

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
August 26, 2015
8:00 a.m. to 9:30 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) July 22, 2015 Board Meeting	Action	8:01	1-3
b) August 10, 2015 Special Meeting	Action	8:02	4
C. Executive Committee Report	Information	8:04	5-8
a) Approve Thomas & Associates contract	Action	8:05	
D. Finance Committee Report			
a) Review financial statements and cash activity	Information	8:06	9-13
b) Authorization for payment of vouchers and payroll	Action	8:15	14
E. Program Committee Report & Recommendations			
a) Conflicts of Interest	---	8:15	---
b) Program investment recommendations	Action	8:16	15-19
c) Verdant Community Wellness Center activities update	Information	8:30	20-21
F. Marketing Report	Information	8:35	22
G. Superintendent's Report	Information	8:40	---
H. Public Comments (please limit to three minutes per speaker)	---	8:45	---
I. Commissioner Comments	---	8:55	---
J. Executive Session			
a) To consider the legal risks of a proposed action of the district	---	9:00	---
K. Open Session	---	9:25	---
L. Adjournment	---	9:30	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS
Regular Meeting
Verdant Community Wellness Center
July 22, 2015

Commissioners Present	Deana Knutsen, Secretary Bob Knowles, Commissioner (via conference call) Karianna Wilson, Commissioner J. Bruce Williams, M.D., Commissioner
Commissioners Excused	Fred Langer, President
Others Present	Carl Zapora, Superintendent George Kosovich, Assistant Superintendent/Program Director Lisa King, Finance Director Jennifer Piplic, Marketing Director Sue Waldin, Community Wellness Program Manager Lucas Bauer, DataWorks Consulting Members of the community
Staff Excused	Karen Goto, Executive Assistant
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:00 a.m. by Secretary Knutsen.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular meeting on June 24, 2015.
Executive Committee	Secretary Knutsen reported that the Executive Committee met on July 17, 2015 to review and approve the July 22, 2015 board meeting agenda. No action was taken.
Board Finance Committee	The committee met on July 20, 2015. Ms. King reviewed the financial statements and cash activity for June 2015 (E:45:15). She reminded the board that most expenses related to the Kruger Clinic flood claims will be reimbursed by Verdant's insurance company.

**Authorization
for Payment of
Vouchers &
Payroll**

Warrant Numbers 11168 through 11238 for June 2015 for payment in the amount of \$185,226.60 were presented for approval (E:46:15). ***Motion was made, seconded and passed unanimously to approve.***

**Program
Oversight
Committee
Update**

The Program Oversight Committee met on July 16, 2015 and reviewed five application requests (E:47:15): two renewal requests and three new funding requests. No conflicts of interest were reported by any of the commissioners.

Renewal Applications:

Motion was made, seconded and passed unanimously to approve partially funding Project Access Northwest at \$90,000 per year for three more years.

Motion was made, seconded and passed unanimously to approve the YWCA Children's Domestic Violence Program request in full at \$25,000 per year for three more years.

New Funding Applications:

The committee is not recommending the following three programs for funding at this time:

1. Compass Health Behavioral Health Navigator
2. Swedish Edmonds Opiate Rescue Kits – Secretary Knutsen asked George to connect with Swedish Edmonds and the Snohomish Health District to see if there is a more efficient way to implement this type of program.

Needs Additional Follow-up:

1. Brookside Research & Development Fall Prevention Program. The committee would like Brookside to secure a formal relationship with an established and broad-based organization such as Senior Services of Snohomish County, to provide oversight for the program.

**Verdant
Community
Wellness
Center
Activities**

Ms. Waldin presented photos of various events held at the Verdant Community Wellness Center (VCWC) and the programming summary with a list of upcoming programs (E:48:15).

**Marketing
Report**

Ms. Piplic presented photos and medals awarded at the Edmonds Fourth of July 5k run along with the Marketing report (E:49:15) and highlighted Verdant's plan for participation in National Night out on August 4, 2015 and SeaMar's Health Fair on August 14.

**IT
Demonstration
on Verdant
Email**

Mr. Kosovich introduced Lucas Bauer of DataWorks Consulting. He then demonstrated how to access Verdant email via the Verdant website (E:50:15).

**Superintendent's
Report**

Superintendent Zapora reported that the ribbon cutting for the new ambulatory care center at Swedish Edmonds Hospital is scheduled for November 7, 2015.

**Public
Comments**

Mr. Alvin Rutledge reported on the Edmonds City Council meeting related to the Woodway Fields Project Interlocal Agreement between the City and the Edmonds School District. He questioned Verdant's participation in the process.

**Commissioner
Comments**

Dr. Williams presented on Swedish Edmonds Hospital via hospitalsafetyscore.org. He reported that Swedish Edmonds is the only hospital in the Swedish system that received an A grade from the Leapfrog group's hospital survey. He also provided safety data related to Swedish Edmonds and the Medicare reimbursement requirements. Dr. Williams also highlighted that Press Ganey gave Swedish Edmonds all Green Arrows indicating improvement in every category. He credits hospital leadership and the decision among nurses and physicians to build a sense of mission in the building.

**Executive
Session**

Secretary Knutsen announced that there was no need to hold an Executive Session at this meeting.

Adjourn

There being no further business to discuss, the meeting was adjourned at 8:55 a.m.

ATTEST BY:

President

Secretary

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON

SPECIAL MEETING

August 10, 2015

5:30 p.m.

Verdant Community Wellness Center

Commissioners Present	Fred Langer, President Deana Knutsen, Commissioner Bob Knowles, Commissioner
Commissioners Absent	J Bruce Williams, M.D., Commissioner Karianna Wilson, Commissioner
Staff	Carl Zapora George Kosovich Lisa King Sue Waldin Karen Goto
Staff Excused	Jennifer Piplic
Guests	Linda Grant, Evergreen Recovery Center Scott Johnson, RN, Evergreen Recovery Center Cammie Hart-Anderson, Snohomish County Human Services Department Greg Macke, Lynnwood Fire Department
Call to Order	The Special Meeting of the Board of Commissioners was called to order by President Langer at 5:58 p.m.
South County Detox Facility Request for Funds	Prior to the call to order, Ms. Grant from Evergreen Recovery Center provided a history of the center in Everett and demographic information on current patients. (E:51:15). Mr. Johnson, Director of Detox Services provided an overview of the current treatment procedure. Ms. Anderson of Snohomish County explained the detox center's benefit of taking Medicaid patients.
Open Commissioner Input & Discussion	Commissioners asked questions on funding under the current system. Commissioners continued the discussion on Verdant funding and will discuss further at the August 26, 2015 regular board meeting.
Adjourn	The meeting was adjourned at 6:50 p.m.
Attest By:	 _____ President _____ Secretary

Contract Amendment:**June 2015**

The parties (Public Hospital District No. 2 Snohomish County d/b/a Verdant Health Commission ("Verdant") and Thomas & Associates Consulting, LLC ("Thomas Consulting")) to the October 1, 2014 Consulting Contract hereby amend the Agreement as follows:

Section 1 - Scope is amended to also include the following work to be performed:

Thomas Consulting shall lead Verdant's effort to obtain, review, analyze and negotiate as may be necessary a detailed accounting and record of the Capital Improvements that Swedish Edmonds have made to the leased hospital assets of Verdant. This assessment work shall pertain to the terms of the Lease Operating Agreement between Verdant and Swedish Edmonds.

Furthermore, Thomas Consulting shall report to Verdant any concerns ambiguities, or accounting irregularities discovered during this work effort. Additionally, Thomas Consulting shall work with outside auditors should a formal audit be required on this matter.

Lastly, once the assessment and audit (if any) are concluded, Thomas Consulting shall work with Verdant staff and Swedish Edmonds to institute and document any necessary accounting, documentation, or reporting standards necessary to properly document the Capital Improvement required by the Lease Operating Agreement.

Section 2 - Compensation is amended to also include the following fees to be paid to Thomas Consulting.

Verdant shall pay Thomas Consulting a monthly retainer of 10 hours at \$275.00 per hour for the increased work to be performed pursuant to this Contract Amendment. This additional retainer shall compensate Thomas Consulting for this new and additional work (as amended herein) and any hours beyond this retainer shall be invoiced and paid at the standard rate agreed upon in the Consulting Contract.

This additional Scope and Compensation shall begin on June 1, 2015 and shall concluded on December 31, 2015 unless extended by the parties. All other terms and conditions of the Consulting Contract remain the same.

Contract Amendment approved by:

VERDANT HEALTH COMMISSION


By: Fred R. Langer

THOMAS & ASSOCIATES CONSULTING, LLC


By: Howard Thomas

Consulting Contract

This Consulting Contract is being entered into by Public Hospital District No. 2, Snohomish County d/b/a Verdant Health Commission ("Verdant") and Thomas & Associates Consulting, LLC ("Thomas Consulting") this 1st day of October, 2014.

1. Scope: Work to be Performed.

Thomas Consulting will attend the quarterly meetings of Verdant's Strategic Collaboration Committee in Edmonds, Washington. This work is estimated to take the following hours:

- a. Preparation – 1 hour.
- b. Meeting attendance – 1-2 hours including debrief with Verdant representatives.
- c. Travel to and from meeting from Thomas Consulting's office – 2 hours total.

2. Compensation.

Verdant shall pay Thomas Consulting a flat fee of \$1,375.00 as total compensation for the Strategic Collaboration Committee project described above, based on 5 hours of work at \$275.00 per hour.

Verdant may, at its sole discretion, amend the scope of this contract with Thomas Consulting for additional services at his standard hourly rate of \$275.00.

Verdant will also reimburse Thomas Consulting for travel, meals and related expenses at the standard IRS established rates and with proper documentation (receipts).

Payment by Verdant shall be made as follows:

- a. Payment in full due within thirty (30) days of receipt of itemized bill and documentation (receipts) from Thomas Consulting.

3. Independent Contractor Relationship.

Thomas Consulting's relationship with Verdant will be that of an independent contractor, and nothing in this Agreement is intended to, or should be construed to, create a partnership, agency, joint venture, or employment relationship. No part of Thomas Consulting's compensation will be subject to withholding by Verdant for the payment of any social security, federal, state, or any other employee payroll taxes. Either party may terminate this Agreement provided the terminating party provides written notice to the other party 30 days prior to the date of termination.

4. Ownership of Work Product.

Thomas Consulting agrees that all work product developed by him alone or in conjunction with others in connection with the performance of services pursuant to this Agreement is and shall be the sole property of Verdant, and Thomas Consulting shall retain no ownership, interest, or rights therein. Work product includes but is not limited to reports, graphics, memoranda, slogans, and taglines.

(continued on page two)

5. Confidentiality.

5.1 Definition of Confidential Information. "CONFIDENTIAL INFORMATION" as used in this Agreement shall mean any and all technical and non-technical information including patent, copyright, trade secret, proprietary information, computer files, and Verdant information related to the past, current, future, and proposed services of Verdant and includes, without limitation, Verdant property, and Verdant's information concerning customers, research, financial information, purchasing, business forecasts, sales and merchandising, and marketing plans and information.

5.2 Nondisclosure and Nonuse Obligations. Thomas Consulting agrees to protect the confidentiality of all Confidential Information and, except as permitted in this section, Thomas Consulting shall neither use nor disclose the Confidential Information. Thomas Consulting may use the Confidential Information solely to perform consulting services under this Agreement for the benefit of Verdant.

5.3 Exclusion from Nondisclosure and Nonuse Obligations. Thomas Consulting's obligations under Section 5.2 ("NONDISCLOSURE AND NONUSE OBLIGATIONS") with respect to any portion of the Confidential Information shall not apply to any such portion that Thomas Consulting can demonstrate (a) was in the public domain at or subsequent to the time such portion was communicated to Thomas Consulting by Verdant; (b) was rightfully in Thomas Consulting's possession free of any obligation of confidence at or subsequent to the time such portion was communicated to Thomas Consulting by Verdant; or (c) was developed by Thomas Consulting independently of and without reference to any information communicated to Thomas Consulting by Verdant; or (d) is publically available information pursuant to Washington State laws governing public information disclosures. A disclosure of Confidential Information by Thomas Consulting, either (i) in response to a valid order by a court or other governmental body, (ii) otherwise required by law, or (iii) necessary to establish the rights of either party under this Agreement, shall not be considered a breach of this Agreement or a waiver of confidentiality for other purposes, provided, however, that Thomas Consulting shall provide prompt written notice thereof to Verdant to enable Verdant to seek a protective order or otherwise prevent such disclosure.

6. General Provisions.

6.1 Governing Law. This Agreement shall be governed in all respects by the laws of the United States of America and by the laws of the State of Washington. Each of the parties irrevocably consents to the exclusive personal jurisdiction of the federal and state courts located in Washington, as applicable, for any matter arising out of or relating to this Agreement, except that in actions seeking to enforce any order or any judgment of such federal or state courts located in Washington, such personal jurisdiction shall be nonexclusive.

6.2 Severability. If any provision of this Agreement is held by a court of law to be illegal, invalid, or unenforceable, (a) that provision shall be deemed amended to achieve as nearly as possible the same economic effect as the original provision, and (b) the legality, validity, and enforceability of the remaining provisions of this Agreement shall not be affected or impaired thereby.

(continued on page three)

6.3 Injunctive Relief for Breach. Thomas Consulting agrees that his obligations under this Agreement are of a unique character that gives them particular value; Thomas Consulting's breach of any of such obligations will result in irreparable and continuing damage to Verdant for which there will be no adequate remedy at law; and, in the event of such breach, Verdant will be entitled to injunctive relief and/or a decree for specific performance, and such other and further relief as may be proper, including monetary damages if appropriate.

VERDANT HEALTH COMMISSION


By: Carl Zapora

THOMAS & ASSOCIATES CONSULTING, LLC


By: Howard Thomas

(End)

Balance Sheet

As of July 31, 2015

	A	B	C	D
	Dec 31, 2014	Jul 31, 2015	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	2,840,919	1,334,328	(1,506,591)	
4 Other Current Assets	32,617,628	35,009,263	2,391,635	Includes Investments
5 Total Current Assets	35,458,547	36,343,591	885,044	
6 Total Long-term & Fixed Assets	47,374,208	46,169,681	(1,204,527)	Depreciation
7 TOTAL ASSETS	82,832,755	82,513,272	(319,484)	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	2,480,364	1,356,680	(1,123,684)	
11 Long-term Liabilities	4,857,008	4,820,824	(36,184)	2012 LTGO Bonds
12 Total Liabilities	7,337,372	6,177,504	(1,159,868)	
13 Total Equity	75,495,383	76,335,767	840,384	Annual Net Income
14 TOTAL LIABILITIES & EQUITY	82,832,755	82,513,272	(319,484)	

Profit & Loss

July 2015

	A	B	C	D	E	F
	Jul Actual	Jul Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	812,976	806,463	6,513	5,722,007	5,642,243	79,764
3 EXPENSES						
4 Operating Expenses	154,858	170,969	16,111	1,066,182	1,206,748	140,566
5 Depreciation Expense	301,568	220,478	(81,090)	1,611,090	1,606,870	(4,220)
6 Program Expenses	392,621	474,917	82,296	3,557,599	3,979,413	421,814
7 Total Expenses	849,047	866,365	17,317	6,234,872	6,793,032	558,160
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	171,921	212,096	(40,175)	1,353,249	1,484,672	(131,423)
10 NET INCOME	135,849	152,195	(16,345)	840,384	333,883	506,501

Monthly Highlights

July 2015

Verdant received dividends payments of \$44,905 and an unrealized loss of \$30,944 on our investment portfolio in July and closed with an ending market value of \$33,549,443.

Annual program commitments total \$6,301,538 and \$5,100,331 for 2015 and 2016, respectively. \$798,462 remains available to spend in 2015, of which \$279,958 is earmarked as Superintendent Discretionary.

Additional income of \$108,060 and expenses of \$49,881 from the Kruger Clinic were incurred, netting to an additional operating income of \$58,179, in July.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
11215	07/01/2015	Department of Labor and Industries	141.21	Elevator Inspection 4/26/2015
11217	07/08/2015	WA State Health Care Authority	22,980.00	SFY 2006 CPE - Final Hold Harmless Grant
11216	07/08/2015	ANS of WA, Inc.	125.00	KG attend Notary training
11218	07/08/2015	Ash Consulting	500.50	June 2015 Accounting Consulting
11219	07/08/2015	Benefit Solutions Inc	17.25	July 2015 FSA Administration
11220	07/08/2015	Consolidated Landscape Maintenance, Inc.	436.91	June 2015 Landscaping Maintenance
11221	07/08/2015	Dataworks	526.18	IT Support
11222	07/08/2015	Fine Solutions	195.00	CRM troubleshooting
11223	07/08/2015	Lile International Companies	225.00	June 2015 Storage
11224	07/08/2015	Moss Adams - Cost Report	850.00	2005 & 2006 Settlement and call with AWPFD
11225	07/08/2015	R&T Hood and Duct Services, Inc.	178.26	Semi-annual inspection
11226	07/08/2015	Waste Management	219.85	Trash/recycle
11227	07/08/2015	Beecher's Pure Food Kids Foundation	300.00	Instructor for healthy eating workshop 6/15/15
11228	07/08/2015	Comcast	266.07	Internet & Telephone
11229	07/08/2015	The Seattle Times	141.82	Advertising 6/13
11230	07/08/2015	Comcast	519.88	Internet & Telephone
11231	07/08/2015	Sound Dietitians	754.80	Instructor reimbursement
11232	07/08/2015	Aukema & Associates	305.50	Website updates June 2015
11233	07/08/2015	American Heart Association	0.00	VOID
11234	07/08/2015	Armstrong Services	900.00	Janitorial June 2015
11235	07/08/2015	American Heart Association	0.00	VOID
11236	07/08/2015	American Heart Association	275.00	Award 111 - Instructor reimbursement for Spanish Cooking 6-29-15
11239	07/15/2015	Dataworks	92.63	IT Support
11240	07/15/2015	Falkin Associates, Inc.	2,027.50	Project Management Feb 2015
11241	07/15/2015	MJ Takisaki, Inc.	104,038.83	Retainage for final completion of project
11237	07/15/2015	Lowe Graham Jones PLLC	75.00	Legal for trademark
11238	07/15/2015	Refugee & Immigrant Services NW	26.25	Spanish Translation 5/27/15
11242	07/15/2015	WA Department of Revenue	21,016.26	Q2 2015 Leasehold Excise tax return
11243	07/22/2015	Community Health Center of Snoh Co	0.00	VOID
11244	07/22/2015	Edmonds School District No. 15	0.00	VOID
11245	07/22/2015	Department of Labor and Industries	0.00	VOID
11246	07/22/2015	Healthcare Realty	0.00	VOID
11247	07/22/2015	Staples	0.00	VOID
11248	07/22/2015	Void	665.00	Check Fraud! Cashed illegally
11249	07/22/2015	City of Lynnwood	0.00	VOID
11250	07/24/2015	Wells Fargo	1,107.14	Misc.
11251	07/24/2015	Wells Fargo	2,043.65	Misc.
11255	07/30/2015	Costco	55.00	SW & LK Membership Dues
11256	07/30/2015	Premiera Blue Cross	3,263.82	Aug 2015 Employee Medical & Dental Insurance
11257	07/30/2015	Principal Financial Group	982.60	Aug 2015 Employee Life Insurance
11258	07/30/2015	Puget Sound Energy	49.55	6/22 - 7/22/15 Natural Gas
11259	07/30/2015	Sound Publishing, Inc.	39.20	7/22 Board Meeting Legal Notice
11260	07/30/2015	City of Lynnwood	947.25	June 2015 Front Desk Staffing 61 hours
11261	07/30/2015	Department of Labor and Industries	330.20	2Q15 Self Insurance Fund

Warrant Number	Transaction Date	Payee	Amount	Purpose
11262	07/30/2015	Healthcare Realty	5,207.82	June 2015 Property Management
11263	07/30/2015	Staples	231.69	Supplies
11252	07/29/2015	Community Health Center of Snoh Co	200.00	Refund for Room Deposit
11253	07/29/2015	Edmonds School District No. 15	200.00	Refund for Room Deposit
11254	07/29/2015	UNITED WAY	665.00	2Q15 Employee Payroll Contributions
11264	07/30/2015	AmeriFlex Business Solutions	17.25	August 2015 FSA Administration
11265	07/30/2015	Consolidated Landscape Maintenance, Inc.	436.91	July Landscaping
11266	07/30/2015	Department of Labor and Industries	15.00	Right to Know
11267	07/30/2015	AmeriFlex Business Solutions	386.15	Pre-fund requirement for FSA account
11268	07/30/2015	Snohomish County PUD	1,663.88	Electricity 5/22 - 7/22/15
		Total Warrants	175,641.81	

Wire/ACH Activity:

7/10/2015	Payroll	17,151.20	ACH payroll transfer
7/10/2015	Paychex	112.12	Fee for payroll processing
7/10/2015	Department of Treasury	7,279.19	Payroll taxes for 7/4/15 pay period ending
7/10/2015	Valic	2,737.78	Payroll 401(a)/457 Deposit
7/24/2015	Payroll	16,669.90	ACH payroll transfer
7/24/2015	Paychex	85.38	Fee for payroll processing
7/24/2015	Department of Treasury	6,364.41	Payroll taxes for 7/24/15 pay period ending
7/24/2015	Valic	2,711.78	Payroll 401(a)/457 Deposit
7/10/2015	Wells Fargo	83.06	June 2015 Client Analysis Bank Fee
7/11/2015	Wells Fargo	137.34	Merchant account
7/15/2015	Alzheimer's Association Western & Central	7,209.16	Program Payment
7/15/2015	American Diabetes Association	4,166.67	Program Payment
7/15/2015	American Red Cross	2,500.00	Program Payment
7/15/2015	Boys & Girls Club of Snohomish County	12,833.33	Program Payment
7/15/2015	CampFire	4,166.67	Program Payment
7/15/2015	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
7/15/2015	Center for Human Services	13,523.67	Program Payment
7/15/2015	ChildStrive	23,113.25	Program Payment
7/15/2015	City of Lynnwood	28,305.66	Program Payment
7/15/2015	Community Health Center of Snohomish Co	27,083.33	Program Payment
7/15/2015	Edmonds Community College	4,974.50	Program Payment
7/15/2015	Edmonds Community College Foundation	4,396.33	Program Payment
7/15/2015	Edmonds School District No. 15	66,892.84	Program Payment
7/15/2015	Edmonds Senior Center	9,166.67	Program Payment
7/15/2015	Kinderling	7,500.00	Program Payment
7/15/2015	Korean Women's Association	5,000.00	Program Payment
7/15/2015	Mary Porter, RDN	750.00	Program Payment
7/15/2015	Medical Teams International	4,000.00	Program Payment
7/15/2015	Prescription Drug Assistance Foundation	4,166.67	Program Payment
7/15/2015	Program for Early Parent Support	2,987.50	Program Payment

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	7/15/2015	Puget Sound Christian Clinic	9,166.67	Program Payment
	7/15/2015	Puget Sound Kidney Centers Foundation	5,833.33	Program Payment
	7/15/2015	Senior Services of Snohomish County	57,936.67	Program Payment
	7/15/2015	Smithwright Services	5,416.67	Program Payment
	7/15/2015	Snohomish County Fire District 1	12,035.50	Program Payment
	7/15/2015	Snohomish County Music Project	2,416.67	Program Payment
	7/15/2015	Volunteers of America Western WA	6,362.92	Program Payment
	7/15/2015	Wonderland Development Center	11,250.00	Program Payment
	7/15/2015	YWCA of Seattle, King and Snohomish Co	2,083.33	Program Payment
	7/15/2015	Therapeutic Health Services	16,666.67	Program Payment
	7/15/2015	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
	7/15/2015	Lutheran Community Services NW	7,837.58	Program Payment
	7/15/2015	Turning Point Seattle	12,000.00	Program Payment
	7/10/2015	AmeriFlex Business Solutions	20.00	FSA Payments
	7/20/2015	AmeriFlex Business Solutions	278.46	FSA Payments
	7/24/2015	AmeriFlex Business Solutions	20.00	FSA Payments
	7/27/2015	AmeriFlex Business Solutions	278.46	FSA Payments
	7/29/2015	AmeriFlex Business Solutions	10.00	FSA Payments
	7/27/2015	WA Department of Revenue	747.20	B&O tax
	7/20/2015	Department of Labor & Industries	425.02	2Q15 State Fund
	7/28/2015	Harland Clarke Check	137.13	Checks
		Total Wires/ACH Transactions	<u>441,512.86</u>	
Kruger Clinic Activity:				
323-348	July 2015	Various Claimants/Vendors	<u>316,742.09</u>	Administered by Healthcare Realty
Workers Compensation Claims Activity:				
305240-241	July 2015	Various Claimants/Vendors	<u>1,566.92</u>	Administered by Eberle Vivian
		Total Disbursements	<u><u>\$ 935,463.68</u></u>	

	Transaction Date	Payer	Amount	Purpose
Deposits:				
	7/1/2015	Raymond Liu, D.D.S.	3,320.83	Kruger Clinic monthly lease
	7/1/2015	Swedish/Edmonds	734,176.21	Monthly lease
	7/1/2015	Value Village	24,428.45	Monthly lease
	7/1/2015	John Headley MD PS	18,949.07	Kruger Clinic monthly lease
	7/1/2015	Brian Tagaki, MD	75.00	Kruger Clinic monthly lease
	7/2/2015	Community Health Center of Snoh Co	200.00	Deposit for VCWC Room
	7/1/2015	Puget Sound Gastro	26,843.75	Kruger Clinic monthly lease
	7/1/2015	San Juan Island Prevention Coalition CPWI	200.00	Deposit for VCWC Room
	7/9/2015	Lutheran Community Services	200.00	Deposit for VCWC Room
	7/10/2015	Snohomish County	12,019.71	Levy
	7/16/2015	Comcast	136.17	Refund
	7/20/2015	Puget Sound Gastro	514.65	Reimbursement for WO
	7/20/2015	YWCA of Seattle, King & Snoh Co	200.00	Deposit for VCWC Room
	7/29/2015	Swedish	67.69	Refund from AT&T Cellular
	7/31/2015	Healthcare Realty Services, Inc.	4,663.72	Monthly ground Lease
		Total Deposits	\$ 825,995.25	

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 11215 through 11268 have been issued for payment in the amount of \$175,641.81. These warrants are hereby approved.

Attest:

Lisa M. King

Commissioner

Commissioner

Commissioner

Commissioner

Commissioner

Warrants Processed:	7-1-15 – 7-31-15		\$175,641.81
Work Comp Claims Pd:	7-1-15 – 7-31-15		1,566.92
Kruger Clinic Processed:	7-1-15 – 7-31-15		316,742.09
Payroll:	6-21-15 – 7-04-15	17,151.20	
	7-05-15 – 7-18-15	<u>16,669.90</u>	
			33,821.10
Electronic Payments:	Payroll Taxes	13,643.60	
	Paychex	197.50	
	Valic Retirement	5,449.56	
	AmeriFlex FSA	606.92	
	Bank Fees	220.40	
	WA State Dept Revenue	747.20	
	Harland Check Co.	137.13	
	Dept of L&I	425.02	
	Program Expenditures	<u>386,264.43</u>	
			<u>407,691.76</u>
	Grand Total		<u>\$935,463.68</u>

August 2015 Program Summary

- **Five application requests up for discussion:**
 - One new funding request
 - Follow-up on three previously discussed proposals
 - One renewal request

New Funding Requests

- **Snohomish County - Mental Health Wellness Fair:** a one-time request for \$5,000 to support a mental health wellness fair at Evergreen Middle School in Everett. The planning group includes Edmonds School District staff members and the intent would be encourage attendance from South Snohomish County. Funds would be used for speaker fees, logistics and marketing of the event.

The program committee is not recommending the program for funding because it takes place outside of Verdant's service area.

Follow-Up on Previously Discussed Funding Requests

- **Evergreen Manor – South County Detox:** a one-time request of \$485,350 to support a new South County detox program for low-income adults. The program would operate 24-hours a day providing medically managed withdrawal from alcohol, opiates, and other drugs. The program would expect to serve 850 individuals in the first year with the goal of getting 40% to treatment upon discharge. Verdant funds would be used to remodel the building, with Medicaid/Apple Health to fund 75% of ongoing admissions and 25% will be uninsured with Snohomish County providing funding.

Verdant held a study session earlier in August and the board needs to now decide whether to fund or partially fund the proposed project.

- **Brookside Research & Development – Fall Prevention Program:** a revised request of \$29,780 on a one-time basis from an organization that requested funding a year ago. The program would make use of faith congregations and technology to screen and assess for fall risks among older adults, and then to connect individuals with the appropriate interventions. At Verdant's request, Brookside secured letters of support from Senior Services of Snohomish County and the Edmonds Senior Center that outline how Brookside's program could integrate with their programs.

The program committee is recommending funding the program at \$29,780 on one-time basis with two contingencies: 1.) Brookside secures a fiscal sponsor for the project through Senior Services of Snohomish County or the Edmonds Senior Center, and 2.) Brookside develops and reports on specific outcome measures demonstrating how at-risk seniors are connected with interventions.

- **Swedish Edmonds request of \$5,000** to support "opiate rescue" kits that would be distributed from Swedish Edmonds to prevent poisoning deaths from prescription opioids and heroin. There were questions raised in

Verdant's July meeting about why the kits were so expensive, especially given that the drug (naloxone) is off patent. Snohomish Health District, Swedish pharmacy staff, and a researcher out of UW Medicine confirmed that the price has increased more than 10x over the past decade because there is limited manufacturing of the drug in the U.S. Dr. Caleb Banta-Green, a professor at the UW School of Public Health shared an article from the *Annals of Internal Medicine* and made the case that even at a higher drug cost, providing the rescue kits still results in cost savings.

The program committee is now recommending funding the request at \$5,000 on a one-time basis. The committee felt like there was an opportunity to reach out to our local congressional delegation and other policy makers to highlight the high cost of a drug and point out how the current drug sourcing model is not working.

Renewal Requests

- **Medical Teams International – South Snohomish County Mobile Dental Program:** a renewal request for operating funding for a mobile dental clinic program. The program serves approximately 600 patients from South Snohomish County per year at sites like Rotary Senior Housing, Edmonds Community College, Lynnwood Food Bank, Lynnwood Family Support Center, and area churches. The renewal request is for \$66,000 per year for three years, compared to a current funding level of \$48,000. The rationale behind increase is that program costs have increased and MTI would increase the number of clinics from 60 to 66 per year.

The committee recommending fully funding the request at \$66,000 per year for three years because the program directly connects to Verdant's priorities and the program has exceeded its goals for each year of the program.

Verdant Health Commission Proposal Summary August 2015

	A	B	C	D	E	F	G	H	I
New Funding Requests			Request for funding			Priority Area			
#	Name		Year 1	Year 2	Year 3	Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy
1	Snohomish County - Mental Health Wellness Fair	A one-time request to support a mental health wellness fair at Evergreen Middle School In Everett. The planning group includes Edmonds School staff members and the intent would be to offer transportation to the event from South Snohomish County. Funds would be used for speaker fees, logistics and marketing of the event.	\$5,000			X	X	X	
2	Evergreen Recovery Centers - South County Detox Start Up	A one-time request to support a new South County detox program for low-income adults. The program would operate 24-hours a day providing medically managed withdrawal from alcohol and opiates. The program would expect to serve 850 individuals in the first year with the goal of getting 40% to treatment upon discharge. Verdant funds would be used to remodel the building, with Medicaid/Apple health insurance to fund 75% of ongoing admissions and 25% will be uninsured with Snohomish County providing funding.	\$485,350					X	
3	Brookside Research & Development - Partnering to Prevent Falls in Older Adults	A revised application from an organization that requested funding a year ago. The program would make use of faith congregations to screen for fall risks among older adults using technology. The applicant, Brookside Research, is a small for-profit company with a history of NIH grants/contracts. Initially, Brookside would partner with three churches (Holy Rosary, Trinity Lutheran, and Northwest Church) and two community organizations (Senior Services and the Edmonds Senior Center). Verdant funds would be used to for instructor fees, technology and other training costs.	\$29,780			X	X	X	
4	Swedish Edmonds - Opiate Rescue Kit	A one-time request to support "opiate rescue" kits that would be distributed from Swedish Edmonds to prevent poisoning deaths from prescription opioids and heroin. The kits would be available by prescription from the hospital pharmacy and could be provided to a patient, family member or friend.	\$5,000				X		
Renewal Requests									
5	Medical Teams International - Mobile Dental Program	A multi-year request for operating funding for a mobile dental clinic program. The program would serve approximately 650 patients from South Snohomish County per year.	\$66,000	\$66,000	\$66,000			X	

Verdant Program Financial Forecasting

1 Scenario 1: 100% renewal

2	2015	2016	
3	Existing multi-year commitments	\$4,786,008	\$3,751,331
5	New Grants (plug)	\$209,365	\$770,338
6	Expected Renewals (100%)	\$120,178	\$1,223,331
7	One-time events	\$75,000	\$60,000
8	Building Healthy Communities Fund	\$1,331,000	\$1,349,000
9	Community Programs Internal	\$290,000	\$255,000
10	Superintendent Discretionary	\$288,450	\$291,000
11	Total	\$7,100,000	\$7,700,000

Note: includes \$50k/year for swim lessons, and \$150k start up for PSSC Lynnwood Dental clinic, w/ongoing payments beginning in Sept.

Best estimate looking at programs expected to reapply for funding

Preliminary estimate: 2016 budget not complete

Assumes no new projects spending in 2016

Preliminary estimate: 2016 budget not complete

Preliminary estimate: 2016 budget not complete

13 Scenario B: 80% renewal

14	2015	2016	
15	Existing multi-year commitments	\$4,786,008	\$3,751,331
16	New Grants (plug)	\$233,400	\$1,015,004
17	Expected Renewals (80%)	\$96,142	\$978,665
18	One-time events	\$75,000	\$60,000
19	Building Healthy Communities Fund	\$1,331,000	\$1,349,000
20	Community Programs Internal	\$290,000	\$255,000
21	Superintendent Discretionary	\$288,450	\$291,000
22	Total	\$7,100,000	\$7,700,000

Best estimate looking at programs expected to reapply for funding x 80%

Preliminary estimate: 2016 budget not complete

Assumes no new projects spending in 2016

Preliminary estimate: 2016 budget not complete

Preliminary estimate: 2016 budget not complete

23 Uncommitted funds

24	2015
24	Superintendent Discretionary
25	One-time events
26	Internal Programs

\$279,958

\$29,500

\$125,000

Program Level Detail on Possible Renewals

27 Programs up for Renewal in 2015

28	Organization Name	Program Name	2015 \$ at current funding level
29	Providence Hospice & Home Care	Hospice Outreach and Education	\$64,583
30	Medical Teams International	Mobile Dental Program	\$20,000
31	YWCA	Mental Health Counseling Program	\$4,167
32	Washington CAN	Insurance Outreach	\$31,428
33			\$120,178

34 Programs up for Renewal in 2016

35	Organization Name	Program Name	2016 \$ at current funding level
36	American Red Cross	CPR Training	\$2,500
37	Puget Sound Kidney Center	Chronic Kidney Disease Prevention	\$4,167
38	PSCC	Mental Health Counseling Program	\$5,000
39	Smithwright	Prevention Program	\$10,833
40	Seattle Visiting Nurses	Flu Shots	\$15,000
41	YWCA	Mental Health Counseling	\$20,833
42	Kinderling	Early Intervention	\$22,500
43	Prescription Drug Assistance Foundation	Prescription Drug Assistance Program	\$29,167
44	EdCC	Student Health & Wellness Program	\$29,847
45	Cascade Bicycling Club	Advanced Basics	\$32,000
46	Wonderland Development Center	Wonderland Development Center	\$45,000
47	Medical Teams International	Mobile Dental Program	\$48,000
48	American Diabetes Association	Stop Diabetes	\$50,000
49	Campfire	Campfire	\$50,000
50	Boys & Girls Club	Healthy Habits	\$51,333
51	City of Lynnwood	Mobile Integrated Care	\$63,151
52	CHC of Snohomish County	Dental Program	\$77,215
53	PSCC	PSCC Mobile Medical Clinic	\$90,000
54	Snohomish County FD1	Community Paramedic	\$144,426
55	Providence Hospice & Home Care	Hospice Outreach and Education	\$155,000
56	ChildStrive	Nurse Family Partnership	\$277,359
57			\$1,223,331

Verdant Community Wellness Center Summary
August 2015

Completed Programs

General Community and Provider Events	Attendance
<ul style="list-style-type: none"> • ELL / Health and Wellness Talks for Spanish Speakers (7/16 – 8/27) 	36
<ul style="list-style-type: none"> • Evergreen Home Visiting Rehab Team Meeting (7/28) 	56
<ul style="list-style-type: none"> • Evergreen Home Visiting Nurses Team Meeting (7/30) 	60
<ul style="list-style-type: none"> • Mothers of Children with Disabilities Monthly Support Network (8/1) 	12
<ul style="list-style-type: none"> • MTI Mobile Dental Clinic Ribbon Cutting (8/17) 	20
<ul style="list-style-type: none"> • Evergreen Home Health - Home Visiting Clinical Team Meeting (8/19) 	35
<ul style="list-style-type: none"> • Edmonds School District Health Services Team Meeting (8/24) 	20
<ul style="list-style-type: none"> • Alzheimer's Association Care Coordinator Weekly Hours (ongoing) 	varies
<ul style="list-style-type: none"> • WA Prescription Assistance Foundation Weekly Hours (ongoing) 	varies

Nutrition and Healthy Behaviors	Attendance
<ul style="list-style-type: none"> • AHA 6 Week Cooking Series for Teens (7/10-8/14) 	15
<ul style="list-style-type: none"> • Chronic Kidney Disease Prevention Workshops (7/15-8/19)* 	16
<ul style="list-style-type: none"> • Multicultural Everyday Fall Prevention and Yoga (7/23) (Korean)* 	45
<ul style="list-style-type: none"> • Senior Field Trip for Health: recipes featuring fresh fruits & vegetables (8/5) 	12
<ul style="list-style-type: none"> • Multicultural Everyday Nutrition II (8/6) (Korean)* 	60
<ul style="list-style-type: none"> • Cooking with Fresh, Local Produce Summer Series (8/10)* 	18
<ul style="list-style-type: none"> • Food Truths - Busting Nutritional Myths (August 19)* 	12
<ul style="list-style-type: none"> • 10 Summer Walks scheduled in August 	varies
<ul style="list-style-type: none"> • Lifestyle Change Check-Ins (drop- in 1st and 3rd Tuesdays of each month)* 	6-12
<ul style="list-style-type: none"> • Getting to Goal Program (Weight Management Consultations)* 	10 clients

Behavioral Health & Substance Use	Attendance
<ul style="list-style-type: none"> • Managing Difficult Emotions (7/ 23-9/10)* 	8
<ul style="list-style-type: none"> • Mental Health First Aid Training (7/29) 	25
<ul style="list-style-type: none"> • For the Kids Sake – Snohomish Co. Seminars for Divorcing Parents (8/5) 	42
<ul style="list-style-type: none"> • National Alliance on Mental Illness "Connections" Support Group (8/13) 	8
<ul style="list-style-type: none"> • Psychological First Aid for Medical Reserve Corp Volunteers (8/22) 	15
<ul style="list-style-type: none"> • Adult Children of Alcoholics Weekly Support Group 	6-8
<ul style="list-style-type: none"> • Snohomish County Music Therapy (weekly sessions)* 	1-3

Other Programs	Attendance
<ul style="list-style-type: none"> • Play and Learn Group, Wonderland Development Center (2X / month)* 	Varies

* = Grant/Program Funded Partner

Verdant Community Wellness Center Summary

August 2015

Upcoming Programs

General Community and Provider Events

- Lynnwood Healthy Communities Planning Meetings (August 25,26, 27 / September 15,16,17)
- SHIBA Update with the Centers for Medicare and Medicaid (September 1)
- Mothers of Children with Disabilities Monthly Support Network (September 5)
- MTI Specialty Dental Clinic doing Root Canals (September 14)
- Little Wonders: Support for Parents with a Special Needs Infant (September 21-October 15)
- Fire Service Opportunities Stakeholders Meetings (September 23 and September 29)
- American Heart Association Ambassador Training (September 23)
- Edmonds Chamber Luncheon (September 24)
- Second Time Around PEPS Support Group (September 24 – December 17)
- Senior Services Training and Staff Retreat (September 25)
- Developing Baby's Motor Skills and Grow the Brain (September 30)

Nutrition and Healthy Behaviors

- AHA - Packing Healthy Lunches - Parents and Kids Learning Together (August 29)*
- Getting to Goal Weight Reduction Class (September 2)
- Living to 100 (September 17)
- Counting Calories and Cash + Virtual Grocery Store Tour (September 28)
- Korean Women's Association: hosting Korean and Vietnamese language prevention workshops. Next event - Everyday Fall Prevention and Yoga in Vietnamese (September 12)*
- Summertime Cooking Demos Featuring Local, Fresh Fruits & Vegetables (September 14)*
- Exotic Flavors Cooking Series with Swedish's Chef/Dietitian (September 22 - Middle Eastern)
- Spanish Language Simple Cooking with Heart (September 26)
- Stop Diabetes Initiative - Continued Workshops*
- Ongoing - Lifestyle Change Check-Ins (drop-in support 2x/month)*
- Ongoing - Getting to Goal: Individual Weight Management Consulting with a Dietitian*

Behavioral Health & Substance Use Focus

- Snohomish County Hoarding Task Force Meeting (September 8)
- National Alliance on Mental Illness "Connections" Support Group (September 10)
- YWCA Pathways to Work (including a mental health component) (September 17-October 15)
- Dept. of Behavioral Health & Recovery - Prevention and Wellness Initiative (September 25)
- For the Kids Sake - Seminars for Parents Going Through Divorce (September 30)

Other Programs in Development

- Continued Summer Walking Series with Feet First (July/August/September)*
- Spanish Language Cooking and Activity Classes*
- Exotic Flavors Cooking Series with Swedish Edmonds Chef/Dietitian (Monthly Classes in the Fall)
- Living Well Alliance Workshops in partnership with PacMed (starting September 17)*
- Nutrition Workshops with Total Health RD (starting September 17)*
- Partnership with Sno-Isle Libraries offering programs at libraries sponsored by Verdant*
- Exploring Spanish language health education classes with SeaMar*

*** = Grant/Program Funded Partner**

August 2015 Marketing Report

Outreach & Advertising Strategies

- Community events – tabletop display in English and Spanish
- Flyers – at VCWC, distributed through applicable partners, community locations like libraries, rec centers
- Advertising – My Neighborhood News Network, the Herald, Facebook

Upcoming Events

- Woodway's Town Fair took place Saturday, August 22
- Edmonds School District's Parent Group Leader Meeting took place Tuesday, August 25
- Back-to-School Health & Resource Fair is **Thursday, August 27** from 6-9 p.m. at Cedar Valley Community School.