

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
October 25, 2017
Verdant Community Wellness Center
8:00 a.m. to 9:45 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) September 17, 2017 Board Meeting	Action	8:03	1-6
b) October 18, 2017 Special Board Meeting	Action	8:03	7
C. Executive Committee Report	Information	8:04	---
D. Superintendent's Report	Information	8:05	---
E. Finance Committee Report			
a) Review financial statements & cash activity	Information	8:10	8-11
b) Authorization for payment of vouchers and payroll	Action	8:12	12
c) Adopting Resolution 2017-03: 2018 Property Tax Levy	Action	8:13	13-15
d) Adopting Resolution 2017-04: 2018 Budget	Action	8:16	16-19
F. Program Committee Report & Recommendations			
a) Conflicts of interest	---	8:19	---
b) Program investment recommendations	Action	8:20	20
c) Insurance enrollment & palliative care discussion	Information	8:25	20-21
d) Program grant evaluation draft	Information	8:40	22
e) Program presentation from Homage Senior Services	Information	8:45	---
f) Verdant Community Wellness Center activities update	Information	---	23-24
g) Multicultural Program & Outreach Report	Information	---	25
G. Marketing Report	Information	9:10	25
H. Public Comments (please limit to three minutes per speaker)	---	9:15	---
I. Commissioner Comments	---	9:20	---
J. Executive Session	---	9:25	---
a) Consider the legal risks of a proposed action of the district			
b) Review and consider proposed sale of real property			
K. Open Session	---	9:40	---
L. Adjournment	---	9:45	---

**PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION**

***BOARD OF COMMISSIONERS
Regular Meeting
Verdant Community Wellness Center
September 27, 2017***

Commissioners Present	Deana Knutsen, President J. Bruce Williams, M.D., Secretary Fred Langer, Commissioner (8:05 a.m. arrival) Bob Knowles, Commissioner Karianna Wilson, Commissioner
Staff & Others Present	Robin Fenn, Superintendent Lisa King, Finance Director Jennifer Piplic, Marketing Director Sue Waldin, Community Wellness Program Manager Sandra Huber, Community Engagement Members of the community
Guests	Mike De Lilla, City of Edmonds Sarah Zabel, Swedish Edmonds Matt Adams, Providence St. Joseph Health Jim Grafton, Providence St. Joseph Health
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:03 a.m. by President Knutsen.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular meeting on July 26, 2017. <i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular meeting on August 23, 2017.
Executive Committee	President Knutsen reported that the Executive Committee met on September 20, 2017 to review and approve the September 27, 2017 board meeting agenda and discuss the October 18 special board meeting regarding the 2018 budget. No action was taken.
Superintendent's Report	Dr. Fenn updated on the board on several items:

1. Dr. Fenn spoke at the State of Reform conference in Spokane with Premera and Empire Health about philanthropy in healthcare.
2. Mr. Kosovich is currently speaking on a panel at the NPRA conference in New Orleans.
3. Dr. Fenn and Ms. King presented to the Edmonds City Council. They will be presenting to the Mountlake Terrace City Council on October 16, 2017, at 7:00 p.m. Dr. Fenn invited commissioners to join them in this presentation.
4. Dr. Fenn is working with Brad Berg and Ben Lindekugel (AWPHD) on revisions to the current RCW related to public hospital districts. When they have a final draft, she will present it to the Board and staff for review.
5. Dr. Fenn stated that the public hearing for the budget will be on October 18, 2017.
6. Dr. Fenn stated that she will be attending a public presentation by the City of Edmonds regarding the Highway 99 Improvement Project.

Finance Committee Report

The committee met on September 21, 2017. Ms. King reviewed the financial statements and cash activity for July and August 2017 (E:63:17). No action was taken.

Authorization for Payment of Vouchers & Payroll

Warrant Numbers 12377 through 12411 for July 2017 for payment in the amount of \$81,525.18 were presented for approval (E:64:17). ***Motion was made, seconded and passed unanimously to approve.***

Warrant Numbers 12412 through 12454 for August 2017 for payment in the amount of \$72,054.98 were presented for approval (E:65:17). ***Motion was made, seconded and passed unanimously to approve.***

Resolution 2017:02 Disposition of District Assets

Motion was made, seconded and passed unanimously to approve Resolution 2017:02 determining certain personal property to be surplus and no longer required for public hospital district purposes (E:66:17).

Motion to approve Swedish Edmonds utility easements

Mr. Matt Adams of Providence St. Joseph Health, Mike DeLilla of the City of Edmonds, Sarah Zabel of Swedish Edmonds, and Jim Grafton of Providence St. Joseph Health were present to answer questions regarding the six City of Edmonds utility easements (E:67:17) that need to be recorded with Snohomish County relating to the hospital

campus. Commissioners asked questions and discussion included a confirmation that Foster Pepper legal counsel had reviewed the easements presented for approval. These easements were identified during the construction of the new Emergency Department and Ambulatory Care Center built at Swedish Edmonds, and this paperwork records these locations. ***Motion was made, seconded and passed unanimously to authorize*** Superintendent Fenn to sign the utility easements on behalf of the District.

Program Committee Update

The Program Committee met on September 14, 2017 to review six applications (E:68:17). Commissioner Knowles presented the committee recommendations to the board. No conflicts of interest were reported by any of the commissioners present.

Applications Recommended for Funding:

Edmonds Senior Center – a renewal request for its Enhancing Health & Wellness Programs, which includes the Enhance Wellness Program in partnership with Sound Generations, PEARLS (for depression) in partnership with the University of Washington Health Promotion Research Center, and other programs and support groups.

Motion was made, seconded and passed unanimously to approve funding the request at an average of \$116,000 per year for three years.

Commissioner Williams commented that the hospital has problems with geriatric psychiatry and palliative care. He suggested we start discussions with senior centers re: a possible RFP around palliative care in the district.

Cities of Lynnwood, Edmonds, and Mountlake Terrace – a renewal request for the cities' swim lesson program. The cities proposed a revised model that would limit the 3rd grade vouchers to basic swim instruction, continue the classroom education in 3rd grade, and launch a new program to attract non-swimmers of all ages and provide any non-swimmer youth with swim lesson vouchers.

Motion was made, seconded and passed unanimously to approve funding the program at \$8 per lesson when vouchers are redeemed.

VaxPoint LLC dba Seattle Visiting Nurses Association – a renewal request for the flu vaccine program. Clinics will be organized at community locations to offer flu vaccines.

When available, insurance is billed, but if the individual does not present an insurance card, Verdant would pay for the cost of vaccine.

Motion was made, seconded and passed unanimously to approve funding the project and requiring clinic sites to provide information and resources about health insurance enrollment.

Applications Not Recommended for Funding:

Farmer Frog – Meadowdale Pocket Farm – a request for \$25,000 to build a small “pocket” farm in Meadowdale Park. The committee did not recommend funding because it was unclear if Farmer Frog has the capacity to track and measure health and education outcomes from the proposed programming.

Beecher’s Pure Food Kids Foundation/Sound Food Uprising – a request averaging \$100,000 per year over three years to provide nutrition education to adults in South Snohomish County. The committee did not recommend funding because it is still in “beta” phase and largely unproven in generating health outcomes.

ChildStrive – Building a Resilient South Snohomish County – a multi-year request for \$325,000 per year to provide support building resilient families, increase parenting skills, and promote positive child development. The committee did not recommend funding because they did not see enough evidence that the focus on restorative practices and mindfulness would directly lead to improved measures of family resiliency, positive child development, or a decrease in child abuse. Commissioner Wilson asked her fellow commissioners if there were outcomes related to Adverse Childhood Experiences (ACEs) that we could measure, that would be a fit? Commissioners discussed the proposal further and agreed that they would welcome continuing the conversation with ChildStrive but need to see a proposal that is more clearly tied to health outcomes.

Program Criteria

Dr. Fenn updated the commissioners on the plan to revise the program grant criteria. The current draft has been reviewed by the program committee and will be shared with community partners in the coming weeks for feedback. The next step would be to share the draft at the October regular meeting for review, with approval in November.

The new criteria would then be put into use in January 2018 (E:69:17).

**Value Village
Discussion**

Dr. Fenn reviewed the process of data collection so far related to the Value Village property including staff and Board survey results, review of outside data sources, community conversations and mapping of current medical office buildings. She reported that the Value Village property will be on the agenda for the December 2017 Board retreat and asked what additional information commissioners would like at that time to assist in decision making. Commissioners agreed that the discussions are in the exploratory stage at this point. They requested additional information on any specific plans by the City of Edmonds for the proposed "health corridor" as well as information about any projects being proposed by Swedish Edmonds (E:70:17).

**Verdant Community
Wellness Center
Activities Update**

Ms. Waldin presented an update on activities in the center for August 2017 (E:71:17).

Marketing Report

Ms. Piplic presented the Marketing report (E:72:17) and mentioned several items:

1. South County Walks participation numbers increased in 2017 to an average of 20.25 people per walk. 170 unduplicated people walked in 2017, compared to 129 in 2016, an increase of 32%. Almost all (98%) of the walkers live in the hospital district or a zip code partially in the District.
2. The Canopy Fall newsletter will focus on prevention and will arrive in households and businesses after Oct. 11, 2017.
3. The next Verdant Partner Roundtable takes place on Friday, Oct. 13, 2017 from 2-4 p.m. at Verdant.

Public Comments

Mr. Farrell Fleming, Executive Director of the Edmonds Senior Center, thanked the commissioners for their continued support. He said that the work being done by the part-time nurse and full-time social worker has created a new connection and referral system with DSHS. Mr. Fleming said that the senior center recently ran an Aging Mastery program at Verdant and they run advance care planning workshops in coordination with the Snohomish County Health Leadership Coalition. The Edmonds Senior Center, along with other senior centers around the county,

have also been hosting programs on opioid use. Mr. Fleming expressed interest in further discussions related to palliative care. He stated that the Edmonds Senior Center is gearing up for the 6th year of hosting the cold weather shelter, but stated the space will not be available once the new center is under construction. The Edmonds Senior Center is waiting for final word on approval of the state capital budget, in which staff is anticipating \$2.25 million for the new Edmonds Waterfront Center. They plan to break ground on the center in summer 2018.

**Commissioner
Comments**

Commissioner Wilson commented that with the 90% reduction in federal funding for health insurance outreach and enrollment, funding for in-person assisters may be cut and requested staff reach out to current providers to see if they will be impacted. She suggested Verdant may be able to assist with funding to fill gaps, as there is a short window for enrollment.

Commissioner Williams requested that Evergreen Recovery Centers present at an upcoming board meeting about the new Lynnwood detox location, including the referral process and occupancy rates.

Commissioner Knutsen hopes that Executive Assistant Goto is recovering well.

Adjourn

The meeting was adjourned at 9:17 a.m.

ATTEST BY:

President

Secretary

**PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION**

**SPECIAL MEETING
October 18, 2017
8:00 a.m.**

Verdant Community Wellness Center

**Commissioners
Present**

Deana Knutsen, President
J. Bruce Williams, M.D., Secretary
Fred Langer, Commissioner
Bob Knowles, Commissioner
Karianna Wilson, Commissioner

Staff

Robin Fenn, Superintendent
George Kosovich, Assistant Superintendent
Lisa King, Finance Director
Jennifer Piplic, Marketing Director
Sue Waldin, Community Wellness Program Manager
Sandra Huber, Outreach Specialist

Call to Order

The Special Meeting of the Board of Commissioners was called to order by President Knutsen at 8:02 a.m.

**Superintendent's 2018
Proposed Budget
Presentation**

Ms. King provided information on the District budget process, revenue, expenses, debt and reserves. Dr. Fenn reviewed agency goals and objectives as well as challenges and unknowns. Mr. Kosovich presented detailed information on program spending (E:73:17). Questions were asked by the commissioners and answered by staff.

Public Hearing

President Knutsen opened the public hearing. No members of the public made testimony. President Knutsen then closed the public hearing.

Commissioner Discussion

None

Adjourn

The meeting was adjourned at 8:47 a.m.

ATTEST BY:

President

Secretary

Balance Sheet
As of September 30, 2017

	A	B	C	D
	Dec 31, 2016	Sept 30, 2017	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	5,457,824	1,342,989	(4,114,835)	
4 Other Current Assets	34,822,481	42,335,153	7,512,673	Includes Investments
5 Total Current Assets	40,280,305	43,678,142	3,397,837	
6 Total Long-term & Fixed Assets	46,463,198	44,886,415	(1,576,783)	Includes Depreciation
7 TOTAL ASSETS	86,743,503	88,564,557	1,821,054	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	3,230,044	1,483,970	(1,746,074)	
11 Long-term Liabilities	3,087,949	3,041,427	(46,522)	2012 LTGO Bonds/BHCF
12 Total Liabilities	6,317,993	4,525,397	(1,792,596)	
13 Total Equity	80,425,511	84,039,160	3,613,649	Annual Net Income
14 TOTAL LIABILITIES & EQUITY	86,743,503	88,564,557	1,821,054	

Profit & Loss
September 2017

	A	B	C	D	E	F
	Sep Actual	Sep Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	888,452	887,357	1,095	7,817,123	7,810,795	6,328
3 EXPENSES						
4 Operating Expenses	132,010	187,253	55,243	1,377,091	1,756,420	379,329
5 Depreciation Expense	175,553	171,498	(4,055)	1,638,447	1,612,173	(26,274)
6 Program Expenses	513,972	577,854	63,882	4,059,794	5,177,685	1,117,891
7 Total Expenses	821,534	936,604	115,070	7,075,332	8,546,278	1,470,946
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	68,446	228,229	(159,783)	2,871,859	2,054,059	817,799
10 NET INCOME	135,364	178,981	(43,617)	3,613,649	1,318,576	2,295,073

Monthly Highlights
September 2017

Verdant received dividends payments of \$56,646 offset by an unrealized loss of \$177,973 on our investment portfolio in September and closed with an ending market value of \$41,084,869.

Annual program commitments total \$6,297,101 for 2017 and \$4,557,055 for 2018. \$1,594,145 remains available to spend in 2017, of which \$33,466 is earmarked as Superintendent Discretionary.

Revenue of \$117,949 and expenses of \$64,961 from the Kruger Clinic were incurred, netting to an additional operating income of \$52,989 in September.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
12455	09/01/2017	Snohomish County PUD	911.28	VCWC Electricity
12456	09/01/2017	Sound Publishing, Inc.	39.20	Legal Notice 8/23 Board Meeting
12457	09/01/2017	Electronic Business Machines	916.09	1 hr of networking support
12458	09/01/2017	Principal	1,370.07	EE Life Insurance
12459	09/01/2017	Dataworks	252.28	IT Support
12460	09/01/2017	Puget Sound Energy	49.53	VCWC Natural Gas
12461	09/01/2017	Waste Management	245.93	VCWC Garbage/Recycle
12462	09/01/2017	Consolidated Landscape Maintenance, Inc.	440.50	Aug 2017 Landscaping maintenance
12463	09/01/2017	Guardian Security Systems, Inc.	240.00	VCWC 4Q17 Elevator and AES Radio Monitoring
12464	09/01/2017	Dimensional Communication, Inc	854.94	3 hrs for tech & replacement bulb for projector
12465	09/07/2017	UNITED WAY	0.00	VOID
12466	09/07/2017	Aukema & Associates	800.00	Annual Web Hosting Fee; 1hr web dev
12467	09/07/2017	City of Lynnwood - Utilities	1,201.60	VCWC Water/Sewer/Storm
12468	09/07/2017	Comcast	281.59	VCWC Telephone/Internet
12469	09/07/2017	Economic Alliance Snohomish County	395.00	Annual Membership Dues
12470	09/07/2017	Fine Solutions	1,218.75	Update Grants Management Solution
12471	09/07/2017	Sound Dietitians	898.44	WC 150 - Lifestyle Change Check in and Cooking Classes
12472	09/13/2017	Armstrong Services	1,316.70	Aug 2017 Janitorial
12473	09/13/2017	Dataworks	1,532.78	IT Support
12474	09/13/2017	Corporate Security LLC	284.00	Sept 2017 Parking Lot Security
12475	09/13/2017	Comcast	506.22	VCWC Telephone/Internet
12476	09/13/2017	Eberle Vivian	4,094.23	4Q17 Self Insurance Work Comp Claims Administration
12477	09/13/2017	Pacific Art Press Inc	1,008.85	2016 Annual Report Printing
12478	09/20/2017	Staples	240.39	Supplies
12479	09/20/2017	State Auditor's Office	1,705.71	2016 CPA Review
12480	09/20/2017	US Bank	300.00	Annual Fee 2012 LTGO Bond
12481	09/20/2017	Susan M Waldin	1,704.11	Reimbursement for VCWC Supplies
12482	09/20/2017	AmeriFlex Business Solutions	17.25	Sept 2017 FSA Administration
12483	09/20/2017	City of Lynnwood	1,090.50	Aug 2017 After Hours Support (68.5hrs)
12484	09/20/2017	Aukema & Associates	312.50	Web server migration and troubleshooting
12485	09/20/2017	Mama Sacha	140.00	Logo development and flyer design for Healthy Living Coaching Group
12486	09/27/2017	VanHouten Photography	375.00	Photos for The Canopy
12490	09/27/2017	Wells Fargo	465.86	Misc.
12487	09/27/2017	Property Management NW	7,709.79	Sept & Oct 2017 Property Management
12488	09/27/2017	Philanthropy Northwest	500.00	Facilitator on Community Engagement
12489	09/27/2017	Wells Fargo	2,158.20	Misc.
12491	09/27/2017	Parsi Properties LLC	2,555.00	Oct 2017 - Parking lot lease
		Total Warrants	<u>38,132.29</u>	

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	9/1/2017	Payroll	17,657.45	ACH payroll transfer
	9/1/2017	Department of Treasury	7,599.42	Payroll taxes for 8/26/17 pay period ending
	9/1/2017	Valic	2,691.40	Payroll 401(a)/457 Deposit
	9/1/2017	Paychex	108.81	Fee for payroll processing
	9/15/2017	Payroll	17,418.06	ACH payroll transfer
	9/15/2017	Department of Treasury	7,486.81	Payroll taxes for 9/9/17 pay period ending
	9/15/2017	Valic	2,691.40	Payroll 401(a)/457 Deposit
	9/15/2017	Paychex	102.36	Fee for payroll processing
	9/29/2017	Payroll	17,136.34	ACH payroll transfer
	9/29/2017	Department of Treasury	7,126.62	Payroll taxes for 9/23/17 pay period ending
	9/29/2017	Valic	2,596.59	Payroll 401(a)/457 Deposit
	9/29/2017	Paychex	108.60	Fee for payroll processing
	9/10/2017	Wells Fargo Merchant Services	81.67	Merchant Services
	9/15/2017	Alzheimer's Association Western & Central	7,209.16	Program Payment
	9/15/2017	American Diabetes Association	3,750.00	Program Payment
	9/15/2017	Boys & Girls Club of Snohomish County	20,519.58	Program Payment
	9/15/2017	CampFire	4,166.67	Program Payment
	9/15/2017	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	9/15/2017	Center for Human Services	27,279.16	Program Payment
	9/15/2017	ChildStrive	23,333.33	Program Payment
	9/15/2017	City of Lynnwood	6,144.08	Program Payment
	9/15/2017	Cocoon House.	5,000.00	Program Payment
	9/15/2017	Compass Health	18,572.50	Program Payment
	9/15/2017	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
	9/15/2017	Edmonds School District No. 15	122,213.42	Program Payment
	9/15/2017	Edmonds Senior Center	9,166.67	Program Payment
	9/15/2017	Homage Senior Services	64,086.67	Program Payment
	9/15/2017	Kindering	11,517.17	Program Payment
	9/15/2017	Korean Women's Association	5,000.00	Program Payment
	9/15/2017	Medical Teams International	5,500.00	Program Payment
	9/15/2017	PEPS	3,250.00	Program Payment
	9/15/2017	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	9/15/2017	Project Access Northwest	7,500.00	Program Payment
	9/15/2017	Puget Sound Christian Clinic	27,166.67	Program Payment
	9/15/2017	Puget Sound Kidney Centers Foundation	4,000.00	Program Payment
	9/15/2017	Snohomish County Fire District 1	36,103.34	Program Payment
	9/15/2017	Therapeutic Health Services	20,833.33	Program Payment
	9/15/2017	Volunteers of America Western WA	6,553.83	Program Payment
	9/15/2017	Wonderland Development Center	12,458.33	Program Payment
	9/15/2017	YWCA of Seattle, King and Snohomish Co	18,848.33	Program Payment
	9/15/2017	Mary Porter, RDN	270.00	Program Payment
	9/15/2017	Community Health Center of Snohomish Co	24,251.89	Program Payment
	9/6/2017	AmeriFlex Business Solutions	178.46	FSA Payments
	9/18/2017	AmeriFlex Business Solutions	178.46	FSA Payments
	9/25/2017	WA Department of Revenue	824.85	B&O Tax Aug 2017
		Total Wires/ACH Transactions	<u>587,370.27</u>	

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
Workers Compensation Claims Activity:				
305365-368	Sep-17	Various Claimants/Vendors	<u>1,245.86</u>	Administered by Eberle Vivian
Kruger Clinic Activity:				
3130-3138	Sep-17	Various Claimants/Vendors	<u>13,168.35</u>	Administered by PMNW
Total Disbursements			<u>\$ 639,916.77</u>	

	Transaction Date	Payer	Amount	Purpose
Deposits:				
	9/1/2017	Swedish Edmonds	804,186.12	Monthly leases
	9/1/2017	Value Village	26,552.66	Monthly lease
	9/1/2017	Raymond Liu, D.D.S.	3,578.68	Kruger Clinic monthly lease
	9/1/2017	Brian Takagi, MD	84.63	Kruger Clinic monthly lease
	9/5/2017	Kean Lawlor	20,382.21	Kruger Clinic monthly lease
	9/5/2017	Puget Sound Gastro	27,641.97	Kruger Clinic monthly lease
	9/8/2017	Snohomish County	11,299.73	Levy
	9/25/2017	Healthcare Realty Services, Inc.	4,663.72	Ground Lease
	9/5/2017	T-mobile	1,365.82	Cell tower at the hospital
	9/19/2017	PAWS	200.00	Deposit for use of the VCWC
	9/25/2017	Lisa King	5.51	Reimbursement for personal charge
		Exercise classes at VCWC	175.00	10 Registrations for VCWC Class
Total Deposits			<u>\$ 900,136.05</u>	

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 12455 through 12491 have been issued for payment in the amount of \$38,132.29 These warrants are hereby approved.

Attest:

Lisa M. King

Commissioner

Commissioner

Commissioner

Commissioner

Commissioner

Warrants Processed:	9-1-17 – 9-30-17		\$38,132.29
Work Comp Claims Pd:	9-1-17 – 9-30-17		1,245.86
Kruger Clinic Processed:	9-1-17 – 9-30-17		13,168.35
Payroll:	8-13-17 – 8-26-17	17,657.45	
	8-27-17 – 9-9-17	17,418.06	
	9-10-17 – 9-23-17	<u>17,136.34</u>	
			52,211.85
Electronic Payments:	Payroll Taxes	22,212.85	
	Paychex	319.77	
	Valic Retirement	7,979.39	
	AmeriFlex FSA	356.92	
	Bank Fees	81.67	
	WA State Dept Revenue	824.85	
	Program Expenditures	<u>503,382.97</u>	
			<u>535,158.42</u>
	Grand Total		<u>\$639,916.77</u>

PUBLIC HOSPITAL DISTRICT NO. 2
SNOHOMISH COUNTY, WASHINGTON

RESOLUTION NO. 2017-03

A resolution of the Commission of Public Hospital District No. 2, Snohomish County, Washington (the "District"), approving the dollar amount and percentage increase in the District's regular property tax levy for calendar year 2018.

WHEREAS, RCW 84.55.120 requires a taxing district, other than the state, that collects regular levies to hold a public hearing on revenue sources for the district's following year's current expense budget; and

WHEREAS, RCW 84.55.120 further requires the hearing to include consideration of possible increases in property tax revenues and requires that the hearing be held prior to the time the taxing district levies the taxes or makes the request to have the taxes levied; and

WHEREAS, RCW 84.55.120 authorizes the taxing district to hold a public hearing in conjunction with its annual budget hearing required by RCW 70.44.060(6); and

WHEREAS, a hearing in compliance with RCW 84.55.120 and RCW 70.44.060(6) was held on October 18, 2017; and

WHEREAS, the Board of Commissioners of the District, after hearing and duly considering all relevant evidence and testimony presented, determined that the District requires an increase in property tax revenue from the previous year, in addition to that resulting from the addition of new construction, increases in assessed value due to construction of electric generation wind turbine facilities classified as personal property, improvements to property and any increase in the value of state-assessed property, in order to discharge the expected expenses and obligations of the District; NOW, THEREFORE,

BE IT RESOLVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, as follows:

Section 1. The Board of Commissioners hereby determines that the District requires a regular levy in calendar year 2018 of \$2,320,000 which amount is exclusive of the additional tax revenue resulting from the addition of new construction, increases in assessed value due to construction of electric generation wind turbine facilities classified as personal property, improvements to property and any increase in the value of state-assessed property, and amounts authorized by law as a result of any refunds made, in order to discharge the expected expenses and obligations of the District.

Section 2. The Board of Commissioners hereby approves an increase in the District's regular property tax levy for calendar year 2018 in the amount of \$22,667.30, which is a percentage

increase of **1.00%** from calendar year 2017. This increase shall be in addition to the increase in tax revenue resulting from the addition of new construction, increases in assessed value due to construction of electric generation wind turbine facilities classified as personal property, improvements to property and any increase in the value of state-assessed property.

Section 3. The Superintendent is directed to certify to the County Assessor, no later than November 30, 2017, a copy of this Resolution showing its adoption; and to perform such other duties as are necessary or required by law to the end that the maximum levy capacity available to the District under chapter 84.55 RCW, as determined by the Washington State Supreme Court, is banked for use in future years.

ADOPTED AND APPROVED by the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, at an open public meeting thereof, this 25th day of October, 2017, the following commissioners being present and voting in favor of the resolution.

President and Commissioner

Commissioner

Commissioner

Commissioner

Secretary and Commissioner

I, J. Bruce Williams, Secretary to the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2017-03 is a true and correct copy of the original resolution adopted on October 25, 2017, as that resolution appears on the Minute Book of the District.

DATED this 25th day of October, 2017.

J. Bruce Williams
Secretary to the Board of Commissioners

PUBLIC HOSPITAL DISTRICT NO. 2
SNOHOMISH COUNTY, WASHINGTON

RESOLUTION NO. 2017-04

A resolution of the Commission of Public Hospital District No. 2, Snohomish County, Washington (the "District"), approving and adopting the District's budget for calendar year 2018.

WHEREAS, RCW 70.44.060 requires the Superintendent of the District to prepare a proposed budget of the contemplated financial transactions of the District for the ensuing year and to file the budget in the records of the Commission on or before the first day in November; and

WHEREAS, RCW 70.44.060 further requires the District to publish public notice of the proposed budget and the date and place of a hearing on the budget, which is required to be held on or before the fifteenth day of November, for two consecutive weeks in a newspaper printed and of general circulation in Snohomish County; and

WHEREAS, in compliance with the requirements of RCW 70.44.060, the Superintendent has prepared, filed and provided notice of the District's proposed 2018 budget, which proposed budget is attached hereto as Exhibit A (the "2018 Budget"); and

WHEREAS, the Commission held a public hearing on the 2018 Budget on October 18, 2017, in compliance with the requirements of RCW 70.44.060 and RCW 84.55.120; and

WHEREAS, the Board of Commissioners of the District, in the course of considering the budget for calendar year 2018, reviewed all sources of revenues and examined all anticipated expenses and obligations; and

WHEREAS, the Board of commissioners of the District has met and considered its budget for the calendar year 2018; NOW, THEREFORE,

BE IT RESOLVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, as follows:

Section 1. The Commission hereby adopts the 2018 Budget as the budget for the District for calendar year 2018.

Section 2. The Superintendent is directed to certify to the County Assessor, no later than November 30, 2017, a copy of this Resolution showing its adoption.

ADOPTED AND APPROVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, at an open public meeting thereof, held this 25th day of October, 2017.

President and Commissioner

Commissioner

Commissioner

Commissioner

Secretary and Commissioner

I, J. Bruce Williams, Secretary to the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2017-04 is a true and correct copy of the original resolution adopted on October 25, 2017, as that resolution appears on the Minute Book of the District.

DATED this 25th day of October, 2017.

J. Bruce Williams
Secretary to the Board of Commissioners

EXHIBIT A
Public Hospital District No 2
of Snohomish County, Washington

Operating Revenue	\$ 11,786,046
Program Expenditures	7,355,305
Other Operating Expenses (excluding depreciation)	2,305,611
Maintenance and Operations Levy	2,317,754
Other Non-Operating Revenue	500,000
Depreciation Expense	<u>1,957,165</u>
Net Income	<u>\$2,985,718</u>
Capital Outlay	<u>\$</u>

October 2017 Program Oversight Committee Summary

1. One funding application up for discussion
2. Follow up on September Board Discussion on two topics:
 - a. Insurance Outreach & Enrollment
 - b. Palliative Care
3. Grant Evaluation Criteria: included in packet, up for board approval in November
4. Program Presentation from Homage Senior Services (fka Senior Services of Snohomish County) on Care Transitions Program

1. Program Funding Requests

Applications Not Recommended for Funding

Free Range Health – Access to Low-Cost Acupuncture for Underserved Seniors: a request for \$24,000 per year for two years for a low-cost, community-based acupuncture for seniors at the Mountlake Terrace and Lynnwood Senior Centers. The program would seek to serve 175 participants per year with the service. Verdant funded a pilot year of the program in 2013-2014 at the Lynnwood Senior Center.

The proposed program outcomes are similar to the original program, with a focus on decreases in pain, improvement in functional ability and well-being. The program was popular with participants, but Verdant opted not to renew funding, largely because of concerns about health claims made by the applicant about the use of acupuncture that were not substantiated by research (ex. treatment of asthma) and which called the program results into question. The program committee also felt that acupuncture fell outside of the core access to healthcare programs that Verdant supports, and noted that acupuncture is not reimbursed by Medicaid/Apple Health Plans.

2. Follow-up from September Board Discussion

The program committee had a follow-up discussion about insurance enrollment and concerns about decreased funding for insurance enrollment. Verdant staff reached out to several organizations to learn about resources available for enrollment assistance.

Summary of Enrollment Activities

Data Reference Points: according to a Jan 31, 2017 WA Health Benefit Exchange Report, there were 18,317 Snohomish County residents enrolled in qualified health plans and 138,640 on Apple Health/Medicaid plans.

- Apple Health/Medicaid outreach and enrollment activities are largely unfunded and appear to be continuing:
 - Verdant hosts Sea Mar navigators once a week for insurance and basic food enrollment, and the navigator also does outreach at locations like libraries;
 - Community Health Center of Snohomish County is continuing to add insurance navigators at their clinic sites and community locations/events;
 - 211 Community Resource Advocate typically refers clients to Sea Mar, Within Reach hotline or CHC of Snohomish County

- What about Qualified Health Plans (QHPs)?
 - There are now two QHPs on the exchange for purchase in Snohomish County (there were 6 in 2017);
 - Korean Women’s Association: expects 40-50% reduction in payment for enrollment activities. KWA has staffed up for enrollment but warns that funding is not sufficient to maintain program in the long term;
 - Within Reach: is contracted to do outreach in Snohomish County this year (was not in 2016);
 - Brokers can sell QHPs; several dozen brokers were listed in Washington Healthplanfinder

After some discussion of the issue, the program committee did not see a clear role for Verdant in enrollment activities during the coming open enrollment period starting on November 1st.

The program committee also briefly discussed the palliative care topic that was raised at the September board meeting. The committee members were interested in discussing this more at the board retreat, but would be interested in some additional information from board members about whether their interest was more connected with 1.) advanced care planning or 2.) direct hospice and palliative care services.

3. Grant Evaluation Criteria

Old Scoring Criteria		Proposed New Scoring Criteria (Draft)		
1. Connect to mission & priorities	20%	A. Connection to Verdant Priority Area	How well did the applicant demonstrate connection between the proposed program and one or more of Verdant's priority area(s)?	10%
2. Need & service to district residents	20%	B. Needs Assessment	How well did the applicant provide current local statistics, agency info or other evidence to document the scope of the problem within Verdant service area?	10%
3. Evidence-based, measurable results	20%	C. Target Population	How well did the applicant demonstrate the target population which will be served by the proposed program including clear demonstration of service to residents within the Verdant service area?	10%
4. Clear budget, use of funds, leverage	20%	D. Organizational Capacity	How well does the applicant display the organizational capacity necessary to implement their proposed program?	10%
5. Sustainability, innovation, partnerships	20%	E. Identification of Other Agencies that Offer This Service/Program	How well did the applicant clearly identify other organizations that address the issue and how the proposed program differs?	5%
Total	100%	F. Program Activities	How clearly defined were the program activities? Is the proposed program an evidence based program?	10%
		G. Program Rationale	How well does the applicant provide evidencethat supports the link between project and its intended results (i.e., is the proposed project evidence-based? Promising practice? Innovative practice?)	5%
		H. Program Outcomes	How well did the application clearly describe the desired outcomes (changes in participants' attitudes, behaviors or knowledge; desired results of the program?)	10%
		I. Program Evaluation	How well did the applicant indicate how program results or outcomes would be measured including any design or use of tests, scales, surveys, observations, etc.?	5%
		J. Budget	How well did the applicant provide an appropriate budget and identify other current funding sources?	10%
		K. Sustainability	How well did the applicant describe their plans for sustainability for the proposed program?	10%
		L. Collaboration	How well did the applicant describe their plans for collaboration with other agencies and organizations?	5%
			Total	100%

**Verdant Community Wellness Center Summary
October 2017**

Completed Programs

1. General Community and Provider Events	Attendance
1. PEPS – Baby Peppers Parent Support Group (9/21 – 12/7)*	6-8
2. Monthly Hero’s Café for Veterans (9/26)	100+
3. Child Strive Early Intervention Team Meeting (9/28)	35
4. Focus Group Training for Providers (10/2)	30
5. Parkinson’s Disease AM Support Group (10/2)	4-6
6. Working with Parkinson’s Disease PM Support Group (10/2)	4-6
7. State Health Insurance Benefits Advisors (SHIBA) Monthly Training (10/3)	25
8. Evergreen Home Health Staff Meetings (10/4, 17)	50
9. SCAEYC Board Meeting (10/4)	8
10. ARC Mothers of Children with Disabilities Monthly Support Network (10/7)	18
11. Snohomish County Child Care Center Director’s Forum (10/11)	20
12. Housing & Social Services Training (10/11)	8
13. Verdant Partner Roundtable (10/13)	32
14. Understanding Medicare Monthly Workshops (10/20)	35
15. Regional Health Benefit Exchange Navigator Training (10/21)	50
16. Sea Mar Weekly Health Insurance & Basic Food Enrollment (weekly)	Varies
17. Ongoing – Community Support for Prescription Assistance (weekly)*	Varies

2. Nutrition and Healthy Behaviors	Attendance
1. Surviving & Thriving with Chronic Kidney Disease (9/6 – 10/11)*	25/class
2. Healthy & Hearty Comfort Foods Cooking Demo (9/25)*	24
3. Road Back to Life Kidney Support Group (9/26)	8
4. Monthly Diabetes Support Group (9/27)	6-8
5. Food Preservation Cooking Demo (9/30)*	17
6. Nutrition & Health Before, During & After Menopause (10/5)*	22
7. Fall Favorites Vegetarian Cooking Demo (10/9)*	22
8. Type 2 and You Workshop (10/14)*	18
9. Crockpot Meals Cooking Demo & Senior Field Trip for Health (10/17)*	23
10. Healthy Living Coaching Group – weekly support (10/3, 10, 17)*	15-20/week
11. Getting to Goal Program (Weight Management/Activity Consultations)*	8-12 Clients

3. Behavioral Health & Substance Use	Attendance
1. Yoga 101 for Beginner(9/11 – 10/30)*	8-10/class
2. Brain Health & Wellness (9/25, 29; 10/2, 5, 6, 10, 13, 19)*	varies
3. Beginning Tai Chi for Adults (9/28 – 10/19)*	13/class
4. National Alliance on Mental Illness Support Group (9/28; 10/12)	4-8
5. Psychiatric Nurse Practitioner’s Legal Ethics Workshop (10/7)	19
6. YWCA Mindfulness (10/11 – 12/6)*	7-9
7. YWCA Anxiety & Depression Recovery (10/17 – 12/5)*	9
8. NAMI Presents: Crisis Intervention for Social Service Providers (10/18)*	34
9. Adult Children of Alcoholics Weekly Support Group (weekly)	15-20/week
10. Veterans Drop-In Support (weekly - City of Lynnwood & monthly - County)	varies
4. Other Programs	Attendance
1. Play and Learn Group, Wonderland Development Center (weekly)*	30+/week

Verdant Community Wellness Center Summary October 2017

Upcoming Programs

A. General Community and Provider Events

1. PEPS – Baby Peppers Parent Support Group (September 21 – December 7)*
2. Monthly Hero's Café for Veterans (October 24, November 28)
3. Alzheimer's Association Staff Retreat (October 26)
4. Medicare Open Enrollment by SHIBA (October 30; November 7, 13, 27; December 6)
5. Finding Reliable Medical Information on the Internet (November 1)*
6. ARC Mothers of Children with Disabilities Monthly Support Network (November 4)
7. Parkinson's Disease AM Support Group (November 6)
8. Working with Parkinson's Disease PM Support Group (November 6)
9. State Health Insurance Benefits Advisors (SHIBA) Monthly Training (November 7)
10. Edmonds School District Health Services Meeting (November 9)
11. Caregivers & Social Workers Working Together (November 14)
12. Evergreen Home Health Staff Meeting (November 14, 15)
13. Snohomish County Child Care Center Director's Forum (November 8, December 13)
14. Understanding Medicare Monthly Workshops (November 17)

B. Nutrition and Healthy Behaviors

1. Taste & Texture: Learn about infant feeding with a Doc & Dietitian (October 23)*
2. Healthy Living Coaching Group – weekly support (October 24, 31; November 7, 14, 21, 28)*
3. Road Back to Life Kidney Support Group (October 24)
4. Monthly Diabetes Support Group (October 25)
5. Healthy Alternatives to Home Meal Delivery Services (October 26)*
6. Surviving & Thriving with Chronic Kidney Disease (November 1 – December 13)*
7. Meal Planning & Cooking with a Busy Schedule Cooking Demo (November 2)*
8. Kids and Parents Cooking Class (November 4)*
9. Learn & Taste: Winter Wellness & Foods to Boost the Immune System (November 6)*
10. Health Screening and Diabetes-friendly Holiday Recipes & Tasting (November 11)*
11. The MIND Diet – Eating for Better Brain Health (November 14)*
12. Diabetes-friendly Holidays: Cooking Demo (November 15)*
13. CHC Diabetes Cooking Class (November 17)

C. Behavioral Health & Substance Use Focus

1. Brain Health and Wellness Classes (October 25; November 1, 2, 8, 9, 14, 15, 29, 30)*
2. YWCA Mindfulness (October 11 – December 6)*
3. YWCA Anxiety & Depression Recovery (October 17 – December 5)*
4. National Alliance on Mental Illness "Connections" Support Group (October 26; November 9)
5. Hoarding Task Force (November 6)
6. Hope for the Holidays: Evergreen Bereavement Information Workshop (November 8)
7. YWCA Managing the Winter Blues (November 8 – January 3)*
8. Operation SAVE: Veteran Suicide Prevention Training (November 16)
9. NAMI Presents: Torrey Pines Film & Discussion about Sexual Identity (November 16)*
10. International Survivors of Suicide Loss Day (November 18)*
11. Adult Children of Alcoholics Weekly Support Group (weekly)
12. Veterans Drop-In Support (weekly - City of Lynnwood & monthly - County)

* = Grant/Program Funded Partner

Multicultural Program & Outreach Report

- Hosted workshop on Emergency Preparedness in Spanish on September 23
- Wrapped up five session series in Spanish on October 20:
 - Positive discipline
 - Accident prevention with Washington Poison Center
 - Adolescent health: risks & solutions
 - Positive communication
 - Drugs and gang information for parents with Lynnwood Police Department
- Held workshop on women's sexual health with Spanish-speaking OB-GYN

October 2017 Marketing Report

Public Outreach/Communications

- The Canopy newsletter delivered to homes and businesses beginning October 12
- First "For Your Health" column from Superintendent Fenn published by the My Neighborhood News Network. Next column planned for December to feature injury prevention.