSETS	<u>82,296,765</u>	<u>81,260,883</u>	<u>(1,035,882)</u>	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	2,581,824	1,531,455	(1,050,369)	
11 Long-term Liabilities	4,857,008	4,846,670	(10,338)	2012 LTGO Bonds
12 Total Liabilities	7,438,832	6,378,125	(1,060,707)	
13 Total Equity	74,857,933	74,882,758	24,826	Annual Net Income
14 TOTAL LIABILITIES & EQUITY	<u>82,296,765</u>	<u>81,260,883</u>	<u>(1,035,882)</u>	

Profit & Loss
February 2015

	A	B	C	D	E	F
	Feb Actual	Feb Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	812,443	805,963	6,480	1,624,626	1,611,927	12,699
3 EXPENSES						
4 Operating Expenses	124,961	158,235	33,273	281,752	331,228	49,475
5 Depreciation Expense	228,211	239,138	10,927	458,663	480,516	21,853
6 Program Expenses	374,869	539,099	164,230	1,346,475	1,639,012	292,537
7 Total Expenses	728,042	936,471	208,429	2,086,890	2,450,756	363,866
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	101,740	212,096	(110,356)	487,090	424,192	62,898
10 NET INCOME	<u>186,140</u>	<u>81,588</u>	<u>104,552</u>	<u>24,826</u>	<u>(414,637)</u>	<u>439,463</u>

Monthly Highlights
February 2015

Verdant received dividends payments of \$39,233 and an unrealized loss of \$116,313 on our investment portfolio in February. The District portfolio closed with an ending market value of \$31,463,440.

Annual program commitments total \$5,896,445 and \$4,414,014 for 2015 and 2016, respectively. \$1,203,555 remains available to spend in 2015, of which \$282,150 is earmarked as Superintendent Discretionary.

Additional income of \$108,320 and expenses of \$25,486 from the Kruger Clinic were incurred, netting to an additional operating income of \$82,834 in February.

Figures are preliminary and may change due to year end adjustments.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
11013	02/04/2015	A-Bat	55.00	Backflow Assembly Certification
11014	02/04/2015	Dataworks	10,148.35	IT Support
11015	02/04/2015	Snohomish County PUD	3,446.36	Electricity 11/20/14-1/22/15
11016	02/04/2015	Sound Publishing, Inc.	42.00	1/28/15 Board meeting legal notice
11017	02/04/2015	The Generational Imperative	4,000.00	Programs - Generational Healthcare Strategies
11018	02/04/2015	Beacon Publishing	484.00	Edmonds Beacon Ad 1/8 & 1/15/15
11019	02/04/2015	Beth Rodriguez, LLC	7,058.19	Jan 2015 Interim Marketing Director (179.75 hours)
11020	02/04/2015	Department of Labor and Industries	3,244.82	4Q14 Self Insurance Fund
11021	02/04/2015	Falkin Associates, Inc.	3,726.00	Project Management Dec 2014
11022	02/04/2015	Armstrong Services	1,266.28	Janitorial Service and Supplies
11023	02/05/2015	Ash Consulting	2,208.94	Jan 2015 Accounting Consulting
11024	02/11/2015	Bekins Northwest	659.10	Move office to new VCWC
11025	02/11/2015	The Seattle Times	700.00	1/23 Open House Advertisement
11026	02/11/2015	Bank of New York Mellon	53.64	2012 LTGO Bond Administration Fees (12/2/14-1/31/15)
11027	02/11/2015	Comcast	4,132.28	Telephone and Internet
11028	02/11/2015	Healthcare Realty	225.00	Kruger Clinic Property Management
11029	02/11/2015	Lile International Companies	179.58	Jan 2015 Storage
11030	02/11/2015	Advocate Telecom	877.50	Remove old phone antenna
11031	02/11/2015	Anderson Hunter Law Firm, P.S.	39.00	Legal for work on 501c3
11032	02/11/2015	Consumer Reports on Health	39,562.66	Dues and Subscriptions
11033	02/11/2015	MJ Takisaki, Inc.	17.25	VCWC Construction Jan 2015
11034	02/11/2015	Benefit Solutions Inc	5,877.63	FSA Administration
11035	02/11/2015	Dataworks	4,045.00	IT Support
11036	02/11/2015	Falkin Associates, Inc.	25.00	Jan 2015 Project Management
11037	02/11/2015	LWVSC	200.00	CZ attend League of Women Voters Luncheon 2/28/15
11038	02/18/2015	WA St. Allied Health Center of Excellence	681.50	Refund for Deposit at VCWC
11039	02/18/2015	Aukema & Associates	1,064.43	Jan 2015 Website Updates
11040	02/18/2015	Celebrations Catering Service	536.25	Catering for VCWC Open House
11041	02/18/2015	Fine Solutions	102.00	CRM implementation training
11042	02/18/2015	Lowie Graham Jones PLLC	300.00	Legal Fees for Trademark
11043	02/18/2015	Parent Trust for WA Children	798.27	VCWC Programming - SMART Workshop
11044	02/18/2015	Staples	117.21	Supplies
11045	02/25/2015	Evergreen Print Solutions	1,144.50	GK Business Cards
11046	02/25/2015	Foster Pepper	3,782.54	Dec 2014 Legal
11047	02/25/2015	Premiera Blue Cross	904.69	Mar 2015 Employee Medical and Dental Insurance
11048	02/25/2015	Principal Financial Group	59.62	Mar 2015 Employee Life Insurance
11049	02/25/2015	Zee Medical	106.00	First Aid Kit for Kitchen
11050	02/25/2015	Bekins Northwest	1,472.78	Move Tables
11051	02/25/2015	Brower Tinting & Graphics	102.56	Window film for 8 glass storefront panels
11052	02/25/2015	Seattle Rubbish Removal	3,711.76	Remove mattress that was left by dumpster
11053	02/25/2015	Wells Fargo		Misc.
Total Warrants			108,303.17	

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	2/6/2015	Payroll	17,516.66	ACH payroll transfer
	2/6/2015	Paychex	86.84	Fee for payroll processing
	2/6/2015	Department of Treasury	7,173.93	Payroll taxes for 1/31/15 pay period ending
	2/6/2015	Valic	2,685.12	Payroll 401(a)/457 Deposit
	2/20/2015	Payroll	15,859.15	ACH payroll transfer
	2/20/2015	Paychex	67.95	Fee for payroll processing
	2/20/2015	Department of Treasury	6,734.43	Payroll taxes for 2/14/15 pay period ending
	2/20/2015	Valic	2,619.94	Payroll 401(a)/457 Deposit
	2/10/2015	Wells Fargo	8.02	January 2015 Client Analysis Bank Fee
	2/15/2015	Bank of America - Fees	19.84	Bank Service Fee
	2/15/2015	Alzheimer's Association Western & Central	7,209.17	Program Payment
	2/15/2015	American Diabetes Association	4,166.67	Program Payment
	2/15/2015	Boys & Girls Club of Snohomish County	12,833.33	Program Payment
	2/15/2015	CampFire	4,166.67	Program Payment
	2/15/2015	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	2/15/2015	Center for Human Services	13,523.67	Program Payment
	2/15/2015	ChildStrive	23,113.25	Program Payment
	2/15/2015	City of Lynnwood	9,021.58	Program Payment
	2/15/2015	Community Health Center of Snohomish Co	38,144.18	Program Payment
	2/15/2015	Cornerstone Medical Services Foundation	5,000.00	Program Payment
	2/15/2015	Domestic Violence Services Snohomish Co	1,621.08	Program Payment
	2/15/2015	Edmonds Community College	10,990.58	Program Payment
	2/15/2015	Edmonds Community College Foundation	4,396.33	Program Payment
	2/15/2015	Edmonds School District No. 15	66,892.84	Program Payment
	2/15/2015	Edmonds Senior Center	9,166.67	Program Payment
	2/15/2015	Kindering	7,500.00	Program Payment
	2/15/2015	Medical Teams International	4,000.00	Program Payment
	2/15/2015	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	2/15/2015	Program for Early Parent Support	2,987.50	Program Payment
	2/15/2015	Providence Hospice & Home Care Foundation	12,916.67	Program Payment
	2/15/2015	Puget Sound Christian Clinic	9,166.67	Program Payment
	2/15/2015	Puget Sound Kidney Centers Foundation	5,833.33	Program Payment
	2/15/2015	Seattle Visiting Nurse Association	12,595.00	Program Payment
	2/15/2015	Senior Services of Snohomish County	46,686.67	Program Payment
	2/15/2015	Smithwright Services	5,416.67	Program Payment
	2/15/2015	Snohomish County Fire District 1	12,035.50	Program Payment
	2/15/2015	Snohomish County Music Project	2,416.67	Program Payment
	2/15/2015	Washington CAN! Education & Research Fund	15,714.29	Program Payment
	2/15/2015	Wonderland Development Center	11,250.00	Program Payment
	2/15/2015	YWCA of Seattle, King and Snohomish Co	4,166.66	Program Payment
	2/15/2015	Volunteers of America Western WA	6,362.92	Program Payment
	2/15/2015	Benefit Solutions Inc.	30.00	FSA Payments
	2/25/2015	WA Department of Revenue	754.59	B&O tax
		Total Wires/ACH Transactions	429,684.38	

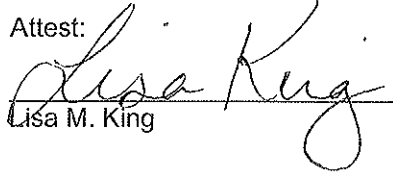
Warrant Number	Transaction Date	Payee	Amount	Purpose
Kruger Clinic Activity:				
227-238	Feb 2015	Various Claimants/Vendors	9,888.05	Administered by Healthcare Realty
Workers Compensation Claims Activity:				
305204-5213	Feb 2015	Various Claimants/Vendors	11,173.18	Administered by Eberle Vivian
Total Disbursements			\$ 559,048.78	

Transaction Date	Payer	Amount	Purpose
Deposits:			
2/1/2015	Swedish/Edmonds	735,672.97	Monthly lease
2/2/2015	Value Village	24,428.45	Monthly lease
2/3/2015	Healthcare Realty Services, Inc.	5,160.77	Monthly ground lease
2/3/2015	Community Health Center of Snohomish Co	86.62	Refund for un-used program funds
2/1/2015	John Headley MD PS	18,949.07	Kruger Clinic monthly lease
2/1/2015	Brian Tagaki, MD	75.00	Kruger Clinic monthly storage lease
2/3/2015	Swedish Edmonds Children's Clinic	717.74	Kruger Clinic Work Order
2/3/2015	Raymond Liu, D.D.S.	3,320.83	Kruger Clinic monthly lease
2/9/2015	Lynnwood PFD	4,176.00	Refund for office security deposit
2/9/2015	WA St. Allied Health Center of Excellence	178.01	Deposit for use of VCWC
2/10/2015	Snohomish County	6,688.76	Levy
2/12/2015	The Party Store.	181.17	Reimbursement for mailbox
2/13/2015	Shirley Sutton	300.00	Deposit for use of VCWC
2/13/2015	Domestic Violence Services of Snoh Co	200.00	Deposit for use of VCWC
2/17/2015	Modern Medical Inc.	279.22	Refund for overpayment of Worker Comp
2/17/2015	WA St. Allied Health Center of Excellence	10.00	Deposit for use of VCWC
2/17/2015	Senior Services of Snoh Co	100.00	Deposit for use of VCWC
2/24/2015	Healthcare Realty Services, Inc.	4,663.72	Monthly ground lease
Total Deposits			\$ 805,188.33


VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

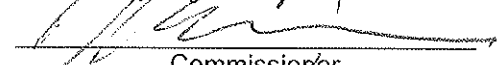
We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 11013 through 11053 have been issued for payment in the amount of \$108,303.17. These warrants are hereby approved.

Attest:


Lisa M. King



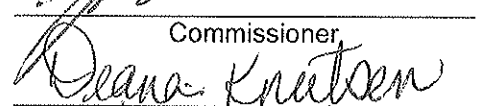
Commissioner



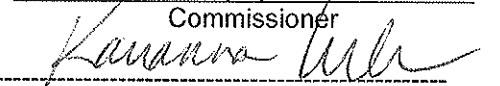
Commissioner



Commissioner



Commissioner



Commissioner

Warrants Processed:	2-1-15 – 2-28-15		\$108,303.17
Work Comp Claims Pd:	2-1-15 – 2-28-15		11,173.18
Kruger Clinic Processed:	2-1-15 – 2-28-15		9,888.05
Payroll:	1-18-15 – 1-31-15	17,516.66	
	2-1-15 – 2-14-15	<u>15,859.15</u>	
			33,375.81
Electronic Payments:	Payroll Taxes	13,908.36	
	Paychex	154.79	
	Valic Retirement	5,305.06	
	Benefit Solutions	30.00	
	Bank Fees	27.86	
	WA State Dept Revenue	754.59	
	Program Expenditures	<u>376,127.91</u>	
			<u>396,308.57</u>
Grand Total			<u>\$559,048.78</u>

March 2015 Program Committee Summary

Program Summary

- Six application requests up for discussion:
 - Five new funding requests
 - Follow-up on one previous funding request from the Town of Woodway

Applications Recommended for Funding

- **Lutheran Community Services NW (LCS) - Peer to Peer Health Access:** a funding request to support "Peer-to-Peer Health Access" through Community Health Workers in South Snohomish County. The program would use 20 community volunteers and several part-time (1.6 FTE) staff to conduct education and outreach to Spanish and Russian speakers, Muslim women, and the homeless. The goal would be to serve 1,200 participants each year, and LCS would track outcomes like number of breast and colon screenings completed and the number of people taking part in education programs.

The program committee is recommending funding the program in full at \$94,051 per year, but for two rather than three years. The committee felt that the program would fill some gaps (ex. immigrants yet to meet their 5 year waiting period to enroll in insurance) and would use methods like home-based education groups in multiple languages that are not currently available. If approved, we would expect the project to support Verdant's efforts to reach diverse communities, so a grant agreement would include the expectation that LCS collaborates with Verdant to support outreach and programming efforts.

- **City of Lynnwood Fire Department – Fire Camp:** a one-time request to support a 4 day camp focused on fire and life safety education. The program would expect to serve 30 middle school students with Verdant funds allocated to providing scholarships for campers with financial hardship, transportation costs, facility rental costs, and other costs.

The program committee is recommending partially funding the program at \$6,000 contingent on the city raising an additional \$6,000 in direct matching funds.

Needs Additional Follow-Up

- **Brain Injury – Brain Injury Health and Wellness Program:** A multi-year funding request of \$205,000 in total to serve individuals affected by traumatic brain injury. The wellness program would offer classes like yoga, nutrition and cooking, and social skills. Verdant funds would be used to hire instructors and coordinate the program, which would be expected to serve 350 people per year.

The program committee would like the applicant to rework the application to focus on social supports to help individuals and families dealing with a traumatic brain injury. The committee was less interested in broader wellness programming like yoga, physical activity, etc.

Not Recommended for Funding

- **Rotary First Harvest - Harvest Against Hunger:** a multi-year request of \$5,000 per year to fund an Americorps staff member placed at the Volunteers of America Foodbank in Everett. The project goal is to create new opportunities for produce collection, volunteer recruitment, gleaning and gardening to consistently provide fresh produce for hungry people. The position would serve all of Snohomish County.

The program committee is not recommending the request for funding at this time because the program does not specifically target South Snohomish County. The committee was open to exploring these types of projects using Americorps staff members, but they would need to be more directly linked to activities in Verdant’s district.

Building Healthy Communities Fund

The committee is recommending that Verdant officially table any further review of community infrastructure requests until 2016 to be included in the 2017 budget. The committee felt that the existing \$1.3 million allocated in 2015 and 2016 were already a large enough portion of the Verdant program budget and that new projects could be considered when the BikeLink project completes in 2016.

Current Requests:

- **Town of Woodway - Deer Creek Park:** a \$127,600 request to build a walking path at the newly acquired Deer Creek Park in Woodway.
- **Edmonds School District – All Weather Track at Alderwood Middle School:** a \$713,855 request to construct an all-weather track at Alderwood Middle School, which would be made available for educational and community use.

Existing Building Healthy Communities Fund Activity	2014	2015	2016	2017
City of MLT Therapy Pool	\$75,000			
City of Brier Walking Program	\$90,345			
City of Edmonds Fitness Center	\$39,513			
Edmonds School District, City of Edmonds Former Woodway HS	\$625,000	\$625,000	\$625,000	\$625,000
Cities of Edmonds, Lynnwood, MLT BikeLink	\$470,000	\$706,000	\$724,000	
Total	\$1,299,858	\$1,331,000	\$1,349,000	\$625,000

Verdant Health Commission Proposal Summary March 2015

A		B			C			D			E			F			G			H			I		
New Funding Requests					Request for funding									Priority Area											
#	Name	Year 1	Year 2	Year 3	Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy																	
1	Rotary First Harvest - Harvest Against Hunger	\$5,000	\$5,000	\$5,000	X																				
2	Brain Injury Alliance of Washington - Brain Health & Wellness Program	\$100,000	\$80,000	\$25,000	X	X	X																		
3	City of Lynnwood - Fire Camp	\$12,000				X																			
4	Lutheran Community Services NW - Peer to Peer Health Access	\$94,051	\$94,051	\$94,051	X	X	X																		
5	Edmonds School District - Alderwood Middle School All Weather Track	\$713,855				X		X																	
Pending Decision																									
6	Town of Woodway - Deer Creek Park	\$127,600				X		X																	
		\$1,052,506	\$179,051	\$124,051	X	X	X																		

Updated March 2015

Verdant Program Financial Forecasting

1 **Scenario 1: 100% renewal**

		2015
3	Existing multi-year commitments	\$4,420,634
5	New Grants (plug)	\$232,844
6	Expected Renewals (100%)	\$462,071
7	One-time events	\$75,000
8	Building Healthy Communities Fund	\$1,331,000
9	Community Programs Internal	\$290,000
10	Superintendent Discretionary	\$288,450
11	Total	\$7,100,000

Note: includes \$50k/year for swim lessons, and \$150k start up for PSCC Lynnwood Dental clinic, w/ongoing payments beginning in Sept.

12

13 **Scenario B: 80% renewal**

		2015
15	Existing multi-year commitments	\$4,420,634
17	New Grants (plug)	\$325,259
18	Expected Renewals (80%)	\$369,657
19	One-time events	\$75,000
20	Building Healthy Communities Fund	\$1,331,000
21	Community Programs Internal	\$290,000
22	Superintendent Discretionary	\$288,450
23	Total	\$7,100,000

24 **Programs up for Renewal in 2015**

25	Organization Name	Program Name	Funding Ends	2015 \$ amount at current funding level
26	Project Access Northwest	Project Access Northwest	Nov-14	\$80,000
27	Domestic Violence Services of Snohomish County	Teen Dating Violence Prevention	Jul-15	\$9,726
28	Providence Hospice & Home Care Foundation	Hospice Outreach and Education	Jun-15	\$90,417
29	YWCA of Seattle, King, and Snohomish County	Children's Domestic Violence Program	May-15	\$16,667
30	Medical Teams International	Mobile Dental Program	Jul-15	\$20,000
31	YWCA of Seattle, King, and Snohomish County	Mental Health Counseling Program	Nov-15	\$4,167
32	Senior Services of Snohomish County	Care Coordination	Nov-14	\$135,000
33	Community Health Center of Snohomish County	Dental Program	Jul-15	\$41,667
34	Within Reach	Insurance Enrollment	Jun-15	\$33,000
35	Washington CAN	Insurance Outreach	Nov-15	\$31,428
36		Total		\$462,071

**PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY
MEDICAL ADVISORY COMMITTEE CHARTER**

Role: The role of the Medical Advisory Committee is to support the Board of Commissioners by examining the medical and scientific evidence behind health and wellness program opportunities. The Committee reports the results of its activities to the PHD2 Board of Commissioners.

Responsibilities:

1. At the direction of the Board of Commissioners, examine the medical and scientific evidence behind health and wellness programs and program opportunities;
2. Provides advice to the Board of Commissioners regarding the efficacy of health and wellness programs;
3. Supports the Program Oversight Committee by investigating specific health and wellness issues and topics, including evaluation of program outcomes and results.

Membership: The medical advisory committee shall consist of one or two PHD2 board members, one of whom would chair the committee, and additional community members that have expertise in medicine, nursing, public health, and other related fields. Committee members will serve 1-3 year terms, for a maximum of 6 years of consecutive service on the committee. The superintendent, assistant superintendent, and community wellness program manager are ex-officio members without vote.

Advisory committee candidates are appointed by the chair of the medical advisory committee and are ratified by a vote of the full PHD2 board.

Meeting Schedule: The advisory committee would expect to meet approximately four times a year.

Verdant Community Wellness Center Summary

Completed Programs

General Community and Provider Events	Attendance
• Specialty Root Canal Clinic using MTI Dental Van (3/7)*	7
• Filipino American Seniors of Snohomish County Mtg (3/5)	8
• Multicultural Everyday Medicare Benefits in Korean 3/10)*	25
• Edmonds City Council Retreat (3/13)	25
• Women of Color Health Expo, (included medical & dental services) (3/14)*	100
• Powerful Tools for Caregivers Series by Senior Services (starts 3/16)	16
• Resource Connector Mtg – Verdant Facilitated Provider Networking (3/24)	30-40

Nutrition and Healthy Behaviors	Attendance
• Lifestyle Change Check-Ins (drop- in 1 st and 3 rd Tuesdays of each month)*	varies
• Change for Life: Moving Towards Better Health (3/4 & 3/11)*	25
• 4 Week Men's Cooking Class (Senior Services)	7-8
• AHA Simple Cooking with Heart Lunch and Learn at Health Expo	100
• Getting to Goal Program (Weight Management Consultations)*	4
• Stop Diabetes Initiative Community Dinner and Program Recruitment*	45
• Couch to 8K Kick Off Workshop and Supervised Saturday Walk/Jog Sessions*	35-50
• Bite into a Healthy Lifestyle Cooking Class (Swedish) 3/31	16

Behavioral Health & Substance Use	Attendance
• Behavioral Health Provider Training (3/5)*	27
• Focused Relaxation Skills Training (3/19, 3/24 & 4/2)*	12
• Anxiety and Depression Recovery (weekly sessions through 3/31)*	8
• Building Family Strengths Parenting (weekly sessions through 4/15)*	7-10
• Parent of Teens Using Drugs/Alcohol (8 Week Support Grp through 5/11)*	5-6
• Snohomish County Music Therapy (weekly sessions)*	1-3

Other Programs	Attendance
• Play and Learn group, Wonderland Development Center (2X / month)*	15-29

* = Grant/Program Funded Partner

Upcoming Programs

General Community and Provider Events

- ARC – Mothers of Children with Disabilities Support Network Monthly Meetings (Starts April 4)
- Whatcom Alliance for Healthcare Advancement Forum for In-Person Assisters (April 7) (including the Health Benefit Exchange and the Health Care Authority)
- Evergreen Home Health - Home Visiting Clinical Team Meeting (April 15)
- Domestic Violence Awareness for HR Professionals (April 21)*
- Snohomish Health Leadership Coalition Quarterly Meeting (April 28)*
- Second Time Around - PEPS Support Group for Moms with a Second Child* (starts April 30)

Nutrition and Healthy Behaviors

- Chronic Kidney Disease Prevention Workshops begin March 25*
- Stop Diabetes Initiative - Workshops begin March 28*
- Ongoing - Lifestyle Change Check-Ins (drop-in support 2x/month)*
- Ongoing - Couch to 8 K – 8 week supervised training program and workshop series to prepare for May 17 Beat the Bridge Walk/Run*
- Cornerstone Medical Services: hosting Korean language workshops about Medicare, nutrition, stomach cancer prevention and physical activity and fall prevention.*
Next event -Multicultural Everyday Cancer Prevention in Korean (April 2)*
- Simple Cooking with Heart (AHA - April 15)*
- Eating on a Budget Series (April-May)*
- Healthy Mind Healthy Body – Stroke Prevention (AHA – May 28)*
- Senior Services of Snohomish County: Chronic Disease Self-Management leader trainings

Behavioral Health & Substance Use Focus

- Reflective Parenting (starting April 21 for 8 weeks)*
- Grief and Loss Support (starting April 30 for 8 weeks)*
- E-Cigarettes and Vaping – Parent Info Night (May 6)*
- Stress Management and Relaxation Training (May 12)*
- Swedish Edmonds Bereavement Program (ongoing)

Other Programs in Development

- Cooking Demos in conjunction with the Lynnwood Farmer's Market
- Nutrition/Cooking Series with Swedish Edmonds new Chef/Dietitian
- Health and Nutrition Education Series in partnership with PacMed
- Education for Parents about Children's Nutrition

* = Grant/Program Funded Partner

March 2015 Marketing Report

Verdant Community Wellness Center Promotion

- Flyers promoting classes created and distributed strategically based on topic (i.e. rec centers, senior centers, libraries, schools)
- Communications with partners
- Editorial content/announcements through media (Edmonds Beacon, My Edmonds News, Lynnwood Today, MLT News)
- E-Newsletter features
- Social media posts
- Coming soon: paid advertising

Website Traffic

In a comparison between website traffic during February 2015 and February 2014, web analytics show:

- An increase of 33% unique visitors
- An increase of 66% page views during visitors' time on our site
- Visits to site were approximately 2,000 in Feb. 2015 vs. 1,500 in Feb. 2014
- New visitors accounted for 60% of the visits to our site

It is worth noting, February 2014 was a time when our web traffic was stronger than usual, since we were running 6 Weeks to a Healthier You registration at that time. During a more typical month, pre-Verdant Community Wellness Center time period, our site garnered 600-800 visits per month compared to 2,000 last month.

Snohomish County Fire District 1

12425 Meridian Avenue

Everett, Washington 98208

March 16, 2015

Dear Snohomish County Fire District 1 Fire Commissioners,

This letter is to let you know my feelings on the Community Paramedic Program and the importance it has on our community. As the caregiver for my 89 year old mother (Rosemary Walters) who has many chronic health issues, and someone I have been taking care of since 2007 without being paid as I was told that she made too much money on Social Security for me to be paid and that we did not qualify for the copes program. Needless to say I had to give up my job in the Medical field to take care of her and then had to lose my home and give away several of my personal belongings. While at the Fourth of July Water Ball competition this last summer (2014) I asked the Fire Department if they would like some antique Fire Department memorabilia for their museum. I was asked why I was giving these things away, I stated I could no longer pay for the storage unit they had been stored in as I was only bringing in \$500.00 a month and was having trouble paying my rent so I needed to get rid of things. It was then that they asked if it would be okay for Shane Cooper to contact me along with Karl Fitterer to see if there was anything they could do to assist me in getting some help. I received a call from Shane Cooper who scheduled an appointment to meet with my mother and myself to discuss our options.

Shane Cooper and Karl Fitterer came out in August 2014 and spent a lot of time speaking to my mother and I letting us know about this new program the Snohomish County Fire District 1 had started in our community. I cannot express the feeling we both felt listening to these men explain the program, and what they could do to assist us in getting help through the resources they had at their disposal, something the normal person has no way of finding out. These men contacted several different people to assist in helping my mother and myself. In September 2015 they got us signed up with Copes and helped to facilitate the first visit with a Social worker from DSHS, which lead to us getting the long overdue

help we needed. I am now getting paid to take care of my mother and now have the support and personal resources to assist me in being the best caregiver I can be.

Since we got enrolled in this program we have told several people about it, along with my mother's Doctor who feels this is a much needed program and wished they had this same program in Seattle. My mother's Doctor is at the Polyclinic downtown Seattle through Swedish. Several other elderly patients said they too wished they had this program in their community

One of the most important aspects of this program is that the elderly are treated with the utmost respect and are (as my mother would say not talked down too like they were 5 years old) these men are very patient and spend the time to explain things in laymen's terms that the elderly can understand. They also take pride in providing the best quality care for these individuals. A lot of these folks look forward to their visits from the boy's in blue, because they always have questions that need answering and not always medical.

From my perspective this program has been a blessing as it has lifted a big weight off my shoulders as to when to call 911. With my mother's many chronic health issues it is sometimes hard to tell what symptoms she is displaying is connected to that particular illness, as often times they all present with the same symptoms. Having the Community Paramedic program just a phone call away to run it by them so as to not waste the time of these busy men in blue or take them away from a real emergency. I am always fearful of becoming what they label the old folk a "chronic caller" mainly because they are lonely. I never want to abuse the 911 system as I know firsthand how important it is, and do not want to take these men away from someone else that may need their services more.

I hope this program will be in effect for many years to come as both my mother and I feel that it is a much needed program not only for the elderly but also the homeless in our community. I am willing to speak to anyone who will listen to more examples of what this program has done for us, if needed.

Sincerely,

R. Bryce Durst

Cc: Snohomish County Fire District 1 Fire Chief Edward Widdis

Verdant Health Commission
Upcoming Training & Meeting Opportunities
March 25, 2015 Board Meeting

1. Thursday April 2, 7:00 a.m. -- Alzheimer's Association's Reason to Hope breakfast at the Fairmont Olympic Hotel, Seattle. Registration begins at 7:00am and the program starts promptly at 7:30am.
2. Thursday, April 9, 9:00 – 10:00 a.m., Swedish Edmonds – Strategic Collaboration Committee meeting (Commissioners Langer and Knutsen).
3. Friday, April 24, 2:00 – 4:00 p.m., Verdant Community Wellness Center – quarterly Verdant Partner Roundtable (VPR) meeting.
4. Saturday, April 25, 6:00 p.m. – Edmonds Community College Foundation Gala and Auction, EdCC Woodway Hall 202.
5. Friday, June 12, noon – 4:00 p.m. – Verdant Board Semi-Annual Mini-Retreat (location TBD).
6. Sunday – Wednesday, June 21 – 24, AWP/PHD and WSHA Joint Conference in Chelan.

PUBLIC HOSPITAL DISTRICT NO. 2
SNOHOMISH COUNTY, WASHINGTON
RESOLUTION NO. 2015-02

A resolution of the Commission of Public Hospital District No. 2, Snohomish County, Washington (the "District"), approving the terms and conditions of an amendment to the employment agreement with the superintendent of the District; and authorizing the execution, delivery and performance of such amendment on behalf of the District.

WHEREAS, the Commission previously approved and adopted the goals and objectives for the Superintendent for calendar year 2014; and

WHEREAS, the Commission has reviewed the Superintendent's performance in 2014 and evaluated the extent to which he has met his goals; and

WHEREAS, the Commission wishes to recognize the Superintendent's performance by increasing his base compensation pursuant to the terms of the Second Amendment to the 2013 Employment Agreement between the District and the Superintendent presented to the Commission (the "Second Amendment"); NOW, THEREFORE,

BE IT RESOLVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, as follows:

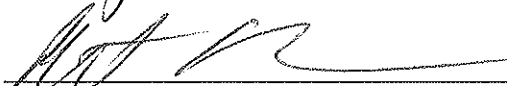
Section 1. After due consideration, and being fully advised, the terms and conditions set forth in the Second Amendment are found to be in the best interests of the District and in the public interest, and accordingly the same are hereby approved and accepted, and the President of the Commission is authorized and directed to properly execute and deliver the agreement to the Superintendent on behalf of the District in substantially the form presented to the Commission and on file in the District's offices.

Section 2. The President of the Commission of the District is further authorized and directed to do, or cause to be done, all things reasonable and necessary in order to fully and timely perform the agreement in accordance with its terms.

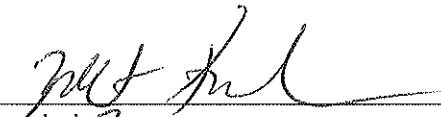
ADOPTED AND APPROVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, at a regular open public meeting thereof, held this 25th day of March, 2015, the following commissioners being present and voting in favor of this resolution.



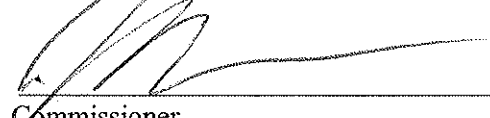
President and Commissioner



Commissioner



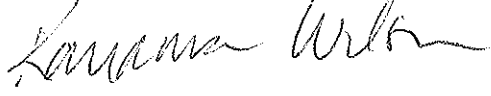
Commissioner



Commissioner



Secretary and Commissioner



I, DEANA KNUTSEN, Secretary of the Commission of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution 2015-02 of the District is a true and correct copy of the original resolution adopted on March 25, 2015, as that resolution appears on the Minute Book of the District.

DATED this 25th day of March, 2015.


Secretary of the Commission

**SECOND AMENDMENT TO
2013 EMPLOYMENT AGREEMENT**

This Second Amendment to Employment Agreement is dated and made effective as of the 25th day of March, 2015 (the "Effective Date"), between Public Hospital District No. 2, Snohomish County, Washington, a municipal corporation ("the District"), and Carl Zapora ("Employee").

WHEREAS, the District and Employee entered into an employment agreement dated as of April 28, 2013 (the "Original Agreement"); and

WHEREAS, the District and Employee desire to amend the Original Agreement to revise Employee's base compensation; NOW, THEREFORE,

THE PARTIES AGREE AS FOLLOWS:

Section 5(a) of the Original Agreement shall be amended to provide in its entirety as follows:


- a. Effective as of March 25, 2015, Employee's base salary shall be \$216,493.05 per year, which shall be computed and paid in equal installments consistent with the District's normal payroll procedures and shall be reviewed by the Board on an annual basis. In addition, effective March 25, 2015, and continuing through December 31, 2015, Employee shall receive a supplemental salary of \$85.66 per pay period.

IN WITNESS WHEREOF the parties hereto have executed this agreement to be effective and dated as of the day and year first written above.

PUBLIC HOSPITAL DISTRICT NO. 2,
SNOHOMISH COUNTY, WASHINGTON



Fred Langer, President
Board of Commissioners



Carl Zapora
Superintendent