

# VERDANT

## HEALTH COMMISSION



Mental Health



Food Security



Healthcare Access



# 2023 COMMUNITY IMPACT REPORT





## Who We Are

Public Hospital District No. 2, Snohomish County, (dba) The Verdant Health Commission, supports community programs, classes and services that improve the health and wellbeing of the residents of South Snohomish County. The five elected Board of Commissioners govern the organization and administer community investments. Verdant oversees the lease of our hospital to Providence-Swedish Edmonds, the Kruger Clinic, a community building, and the Verdant Community Wellness Center.

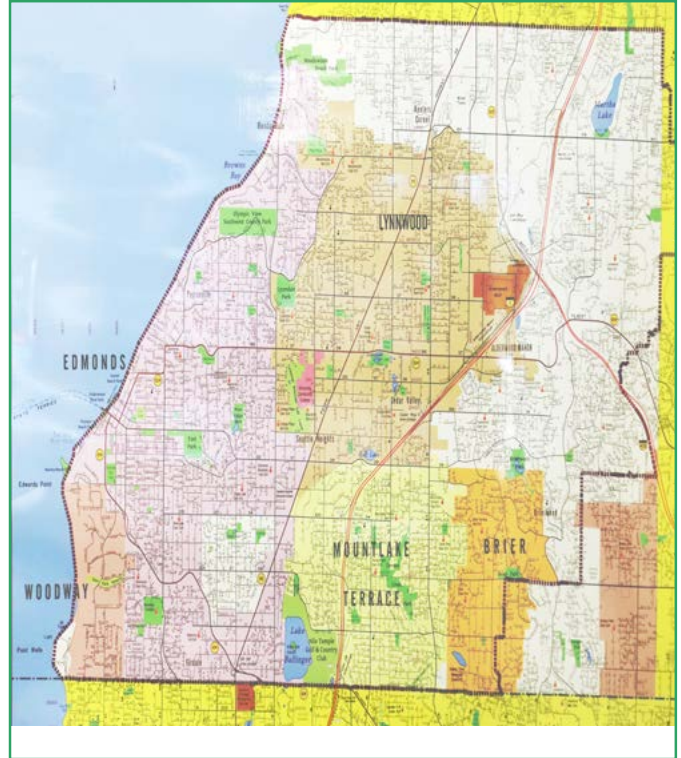
## Our Mission

To improve the health and well-being of our whole community.

## Our Vision

To be a sustaining public resource improving the health and well-being of South Snohomish County, collaboratively and creatively working to meet the needs of our whole community.

## Our Service Area



Verdant supports the residents of Lynnwood, Edmonds, Woodway, Mountlake Terrace, Brier and portions of Bothell and unincorporated Snohomish County.

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## Our Properties



**Providence/Swedish Edmonds**

21601 76th Ave W.  
Edmonds, WA 98026



**Kruger Clinic**

21600 Hwy 99  
Edmonds, WA 98026



**Verdant Community Wellness Center**

4710 196th St SW.  
Lynnwood, WA 98036



**Community Building**

17216 Hwy 99  
Lynnwood, WA 98039



# Greetings from **Verdant**



At the Verdant Health Commission, we continue to listen and learn from you, the communities that we serve, to better understand how we can increase your access to healthcare services. Feedback from more than 500 residents, as part of our 2022 Community Health Needs Assessment, guided commissioners in 2023 and their decisions to invest more than \$8.1 million in community health programs and services for residents with limited or no health insurance. These investments aligned with our priority areas of focus: Healthcare Access, Food Security and Mental Health and we funded 54 community partners to provide these frontline services. This report highlights how together, we worked to address the health and wellness challenges in our communities. As stewards of public funds, we believe that it is important to report back to you on the progress that has been made and we recognize that there is more to do to serve our growing community. On the following pages, you will find impact stories and information about our work.

Wishing you good health,

Karianna Wilson, Board President  
Lisa Edwards, Superintendent

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## Board of Commissioners



Karianna Wilson  
**President**  
2024-2029



Carolyn Brennan  
**Secretary**  
2022-2027



Deana Knutsen  
**Member**  
2024-2029



Bob Knowles  
**Member**  
2020-2025



Jim Distelhorst, MD,  
**Member**  
2022-2027



# 2023 Community Investments

## \$8.1 Million invested in 54 Organizations

Partner	Investment	Partner	Investment
Asian Service Center	\$10,000	Boys & Girls Clubs of Snohomish County	\$100,000
City of Lynnwood	\$10,000	Cancer Lifeline	\$15,000
City of Mountlake Terrace	\$10,000	Center for Human Services	\$526,000
Community Health Center of Sno County	\$408,000	Child Strive	\$460,000
Edmonds College Foundation	\$73,500	City of Edmonds	\$20,000
Edmonds Food Bank	\$121,000	Communities of Color Coalition	\$150,000
Edmonds Senior Center	\$103,356	Compass Health	\$225,000
Foundation for Edmonds School District	\$140,000	Domestic Violence Services of Snohomish Cour	\$198,000
Helping Hands Project Organization	\$60,000	Drug Abuse Council of Snohomish County dba S	\$161,522
Homage	\$260,000	Edmonds Center for the Arts	\$10,000
Jean Kim Foundation	\$283,925	Edmonds College Foundation	\$206,441
Kinderling	\$40,000	Edmonds School District	\$961,390
Lahai Health	\$680,000	Edmonds Senior Center	\$96,000
Latino Educational Training Institute	\$101,000	Extra Step	\$71,000
Lynnwood Food Bank	\$80,200	Homage	\$185,000
Medical Teams International	\$150,000	Inside Health Institute	\$13,000
Millennia Ministries	\$130,000	Korean Community Service Center	\$164,000
Prescription Drug Assistance Foundation	\$60,000	Latino Educational Training Institute	\$68,722
Project Access NW	\$100,000	Nami Snohomish County	\$16,700
Seattle Visiting Nurses Association	\$8,200	Parent Trust for Washington Children	\$30,447
South County Fire	\$518,220	Project Girl Mentoring Program	\$130,000
UTSAV	\$75,000	Snohomish County Legal Services	\$20,000
Volunteers of America	\$61,080	Support 7	\$47,962
Wonderland Child & Family Services	\$150,000	The Clearwater School	\$50,000
YMCA of Greater Seattle	\$73,000	The Hand Up Project (DBA Advocates Recovery	\$180,000
YWCA Seattle, King, Snohomish	\$73,000	Therapeutic Health Services	\$82,000
		Washington Kids in Transition	\$3,800
		Washington West African Center	\$115,000

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## Community Programs

Verdant invested \$295,000 in 90 community classes and services that served 2,335 residents. The Verdant Community Wellness Center hosted 27 organizations that served 1,925 residents.

# 2023 South Snohomish County Profile



269,677

Population



41

Median Age



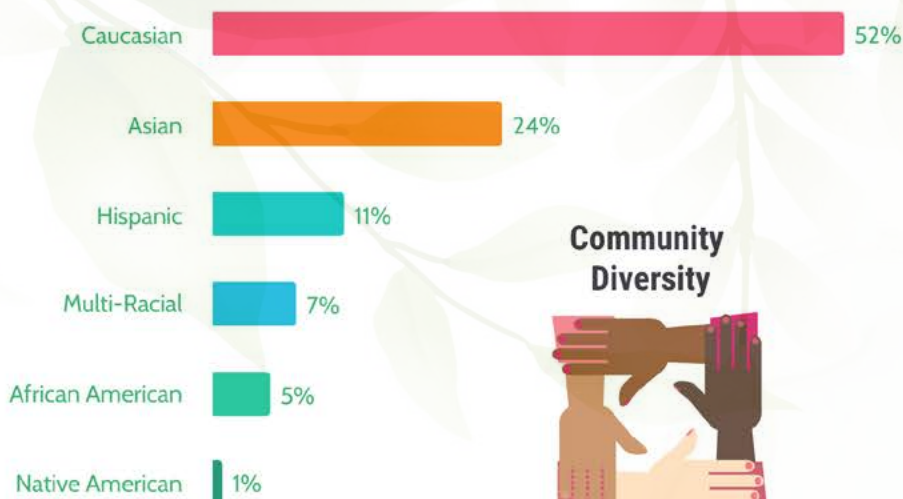
\$110,077

Average Income



6%

Without Health  
Coverage



Source: American Census Survey

## Our Changing Community



Since 2020, our population increased by 12,200



The Caucasian population decreased by 21%  
The Asian population increased by 9%



Multiracial and Hispanic residents increased by 12%

## Did You Know?

- Since 2011, Verdant has invested more than \$80 million in health programs and services
- More than 150 organizations have received funding from Verdant
- 85% of Verdant's annual revenue comes from the lease of properties
- Verdant provides \$3.50 in funding for every \$1 in public funds received



# Verdant Partner Highlights



Since 1974, Homage has provided vital services to older adults and people with disabilities all over Snohomish County. Through programs focused on food and nutrition, home repair, health and wellness, and rural transportation, Homage promotes independence, preserves dignity, and improves quality of life for their clients. In 2023, Verdant Health Commission partnered with Homage to provide meals and increase access to mental health services for older adults and adults with disabilities in the Verdant service area. Last year, Homage served almost 400,000 meals to more than 4,100 community members and supported 752 clients through mental health services.



The mission of the Lynnwood Food Bank (LFB) is to assist people who are hungry in the city of Lynnwood and South Snohomish County by providing a highly efficient food distribution center. In 2023, the organization distributed more than five million pounds of food to almost 152,000 individuals. Verdant Health Commission partnered with LFB in this work, awarding grant funds to support the purchase of fresh fruits and vegetables, culturally specific foods, and an interpretation system to ensure nutrition workshops could occur in two languages simultaneously. We also supported LFB's work to facilitate healthy lifestyle workshops on topics like Growing Food in Your Backyard/ Patio and Promoting Resilience to Those New to America.



Throughout 2023, Verdant Health Commission was proud to partner with the Edmonds School District (ESD) and Community Health Center of Snohomish County (CHC) to increase access to healthcare for students. Together, we were able to launch Snohomish County's first School Based Health Centers (SBHC). Located at Meadowdale High School and Mountlake Terrace High School, the SBHCs provide a host of on campus medical services, including vaccine clinics. This work has greatly decreased the number of students out of compliance with vaccine requirements and reduced barriers to care. School Based Health Centers typically serve 250 students a year with 750 total patient visits.



# Mental Health · Healthcare Access · Food Security



Founded in Bothell in 2015, UTSAB is a culturally specific, community powered service organization led by and serving South Asians in the State of Washington. The organization is actively leading powerful work to advance equity in our communities. They provide culturally competent and linguistically accessible services focused on food security, affordable housing, mutual aid, health services, education, and advocacy. In 2023, Verdant Health Commission partnered with UTSAB to help increase patient access to healthcare, including mental health support, for the South Asian population living in South Snohomish County. In 2023 UTSAB has supported over 600 families and individuals.



Since 1983, the Korean Community Service Center (KCSC) has been serving Korean American immigrants. The organization works to promote the health and well-being of the Korean American community in a culturally and linguistically appropriate environment. They offer local, grassroots support to the community through education, support services, advocacy, and community building. Each year, KCSC serves approximately 6,500 Korean Americans, about 45% of whom are South Snohomish County residents. Verdant Health Commission collaborated with KCSC throughout 2023, helping to provide mental health services and increase access to culturally specific foods.



WASHINGTON  
WEST AFRICAN  
CENTER

Washington West African Center (WAWAC) works to support West Africans across Washington State with a particular focus on Snohomish County. Located in Lynnwood, WAWAC's office and Drop-In Center serves as a one-stop hub where members of the West African community can access culturally appropriate, wrap-around services. In 2023, WAWAC served 3,000 community members through a variety of programs, including rental assistance and bill payment, transportation services, language interpretation, kids programs, and senior support. Over the last year, Verdant Health Commission worked alongside WAWAC to support programming at the Drop-In Center, including the development of several wellness programs such as cooking classes, system navigation support, and an ESL program.

# .Health .Wellbeing .Education



[www.verdanthealth.org](http://www.verdanthealth.org)

