

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
September 26, 2012
8:00 AM to 9:25 AM

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order Pledge of Allegiance	---	8:00	
B. Approval of the Minutes			
a) August 22, 2012 regular Board meeting	Action	8:01	2-4
b) September 6, 2012 special board meeting	Action	8:02	5
C. Executive Committee Report	Information	8:05	
D. Board Finance Committee Report			
a) Review financial statement and cash activity	Action	8:10	6-13
b) Authorization for payment of vouchers and payroll	Action	8:17	14
c) 2013 Budget Calendar	Information	8:19	15
E. Program Oversight Committee Report & Recommendations			
a) Conflicts of interest	Action	8:20	
b) Program investment recommendations	Action	8:22	16-21
c) Jeremiah Center counseling program transfer	Action	8:30	17
d) Community needs assessment update	Information	8:35	
F. Marketing Report			
a) Pertussis project update	Information	8:40	
b) "6 Weeks to a Healthier You" follow-up	Information	8:45	
c) Website Request for Proposal update	Information	8:47	
G. Commissioner Comments	Information	8:50	
H. Superintendent's Report	Information	8:55	
I. Public Comments (please limit to three minutes per speaker)	---	9:00	---
J. Executive Session	---	9:05	---
K. Open Session	Action	9:25	---
L. Adjournment	---	9:25	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting

VHC Board Room

August 22, 2012

Commissioners Present	Fred Langer, President Bob Knowles, Secretary Deana Knutsen, Commissioner (via Telephone) Karianna Wilson, Commissioner
Commissioners Excused	J. Bruce Williams, M.D., Commissioner
Others Present	Carl Zapora, Superintendent George Kosovich, Program Director Lisa King, Finance Director Jennifer Piplic, Marketing Director Karen Goto, Executive Assistant Howard Thomas, Consultant Members of the community
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:10 a.m. by President Langer.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular meeting on July 25, 2012.
Executive Committee	Commissioner Knowles reported that the committee met on August 17 to review the August 22, 2012 board meeting agenda.
Board Finance Committee	Ms. King reported on the financials for July (E:40:12).
Authorization for Payment of Vouchers & Payroll	Warrant Numbers 10014 through 10044 for July 2012 for payment in the amount of \$169,899.33 were presented for approval (E:41:12). <i>Motion was made, seconded and passed unanimously to approve.</i>

**Program
Oversight
Committee
Update**

Mr. Kosovich reported that the Program Oversight Committee met on August 9, 2012 and reviewed two new proposals (E:42:12).

One conflict of interest regarding one of the proposals was reported by Commissioner Wilson as she sits on the board of Program for Early Parent Support. Ms. Wilson recused herself from the discussion.

Motion was made, seconded and passed with one abstention (Commissioner Wilson) to approve funding of \$40,000 to the Program for Early Parent Support. Funding was not recommended for the Center for Advanced Recovery Solutions.

Pertussis Project to be launched in Fall 2012. ***Motion was made, seconded and passed unanimously to approve*** funding in the amount of \$148,000 for the whooping cough education and outreach plan (E:42:12).

6 Weeks to a Healthier You Follow up (E:42:12): ***Motion was made, seconded and passed unanimously to approve Option B with no fee to participants.***

Jeremiah Center Program update (E:42:12): No board action will be taken until after discussion on 8.31.2012 with the Edmonds School District leadership on possible transition of the counseling program to the Center for Human Services.

**Marketing
Report**

Ms. Piplic reported that she has received 16 proposals in response to the RFPs for the design of Verdant's website. She will review all 16 and select the top 5 for interviews with the goal of signing an agreement with the selected vendor in early October 2012.

Commissioners were asked to RSVP for one of the three upcoming Pertussis community leader meetings.

**Commissioner
Comments**

None

**Superintendent's
Report**

Superintendent Zapora reported on three items:

1. Recognition of the Pertussis committee members and the upcoming community leader meetings on the topic of Pertussis.
2. Healthways/Blue Zones – Commissioners were asked to indicate their preference so that travel arrangements can be made.
3. Board Retreat – will be held November 30 to December 1, 2012.

**Public
Comments:**

Mr. Al Rutledge commented on several items: The Taste of Edmonds had a booth from Swedish/Edmonds but booth workers were not aware of the Verdant Health Commission; his Mom was seen recently at the hospital and received good care; County elections do not have an oath of office taken before the election; only after the election and he would like to change the policy at the county level for appointed officials.

**Executive
Session**

President Langer recessed the regular meeting at 8:45 a.m. into Executive Session to discuss ongoing litigation and real estate matters.
President Langer stated that no action would be taken in this Executive Session and the board would reconvene in approximately 25 minutes.

Open Session

President Langer extended 40 minutes and then reconvened into open session at 9:42 a.m. ***Motion was made, seconded and passed unanimously*** to authorize the Superintendent to work with the Finance Committee to determine a purchase offer for a property strategically located within district boundaries with the final offer subject to board approval.

Adjourn

There being no further business to discuss, the meeting was adjourned at 9:45 a.m.

ATTEST BY:

President

Secretary

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON

SPECIAL MEETING

September 6, 2012

12:00 PM

Verdant Health Commission Board Room & Teleconference

Commissioners

Present

Fred Langer, President

J. Bruce Williams, MD, Commissioner

Bob Knowles, Commissioner

Commissioners Excused

Karianna Wilson, Commissioner

Deana Knutsen, Commissioner

Guests

John Bauer, CBRE

Howard Thomas, Consultant

Staff

Carl Zapora

Lisa King

Karen Goto

Call to Order

The Special Meeting of the Board of Commissioners was called to order by President Langer @ 12:01 p.m.

At 12:05 p.m., the commission went into Executive Session.

Executive Session

Commissioners discussed real estate matters. No decisions were made by the commissioners.

Open Session

The commission concluded the Executive Session and came back in to public meeting at 12:25 p.m.

Motion was made, seconded and passed unanimously to authorize the District Superintendent to identify an office building for possible purchase by the District, investigate the feasibility of using the building for the District's proposed purposes and , if the building is deemed suitable, negotiate on the District's behalf the terms of a definitive purchase and sale agreement, which agreement shall be presented to the Board for its review and consideration and which agreement shall not be legally binding on the District until it has received the Board's approval.

Adjourn

The meeting was adjourned at 12:25 p.m.

Attest By:

President

Secretary

Balance Sheet
As of August 31, 2012

	<u>Dec 31, 2011</u>	<u>Aug 31, 2012</u>	<u>\$ Change</u>	<u>Comments:</u>
ASSETS				
Current Assets				
1 Total Cash Balance	1,527,547	1,278,764	(248,783)	
2 Total Accounts Receivable	143	417,995	417,852	Projected Budget Neutrality Settlement
Other Current Assets				
3 Total Current Assets	4,167	833	(3,334)	BofA Unamortized Financing Costs
4 Total Investments	36,416,633	38,745,642	2,329,009	
5 Total Other Miscellaneous Receivables	580,358	841,252	260,894	M&O Tax Levy Recv
6 Total Prepaid Expenses & Others	27,033	34,127	7,094	
7 Total Other Current Assets	<u>37,028,190</u>	<u>39,621,855</u>	<u>2,593,665</u>	
8 Total Current Assets	38,555,880	41,318,614	2,762,734	
9 Total Fixed Assets	31,218,748	27,883,473	(3,335,275)	Depreciation Expense
10 Total Financing & Lease Costs	367,814	358,419	(9,395)	
11 Total Other Assets	<u>3,762,072</u>	<u>3,762,072</u>	<u>-</u>	
TOTAL ASSETS	<u>73,904,514</u>	<u>73,322,577</u>	<u>(581,937)</u>	

Balance Sheet
As of August 31, 2012

	<u>Dec 31, 2011</u>	<u>Aug 31, 2012</u>	<u>\$ Change</u>	<u>Comments:</u>
LIABILITIES & EQUITY				
Liabilities				
Current Liabilities				
12	Total Accounts Payable	93,706	60,519	(33,187)
13	Total Credit Cards	277	264	(13)
Other Current Liabilities				
14	Total Accrued Salary & Benefits	1,240,384	39,283	(1,201,101) McCary Deferred Compensation
15	Total Estimated 3rd Party Settlements	1,619,754	720,000	(899,754) SFY2010 Interim CPE Payment
16	Total Other Payables & Accruals	813,792	259,132	(554,660) P/L & W/C Settlements & Net S/E Payable
17	Current Portion of L-T Debt	2,114,247	2,114,247	-
18	Total Other Current Liabilities	5,788,178	3,132,662	(2,655,516)
19	Total Current Liabilities	5,882,161	3,193,445	(2,688,716)
Long-term Liabilities				
20	Total Long-term Debt - Operations	6,890,790	5,999,418	(891,372) Banc of America Lease Payments
21	Total Other Long-term Liabilities	565,649	565,779	130
22	Total Long-term Liabilities	7,456,439	6,565,197	(891,242)
23	Total Liabilities	13,338,600	9,758,643	(3,579,958)
24	Total Equity	60,565,915	63,563,935	2,998,020 Net Income
TOTAL LIABILITIES & EQUITY		73,904,514	73,322,577	(581,937)

Public Hospital District #2 of Snohomish County

DRAFT

Profit Loss

August 2012

		<u>July 2012</u>	<u>Aug 2012</u>	<u>\$ Change</u>	<u>Comments:</u>
	Ordinary Income/Expense				
1	Total Income	814,977	817,545	2,568	
	Expenses				
	Operating Expenses				
2	Total Salaries & Benefits	48,970	54,004	5,034	
3	Total Workers Comp	17,898	26,185	8,287	
4	Total Depreciation	416,909	416,909	-	
5	Total Insurance	1,276	1,727	451	
6	Total Interest Expense	14,449	17,001	2,553	
7	Total Other Amortization	1,317	1,317	-	
8	Total Professional Services	14,445	17,392	2,947	
9	Total Purchased Services	3,896	3,619	(277)	
10	Rent Expense	2,900	2,900	-	
11	Total Other Expenses	3,442	(3,126)	(6,568)	Reconciliation Adjustment for 3rd Party Accounts
12	Total Supplies	255	357	101	
13	Total Taxes	-	-	-	
14	Total Utilities	577	477	(100)	
15	Total Operating Expenses	<u>526,334</u>	<u>538,762</u>	<u>12,429</u>	
	Program Expenses				
16	Total Program Expenses	<u>127,288</u>	<u>124,913</u>	<u>(2,375)</u>	
17	Total Expense	653,621	663,675	10,054	
18	Net Ordinary Income	161,356	153,870	(7,485)	
	Other Income/Expense				
	Other Income				
19	Total General Obligation Bonds	3,100	545	(2,555)	
20	Total Non Operating Revenue	<u>298,124</u>	<u>93,541</u>	<u>(204,584)</u>	Gain on Investment
22	Total Other Income/Expense	<u>301,225</u>	<u>94,086</u>	<u>(207,139)</u>	
	Net Income	<u><u>462,580</u></u>	<u><u>247,956</u></u>	<u><u>(214,625)</u></u>	

Public Hospital District #2 of Snohomish County

Profit Loss Budget vs. Actual

January - August 2012

	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>
	<u>Jan-Aug 2012</u>	<u>Jan-Aug Budget</u>	<u>Over/(Under) Budget</u>	<u>% of Budget</u>
Operating Revenues				
1 M&O Tax Levy	1,361,690	1,356,620	5,070	100.4%
2 Rental Income	5,129,912	5,124,563	5,350	100.1%
3 Pavilion Ground Lease Income	31,138	31,138	-	100.0%
4 Other Operating Income	17,493	-	17,493	100.0%
5 Total Operating Revenues	<u>6,540,233</u>	<u>6,512,321</u>	<u>27,913</u>	<u>100.4%</u>
Operating Expenses				
6 Salaries	392,971	386,660	6,311	101.6%
7 Benefits	57,976	88,851	(30,875)	65.3%
8 Workers Comp	50,133	35,501	14,632	141.2%
9 Insurance	16,160	18,694	(2,534)	86.4%
10 Interest Expense	127,194	159,028	(31,834)	80.0%
11 Amortization	10,533	10,533	-	100.0%
12 Rent Expense	23,200	23,200	-	100.0%
13 Consulting	130,514	130,000	514	100.4%
14 Legal	26,508	26,667	(159)	99.4%
15 Accounting/Auditing	29,159	56,000	(26,841)	52.1%
16 Other Professional Services	2,231	3,333	(1,102)	66.9%
17 Purchased Services	15,899	46,987	(31,088)	33.8%
18 Supplies	4,478	12,000	(7,522)	37.3%
19 License and Tax	25	333	(308)	7.5%
20 Utilities	4,954	3,587	1,367	138.1%
21 Miscellaneous Expenses	16,857	24,667	(7,810)	68.3%
22 Total Operating Expenses	<u>908,791</u>	<u>1,026,040</u>	<u>(117,249)</u>	<u>88.6%</u>
23 Community Program Investments	<u>1,099,773</u>	<u>2,733,333</u>	<u>(1,633,560)</u>	<u>40.2%</u>
24 Net Ordinary Income	4,531,669	2,752,947	1,778,722	164.6%
Other Income/(Expense)				0.0%
25 2003 GO Tax Levy	32,872	-	32,872	100.0%
26 Investment Income	684,611	720,000	(35,389)	95.1%
27 Unrealized G/L on Investment	357,722	-	357,722	100.0%
28 Other Income (Expense)	726,421	-	726,421	100.0%
29 Total Other Income/(Expense)	<u>1,801,627</u>	<u>720,000</u>	<u>1,081,627</u>	<u>250.2%</u>
30 Net Income (Before Depreciation)	<u>6,333,295</u>	<u>3,472,947</u>	<u>2,860,348</u>	<u>182.4%</u>
31 Depreciation	3,335,276	3,857,151	(521,876)	86.5%
32 Net Income (After Depreciation)	<u>2,998,020</u>	<u>(384,204)</u>	<u>3,382,224</u>	<u>-780.3%</u>

Public Hospital District #2 of Snohomish County
Summary of Cash Receipts and Disbursements
August 2012

	Aug 2012 Amount	
Receipts:		
Other Rental Income	26,222.92	Value Village
Swedish/Edmonds Rental Income	618,000.00	
Snohomish County Tax Levy	10,734.47	
Ground Lease Payments	4,166.67	
Misc Reimbursements/Refunds	230.82	Reimbursement and Interest Income
Total Receipts	<u>659,354.88</u>	
Disbursements:		
Debt Payment	114,171.30	Banc of America
Professional Services:		
Legal Fees	1,529.50	Litigation and Professional Liability Legal Fees
Accounting Fees	825.00	Ash Consulting & Moss Adams
Consulting Fees	24,230.88	Howard Thomas July & August 2012
Professional Services	14,755.50	Workers Comp Administrator, Benefit Solutions Administrator, IT support
Purchased Services	157.90	Paychex
Payroll	29,791.93	2 pay periods Plus Benefit Solutions
Payroll Taxes	9,342.59	2 pay periods and 2Q12 L&I state fund
Employee Insurance	3,725.57	Regence Medical & Dental, Principal Life
Employee Retirement Contributions	3,763.57	Valic
Program Expenditures	126,667.75	
Workers Compensation	25,022.11	Payments Issued by BRAC
L&I Self Insurance	29,008.90	2Q12 Self Insurance
Other Miscellaneous Expenses	50,701.89	Supplies, Rent, Canon Lease, Dues, Interest Expense, Bond Remarketing
Total Disbursements	<u>433,694.39</u>	

Public Hospital District #2

Cash Activity

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
10045	8/1/2012	Bank of America - LOC	25,873.64	Quarterly Letter of Credit Fee
10046	8/1/2012	Institute for Fitness and Health	1,755.00	Programs - 6WTHY
10047	8/1/2012	Comcast	317.14	Telephone
10048	8/1/2012	Wells Fargo	1,410.54	Miscellaneous
10049	8/8/2012	Ash Consulting	825.00	Accounting Consulting
10050	8/8/2012	Thomas & Associates	24,230.88	Consulting July and August 2012
10051	8/8/2012	Ace Internet Services, Inc.	219.00	IT Support
10052	8/8/2012	Berkley Risk Administrators Co	14,525.00	Workers Compensation Administration
10053	8/8/2012	Foster Pepper	845.00	Legal
10054	8/8/2012	Void	-	VOID
10055	8/15/2012	FAIN ANDERSON AND VANDERHOEF PLLC	684.50	Legal
10056	8/15/2012	Benefit Solutions Inc.	11.50	FSA Administration Monthly Fee
10057	8/15/2012	Department of Labor and Industries	29,008.90	2Q12 Self Insurance
10058	8/15/2012	Enduris	10,809.00	Annual Liability Insurance Premium & Employee Surety Bond
10059	8/15/2012	Bank of America Credit Card	150.00	Miscellaneous
10060	8/17/2012	Flash Wholesaler, LLC	1,870.00	500 Verdant USB Drives
10061	8/22/2012	Banc of America Leasing	114,171.30	Lease payment
10062	8/22/2012	Canon Financial Services	301.13	Copy Machine Lease payment
10063	8/22/2012	Lynnwood PFD	2,900.00	Rent
10064	8/22/2012	Regence BlueShield	3,125.30	Employee Medical/Dental Insurance
10065	8/22/2012	Staples	47.15	Supplies
10066	8/22/2012	Washington Employers	198.00	Quarterly Membership Fee
10067	8/29/2012	Void	-	VOID
10068	8/29/2012	Lynnwood PFD	160.00	Janitorial - August
10069	8/29/2012	Principal Financial Group	600.27	Employee Life Insurance
10070	8/29/2012	Wells Fargo	725.23	Miscellaneous
10071	8/29/2012	Tulalip Resort Casino	1,000.00	Deposit for Board Retreat
10072	8/29/2012	Wells Fargo	160.63	Miscellaneous
10073	8/29/2012	TC Span America, LLC	608.82	Verdant Logo Shirts
10074	8/29/2012	Comcast	317.14	Telephone
Total Warrants			236,850.07	

Warrant Number	Transaction Date	Payee	Amount	Purpose
Workers Compensation Claims Activity:				
300003-300041	Aug 2012	Various Claimants/Vendors	25,022.11	Administered by Berkley Risk
Wire/ACH Activity:				
	8/1/2012	US Bank	3,279.52	1999 LTGO bond interest (LOC)
	8/10/2012	Payroll	14,823.78	ACH payroll transfer
	8/10/2012	Department of Treasury	4,946.00	Payroll taxes for 8/4/12 pay period ending
	8/10/2012	Paychex	80.30	Fee for payroll processing
	8/10/2012	Valic	1,991.67	Payroll 401(a)/457 Deposit
	8/24/2012	Payroll	14,096.36	ACH payroll transfer
	8/24/2012	Department of Treasury	4,396.59	Payroll taxes for 8/18/12 pay period ending
	8/24/2012	Paychex	77.60	Fee for payroll processing
	8/24/2012	Valic	1,771.90	Payroll 401(a)/457 Deposit
	8/15/2012	Boys & Girls Club of Snohomish County	8,161.00	Program Payment
	8/15/2012	City of Lynnwood	6,455.67	Program Payment
	8/15/2012	Community Health Center of Snohomish Co	8,333.33	Program Payment
	8/15/2012	Domestic Violence Services Snohomish Co	1,621.08	Program Payment
	8/15/2012	Edmonds School District No. 15	25,475.00	Program Payment
	8/15/2012	Edmonds Senior Center	2,000.00	Program Payment
	8/15/2012	Jeremiah Center	5,200.00	Program Payment
	8/15/2012	Little Red Schoolhouse	22,000.00	Program Payment
	8/15/2012	Parent Trust for WA Children	2,083.33	Program Payment
	8/15/2012	Project Access Northwest	6,666.67	Program Payment
	8/15/2012	Providence Hospice & Home Care Foundation	12,916.67	Program Payment
	8/15/2012	Puget Sound Christian Clinic	6,250.00	Program Payment
	8/15/2012	Senior Services of Snohomish County	11,666.67	Program Payment
	8/15/2012	YWCA of Seattle, King and Snohomish Co	2,083.33	Program Payment
	8/15/2012	Medical Teams International	4,000.00	Program Payment
	8/2/2012	Benefit Solutions Inc.	84.98	FSA Payments
	8/15/2012	Benefit Solutions Inc.	38.46	FSA Payments
	8/20/2012	Benefit Solutions Inc.	150.00	FSA Payments
	8/28/2012	Benefit Solutions Inc.	598.35	FSA Payments
	8/13/2012	Wells Fargo	466.95	Bank Service Fee
	8/13/2012	Wells Fargo	21.59	Bank Service Fee
	8/13/2012	Wells Fargo	85.41	Bank Service Fee
		Total Wires/ACH Transactions	171,822.21	
		Total Disbursements	\$ 433,694.39	

	<u>Date</u>	<u>Payer</u>	<u>Amount</u>	<u>Purpose</u>
Deposits:				
	8/1/2012	Swedish/Edmonds	618,000.00	Monthly lease
	8/1/2012	Value Village	26,222.92	Monthly lease
	8/10/2012	Snohomish County	10,734.47	Tax levy deposit
	8/23/2012	Healthcare Realty Services, Inc.	4,166.67	Lease payment
	8/8/2012	Benefit Solutions Inc.	150.00	Refund for additional checks
	8/27/2012	PFD - Copies	66.75	Reimbursement for copies
	8/31/2012	Comerica Interest	0.44	Interest Income
	8/31/2012	Wells Fargo-interest	13.63	Interest Income
		Total Deposits	\$ 659,354.88	

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 10045 through 10074 have been issued for payment in the amount of \$236,850.07. These warrants are hereby approved.

Attest:

Lisa M. King

Commissioner

Commissioner

Commissioner

Commissioner

Commissioner

Payroll:	7-22-12 – 8-4-12	14,823.78	
	8-5-12 – 8-18-12	<u>14,096.36</u>	
			28,920.14
Warrants Processed:	8-1-12 – 8-31-12		236,850.07
Work Comp Claims Pd:	8-1-12 – 8-31-12		25,022.11
Electronic Payments:	Comerica Bank – Prof Liability	0.00	
	Payroll Taxes	9,342.59	
	Paychex	157.90	
	Valic Retirement	3,763.57	
	Benefit Solutions	871.79	
	Interest Payments – US Bank	3,279.52	
	Bank Fees	573.95	
	Program Expenditures	<u>124,912.75</u>	
			<u>142,902.07</u>
Grand Total			<u><u>\$433,694.39</u></u>

Budget Calendar

9/20/2012	Preliminary Budget to Finance Committee
optional	Schedule Special Study Session to Discuss Budget
10/10/2012	Legal Notice will be published notifying the public of the 10/24 Meeting
10/17/2012	Legal Notice will be published notifying the public of the 10/24 Meeting
10/18/2012	Superintendent's Proposed 2013 Budget - Finance Committee Recommendation for Approval by Board
10/24/2012	Superintendent's Proposed 2013 Budget - to Board for Final Approval

September 2012 Program Committee Report

Summary of September Programs Reviewed

- Five new funding applications received
- Three follow-ups on proposals following further discussion/Q&A sessions
- Counseling program transfer to Center for Human Services from Jeremiah Center

New Program Applications

Recommended for Funding

- **American Heart Association – Go Red Connect & Better You Challenge:** a prevention program focused on heart health issues for women. The program would kick off with an education and screening event at Alderwood Mall and seek to enroll participants into a 12 week wellness program, including pre-and-post biometrics. The goal is to recruit at least 200 participants to the mall screening event, and 40 participants into the 12 week wellness program. **The committee is recommending fully funding the request at \$33,000 on a one-time basis.**
- **Prescription Drug Assistance Foundation – Prescription Assistance Program:** The program works to connect uninsured patients with prescription assistance programs. The proposal seeks funding for a part-time coordinator who would help patients and providers complete applications for assistance, secure the required approvals, and assist with any appeals. The program is currently offered at several community hospitals in rural WA and in Seattle at Project Access. **The committee is recommending fully funding this request at \$50,000 per year for three years.** Funding should be contingent on the program finding a suitable host located in the Verdant district.
- **YWCA of Seattle, King, Snohomish County – Mental Health Counseling Program:** the program serves low-income adults, children and families with cognitive behavioral therapy provided at the YWCA in Lynnwood; the program is expected to serve 200 Verdant residents. **The committee is recommending fully funding this request at \$25,000 per year for three years.**

New Proposals Not Recommended for Funding

- **University of Washington Bothell – Healthy Aging Proposal:** Funds are being requested to support faculty and staff for one year to investigate three evidence-based programs to improve the care of older adults. The proposal seeks to identify which of these programs is of most interest to older adults and providers in South Snohomish County with the objective to establish the best methods to take this program to scale. **The committee is not recommending funding this program at this time.** The request is quite large (\$128,491) for a one-year study project, and it's not entirely clear what the direct outcomes after one year would be.
- **YWCA of Seattle, King, Snohomish County – Health Access Program:** the program is a pilot project where the YWCA's Health Access Department would coordinate health care and wellness services. In the first year of this project, the YWCA would hire an Outreach Coordinator to conduct a needs assessment in the community to determine current health access and health care needs. **The committee is not recommending funding this program at this time.** Much of the first year of the project appears to be duplicative with Verdant's planned community needs assessment.

Follow-up on Applications

- **Edmonds Community College – Student Health and Wellness Programs:** The college is seeking funding to launch a student wellness program focused on addressing substance abuse, psychological, behavioral, and other wellness issues for students. The committee brought the college in for a Q&A session to learn more about specific outcomes from the wellness programs. **The committee is recommending fully funding the program at \$332,127 in total over three years.** The committee is recommending that the funding agreement spell out specific health and wellness outcomes, rather than focusing on some of the activities like health fairs and events that were called out in the proposal.
- **The Edmonds School District Move 60! Expansion:** a before/after school activity program provided at elementary schools in the district. The program committee met with district staff again in September to review results and outcome data from the first year of the program. **Following these discussions, the committee is recommending fully funding the program expansion at an additional \$195,900¹ over years two and three of the proposal.** The program committee felt like its concerns were addressed by the school district and plans to meet with district staff again to have a more specific discussion about how to capture and present program results.
- **Senior Services of Snohomish County – Center for Healthy Aging:** a revised application has been submitted requesting \$524,615 per year for a South County Center for Healthy Living. Given the size and complexity of the request, **the program committee is recommending scheduling a full study session of the board to review.**

Counseling Program Transfer from Jeremiah Center to the Center for Human Services

As discussed at our August board meeting, the Jeremiah Center board has voted to suspend operations of the agency and they have selected Center for Human Services (CHS) to assume operations of the youth counseling program funded by Verdant. Because the counseling takes place at school sites, Verdant staff met with Edmonds School district leadership to get their thoughts on the program transfer. School district staff spoke favorably of the counseling program and staff and encouraged the continuation of the program. **We are seeking board approval to transfer the final four months of funding at \$5,200 per month for a total of \$20,800 to the Center for Human Services.** We expect to see a funding request from the Center for Human Services in the next few months to extend the program into 2013.

¹ Summary of Move 60! current funding and requested additional funding

	Year 1	Year 2	Year 3
Originally approved funding	\$305,700	\$305,700	\$305,700
Unspent budget carried forward from year 1 to 2: \$52,650			
Additional Verdant funding	\$-	\$28,400	\$167,500
Total funding from Verdant	\$305,700	\$334,100	\$473,200
# of schools	8	16	22

Verdant Health Commission Proposal Summary September 2012

A		B		C		D		E		F		G		H		I		J	
Programs for September Review				Request for funding			Priority Area												
New Proposals In September																			
#	Name	Description	Year 1	Year 2	Year 3	Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy	Primary Population Served									
1	American Heart Association - Go Red Connect & BetterU Challenge	The Heart Association is seeking funding for a prevention program focused on heart health issues for women. The program would kick off with an education and screening event at Alderwood Mall and seek to enroll participants into a 12 week wellness program. The goal is to recruit at least 200 participants to the mall screening event, and 40 participants into the 12 week wellness program.	\$33,000			X	X	X		Women									
2	Prescription Drug Assistance Foundation - Prescription Assistance Program	The Prescription Assistance Program works with clinics, hospitals and physicians to connect them with prescription assistance programs. The proposal seeks funding for a part-time coordinator to serve the Verdant area. The coordinator would help patients and providers complete applications for assistance for the nearly 500 prescription assistance programs, secure the required approvals, and assist with any appeals. The program is currently offered at several community hospitals in rural WA and in Seattle at the Project Access site.	\$50,000	\$50,000	\$50,000	X	X	X		Uninsured and Underinsured									
3	University of Washington Bothell - Healthy Aging Proposal	Funds are being requested to support a faculty member for one year to investigate 3 evidence-based programs to improve the care of older adults. The project would involve health care providers and potential recipients in investigating the programs: 1) Reducing Disability in Alzheimer’s Disease, a 9 week behavioral management and exercise coaching program; 2) Staff Training in Assisted living Residences, an in-service program to improve workforce capacity for decreasing care-related problems for persons with dementia; and 3) STAR-Community Consultants, a program designed for those serving dementia patients and their family members. The proposal seeks to identify which of these programs is of most interest to older adults and providers in South Snohomish County with the objective to establish the best methods to take this program to scale.	\$128,491			X	X	X		Seniors									

Verdant Health Commission Proposal Summary September 2012

#	Name	Description	Year 1	Year 2	Year 3	Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy	Primary Population Served
4	YWCA of Seattle, King, Snohomish County - Mental Health Counseling Program	The YWCA Mental Health Program serves low-income Snohomish County adults, children and families. Participants in the program are not severely mentally ill yet suffer from emotional and mental issues that limit their ability to function and maintain stability. Cognitive behavioral therapy would be provided at the Counseling Center located at the YWCA Family Village in Lynnwood; the program is expected to serve 200 Verdant residents.	\$25,000	\$25,000	\$25,000	X	X	X		Low income families
5	YWCA of Seattle, King, Snohomish County - Health Access Program	The YWCA Women's Health and Wellness center is a pilot project where the YWCA's Health Access Department would coordinate health care and wellness services. In the first year of this project, the YWCA would hire an Outreach Coordinator to conduct a needs assessment in the community to determine current health access and health care needs. The Outreach Coordinator would generate a report and foster new and existing relationships in the community, set up infrastructure for the project, and build a calendar of events and services for the rest of the first year.	\$80,000	\$125,000	\$145,000	X	X	X		Low income families
Follow-up/Q&A on Proposal										
6	Edmonds Community College - Student Health and Wellness Program	Edmonds Community College is seeking funding to launch a student wellness program focused on addressing substance abuse, psychological, behavioral, and other wellness issues for students.	\$140,547	\$131,887	\$59,693	X	X	X		Students and Low-income adults
7	Edmonds School District Move 60 program	A before/after school program that promotes physical fitness and healthy nutrition. The district is seeking additional funding to expand from 8 to 22 schools.		\$28,400	\$167,500	X	X			Children & Youth

Verdant Health Commission Proposal Summary September 2012

#	Name	Description	Year 1	Year 2	Year 3	Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy	Primary Population Served
Follow-up Proposal from Concept Paper										
8	Senior Services of Snohomish County	Funding would be used to develop a South County Center for Healthy Living. The center would include an enhanced fitness program, transportation, family caregiver support, mental health services, chronic disease self management, support groups, health screenings, and geriatric dental services. The proposal also suggests relocating the multicultural senior center from Everett to South County.	\$524,615	\$524,615	\$524,615	X	X	X		Seniors & Chronically Ill
Total										
			\$981,653	\$884,902	\$971,808					

Public Hospital District 2, Snohomish County

Program Payout Schedule

Account		Actual 2012	Budget 2013	Budget 2014
7100 . Grants				
Committed				
	Enhanced Wellness	\$ 24,075	\$ 24,300	\$ 18,225
	Move 60!	\$ 305,700	\$ 305,700	\$ 203,800
	3rd Grade Swim Lessons	\$ 61,935	\$ 100,000	\$ 168,000
	Xfit Training Camp	\$ 69,300	\$ -	\$ -
	Healthy Habits	\$ 102,601	\$ 111,939	\$ 74,626
	City of Lynnwood Move 60: Teens!	\$ 77,468	\$ 77,468	\$ 77,468
	City of Lynnwood Get Movin'	\$ 52,250	\$ 52,250	\$ 52,250
	Care Coordination	\$ 138,625	\$ 100,875	\$ -
	Nurse Family Partnership	\$ 264,000	\$ 264,000	\$ -
	Counseling Services	\$ 62,400	\$ -	\$ -
	Project Access Northwest	\$ 80,000	\$ 80,000	\$ 66,667
	CHC-S/E Emergency Room Diversion Project	\$ 100,000	\$ 100,000	\$ 83,333
	Edmonds Mobile Medical Clinic	\$ 62,500	\$ 75,000	\$ -
	Parent Trust Continuum of Family Support Services	\$ 20,833	\$ 25,000	\$ 4,167
	Domestic Violence Services of Snoh Co	\$ 9,726	\$ 19,453	\$ 19,453
	Providence Hospice & Home Care Foundation	\$ 90,417	\$ 155,000	\$ 155,000
	YWCA Children's Domestic Violence Program	\$ 16,667	\$ 25,000	\$ 25,000
	Mobile Dental Program	\$ 20,000	\$ 48,000	\$ 48,000
	One-Time Commitments	\$ 125,133	\$ -	\$ -
	Subtotal	\$ 1,683,630	\$ 1,563,985	\$ 995,989
	Not Committed (Available to Spend)	\$ 2,048,870	TBD	TBD
7300 . Internal Programs				
Committed				
	Whooping Cough	\$ 148,000	\$ -	\$ -
	6 Weeks to a Healthier You	\$ 14,500	\$ -	unknown
	Not Committed (Available to Spend)	\$ -	TBD	TBD
7200 . Discretionary				
Committed				
	6 Weeks to a Healthier You	\$ 77,346	\$ -	\$ -
	Other	\$ 5,000	\$ -	\$ -
	Not Committed (Available to Spend)	\$ 122,654	TBD	TBD
TOTAL BUDGET		\$ 4,100,000	TBD	TBD