

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
AGENDA
August 25, 2021
8:00 a.m. to 10:00 a.m.

Due to the Governor's Proclamation 20-28 et seq that temporarily waives and suspends sections of the Open Public Meetings Act, the August 25, 2021 Board of Commissioners meeting is NOT being held in person and will be held by remote participation only. The public can join via Zoom by visiting <https://us02web.zoom.us/j/81170706793> Meeting ID: 811 7070 6793 Passcode: 871927 or the call-in number is 253 215 8782.

| | <u>ACTION</u> | <u>TIME</u> | <u>PAGE</u> |
|---|---------------|-------------|-------------|
| a) Call to Order | --- | 8:00 | --- |
| b) Approval of Minutes | Action | 8:01 | 3-6 |
| a) July 28, 2021 Board Meeting | | | |
| c) Community Presentation | Information | 8:02 | 7-8 |
| a) Behavioral Health Discussion Anji Jorstad, Mental Health Supervisor, Snohomish County | | | |
| d) Staff Presentation | Information | 8:12 | --- |
| a) Multicultural Presentation Sandra Huber, Community Engagement Manager | | | |
| e) Superintendent Report | Information | 8:22 | --- |
| a) Verdant Operations Update b) Community Outreach Update | | | |
| f) Executive Committee Report | Information | 8:32 | 9 |
| g) Finance Committee Report | | | |
| a) Review financial statements and cash activity | Information | 8:37 | 10-15 |
| b) Authorization for payment of vouchers and payroll | Action | 8:42 | 16 |
| c) YTD Expenses as of July 2021 | Information | 8:43 | 17-18 |
| h) Program Committee Report | | | |
| a) Conflicts of Interest | Information | 8:48 | --- |
| b) Superintendent's Discretionary Funds | Action | 8:49 | 19 |
| c) Q3 Grantmaking Timeline | Information | 9:05 | 20 |
| d) Review of 2021 and 2022 Budget Forecasting | Information | 9:10 | 21-23 |
| e) Verdant Program and Marketing Highlights | Information | 9:15 | 24-28 |
| i) Public Comments (limit 3 minutes per speaker) | --- | 9:17 | --- |
| j) Commissioner Comments | --- | 9:20 | --- |
| k) Executive Session | --- | 9:25 | --- |
| a) To consider acquisition of real estate | | | |

| | | | |
|-----------------|-----|------|-----|
| l) Open Session | --- | 9:45 | --- |
| m) Adjournment | --- | 9:45 | --- |

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting

via Zoom

July 28, 2021

**Commissioners
Present**

Bob Knowles, President (via Zoom)
Dr. Jim Distelhorst, Secretary (via Zoom)
Deana Knutsen, Commissioner (via Zoom)
Karianna Wilson, Commissioner (via Zoom)
Fred Langer, Commissioner (via Zoom)

Staff

Lisa Edwards, EdD, Superintendent (via Zoom)
Jennifer Piplic, Marketing Director (via Zoom)
Sue Waldin, Community Wellness Program Manager (via Zoom)
Nancy Budd, Community Social Worker (via Zoom)
Zoe Reese, Director of Community Impact (via Zoom)
Tammy Keuser, Director of Finance and Operations (via Zoom)
Tammy Weenink, Executive Assistant/Office Manager (via Zoom)

Guests

Sara Rigel, Board President, Washington State School-based Health Center Alliance
Daniel Johnson, CEO, Edmonds Waterfront Center
Michelle Barnes, Social Services Senior Manager, Homage
Alma Ohtomo, Senior Tech Connect Participant
Jack Rice, Edmonds Waterfront Center volunteer
Chris Glanister, Edmonds Waterfront Center support
Shannon Serier, Homage staff
Celeste Virago, Homage staff
Members of the Community

Call to Order

The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:01 a.m. by President Knowles.

**Approval of
Minutes**

Motion was made, seconded and passed unanimously to approve the minutes of the regular board meeting on June 23, 2021. (E:44:21)

**Community
Presentation**

Ms. Reese introduced Ms. Rigel, Board President of Washington State School-based Health Care Alliance. Ms. Rigel's presentation included the history and overview of the school-based health care program highlighting the benefits of reducing the barriers to health care and increasing accessibility for the students in need of services. (E:45:21)

Ms. Reese presented a short video of the Sedro Woolley School-based Health Center.

**Community
Presentation**

Ms. Reese introduced Ms. Barnes, Social Services Senior Manager at Homage. Ms. Barnes talked about the Verdant funded program Senior Tech Connect and the impact it has had on the senior participants.

Mr. Johnson, CEO at the Edmonds Waterfront Senior Center introduced 83-year-old Ms. Ohtomo who has been involved on the board and various committees at the Edmonds Waterfront Senior Center and has been an advocate for the Senior Tech Connect program.

Ms. Ohtomo spoke about her introduction to technology and how at first she was resistant to learning. Now she is helping to connect others with the Senior Tech Connect program and encouraging them to accept technology as a good form of communication.

Mr. Johnson introduced Mr. Rice, a sophomore at Edmonds-Woodway High School, who has been instrumental in the success of the program. Prior to this pilot program's launch, he started his own non-profit to help seniors work with technology.

Mr. Rice talked about helping his grandparents with tech challenges and decided to expand services to more seniors and reached out to Mr. Johnson. Mr. Rice has been providing 1:1 training and assistance to seniors on tablets and smart phones helping to bridge the gap between the generations.

**Superintendent
Report**

Dr. Edwards reported that during the past month the Verdant team has created hybrid and in-person classes in addition to the virtual classes that are already being offered. Marketing has been developing icons for promotional materials to easily distinguish between in-person classes, virtual, and hybrid. Starting August 2, the VCWC will be open for the public from 9:00 a.m.-4:00 p.m. Monday through Friday. Verdant has hosted two South County Walks and two Meet Me at the Park events for the community. Verdant continues to work with Swedish Hospital Edmonds and met with the design firm of NBBJ on June 30 to plan for updating the Kruger Clinic exterior and interior common spaces to match the hospital. Swedish Edmonds hired NBBJ for this portion of the project. The RFP for construction will be drafted as soon as the design work is completed in early September 2021 and the RFP for the Wellness Center will be happening in tandem. Dr. Edwards announced that Verdant has released two RFQs for the leadership of the CHART program and a DEI Consultant.

**Executive
Committee
Report**

President Knowles reported that the Executive Committee met on Wednesday, July 21, 2021 to review the agenda for the July 28, 2021 board meeting. No action was taken.

President Knowles announced that commissioners have been working with Turner HR Services on an engagement survey that will be emailed out for feedback and asks that the survey be completed in a timely manner.

**Finance
Committee
Report**

The Finance Committee met on July 16, 2021. Ms. Keuser reviewed the financial statement and cash activity for June 2021 and noted anything over \$5,000 in payment from the warrants. (E:46:21)

**Authorization for
Payment of
Voucher and
Payroll**

Authorization for payment of vouchers and payroll: Warrant numbers 14909 through 14961 for June 2021 for payment in the amount of \$132,292.28 were presented for approval by Commissioner Langer. (E:47:21) ***Motion was made, seconded and passed unanimously to approve.***

**YTD Expenses for
May 2021**

Ms. Keuser presented pie chart representing YTD expenses as of June 2021. (E:48:21)

**Program
Committee
Update**

Commissioner Knutsen reported that the Program Committee met on July 8, 2021.

**Conflicts of
Interest**

No conflicts of interest reported.

**Grant
Modifications**

Edmonds Waterfront Center is requesting to extend the end date from 6/30/21 to 7/30/21 for the Senior Tech Connect program. ***Motion was made, seconded and passed unanimously to approve.***

Foundation for Edmonds School District is requesting to extend end date from 6/30/21 to 8/31/21 for Pandemic Response Meals for Students in Edmonds School District. ***Motion was made, seconded and passed unanimously to approve.*** (E:49:21)

**Superintendent's
Discretionary
Funds**

Edmonds College Foundation Student Meal and Food Pantry Program, 6/15/21-12/31/21, \$40,000

Habesha Community Center Summer Program for Ethiopian and Eritrean Youth, 7/2/21-7/30/21, \$21,000

Jean Kim Foundation Hygiene Center, 6/15/21-12/31/21, \$60,000

Medical Team International and Helping Hands Project Organization Community-based COVID vaccine events, 6/15/21-8/15/21, \$33,830

Commissioners Meeting
June 23, 2021

| | |
|---|--|
| Expiring Contracts | Organizations with expiring contracts have been contacted and encouraged to reapply via the August 16-27 application cycle. |
| Q3 Grant Making | Ms. Reese is anticipating overall fewer applications as there are fewer renewals. Applications will be accepted August 16, 2021-August 27, 2021 for the Q3 grant making process. |
| Review of 2021 and 2022 Budget Forecasting | Ms. Reese presented the program payout schedule as of June 2021 and an overview of funding commitments by year and priority area for 2021 and 2022 displaying overall how spending compares to other years. (E:50:21) |
| Verdant Program and Marketing Highlights | See exhibit (E:51:21) for updates on program staff and marketing highlights. |
| Public Comments | None. |
| Commissioner Comments | <p>Commissioner Knutsen was excited to learn about the School-based Health Care and Senior Tech Connect programs and thanked staff for their hard work.</p> <p>Commissioner Distelhorst was excited as well and commented on the necessity of these services and was thankful for the work being done.</p> |
| Meeting Recess | President Knowles recessed the meeting at 9:27 a.m. to reconvene at 9:35 a.m. |
| Executive Session | President Knowles reconvened the regular meeting at 9:35 a.m. and immediately recessed into Executive Session to review and consider proposed sale of real estate. |
| Open Session | The board reconvened into Open Session at 10:15 a.m. |
| Adjournment | The meeting was adjourned at 10:15 a.m. by President Knowles. |

ATTEST BY:

President

Secretary

Mental Health 911 Calls

South County Fire 911 EMS Calls 2018 to Present

2018-2019 = 2700 calls

2019-2020 = 2688 calls

January 2021-August 2021 = 2800 calls

Suicide and suicide ideation = almost 100% increase

Overdose = almost 100% increase

Current Verdant Grants Supporting Adult Behavioral Health

Center for Human Services/CHS Integration

| 2021 Funding Amount: | Anticipated Number Served: | Recent Update: |
|----------------------|----------------------------|--|
| \$100,385 | 200 | Provided care for 211/200 Telehealth was a great innovation for them and their care |

Center for Human Services/EFM Integration

| 2021 Funding Amount: | Anticipated Number Served: | Recent Update: |
|----------------------|----------------------------|---|
| \$98,417 | 150 (reduced due to COVID) | Have gained access to Virginia Mason's EMR to further enhance integration |

Compass Health Community Transitions Program

| 2021 Funding Amount: | Anticipated Number Served: | Recent Update: |
|----------------------|----------------------------|--|
| \$151,627 | 100 | <ul style="list-style-type: none">• 39% reduction in 911 calls with 70% of individuals served utilizing 911 less• 36% decrease in ED visits, with 60% of individuals served going to the ED less frequently |

Evergreen Recovery Centers, Bidirectional Substance Use Disorder Treatment Program

| 2021 Funding Amount: | Anticipated Number Served: | Recent Update: |
|----------------------|----------------------------|-----------------------------------|
| \$354,400 | 1500 | Newly funded starting 7/1/2021 |

Lahai Mental Health Counseling Program

| 2021 Funding Amount: | Anticipated Number Served: | Recent Update: |
|-----------------------------|-----------------------------------|---|
| \$ 79,600 | 70 | 93% of clients are classified as low income according to the HUD Income Scale guidelines. Of those clients, 60% have no health insurance and 40% are without sufficient mental health coverage. |

Pacific Treatment Programs, Syringe Service Exchange Program

| 2021 Funding Amount: | Anticipated Number Served: | Recent Update: |
|-----------------------------|-----------------------------------|--|
| \$141,605 | 6,000 | Funding started 4/1/21- have established 2 of 4 planned fixed locations and supported 11 client OD reversals |

University of Washington Bothell, Peer Advocate Behavioral Health Training Program

| 2021 Funding Amount: | Anticipated Number Served: | Recent Update: |
|-----------------------------|-----------------------------------|--------------------------------|
| \$90,536 | 200 | Newly funded starting 7/1/2021 |

Verdant Virtual Board Retreat

Draft Agenda

August 17, 2021

8:00 to 8:15 Coffee and greeting

8:15 am – 2:00 pm Meeting

Outcomes

- **Celebrate accomplishments**
- **Review community trends and impact on Verdant and it's role**
- **Confirm budget priorities for 2022**
- **Have a plan for the revenue from VV sale**

AGENDA

- Accomplishments
- Bridge update and Review
- Environmental Scan
 - Tammy K- Financial
 - Zoe – State of the community and Grants
 - Sue - Classes
- Attributes/Qualities of an Effective Foundation
- Budget Priorities (Review current budget priorities. Recap of how we have funded in 2020 and 2021 YTD. Do commissioners want to continue these for 2022?)
- Capital Projects (Do we want to fund capital projects? What types of projects do commissioners want to fund?)
- Moving Forward; Key decisions

Balance Sheet

As of July 31, 2021

| | A | B | C | D |
|---|--------------------|--------------------|------------------|---|
| | Dec 31, 2020 | July 31, 2021 | \$ Change | Comments: |
| 1 ASSETS | | | | |
| 2 Current Assets | | | | |
| 3 Cash Balance | 3,404,411 | 3,858,988 | 454,577 | |
| 4 Other Current Assets | 55,995,957 | 55,911,570 | (84,386) | Includes Investments & Prepaid Expenses |
| 5 Total Current Assets | 59,400,367 | 59,770,558 | 370,191 | |
| 6 Total Long-term & Fixed Assets | 43,056,966 | 42,126,266 | (930,700) | Net of Accumulated Depreciation |
| 7 TOTAL ASSETS | 102,457,334 | 101,896,824 | (560,510) | |
| 8 LIABILITIES & EQUITY | | | | |
| 9 Liabilities | | | | |
| 10 Current Liabilities | 1,421,828 | 1,341,309 | (80,519) | Swedish prepaid rent for August |
| 11 Long-term Liabilities | - | - | - | |
| 12 Total Liabilities | 1,421,828 | 1,341,309 | (80,519) | |
| 13 Total Equity | 101,035,505 | 100,555,515 | (479,990) | Annual Net Income/(Loss) |
| 14 TOTAL LIABILITIES & EQUITY | 102,457,334 | 101,896,824 | (560,510) | |

Profit & Loss

July 31, 2021

| | A | B | C | D | E | F |
|---------------------------------------|---------------|----------------|-----------------|------------------|------------------|------------------|
| | July Actual | July Budget | Fav/(Unfav) | YTD Actual | YTD Budget | Fav/(Unfav) |
| 1 INCOME | | | | | | |
| 2 Ordinary Income | 933,138 | 962,153 | (29,015) | 6,634,276 | 6,803,200 | (168,925) |
| 3 EXPENSES | | | | | | |
| 4 Operating Expenses | 197,751 | 199,146 | 1,395 | 1,567,712 | 1,625,546 | 57,833 |
| 5 Depreciation Expense | 118,944 | 109,359 | (9,585) | 832,753 | 810,266 | (22,487) |
| 6 Program Expenses | 844,842 | 783,375 | (61,468) | 6,131,682 | 6,509,622 | 377,940 |
| 7 Total Expenses | 1,161,537 | 1,091,880 | (69,657) | 8,532,148 | 8,945,434 | 413,286 |
| 8 OTHER INCOME/(EXPENSE) | | | | | | |
| 9 Total Other Income/(Expense) | 295,022 | 280,833 | 14,189 | 1,449,933 | 1,995,833 | (545,901) |
| 10 NET INCOME/(LOSS) | 66,623 | 151,107 | (84,484) | (447,939) | (146,400) | (301,540) |

Monthly Highlights

July 31, 2021

Verdant received dividend payments of \$31.0K, a realized gain of \$6.3K and an unrealized gain of \$54.8K on our investment portfolio which closed with an ending market value of \$55,749,213.

Program grant commitments total \$6,946,462 for 2021 excluding BHCF. Additional 2021 funding for COVID-19 programs total \$760K.

Revenue of \$122K and expenses of \$89K from the Kruger Clinic were incurred, netting to an additional operating income of \$32K.

Public Hospital District #2

| Warrant Number | Transaction Date | Payee | Amount | Purpose |
|---------------------------|-----------------------------|--|---------------|---|
| Warrant Activity: | | | | |
| 14962 | 07/06/2021 | Armstrong Services | 125.00 | Extra service - 5/18/21 - Dumpster area clean up |
| 14963 | 07/06/2021 | Chase Brexton Health Care | 500.00 | Webinar Training Session: LGBTQ Risk Prevention |
| 14964 | 07/06/2021 | Comcast - Acct # 8498310221378586 | 426.17 | 8498 31 022 1378586 |
| 14965 | 07/06/2021 | Consolidated Landscape Maintenance, Inc. | 440.90 | Landscaping July 2021 |
| 14966 | 07/06/2021 | Dynamic Computing, Inc. | 839.80 | IT Consulting Services |
| 14967 | 07/06/2021 | Eberle Vivian | 4,670.81 | 1Q 21 Self Insurance Work Comp Claims Administration |
| 14968 | 07/06/2021 | Edmonds Chamber of Commerce | 332.00 | 2021 Membership Dues |
| 14969 | 07/06/2021 | Puget Sound Energy | 42.31 | Natural Gas - Account number 220025094198 |
| 14970 | 07/06/2021 | Snohomish County PUD | 970.40 | Electricity - Acct number 205299316 |
| 14971 | 07/06/2021 | Waste Management | 285.13 | June 2021 - Acct number 14-46467-83003 |
| 14972 | 07/06/2021 | Puget Sound Energy | 54.10 | Natural Gas - Account number 220001924632 |
| 14973 | 07/06/2021 | Waste Management | 153.60 | June 2021 - Acct number 14-46330-13003 |
| 14974 | 07/12/2021 | Allstream | 59.83 | Account #1299089 7/3/21 - 8/2/21 |
| 14975 | 07/12/2021 | CBRE, Inc. | 52,276.13 | Kruger Clinic Swedish Lease Renegotiation - CBRE |
| 14976 | 07/12/2021 | Dynamic Computing, Inc. | 3,082.95 | IT Consulting Services |
| 14977 | 07/12/2021 | PalAmerica Security Inc. | 1,075.90 | Parking Lot Security |
| 14978 | 07/12/2021 | Snohomish County PUD | 396.17 | Electricity - Acct number 222825879 |
| 14979 | 07/12/2021 | Turner HR Services, Inc. | 150.00 | HR Consulting - June 2021 |
| 14980 | 07/12/2021 | Verizon | 109.46 | July 2 - August 1, 2021 phone charges |
| 14981 | 07/20/2021 | Canon Financial Services, Inc. | 544.23 | Contract #: 852451-1 Copier Lease July 2021 |
| 14982 | 07/20/2021 | City of Lynnwood - Utilities | 144.84 | Irrigation base and usage 3/8/21 - 5/5/21 |
| 14983 | 07/20/2021 | Comcast - Acct # 905447969 | 577.07 | 905447969 |
| 14984 | 07/20/2021 | Costco | 60.00 | Membership Dues |
| 14985 | 07/20/2021 | ELTEC Systems, LLC | 305.25 | July 2021 Elevator Maintenance |
| 14986 | 07/20/2021 | Payden & Rygel | 9,290.00 | 6/1 - 6/30/2021 Investment Advisory Services |
| 14987 | 07/20/2021 | Principal Life Insurance Co. | 2,066.39 | 1019549-10001 |
| 14988 | 07/20/2021 | Safeway | 2,710.00 | Food Voucher Program |
| 14989 | 07/20/2021 | Sound Dietitians LLC | 2,233.37 | Nutrition Education Programs |
| 14990 | 07/20/2021 | Staples | 99.95 | 6/10 - 07/09/21 |
| 14991 | 07/20/2021 | Yasaura Carvajal | 365.50 | WC 329 - Training for Community |
| 14992 | 07/20/2021 | City of Lynnwood - Utilities | 236.08 | Storm Drain 3/10/21 - 5/5/21 |
| 14993 | 07/20/2021 | City of Lynnwood - Utilities | 359.25 | Water/Sewer 3/8/21 - 5/5/21 |
| 14994 | 07/26/2021 | Aardvark Services Corp. | 88.32 | Sweeping Services - July 2021 |
| 14995 | 07/26/2021 | Ana Evelin Garcia | 1,183.00 | WC 334 - 4-workshops 5/11,5/19,6/1,6/16; Curriculum development and coordination May & June |
| 14996 | 07/26/2021 | Armstrong Services | 1,401.34 | Janitorial Supplies - June 2021 |

| | Transaction Date | Payee | Amount | Purpose |
|--------------------------------------|---------------------|---|-------------------|---|
| Warrant Activity (continued): | | | | |
| 14997 | 07/26/2021 | Ben's Ever-Ready | 271.59 | Yearly Service |
| 14998 | 07/26/2021 | Camden Gardens, Inc. | 1,145.95 | Monthly Exterior Maintenance Services |
| 14999 | 07/26/2021 | City of Edmonds | 23.75 | Water 5/16 - 7/15/21 |
| 15000 | 07/26/2021 | Comcast - Acct # 933676367 | 1,145.43 | 6/30/21 - 8/14/21 |
| 15001 | 07/26/2021 | Dynamic Computing, Inc. | 3,404.84 | IT Consulting Services |
| 15002 | 07/26/2021 | FastSigns | 247.96 | Signage |
| 15003 | 07/26/2021 | Guardian Security Systems, Inc. | 2,243.17 | Security Monitoring |
| 15004 | 07/26/2021 | Mayra Laura Garcia | 800.00 | Spanish Language delivery of 1 workshop for Promotoras on Mental Health and Self Care 101 |
| 15005 | 07/26/2021 | McKinstry Co., LLC | 1,719.86 | HVAC repairs |
| 15006 | 07/26/2021 | Nelson Iraheta | 600.00 | Meet me at the Park - Ice Cream delivery |
| 15007 | 07/26/2021 | Northwest Center Building Services Inc. | 121.44 | Unplugged toilet across from exam room 260 |
| 15008 | 07/26/2021 | Pacific Office Automation | 103.87 | Staples |
| 15009 | 07/26/2021 | Puget Sound Energy | 35.87 | Natural Gas - Account number 220025094198 |
| 15010 | 07/26/2021 | Quadient Finance USA Inc. | 30.00 | Postage |
| 15011 | 07/26/2021 | Regence Blueshield | 8,358.40 | August 2021 Medical & Dental Insurance |
| 15012 | 07/26/2021 | Republic Services | 1,844.80 | June 2021 Garbage service |
| 15013 | 07/26/2021 | Snohomish County PUD | 6,436.89 | Electricity - Acct number 205410426 |
| 15014 | 07/26/2021 | City of Edmonds | 23.75 | Water 5/16 - 7/15/21 |
| 15015 | 07/26/2021 | City of Edmonds | 854.51 | Water 5/16 - 7/15/21 |
| 15016 | 07/26/2021 | City of Edmonds | 895.31 | Water/ Sewer 5/16 - 7/15/21 |
| 15017 | 07/26/2021 | City of Edmonds | 2,982.76 | Water, Sewer, Storm Drain 5/16 - 7/15/21 |
| | | Total Warrants | 120,945.40 | |

| Transaction Date | Payee | Amount | Purpose |
|---------------------------|--------------------------------|------------------|---|
| Wire/ACH Activity: | | | |
| 07/01/2021 | Paychex | 128.56 | Payroll Processing Fees |
| 07/02/2021 | Valic | 3,594.14 | Payroll 401(a)/457 Deposit |
| 07/02/2021 | ADP | 65.55 | Payroll Processing Fees |
| 07/06/2021 | AmeriFlex Business Solutions | 83.09 | Flexible Spending - Claim Reimbursement |
| 07/06/2021 | Paychex | 95.80 | Payroll Processing Fees |
| 07/12/2021 | Wells Fargo | 342.16 | Service Charge |
| 07/12/2021 | AmeriFlex Business Solutions | 50.61 | Flexible Spending - Claim Reimbursement |
| 07/13/2021 | Wells Fargo Merchant Services | 79.34 | Service Charge |
| 07/13/2021 | WA State Department of Revenue | 16,177.33 | Leasehold Tax for Q1 |
| 07/14/2021 | Paychex | 23,297.13 | Payroll |
| 07/15/2021 | Paychex | 129.59 | Payroll Processing Fees |
| 07/15/2021 | Paychex | 9,329.98 | Payroll Taxes |
| 07/16/2021 | Valic | 3,585.99 | Payroll 401(a)/457 Deposit |
| 07/19/2021 | AmeriFlex Business Solutions | 102.41 | Flexible Spending - Claim Reimbursement |
| 07/20/2021 | Paychex | 540.13 | Payroll Taxes |
| 07/26/2021 | AmeriFlex Business Solutions | 11.87 | Flexible Spending - Claim Reimbursement |
| 07/28/2021 | Paychex | 24,299.72 | Payroll |
| 07/29/2021 | Paychex | 9,553.38 | Payroll Taxes |
| 07/29/2021 | WA State Department of Revenue | 862.44 | B&O/Retailing Sales Tax for June 2021 |
| 07/29/2021 | Paychex | 138.60 | Payroll Processing Fees |
| 07/30/2021 | ADP | 65.55 | Payroll Processing Fees |
| | Total Wire/ACH Activity | 92,533.37 | |

| Transaction Date | Payee | Amount | Purpose |
|------------------|---|------------|-----------------|
| 07/15/2021 | Boys & Girls Club of Snohomish County | 24,583.33 | Program Payment |
| 07/15/2021 | Cascade Bicycle Club Education Foundation | 2,666.67 | Program Payment |
| 07/15/2021 | Center for Human Services | 36,717.66 | Program Payment |
| 07/15/2021 | ChildStrive | 52,127.99 | Program Payment |
| 07/15/2021 | Cocoon House. | 8,750.00 | Program Payment |
| 07/15/2021 | Communities of Color Coalition | 50,000.00 | Program Payment |
| 07/15/2021 | Community Health Center of Snohomish Co | 43,973.80 | Program Payment |
| 07/15/2021 | Compass Health | 12,635.58 | Program Payment |
| 07/15/2021 | Concern for Neighbors Food Bank | 200.00 | Program Payment |
| 07/15/2021 | Domestic Violence Services Snohomish Co | 13,566.50 | Program Payment |
| 07/15/2021 | Edmonds College Foundation | 14,212.50 | Program Payment |
| 07/15/2021 | Edmonds School District No. 15 | 110,834.00 | Program Payment |
| 07/15/2021 | Edmonds Senior Center | 57,996.00 | Program Payment |
| 07/15/2021 | Evergreen Recovery Centers | 29,533.33 | Program Payment |

| | | | |
|------------|---|-------------------|-----------------|
| 07/15/2021 | Homage Senior Services | 64,309.10 | Program Payment |
| 07/15/2021 | Interfaith Family Shelter | 833.00 | Program Payment |
| 07/15/2021 | Jean Kim Foundation | 60,000.00 | Program Payment |
| 07/15/2021 | Kindering | 12,500.00 | Program Payment |
| 07/15/2021 | Korean Women's Association | 5,000.00 | Program Payment |
| 07/15/2021 | Latino Educational Training Institute | 7,400.00 | Program Payment |
| 07/15/2021 | Lynnwood Food Bank | 839.58 | Program Payment |
| 07/15/2021 | Medical Teams International | 8,100.00 | Program Payment |
| 07/15/2021 | Millenia Ministries | 12,452.08 | Program Payment |
| 07/15/2021 | Pacific Treatment Alternatives | 11,800.58 | Program Payment |
| 07/15/2021 | Prescription Drug Assistance Foundation | 4,583.33 | Program Payment |
| 07/15/2021 | Project Access Northwest | 14,583.33 | Program Payment |
| 07/15/2021 | Project Girl Mentoring Program | 26,276.66 | Program Payment |
| 07/15/2021 | Puget Sound Christian Clinic | 50,166.67 | Program Payment |
| 07/15/2021 | Snohomish County Legal Services | 4,166.66 | Program Payment |
| 07/15/2021 | South County Fire | 19,771.66 | Program Payment |
| 07/15/2021 | Therapeutic Health Services | 15,512.42 | Program Payment |
| 07/15/2021 | University of WA | 7,554.67 | Program Payment |
| 07/15/2021 | WA Kids in Transition | 10,416.66 | Program Payment |
| 07/15/2021 | Wonderland Child & Family Services | 23,513.58 | Program Payment |
| 07/15/2021 | YWCA of Seattle, King and Snohomish Co | 7,720.42 | Program Payment |
| | Total Wires/ACH Transactions | 825,297.76 | |

| Transaction | | Payee | Amount | Purpose |
|-------------------------|------|---------------------------|--------------|---|
| Date | | | | |
| Kruger Clinic Activity: | | | | |
| | None | | - | Payments paid inhouse while waiting for Coast to be set up with Wells Fargo |
| Work Comp Activity: | | | | |
| 305512 | misc | Various Claimants/Vendors | 258.14 | Administered by Eberle Vivian |
| Total Disbursements | | | 1,039,034.67 | |

| | Transaction Date | Payer | Amount | Purpose |
|-----------|---------------------|-------------------------------|-------------------|-----------------------------|
| Deposits: | | | | |
| | 07/01/2021 | Azose Property Management | 540.00 | Refund of duplicate invoice |
| | 07/06/2021 | Edmonds Medical Clinic | 6,684.51 | Monthly Rent |
| | 07/06/2021 | Puget Sound Gastro | 35,891.89 | Monthly Rent |
| | 07/07/2021 | Raymond Liu, DDS | 2,593.87 | Monthly Rent |
| | 07/07/2021 | Allied Dermatology Partners | 7,595.38 | Monthly Rent |
| | 07/09/2021 | Snohomish County | 17,316.26 | Tax Levy Payment |
| | 07/15/2021 | ADP | 200.69 | refund of unpaid taxes |
| | 07/26/2021 | Swedish Edmonds Hospital | 806,349.83 | Monthly Rent |
| | 07/26/2021 | Swedish Edmonds Children's | 21,919.32 | Monthly Rent |
| | 07/26/2021 | Swedish Edmonds Kruger Clinic | 36,714.18 | Monthly rent |
| | | Total Deposits | 935,805.93 | |

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 14962 through 15017 have been issued for payment in the amount of \$120,945.40. These warrants are hereby approved.

Attest:

Tammy Keuser

Commissioner

Commissioner

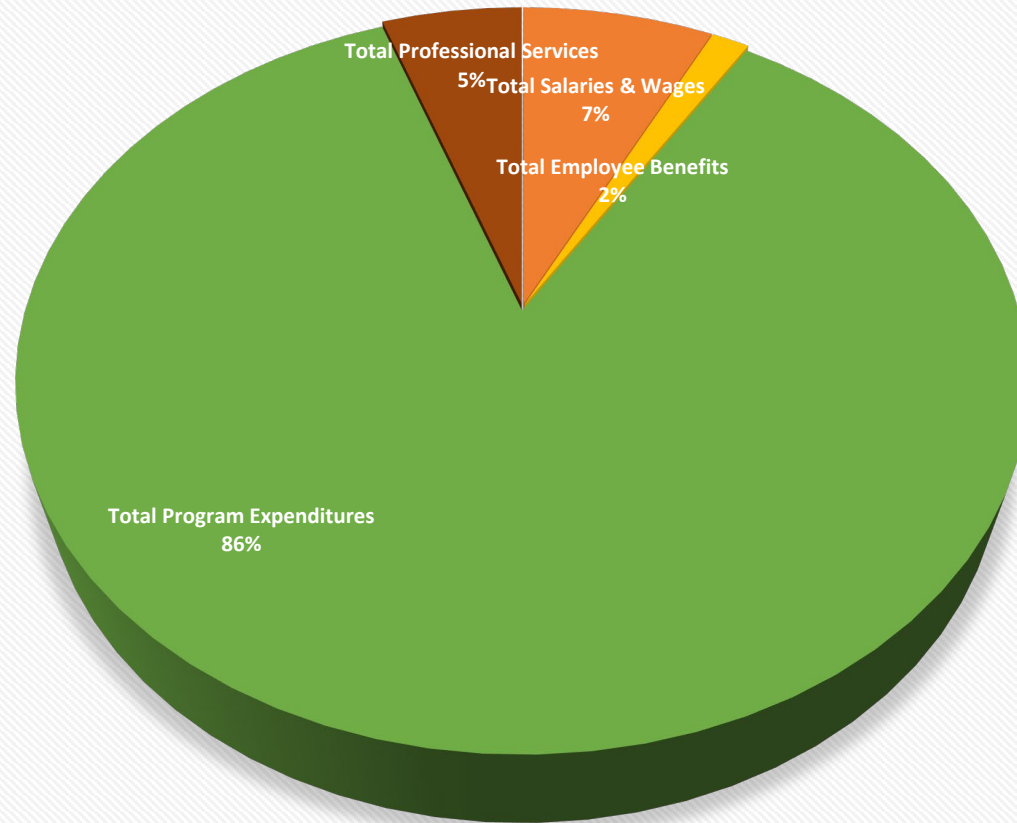
Commissioner

Commissioner

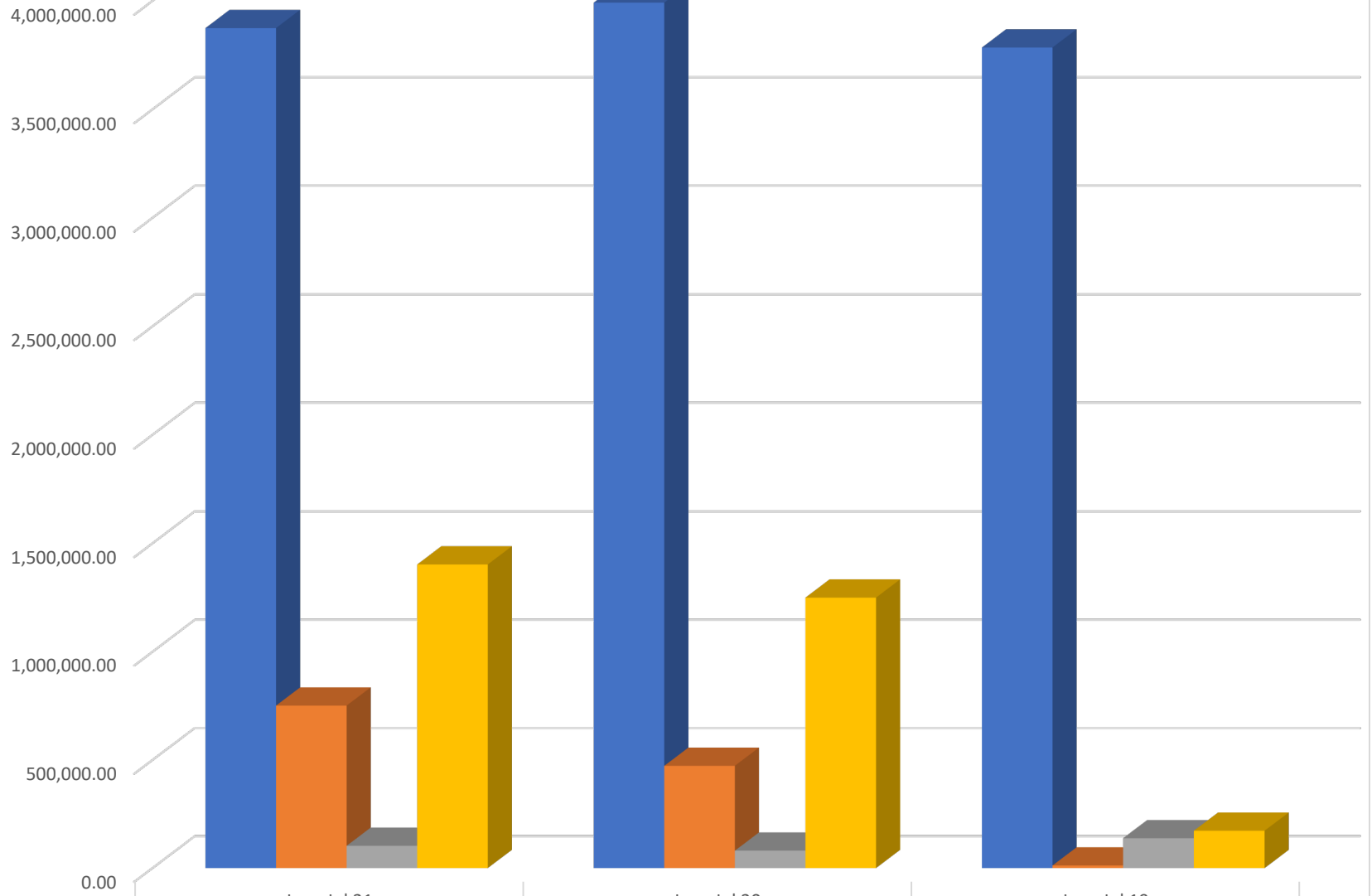
Commissioner

| | | | |
|--------------------------------------|-------------------------|-------------------|-----------------------|
| Warrants Processed: | 07-01-2021 – 07-31-2021 | | \$120,945.40 |
| Work Comp Claims Pd: | 07-01-2021 – 07-31-2021 | | 258.14 |
| Kruger Clinic Processed: | 07-01-2021 – 07-31-2021 | | 0.00 |
| Payroll: | 06-27-2021 – 07-10-2021 | 23,297.13 | |
| | 07-11-2021 – 07-24-2021 | <u>24,299.72</u> | |
| | | | 47,596.85 |
| Electronic Payments/ Adjustments: | Payroll Taxes | 19,423.49 | |
| | Payroll Processing | 623.65 | |
| | Valic Retirement | 7,180.13 | |
| | FSA Payments | 247.98 | |
| | Bank Fees and Supplies | 421.50 | |
| | WA State Dept Revenue | 17,039.77 | |
| | Program Expenditures | <u>825,297.76</u> | |
| | | | <u>870,234.28</u> |
| | Grand Total | | <u>\$1,039,034.67</u> |

Verdant YTD expenses July 2021



■ Total Salaries & Wages ■ Total Employee Benefits ■ Total Program Expenditures ■ Total Professional Services



■ 7100 · Community Programs - Grants

■ 7200 · Superintendent Discretionary

■ Total 7300 · Community Programs - Internal

■ 7500 · Building Healthy Communities Fu

Jan - Jul 21

3,874,364.33

Jan - Jul 20

3,991,648.91

Jan - Jul 19

3,784,849.37

751,302.80

472,850.01

12,000.00

103,004.94

80,488.54

138,072.61

1,402,500.00

1,249,750.00

172,750.00

Program Oversight Committee- August 2021

I. Modifications to Contracts-for Review

None

II. Expiring Contracts

None

III. Superintendent's Discretionary Newly Funded (as of 7/31/21):

| Organization | Project | Time Period | Total Funding |
|--------------------------------|--|---------------------|-----------------|
| Brain Energy Support Team | Cognitively Appropriate COVID resources and communications | 7/1/2021-12/31/2021 | \$20,500 |
| Communities of Color Coalition | Community Wellness Series for BIPOC Community | 7/1/2021-12/31/2021 | \$50,000 |
| | | Total | \$70,500 |

Superintendent's Discretionary Funds unallocated balance for 2021: **\$ 228,346.67**

IV. Recent Grantee Report highlights

CHS Behavioral Health Integration

- Anticipated providing behavioral health services to 200 individuals, and provided care to 211
- "There was a surprising benefit of providing services during a pandemic. One of the big parts of our BH services is that we work with a whole person approach. This means we use a team approach, and look at ALL that affects clients including social determinants of health needs like housing, food, education, etc. Being in many home environments though Zoom gave us an unexpected success of improving services because we were able to see the SHOD needs instead of relying on client's report...we were able to match some pandemic response funds to help clients with rent, food, and other needs"

LETI Family Support for COVID Vaccination:

- Less than half-way through the program term, LETI has already vaccinated 455 PHD2 residents via 944 vaccination appointments
- "This program has brought LETI into contact with many new families and has allowed us a window into a segment of our community that largely lives under the radar....the primary needs uncovered were for basic English, Secondary English, and technology. The demand for basic English and educational skills was sufficiently significant that LETI began working with Edmonds College and was able to create a Basic English Class and an Introduction to College Class beginning this summer"

YWCA: Emergency Shelter

- Had an annual goal of serving 60 PHD households for the year in the Homeward Bound Emergency Shelter and have already served 34 in one quarter
- 57% of households served to date have exited the shelter to permanent housing

V. Quarter 3 Funding Cycle

Key Dates

- 7/12 Q&A Session
- 8/16-8/27 Applications accepted
- 8/30-9/3 Staff scoring
- 9/7-9/16 Commissioner scoring
- 9/16 Program Committee Meeting
- 9/17 new applicant meet and greets
- 9/22 Board Meeting and notification to applicants
- 10/1 Contracts start

VI. Other Items:

- a. **COVID vaccine** efforts have now transitioned to community-based events and supportive marketing/information strategies.
- b. **Community Impact update:** Visits to: Cocoon House Hub and support around their South County Host Home expansion, LETI and meeting the staff hired by Verdant funds and doing great work!, Evergreen Recovery Center, and many great connections with the presenters for our Housing Study Session video and live presentations.
- c. **Fluxx** build and demo is happening! We are scheduled to complete the build September 15th and then will start a month of support in staff and commissioner training. We will concurrently be disseminating and building grantee trainings and will launch the system for the Q4 grant cycle in November.
- d. **Collaboration Multiplier:** Our first virtual training with the Prevention Institute on their Collaboration Multiplier tool occurred July 23rd and was very well received! Participants will be completing a “homework” assignment between now and the second session on August 20th to help guide conversations around new/enhanced partnership opportunities in South County. Verdant is actively participating in the process and working to understand how we can best support our partners to be most successful.

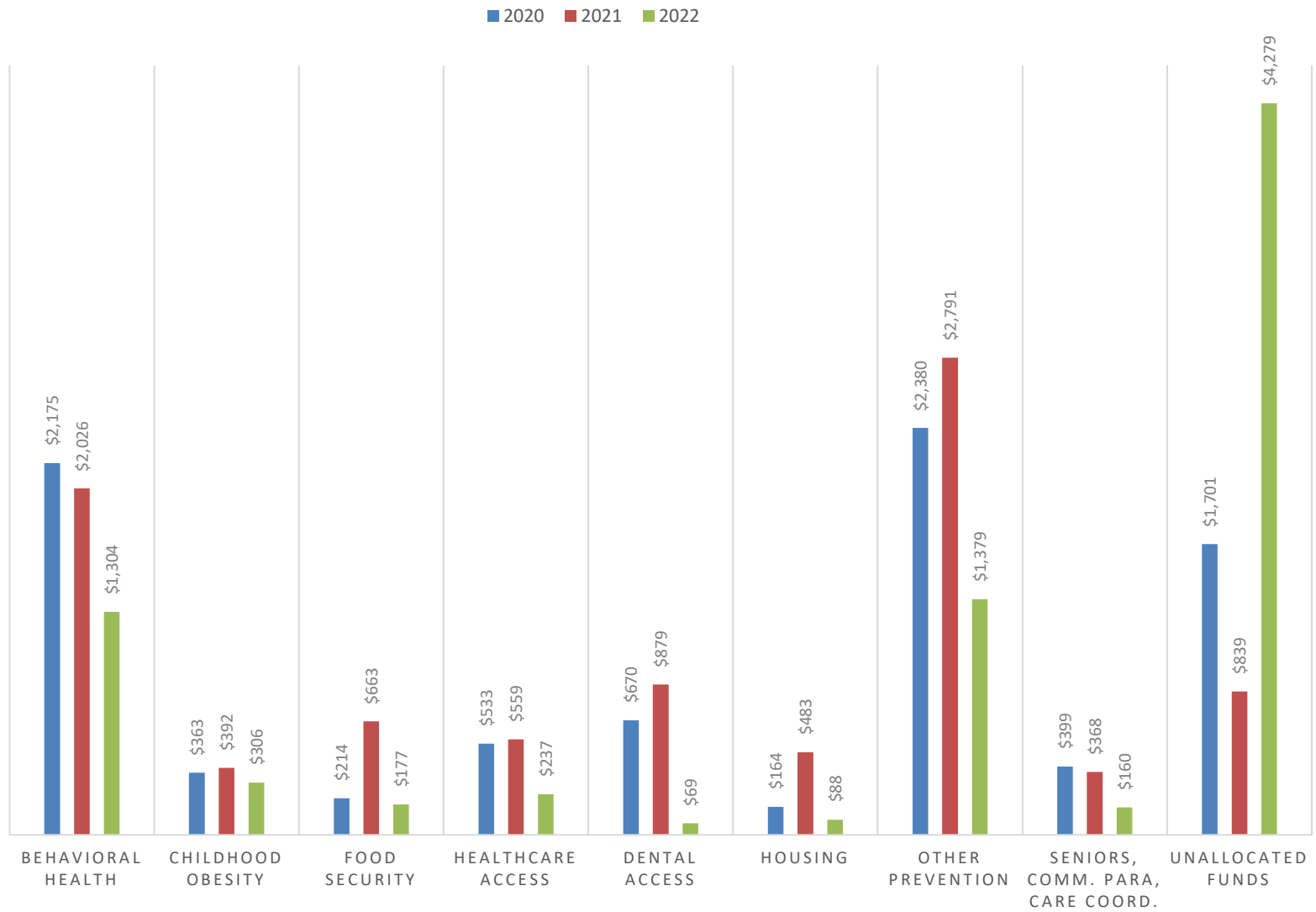
**Committed Program Funding
as of July 2021**

| | Actual 2020 | Committed 2021 | Committed 2022 | Program End |
|--|---------------------|---------------------|---------------------|-------------|
| | | | | |
| 7100 . Grants | | | | |
| Committed | | | | |
| Alzheimer's Association | 45,000 | \$ - | \$ - | |
| Boys & Girls Club Healthy Habits | 295,000 | \$ 221,250 | \$ - | Sep-21 |
| Cascade Bicycling Club Advanced Basics | 32,000 | \$ 32,000 | \$ 50,000 | Dec-22 |
| Center for Human Services Youth Counseling | 270,000 | \$ 319,167 | \$ 233,333 | Sep-22 |
| Center For Human Services/CHS Integration | 68,820 | \$ 68,820 | \$ 70,227 | May-23 |
| Center For Human Services/EFM Integration | 97,931 | \$ 100,057 | \$ 102,058 | Feb-23 |
| ChildStrive Early Intervention/PAT | 321,802 | \$ 326,813 | \$ 82,121 | Mar-22 |
| ChildStrive Nurse Family Partnership | 288,400 | \$ 297,052 | \$ 305,964 | Dec-22 |
| City of Lynnwood Move 60: Teens! | 104,620 | \$ - | \$ - | |
| Cocoon House Prevention Program | - | \$ 78,750 | \$ 26,250 | Mar-22 |
| Community Health Center County Dental Program | 100,195 | \$ 100,195 | \$ - | 9/31/21 |
| Compass Health CP Program | 154,404 | \$ 151,627 | \$ 88,449 | Jul-22 |
| Compass Health - Emergency Motel Vouchers | 21,771 | \$ 20,250 | \$ 10,000 | Mar-22 |
| Compass Health - Snohomish County Triage Center | 83,333 | \$ - | \$ - | |
| Concern for Neighbors Food Bank (MLT) | 41,725 | \$ 8,230 | \$ - | |
| Domestic Violence Services Teen Prevention | 22,266 | \$ 16,700 | \$ - | Aug-21 |
| Domestic Violence Services South County Advocate | 96,000 | \$ 96,000 | \$ - | |
| Edmonds Food Bank | 30,000 | \$ 20,000 | \$ - | |
| Edmonds School District Move 60! | 526,977 | \$ 746,207 | \$ 559,070 | Aug-22 |
| Edmonds Schools Family Resource Advocate | 180,000 | \$ 180,000 | \$ 120,000 | Aug-22 |
| Edmonds Schools Student Support Advocate | 450,000 | \$ 450,000 | \$ 450,000 | Dec-22 |
| Edmonds Schools/AMS Equipping Students to Thrive | | \$ - | \$ - | |
| Edmonds Senior Center Enhanced Wellness | 87,000 | \$ 115,992 | \$ - | |
| Edmonds Senior Center Nutrition Programs | 146,000 | \$ - | \$ - | |
| Evergreen Recovery Centers | - | \$ 177,200 | \$ 177,200 | Jun-22 |
| Foundation for Edmonds School Summer Meals | - | \$ 20,000 | | |
| Girls on the Run | 22,500 | \$ - | \$ - | |
| Homage Senior Services Care Coordination | 139,437 | \$ 143,620 | \$ 147,919 | Dec-22 |
| Homage Senior Services Center for Healthy Living | 609,801 | \$ 628,095 | \$ - | |
| Interfaith Family Shelter | | \$ 7,500 | \$ 2,499 | Mar-22 |
| Kindering Early Intervention | 146,623 | \$ 149,155 | \$ 37,500 | Mar-22 |
| Korean Women's Association Everyday Prevention | 60,000 | \$ 60,000 | \$ 15,000 | Mar-22 |
| Lahai Health Dental Clinic | 283,964 | \$ 402,970 | \$ 190,000 | Jun-22 |
| Lahai Health Mental Health Counseling Program | 39,000 | \$ 58,900 | \$ 59,700 | Aug-22 |
| Lahai Health Mobile Medical Clinic | 138,000 | \$ 183,000 | \$ 188,000 | Dec-22 |
| Latino Educational Training Institute | 43,333 | \$ 54,000 | \$ 32,500 | Sep-23 |
| Latino Educational Training Institute-Family Success/Promote | - | \$ 44,400 | \$ 44,400 | Jul-22 |
| LLS Transportation Assistance | | \$ - | \$ - | |
| Lynnwood Food Bank | 34,375 | \$ 15,625 | \$ - | |
| Millennia Ministries | | \$ 112,500 | \$ 27,356 | Mar-22 |
| MTI Mobile Dental Program | 97,200 | \$ 72,900 | \$ - | Sep-21 |
| Northwest Parkinson's Foundation | | \$ - | \$ - | |
| Pacific Treatment Alternatives | | \$ 106,205 | \$ 35,402 | Mar-22 |
| Parent Trust | 20,000 | \$ 15,000 | \$ - | Sep-21 |
| Parent Trust Family Wellness | 15,000 | \$ 15,000 | \$ - | |
| PEPS | | \$ - | \$ - | |
| Prescription Drug Assistance Program | 55,000 | \$ 55,000 | \$ - | |
| Project Access Northwest | 125,000 | \$ 150,000 | \$ 87,500 | Jul-22 |
| Project Girl | - | \$ 157,656 | \$ - | Dec-22 |
| Puget Sound Kidney Center | 25,000 | \$ - | \$ - | |
| Seattle Visiting Nurses Flu Vaccines | 10,000 | \$ - | \$ - | |
| Snohomish County Legal Services | | \$ 37,500 | \$ 12,500 | Mar-22 |
| SSC Fire & Rescue - A.C.T. Program | 12,500 | \$ - | \$ - | |
| SSC Fire & Rescue Community Paramedic | 225,000 | \$ 145,000 | \$ - | |
| SSC Fire & Rescue/OMF Veteran's Project | 97,500 | \$ 92,260 | \$ 89,175 | Dec-22 |
| Swim Lessons (Edmonds, Lynnwood, MLT, YMCA) | 70,000 | \$ 70,000 | \$ - | |
| Therapeutic Health Services Youth Behavioral | 250,000 | \$ 218,072 | \$ 93,072 | Jun-22 |
| University of Washington Bothell | - | \$ 45,328 | \$ 45,328 | Jun-22 |
| VOAWW 211 | | \$ 76,400 | \$ - | |
| WA Serves Veteran Support Program | | \$ - | \$ - | |
| Washington Kids in Transition | | \$ 62,500 | \$ 62,500 | Jun-22 |
| Washington Poison Center | | \$ - | \$ - | |
| Wonderland Development Center Early Intervention | 150,000 | \$ 150,000 | \$ 150,000 | Dec-22 |
| Wonderland Development Center Clinic for Prenatal Exposur | 176,872 | \$ - | \$ - | |
| YWCA Children's Domestic Violence | | \$ 2,083 | \$ - | Jan-18 |
| YWCA - Emergency Shelter | | \$ 22,500 | \$ 7,500 | Mar-22 |
| YWCA - Healthcare Access | | \$ 46,984 | \$ 15,661 | Mar-22 |
| Total Committed | \$ 6,309,349 | \$ 6,946,462 | \$ 3,618,185 | |

**Committed Program Funding
as of July 2021**

| | | | | | |
|---|--|---------------------|-----------------------|---------------------|--|
| | Not Committed (Available to Spend) | \$ 2,290,651 | \$ 1,053,538 | \$ 4,381,815 | |
| Total Grants | | 8,600,000 | \$ 8,000,000 | \$ 8,000,000 | |
| 7300 . Internal Programs | | | | | |
| | Committed | | | | |
| | 7301 Conferences & Forums | | \$ 29,000 | | |
| | 7302 Needs Assessment and Evaluation | | \$ - | | |
| | 7303 Nutrition & Physical Activity | | \$ 98,650 | | |
| | 7304 Behavioral Health | | \$ 42,340 | | |
| | 7305 VOAWW 211 Community Resource Advocate | | \$ 44,567 | | |
| | 7306 Multicultural Health Programs | | \$ 44,405 | | |
| | 7308 Social Worker Case Management | | \$ 6,000 | | |
| | 7309 Health Screening & Education | | \$ 2,000 | | |
| | 7310 Provider Training & CME | | \$ 10,000 | | |
| | Total Committed | | \$ 276,962 | | |
| | Not Committed (Available to Spend) | | \$ 60,933 | | |
| Total Internal Programs | | | \$ 337,895 | | |
| 7200 . Supt. Discretionary | | | | | |
| | Committed | | | | |
| | Leadership Snohomish County Step-up Event | | \$ - | \$ - | |
| | Center for Human Services | | \$ 1,920 | \$ - | |
| | Compass Health | | \$ 45,816 | \$ - | |
| | Domestic Violence Services Snohomish Co | | \$ 26,737 | \$ - | |
| | Edmonds Community College Foundation | | \$ 52,347 | \$ - | |
| | Edmonds Food Bank | | \$ (5) | \$ - | |
| | Jean Kim Foundation | | \$ 112,182 | \$ - | |
| | Korean Women's Association | | \$ 69,128 | \$ - | |
| | WA Kids in Transition | | \$ 50,000 | \$ - | |
| | LETI | | \$ 48,160 | \$ - | |
| | Foundation for Edmonds School District | | \$ 54,715 | \$ - | |
| | Lynnwood Sister Cities Association | | \$ 21,200 | \$ - | |
| | Medical Teams International | | \$ 34,520 | \$ - | |
| | South County Fire | | \$ 14,668 | \$ - | |
| | Trinity Lutheran Church/Cold Weather Shelter | | \$ 4,300 | \$ - | |
| | Helping Hands Project Organization | | \$ 90,650 | \$ - | |
| | City of Edmonds-LEAP | | \$ 66,000 | \$ - | |
| | Gambian Talents Promotion | | \$ 8,000 | \$ - | |
| | Communities of Color Coalition | | \$ 50,000 | | |
| | Volunteers of America Western WA | | \$ 10,000 | \$ - | |
| | Total Committed | | \$ 760,338 | | |
| | Not Committed (Available to Spend) | | \$ 239,662 | | |
| Total Discretionary Programs | | | \$ 1,000,000 | | |
| 7500 . Building Healthy Communities Fund | | | | | |
| | Committed | | | | |
| | Sea Mar CHC - Lynnwood Clinic | | \$ 1,000,000 | \$ - | |
| | City of MLT - Evergreen Playfield | | \$ 1,000,000 | \$ - | |
| | City of Edmonds Civic Park | | | \$ 107,750 | |
| | Community Health Center (CHC) | | \$ 1,875,000 | \$ - | |
| | Total Committed | | \$ 3,875,000 | \$ 107,750 | |
| | Not Committed (Available to Spend) | | \$ (2,090,000) | | |
| Total BHCF Programs | | | \$ 1,785,000 | | |
| 7600 . Co-funding Opportunities | | | | | |
| | Committed | | | | |
| | | | \$ - | | |
| | Total Committed | | \$ - | | |
| | Not Committed (Available to Spend) | | \$ 100,000 | | |
| Total Co-funding Opportunities | | | \$ 100,000 | | |
| 7700 . CHART | | | | | |
| | Committed | | | | |
| | | | \$ - | | |
| | Total Committed | | \$ - | | |
| | Not Committed (Available to Spend) | | \$ 3,600 | | |
| Total CHART | | | \$ 3,600 | | |
| TOTAL | | | \$ 11,226,495 | | |

VERDANT COMMITTED GRANT FUNDS (\$K)



Report to Commissioners
August 25, 2021

Verdant Community Wellness Center Report

Sue Waldin, Community Wellness Program Manager

Addressing Food Insecurity

- Distributed 2,875 Verdant-funded fruit and vegetable vouchers since April 2020 to food insecure residents through 12 South Snohomish County partners
- Bringing on a Lynnwood low-income senior housing complex to the fruit and vegetable voucher program

Prevention and Support Resources for the Community Virtually

- Recruiting for the 12-week Preventing Type 2 Diabetes virtual series running September 7-November 23 (Co-sponsoring with PHD#3 / lifestyle modification program developed by Verdant - taught by a RDN/CDECS)

Virtual Programming

- Cooking Demo – Recipes with Farmers’ Market Produce 7/27/21, 34 participants (RDN sharing Info about local farmers’ markets and recipes using healthy, economical, seasonal NW produce)
- Cooking Demo – Healthy Desserts featuring Berries 7/29/21, 20 participants (RDN sharing strategies to promote healthier dessert options featuring the variety of NW berries)
- Teen Cook-along: Baking Blueberry Oat Bars 8/10/21, 10 participants (RDN sharing info/tips as teens cook-along at home to promote healthier eating – session 1 of a 2-part series)
- Recipes from the Blue Zones: Cuisine of Nicoya, Costa Rica 8/10/21, 38 participants (The 3rd class of a monthly series that features the nutrition and lifestyle habits of long-lived residents in 5 unique
- Blue Zone communities around the world. Based on the book *Blue Zones Kitchen* and taught by an RDN)
- Tips to Improve Sleep with a Doc & Dietitian 8/11/21, 22 participants (PacMed Physician and RDN sharing strategies to promote better quality sleep)
- Cooking Demo – Budget-friendly Recipes featuring Stone Fruits 8/12/21, 29 participants (RDN sharing recipes using local NW stone fruits as an economical and nutritional option to stretch food dollars)
- Exploring Vegetarian & Vegan Eating Patterns 8/17/21, 24 participants (RDN sharing nutrition info to encourage plant-focused eating through vegetarian and vegan recipes)

Note: We had planned to begin HYBRID classes in September and invite a controlled number of people into the Teaching Kitchen for an in-person experience (masking & distancing as needed) along with others participating virtually. AV improvements (large monitor & speakers) were installed to extend the Teaching Kitchen area to enable distancing and to improve the sound/visual experience.

With rising case counts, we decided to continue with all VIRTUAL programming, but we now have the infrastructure in place to offer in-person programming when safe for the community to attend.

Multicultural Report

Sandra Huber, Community Engagement Manager

Verdant Sponsored Programs

- Monthly Women's Support Group, third Wednesday of the month, 16 participants
- (Info Night) Noche Informative-Programa de Cupones de Frutas y Vegetales, 7/15/21, 24 participants
- Auto-Fidelity, 7/8/21, 24 participants
- Parent Summit Planning Meeting, 7/15/21, 5 participants

Community Collaborations

- Con Confianza y En Comunidad: Hablando sobre COVID-19 y temas que nos afectan, Tuesdays, 29 participants
- Snohomish County Latino Coalicion (SCLC), Monthly, 33 participants
- Health Equity for Immigrants Campaign, Mondays, 49 participants
- Latinx Health Board, Fridays, 19 participants
- U of WA Peer Mental Health Planning Meeting, Wednesdays, 4 participants
- Community Health Board Coalition, Thursdays, 22 participants
- COVID-19 Vaccine Implementation Collaborative, Monthly, 31 participants

Verdant Community Social Worker Highlights

Nancy Budd, Community Social Worker

- Case Management – continuing support for 8 clients. CHART – continuing support for 6 clients during this period; one client added to CHART due to multiple hospital visits recently. Several clients were very active this month, with multiple crises, involuntary commitments, and suicidal behaviors. Several have improved their health through accessing treatment for substance use and mental health.
- This past month included weekly team check ins, monthly staff meeting, grant update meetings, monthly County Outreach Coalition, and County and Human Services Providers meeting. Monthly Snohomish County Community Behavioral Health Committee and Snohomish County Connector's meeting. Webinar: Rising to the Challenge of Supporting People with Hoarding Behaviors and Excessive Clutter. Seven-hour Accountable Communities of Health (ACH) required partner convening.
- I have worked 2.5 months at Swedish Edmonds, one day per week. I coordinate work between the psychiatric unit (9W), the emergency departments behavioral health assessment team (BHAT), and the hospital case management team. The goal is to begin to build rapport with clients before their discharges, in hopes of obtaining better health and wellness outcomes outside of the hospital setting. To date, 14 referrals since 6/01/21. Of these, 2 were consultations, and referred to more appropriate resources. 3 are unknown status at this time, as clients went into other inpatient settings. However, I did meet with them before their discharges with possible follow ups when discharged from current setting. 3 clients did not follow up with me after discharge. I have 6 new active clients from this referral source.
- New virtual behavioral health provider training scheduled for September 21, 2021 to include 3 CEUs. When identifying subjects for trainings, I reach out to the provider community for possible subjects. Many providers suggested self-care subjects this time. Therefore, the class is titled: Burnout and Vicarious Trauma in the Workplace: Fostering Healthcare Professionals Resilience, Prevention, and Treatment Strategies.

Presenter Information: Dr. Lucy Cannon, Ed.D, LCSW, CCDP-D, MATS Expert Trainer, Expert Facilitator. Dr. Roberts-Cannon is the CEO/Owner of LEJ Behavioral Health Services, LLC, a training and consulting company in Metropolitan Atlanta. Dr. Roberts-Cannon has been a clinician, supervisor, director, and consultant of mental health and co-occurring disorders programs in inpatient and outpatient healthcare organizations and psychiatric hospitals in various states in the United States. She is also a national trainer on various mental health and co-occurring disorders topics. She is a trainer and facilitator for the Department of the Navy Reserve and Yellow Ribbon Programs. She is an Adjunct Professor at Clark Atlanta University School of Social Work. She serves on various healthcare organizations boards of directors and advisory boards in Metropolitan Atlanta.

- Worked with South Snohomish County Fire and Rescue to schedule a de-escalation training for those staff that will be called to behavioral health calls (CRPs, Battalion Chiefs, MSOs). The Captain of the CRP team informed me that they are seeing an almost 100% increase in the 2 weeks before HB1310 (police use of force) and the 2 weeks after bill was initiated. The training will be held on October 1, 2021. The trainer is Ellis Amdur (Edgework Crisis Intervention Resources PLLC), and he is one of the most prominent trainers in the Pacific Northwest on verbal de-escalation of aggressive and mentally ill individuals. This training is tailor-made for the Fire Department and is titled Cooling the Flames.

Marketing Report

Jennifer Piplic, Director of Marketing and Communications

Website Redesign

This month, Aukema & Associates created an online survey in English and Spanish to gain feedback on the interests and preferences of our community regarding website content and usability, which resulted in almost 200 responses. These responses are being analyzed currently and will create the foundation for the focus groups held the week of Aug. 23 (one in English and one in Spanish) to dive more deeply into the themes generated through the survey.

While seeking this feedback, we are working on the wire frames for the site and will use the feedback received through this process, leading up to design review in the weeks to come. The current timeline includes finalizing the design and content in September, with site development taking place by mid-October. The timeline for training and go-live will be determined in the coming month as the design and content is finalized.

Social Media

During the previous 4-week period, we have seen steady growth in followers and marginal growth in reach, with a net increase of 9 followers (to 1,148) and 6,900 people reached. This last month we began implementing Facebook stories, and they are proving to be successful. We reached 94 unique individuals and produced 11 engagements through this passive, low-effort tactic. We continue to use social media to promote classes and events, share COVID information, and highlight our work in the community. With the support of the social media intern, we are testing different strategies in an effort to move beyond people seeing our posts as they scroll by and moving to a higher level of engagement.

Media Coverage in July

| Date | Publication | Headline | URL |
|----------|----------------|-------------------------------------|---|
| 7/1/2021 | Lynnwood Times | "Verdant approves funding for \$2.5 | https://lynnwoodtimes.com/2021/06/30/verdant-approves-health-grants/ |

| | | | |
|-----------|-----------------|---|---|
| | | million in community health grants" | |
| 7/2/2021 | My Edmonds News | "Edmonds College Foundation awarded \$170k grant from Verdant to expand mental health services" | https://myedmondsnews.com/2021/07/edmonds-college-foundation-awarded-170k-grant-from-verdant-to-expand-mental-health-services/ |
| 7/2/2021 | Lynnwood Today | "Edmonds College Foundation awarded \$170k grant from Verdant to expand mental health services" | https://lynnwoodtoday.com/edmonds-college-foundation-awarded-170k-grant-from-verdant-to-expand-mental-health-services/ |
| 7/2/2021 | MLT News | "Edmonds College Foundation awarded \$170k grant from Verdant to expand mental health services" | https://mltnews.com/edmonds-college-foundation-awarded-170k-grant-from-verdant-to-expand-mental-health-services/ |
| 7/4/2021 | My Edmonds News | "South County Walks returns, starting July 12" | https://myedmondsnews.com/2021/07/south-county-walks-return-starting-july-12/ |
| 7/4/2021 | MLT News | "South County Walks returns, starting July 12" | https://mltnews.com/south-county-walks-return-starting-july-12/ |
| 7/4/2021 | Lynnwood Today | "South County Walks returns, starting July 12" | https://lynnwoodtoday.com/south-county-walks-return-starting-july-12/ |
| 7/7/2021 | My Edmonds News | "Verdant hosting Q&A session about grant application process July 12" | https://myedmondsnews.com/2021/07/verdant-hosting-qa-session-about-grant-application-process-july-12/ |
| 7/7/2021 | Lynnwood Today | "Verdant hosting Q&A session about grant application process July 12" | https://lynnwoodtoday.com/verdant-hosting-qa-session-about-grant-application-process-july-12/ |
| 7/7/2021 | MLT News | "Verdant hosting Q&A session about grant application process July 12" | https://mltnews.com/verdant-hosting-qa-session-about-grant-application-process-july-12/ |
| 7/8/2021 | Edmonds Beacon | "Edmonds College Foundation awarded \$170k grant from Verdant" | https://www.edmondsbeacon.com/story/2021/07/08/schools/ec-foundation-awarded-170k-grant-from-verdant/25252.html |
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