VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON BOARD OF COMMISSIONERS Regular Meeting A G E N D A May 23, 2018 8:00 to 9:15 a.m.

	ACTION	<u>TIME</u>	<u>PAGE</u>
A. Call to Order		8:00	
B. Approval of the Minutesa) April 25, 2018 Board Meeting	Action	8:01	1-5
C. Executive Committee Report	Information	8:02	
D. Superintendent Report	Information	8:03	6
 E. Finance Committee Report a) Moss Adams 2017 Audited Financial Statements b) Review financial statements and cash activity c) Authorization for payment of vouchers and payroll d) 2018:05 – Approve surplus of fixed assets 	Presentation Information Action Action	8:05 8:15 8:20 8:25	7-33 34-37 38 39-42
 F. Program Committee Report & Recommendations a) Conflicts of Interest b) Program investment recommendations c) Building Health Communities Fund update d) Verdant Community Wellness Center activities update e) Verdant multicultural program update 	Action Information Information Information	8:30 8:30 8:45 8:50 8:55	43-46 46 47-48 49
G. Marketing Report	Information	9:00	50
H. Public Comments (please limit to three minutes per speaker)		9:05	
I. Commissioner Comments		9:10	
J. Adjournment		9:15	

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting Verdant Community Wellness Center April 25, 2018

Commissioners Present	Deana Knutsen, President Fred Langer, Commissioner Bob Knowles, Commissioner J Bruce Williams, Commissioner
Commissioners Excused	Karianna Wilson, Secretary
Staff	Robin Fenn, Superintendent George Kosovich, Assistant Superintendent Lisa King, Finance Director Jennifer Piplic, Marketing Director Sue Waldin, Community Wellness Program Manager Sandra Huber, Community Engagement Nancy Budd, Social Worker Karen Goto, Executive Assistant
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 6:00 p.m. by President Knutsen.
	Called to order at 0.00 p.m. by Fresident Khutsen.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular board meeting on March 28, 2018.
Approval of Minutes Executive Committee Report	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular board meeting on

moderator of a panel on teen depression and

	 suicide at the Edmonds Library on April 17, 2018, and attended the Community Narcan Training held at Verdant on April 19, 2018. South Snohomish County CHART Program (CHronic Utilizer Alternative Response Team) held their second meeting at Verdant on April 9, 2018. Payden & Rygel investment advisors attended the Finance Committee meeting on April 9, 2018. Accountable Communities of Health will be discussing the possible release of Medicaid waiver dollars by the end of May 2018.
Finance Committee Report	The committee met on April 9, 2018. Ms. King reviewed the financial statements and cash activity for March 2018 (E:29:18). The 2017 financial audit is almost complete. One audit adjustment Ms. King noted was that there is no need to carry reserves for Worker's Comp anymore. Verdant received a deposit from Washington State Healthcare Authority in the amount of \$290,521.00 from a 2009 Medicare CPE settlement. Verdant also received notification of the final estimated 2010 Medicare CPE settlement in the amount of \$1,190,764.00
Authorization for Payment of Vouchers & Payroll	Warrant Numbers 12764 through 12840 for March 2018 for payment in the amount of \$109,738.16 were presented for approval (E:30:18). <i>Motion was made,</i> <i>seconded and passed unanimously to approve.</i>
Resolution 2018:4 Investment Policy Revision	Commissioner Langer gave a brief background on why the investment policy revision is being done which is that state law was changed to allow a broader set of investment options (E:31:18). <i>Motion was made, seconded and passed unanimously</i> <i>to approve</i> Resolution 2018:4.
Program Committee Update	The Program Committee met on April 17, 2018 to review two new requests for funding, the program dashboard discussion on childhood obesity, and the Building Healthy Communities Fund request for proposals (E:32:18). No conflicts of interest were reported by the commissioners present.

Commissioners Meeting April 25, 2018 Page 3

	 Mr. Kosovich presented the requests and Commissioner Knowles presented the committee recommendations to the board. <i>Motion was made, seconded and passed unanimously to approve</i> the Foundation for Edmonds Schools Summer Meal Program in the amount of \$9,750 on a one-time basis. <i>Motion was made, seconded and passed unanimously to approve</i> Latino Education Training Institute Latino Expo 2018 in the amount of \$5,000 on a one-time basis.
Verdant Community Wellness Center Activities Update	Ms. Waldin presented an update on activities at the Wellness Center in April 2018 (E:33:18). Verdant was asked by the Snohomish Health District to hold a Community Narcan Training which took place on April 19, 2018 with 44 participants. Verdant also hosted the national Diabetes Prevention Program training on April 21 to 22, 2018 with 33 participants. Commissioner Knowles attended the training. Food Lifeline will be holding a Hunger & Health Stakeholder discussion at Verdant on May 31, 2018, 8:30 to 10:30 a.m.
Verdant Multicultural Report	Ms. Huber presented an update on multicultural activities for April 2018 (E:34:18) including the Cooking with Cops in partnership with the Alderwood Boys & Girls Club and the Lynnwood Police Department. The Multi-Cultural Health Fair on June 2, 2018 with Puget Sound Christian Clinic will be held at the Community Life Center in Lynnwood. There are also plans to have a Diabetes Prevention Program training in Spanish in partnership with the YMCA. Commissioner Knutsen expressed her appreciation for the work done by Ms. Waldin and Ms. Huber.
Program Dashboard Discussion	Mr. Kosovich presented the draft Verdant Program Dashboard (E:35:18) and explained the statistics and Verdant-funded programs. Commissioner Langer suggested that space be added for corrective action where appropriate. Commissioner Knutsen asked if there was a way to show the impact of progress or activities beyond what Verdant is funding. Commissioner Williams found the summary provocative and wondered how to capture the impact of larger

Commissioners Meeting April 25, 2018 Page 4	
	issues like food systems and marketing for a topic like childhood obesity.
Building Healthy Communities Fund Discussion	Mr. Kosovich presented the points for discussion with a snap shot of Verdant's reserves (E:36:18). Commissioners agree with the suggestion by the Program Committee to fund up to a total of \$5 million with a maximum of \$2.5 million per project for 1 to 2 organizations and 3 to 4 years of funding but that there should be some flexibility depending on the applications. The review process and expected timing presented by the staff was accepted by the board. Commissioner Knowles asked if the evaluation item of the extent to which the applicant or community has received prior Verdant funding should be included in the primary criteria. Commissioners discussed and agreed that yes, it should be considered.
Marketing Report	Ms. Piplic presented the Marketing report (E:37:18) with a note that 80,000 copies of the Spring 2018 edition of The Canopy has been arriving in community mailboxes. The Edmonds Senior Center Healthy Living Expo is on April 27, 2018 and the Health & Fitness Expo is on May 19, 2018. Verdant is also hosting the next Verdant Partner Roundtable on May 4, 2018, 2 to 4 p.m. and invites will be sent to the commissioners.
Public Comments	None
Commissioner Comments	President Knutsen thanked the Edmonds School District & Edmonds Senior Center for attending the board meeting.
	Commissioner Williams said that he will be resigning from the board at the end of July 2018 as he will be moving out of the area. He shared that he has confidence that his fellow commissioners will be able to select a qualified replacement. Commissioner Langer expressed his gratitude to Commissioner Williams and that he has enjoyed serving with him on the board.
Adjourn	The meeting was adjourned at 7:06 p.m.

Commissioners Meeting April 25, 2018 Page 5

ATTEST BY:

President

Secretary

JUNE 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Multicultural Wellness Fair (9am to 1pm at Community Life Center)
3	4	5 BHCF Info Session (3 to 4:30pm at Verdant)	6	7 Compass Health community discussion on behavioral health (7 to 8:30pm at Campbell Auto Center)	8	9
10	11	12	13 Board Mini-Retreat (12 to 4pm at Verdant) Program Committee (6 to 7pm at Verdant)	14 South County Walks Leader Training (5:30 to 6:30pm at Verdant)	15	16
17	18	19	20 Executive Committee (8:30 to 9:30am at Verdant)	21 Lynnwood State of the City (8 to 9am at Lynnwood Convention Center)	22	23 AWPHD conference (Chelan, through June 27 th)
24	25 First South County Walk from Verdant (6pm to whenever) **First of an ongoing series of walks**	26	27 Board Meeting (8 to 10am at Verdant)	28	29	30



REPORT OF INDEPENDENT AUDITORS AND FINANCIAL STATEMENTS

PUBLIC HOSPITAL DISTRICT NO. 2, SNOHOMISH COUNTY, WASHINGTON dba VERDANT HEALTH COMMISSION

December 31, 2017 and 2016



Table of Contents

	PAGE
Report of Independent Auditors	1–2
Management's Discussion and Analysis	3–9
Financial Statements	
Statements of net position	10
Statements of revenues, expenses, and changes in net position	11
Statements of cash flows	12–13
Notes to financial statements	14–23
Report of Independent Auditors on Internal Control over Financial Reporting and on Compliance and Other Matters Based on an Audit of Financial Statements	
Performed in Accordance with Government Auditing Standards	24–25



Report of Independent Auditors

To the Board of Commissioners Public Hospital District No. 2, Snohomish County, Washington dba Verdant Health Commission

Report on the Financial Statements

We have audited the accompanying financial statements of Public Hospital District No. 2, Snohomish County, Washington dba Verdant Health Commission (the District), as of and for the years ended December 31, 2017 and 2016, and the related notes to the financial statements, which collectively comprise the District's basic financial statements as listed in the table of contents.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with accounting principles generally accepted in the United States of America; this includes the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express opinions on these financial statements based on our audits. We conducted our audits in accordance with auditing standards generally accepted in the United States of America and the standards applicable to financial audits contained in *Government Auditing Standards*, issued by the Comptroller General of the United States. Those standards require that we plan and perform the audits to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. Accordingly, we express no such opinion. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

1

Opinions

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of Public Hospital District No. 2, Snohomish County, Washington dba Verdant Health Commission as of December 31, 2017 and 2016, and the respective changes in financial position and, where applicable, cash flows thereof for the years then ended in accordance with accounting principles generally accepted in the United States of America.

Other Matters

Required Supplementary Information

Accounting principles generally accepted in the United States of America require that the accompanying management's discussion and analysis on pages 3 through 9 be presented to supplement the basic financial statements. Such information, although not a part of the basic financial statements, is required by the Governmental Accounting Standards Board, who considers it to be an essential part of financial reporting for placing the basic financial statements in the appropriate operational, economic, or historical context. We have applied certain limited procedures to the required supplementary information in accordance with auditing standards generally accepted in the United States of America, which consisted of inquiries of management about the methods of preparing the information and comparing the information for consistency with management's responses to our inquiries, the basic financial statements, and other knowledge we obtained during our audit of the basic financial statements. We do not express an opinion or provide any assurance on the information because the limited procedures do not provide us with sufficient evidence to express an opinion or provide any assurance.

Other Reporting Required by Government Auditing Standards

In accordance with *Government Auditing Standards*, we have also issued our report dated May 21, 2018, on our consideration of the District's internal control over financial reporting and on our tests of its compliance with certain provisions of laws, regulations, contracts, and grant agreements and other matters. The purpose of that report is to describe the scope of our testing of internal control over financial reporting and compliance and the results of that testing, and not to provide an opinion on internal control over financial reporting or on compliance. That report is an integral part of an audit performed in accordance with *Government Auditing Standards* in considering the District's internal control over financial reporting and compliance.

Grand LLP

Everett, Washington May 21, 2018

The following discussion and analysis for Public Hospital District No. 2, Snohomish County, Washington dba Verdant Health Commission (the District) provides an overview of the District's financial activities for the years ended December 31, 2017 and 2016. Please read it in conjunction with the District's financial statements, which follow this analysis.

Using These Basic Financial Statements

The District's financial statements consist of three statements: a statement of net position; a statement of revenues, expenses, and changes in net position; and a statement of cash flows. These financial statements and related notes provide information about the financial activities of the District.

The Statement of Net Position and Statement of Revenues, Expenses, and Changes in Net Position

These two statements include all restricted and unrestricted assets and all liabilities using the accrual basis of accounting. All the current year's revenues and expenses are taken into account when the underlying transactions occur, regardless of when cash is received or paid. These statements report the District's net position and the changes therein. When assessing the overall health of the District, other nonfinancial factors also need to be considered, such as changes in programs offered, measures of the quality of service offered, and local economic factors.

The Statement of Cash Flows

This statement reports cash receipts, cash payments, and net changes in cash resulting from operations, investing, and capital and noncapital financing activities. It provides information about sources and uses of cash and the change in cash balances during the reporting periods.

The Transition of Operations, Effective September 1, 2010

Until September 1, 2010, Public Hospital District No. 2, Snohomish County, Washington, owned and operated Stevens Hospital. Through a lease and operating agreement, on September 1, 2010, Swedish Health Services (SHS), a nonprofit corporation, took over operation of the hospital and renamed it Swedish Edmonds. This transition significantly changed the role of the District. The District retained ownership of the hospital but no longer manages its operations and, instead, is a landlord to SHS. As of December 31, 2017, SHS had paid \$58.1 million in total lease payments to the District for the use of hospital real property and personal assets owned by the District.

The negotiated agreement terms for use of the hospital by SHS are for 30 years, with options to renew, wherein the District will receive monthly lease payments that increase 3.0% per year for the first 15 years, after which time the monthly payments will be steady for the remainder of the agreement. Additionally, SHS agreed to invest a minimum of \$90.0 million into hospital capital improvements over the course of the first 10 years, with no less than \$6.0 million per year in each of those 10 years.

The Transition of Operations, Effective September 1, 2010 (continued)

That commitment included the installation of the Epic electronic medical record system. Additional capital investment by SHS may be committed each year based on 25% of the defined profitability of the facility. In addition, SHS committed to a major expansion project of at least \$60 million, provided there was adequate return on investment, demand criteria were met, and the SHS board of trustees approved such a project. An expansion of the Emergency Department was completed in 2016 that met the major expansion project criteria above. The District and SHS formed a strategic collaboration committee to provide oversight for the lease and strategic planning activities for the facility.

The District will maintain investments sufficient to take back the operation of the hospital in the event of default by SHS or some other extraordinary event. This transition significantly impacted many of the statement of net position accounts for the year ending December 31, 2010, and along with the long-term agreement with SHS, significantly improves the short- and long-term financial viability of the District.

The Verdant Health Commission

As of September 1, 2010, the District began doing business as South Snohomish County Commission for Health (SSCCFH). The SSCCFH name was changed in 2011 to the Verdant Health Commission (Verdant) by a vote of the commissioners of the District. Verdant is governed by a board of five commissioners elected at large. The mission of Verdant is to improve the health and well-being of the community. This mission will be completed by contracting for services with local organizations, businesses, and government agencies, and the establishment of Verdant-operated initiatives. Long-term financial stability will be established by investing available revenues received from SHS and others, as well as ongoing tax levy revenues, into allowable government funds, thus building adequate reserves in the years to come.

Verdant began accepting funding proposals in June 2011 in four health priority areas: Education and Empowerment, Prevention, Access to Healthcare Services, and Policy and Advocacy. Funds are available for one-time uses like events and short-term needs in the community, as well as for ongoing health and wellness programs. Verdant paid out approximately \$5.8 million in community program investments during 2017. Each program is managed through a cooperative agreement with partners and is being monitored for performance and compliance by Verdant staff.

Verdant completed a comprehensive needs assessment in 2013 to better understand the health and wellness issues impacting residents of South Snohomish County. The needs assessment highlighted two key community issues for the District: adult dental care and behavioral health needs. In 2014, Verdant approved funding for programs and projects in these areas, including a new mobile dental clinic through Medical Teams International and a fixed-site dental clinic in Lynnwood through the Puget Sound Christian Clinic.

The Verdant Health Commission (continued)

In 2016, Verdant partnered with the Snohomish Health District on an updated needs assessment. Although the assessment found that the general health status of South Snohomish County residents compares favorably to the rest of Snohomish County, and had improved since the 2013 assessment, there were several areas of concern:

- Youth symptoms of depression increased between 2012 and 2014
- Only 63 percent of older adults received a flu vaccination
- 25 percent of the population is obese
- 36 percent of the adult population is not physically active and 75 percent of youth are not meeting exercise guidelines
- 29 percent of residents do not have dental coverage and 27 percent of the population has not had a dental visit in the past year

Verdant continues to fund projects focused on long-term prevention, childhood obesity, access to healthcare, dental access, and improving behavioral health. Many of the programs Verdant supported in 2016 continue through multi-year cooperative agreements. Notable programs that were approved or renewed for funding in 2017 include the expansion of programs serving youth with behavioral health or other challenges, through Therapeutic Health Services, the Center for Human Services, and the Edmonds School District. These expanded programs expect to serve 22% more youth in 2018. Verdant also renewed funding for a mobile medical clinic that will expand the clinic hours and number of patients served. Another major funding expansion included a program through the Edmonds School District called Move 60! that serves elementary-aged students, with a goal to increase physical activity and decrease childhood obesity. Verdant also funded two projects that are integrating behavioral health services into primary care settings in Lynnwood and Edmonds-based clinics.

The Verdant Community Wellness Center (VCWC) in Lynnwood continues to offer residents of the District a resource for accessing health and wellness classes, programs, and information. The center serves as the Verdant headquarters and houses all District staff. During 2017, an estimated 14,383 people were served in the VCWC with various education and support programs. Examples included healthy cooking classes, depression and anxiety support groups, assistance with health insurance enrollment, and prescription drug assistance. The center also includes a full-time 2-1-1 Community Resource Advocate who meets with residents one-on-one to connect them to community resources.

Statement of Net Position

The District's net position is the difference between its assets and liabilities as reported in the statement of net position (in thousands).

	 2017	 2016	2015
Assets			
Current assets	\$ 46,460	\$ 40,280	\$ 37,552
Capital assets, net	29,125	31,144	33,280
Other noncurrent assets	 16,649	 15,320	 13,617
Total assets	\$ 92,234	\$ 86,744	\$ 84,449
Liabilities			
Current liabilities	\$ 2,066	\$ 3,230	\$ 2,839
Long-term debt, net	2,051	2,988	3,890
Other long-term liabilities	-	100	725
Total liabilities	 4,117	 6,318	 7,454
Net position			
Net investment in capital assets	26,199	27,316	28,585
Restricted for debt service	50	48	47
Unrestricted	 61,868	53,062	 48,363
Total net position	 88,117	 80,426	 76,995
Total liabilities and net position	\$ 92,234	\$ 86,744	\$ 84,449

Current Assets

Total current assets of \$46.5 million at year-end 2017 reflect an increase of \$6.2 million (15.3%), compared to the balance of \$40.3 million at the end of 2016. Cash and cash equivalents increased by \$1.3 million (23.4%) in 2017, compared to an increase of \$2.5 million (86.4%) in 2016.

Capital Assets

The District's net capital assets decreased \$2.0 million (6.5%) in 2017, compared to a net decrease of \$2.1 million (6.4%) in 2016. Surplus of aging hospital asset continue to contribute to this decrease.

Other Noncurrent Assets

Other noncurrent assets consist of rent receivable totaling \$16.6 million at year-end 2017, an increase of \$1.3 million (8.7%), compared to an increase of \$1.7 million (12.5%) in 2016. The rent receivable results from straight-line recognition of the 30-year lease of the hospital to SHS.

Statement of Net Position (continued)

Current Liabilities

Current liabilities decreased \$1.2 million (36.0%) from \$3.2 million in 2016 to \$2.1 million in 2017.

Long-Term Debt

As of December 31, 2017, the District had \$2.1 million in long-term debt, net of current portion, which is a \$0.9 million (31.4%) decrease from 2016. Principal payments during 2017 totaled \$0.8 million. In 2012, outstanding 1999 LTGO refunding bonds were paid in full by the issuance of \$6.6 million of 2012 LTGO refunding bonds. Principal payments during 2012, in excess of the 1999 LTGO refunding bond payments, totaled \$1.0 million.

Other Long-Term Liabilities

Other noncurrent liabilities decreased by \$0.1 million from \$0.1 million in 2016. Reserves for self-insured workers' compensation claims were reduced to zero.

Operating Results and Changes in the District's Net Position

In 2017, the District's net position increased \$7.7 million (9.6%), compared to an increase of \$3.4 million (4.5%) in 2016.

	2017	2016	2015
Operating revenues Lease revenue	\$ 11,865	\$ 11,820	\$ 11,838
Other operating revenues	36 ¥	\$ 11,820 32	۶ ۱۱,۵۵۵ 16
Total operating revenues	11,901	11,852	11,854
Operating expenses			
Salaries and benefits	825	859	769
Program expenditures	5,470	6,424	8,021
Other	1,083	1,233	1,121
Depreciation	2,152	2,405	2,641
Total operating expenses	9,530	10,921	12,552
Operating income (loss)	2,371	931	(698)
Nonoperating revenues (expenses)			
Tax levies	2,265	2,221	2,167
Investment income	306	261	133
Interest expense and amortization	(43)	(68)	(91)
Gain (loss) on disposal of capital assets	53	(111)	(98)
Other revenues	2,739	197	84
Net nonoperating revenues	5,320	2,500	2,195
Increase in not position	7 601	2 4 2 4	1 407
Increase in net position	7,691	3,431	1,497
Net position, beginning of year	80,426	76,995	75,498
Net position, end of year	<u>\$ 88,117</u>	\$ 80,426	\$ 76,995

Operating revenues in 2017 totaling \$11.9 million were attributed to lease payments and income from the Verdant Healthier Community Conference. Of that, \$8.7 million was attributable to the SHS lease for operation of the hospital. Additional lease revenues were received from other lease agreements, including Value Village, Healthcare Realty, and the Swedish Kruger Medical Office Building (formerly known as the Kruger Clinic).

Operating Results and Changes in the District's Net Position (continued)

Overall operating costs of \$9.5 million at year-end 2017 reflect a decrease of \$1.4 million (12.7%), compared to operating costs of \$10.9 million at the end of 2016. Salaries and benefits totaled \$0.8 million in 2017, a decrease of 4.0% from 2016. Program expenditures totaled \$5.5 million in 2017 compared to \$6.4 million in 2016.

Net nonoperating revenues in 2017 totaled \$5.3 million, compared to \$2.5 million in 2016, an increase of \$2.8 million (112.8%). This includes a net increase of \$0.3 million (17.3%) on investments over 2016, which is made up of investment income of \$0.7 million partially offset by an unrealized loss of \$0.4 million. Other revenues increased by \$2.5 million (1,290.4%) in 2017 and include \$2.4 million in Medicare Certified Public Expenditure (CPE) settlements from State Fiscal Years 2000, 2001, 2004, 2005, 2009 and 2010, as well as the sale of a property easement to the City of Lynnwood.

Contacting the District's Financial Management

This financial report is designed to provide our taxpayers, suppliers, and creditors with a general overview of the District's finances and to show the District's accountability for the money it receives. If you have any questions about this report or need additional financial information, contact the District's finance office at 4710 196th Street SW, Lynnwood, Washington 98036.

Public Hospital District No. 2, Snohomish County, Washington dba Verdant Health Commission Statements of Net Position

A33E13		
	Decen	1ber 31,
	2017	2016
CURRENT ASSETS Cash and cash equivalents Investments Receivables Estimated third-party payor settlements Prepaid expenses and other Assets whose use is limited	\$ 6,732,609 38,157,248 10,000 1,481,285 28,947 49,963	\$ 5,457,824 34,729,116 18,000 - 27,616 47,748
Total current assets	46,460,052	40,280,304
CAPITAL ASSETS Nondepreciable capital assets Depreciable capital assets, net of accumulated depreciation Capital assets, net of accumulated depreciation	7,723,706 21,401,385 29,125,091	7,727,017 23,416,706 31,143,723
RENT RECEIVABLE	16,648,659	15,319,478
Total assets	<u>\$ 92,233,802</u>	<u>\$ 86,743,505</u>
LIABILITIES AND NET POSITIO	N	
CURRENT LIABILITIES Current portion of long-term debt Accounts and warrants payable Prepaid lease income Accrued interest Accrued salaries and benefits Estimated self-insured liabilities	\$ 875,000 182,704 832,742 6,863 68,954 100,000	\$ 840,000 1,127,772 864,607 8,963 74,779 313,923
Total current liabilities	2,066,263	3,230,044
LONG-TERM DEBT, net of current portion	2,050,919	2,987,949
OTHER LONG-TERM LIABILITIES		100,000
Total liabilities	4,117,182	6,317,993
NET POSITION Net investment in capital assets Restricted for debt service Unrestricted	26,199,172 49,963 61,867,485	27,315,774 47,748 53,061,990
Total net position	88,116,620	80,425,512
Total liabilities and net position	\$ 92,233,802	\$ 86,743,505

ASSETS

	Years Ended	December 31,
	2017	2016
OPERATING REVENUES		
Lease revenue	\$ 11,864,937	\$ 11,819,559
Other operating revenue	36,241	31,559
Total operating revenues	11,901,178	11,851,118
OPERATING EXPENSES		
Salaries and wages	690,790	722,518
Employee benefits	134,345	136,017
Program expenditures	5,470,230	6,424,300
Professional services	226,007	383,943
Purchased services, utilities, and other	856,355	849,169
Depreciation	2,152,254	2,404,616
Total operating expenses	9,529,981	10,920,563
Operating income	2,371,197	930,555
NONOPERATING REVENUES (EXPENSES)		
Maintenance and operations tax levy	2,265,091	2,221,262
Investment income and unrealized gain	305,644	260,542
Other interest expense and amortization	(43,420)	(67,658)
Gain (loss) on disposal of capital assets, net	53,435	(111,343)
Other revenues	2,739,161	197,286
Net nonoperating revenues	5,319,911	2,500,089
Increase in net position	7,691,108	3,430,644
NET POSITION, beginning of year	80,425,512	76,994,868
NET POSITION, end of year	<u>\$ 88,116,620</u>	\$ 80,425,512

Increase (Decrease) in Cash and Cash Equivalents

	Years Ended December 31,		
	2017	2016	
CASH FLOWS FROM (USED IN) OPERATING ACTIVITIES			
Cash received for leasing and other operations	\$ 10,540,132	\$ 10,254,291	
Cash paid to employees	(830,960)	(838,988)	
Cash paid on community programs	(5,570,230)	(7,049,300)	
Cash paid to suppliers for goods and services	(2,234,684)	(471,554)	
Net cash from operating activities	1,904,258	1,894,449	
CASH FLOWS FROM NONCAPITAL FINANCING ACTIVITIES			
Cash received from maintenance and operations tax levy for			
noncapital purposes	2,262,876	2,220,471	
Cash received from Swedish Health Services	-	148,547	
Other	1,257,876	380,476	
Net cash from noncapital financing activities	3,520,752	2,749,494	
CASH FLOWS USED IN CAPITAL AND RELATED FINANCING ACTIVITIE	S		
Principal payments on long-term debt	(840,000)	(805,000)	
Interest paid on long-term debt	(107,550)	(131,699)	
Proceeds from sale of capital assets	58,864	-	
Acquisition and construction of capital assets	(139,051)	(380,172)	
Net cash used in capital and related financing activities	(1,027,737)	(1,316,871)	
CASH FLOWS FROM INVESTING ACTIVITIES			
Net change in investments	(3,783,560)	(1,365,350)	
Investment income	661,072	567,907	
Net each from investing activities	(2.402.400)	(707.440)	
Net cash from investing activities	(3,122,488)	(797,443)	
NET CHANGE IN CASH AND CASH EQUIVALENTS	1,274,785	2,529,629	
CASH AND CASH EQUIVALENTS, beginning of year	5,457,824	2,928,195	
CASH AND CASH EQUIVALENTS, end of year	\$ 6,732,609	\$ 5,457,824	

	 Years Ended December 31,			
	 2017		2016	
RECONCILIATION OF OPERATING INCOME TO NET CASH FROM OPERATING ACTIVITIES				
Operating income	\$ 2,371,197	\$	930,555	
Adjustments to reconcile operating income (loss) to net cash from operating activities				
Depreciation	2,152,254		2,404,616	
Changes in operating assets and liabilities				
Receivables	8,000		(94,554)	
Prepaid expenses and other	(1,331)		622,462	
Rent receivable	(1,329,181)		(1,701,324)	
Accounts and warrants payable	(945,068)		213,921	
Prepaid lease income	(31,865)		104,497	
Accrued salaries and benefits	(5,825)		19,547	
Self-insured liabilities	(213,923)		19,729	
Other long-term liabilities	 (100,000)		(625,000)	
Net cash from operating activities	\$ 1,904,258	\$	1,894,449	

Increase (Decrease) in Cash and Cash Equivalents

Note 1 – Organization and Summary of Accounting Policies

Organization – Until September 1, 2010, Public Hospital District No. 2 of Snohomish County, Washington (the District), a Washington municipal corporation, was owned and operated as Stevens Hospital (the Hospital), located in Edmonds, Washington. The Hospital is an acute care community hospital with 156 set-up beds. On September 1, 2010, the District entered into an agreement (the Agreement) to lease and operate the Hospital with Swedish Health Services (SHS), a nonprofit corporation. The Agreement included transfer of control of Stevens Foundation (the Foundation), which was organized and formally incorporated as a 501(c)(3) tax-exempt organization. The District is now doing business as Verdant Health Commission.

The District is governed by a board of five elected commissioners. The mission of the District is to improve the health and well-being of the community. This mission will be completed by contracting for services with local organizations, businesses, and government agencies and the establishment of Verdant-operated initiatives. Long-term financial stability will be established by investing available revenues received from SHS, as well as ongoing tax levy revenues, into allowable government funds, thus building adequate reserves in the years to come.

The District began accepting funding proposals in June 2011 in four health priority areas: Education and Empowerment, Prevention, Access to Healthcare Services, and Policy and Advocacy. Funds are available for one-time uses like events and short-term needs in the community, as well as for ongoing health and wellness programs.

The terms of the Agreement specify an initial 30-year term, with two 10-year renewal options. Rental payments to be made by SHS will be \$600,000 per month, with annual escalation of 3% per year on each anniversary date for the first 15 years. The rent is on an absolute net basis, with SHS being responsible for all operating costs associated with the facility. The lease calls for certain approvals by the District that affect the operation of the facility for the following: change in license, major service line changes, union contract representation, and maintenance of an independent medical staff. Per the terms of the agreement, SHS committed to capital investments for the facility, some of which were dependent upon various factors like future profitability, return on investment and demand criteria, and SHS board approval. The District and SHS formed a strategic collaboration committee to provide oversight for the lease and strategic planning activities for the facility.

The County Treasurer acts as an agent to collect property taxes levied in the county for all taxing authorities. Taxes are levied annually on assessed values as established by the County Assessor. Tax collections are distributed monthly to the District by the County Treasurer. Property taxes are recorded as receivables and revenue when levied. Because state law allows for the sale of property for failure to pay taxes, no estimate of uncollectible taxes is made.

In September 1997, the voters of the District approved maintenance and operations (M&O) tax levy upon the taxable property within the District; the M&O tax provided approximately \$2,265,000 of funding in 2017 and \$2,220,000 of funding in 2016. The levy is ongoing in future years. The M&O tax levy funds are reported in the accompanying statements of revenues, expenses, and changes in net position as nonoperating revenues.

Note 1 – Organization and Summary of Accounting Policies (continued)

Basis of presentation – The financial statements reflect the operations of the District using enterprise fund accounting. Revenues and expenses are recognized on the accrual basis using the economic resources measurement focus.

Use of estimates – The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates.

Cash and cash equivalents – For purposes of the statements of cash flows, the District considers all highly liquid investments (excluding cash and short-term investments included in restricted assets) with a maturity of three months or less when purchased to be cash equivalents.

Investments – Investments that are not considered to be cash and cash equivalents or restricted assets are reported at fair value. Investment interest, dividends, and unrealized and realized gains and losses are included in nonoperating income when earned.

Restricted assets – As described further in Note 6, the District receives tax levy funds that are used solely for debt service associated with the general obligation bonds. Taxes and interest receivable and scheduled debt service payments temporarily invested prior to becoming due are recorded as restricted assets. All receipts and earnings generated on such investments are reported as nonoperating revenues and expenses.

Capital assets – Capital assets are stated at cost. Improvements and replacement of capital assets are capitalized. The District's capitalization threshold is \$5,000 per item and a useful life of at least two years. Maintenance and repairs are expensed. The cost of capital assets sold or retired and the related accumulated depreciation are removed from the accounts, and any resulting gain or loss is recorded.

Depreciation is computed using the straight-line method over the estimated useful lives of the related assets. Assets under capital leases are amortized over the shorter of the lease term or useful life. Amortization attributable to assets acquired under capital leases is included with depreciation as shown in the statements of revenues, expenses, and changes in net position.

The following is a summary of asset lives used:

Buildings and building improvements	2 – 50 years
Equipment	2 – 50 years
Land improvements	2 – 25 years

Rent receivable – Rent receivable represents lease revenue on a straight-line basis in excess of lease payments received for applicable lease agreements in accordance with applicable accounting standards.

Note 1 – Organization and Summary of Accounting Policies (continued)

Self-insurance liabilities – The District accrues an estimate of losses and related expenses for its selfinsured workers' compensation claims. The District maintains stop-loss insurance for workers' compensation claims in excess of specified amounts. This liability, which is approximately \$100,000 and \$414,000 as of December 31, 2017 and 2016, respectively, is recorded in the accompanying statements of net position within estimated self-insured liabilities and other long-term liabilities.

Estimated third-party payor settlements – Under a contractual agreement with Medicare, the Hospital is paid at an interim rate during the year for certain services and programs. The difference between interim payments and estimated final reimbursement for the cost report year results in a settlement receivable or payable, which may be adjusted in future periods as final settlements are determined. The Medicare program's administrative procedures preclude final determination of settlement amounts until after the annual cost reports have been audited or otherwise reviewed and settled by Medicare. The District's cost reports have been audited by the Medicare fiscal intermediary.

While operating Stevens Hospital, the District participated in the Medicaid Certified Public Expenditures (CPE) program for inpatient reimbursement, which provides for interim payments for certain services and programs. The difference between interim payments and estimated final reimbursement for the Washington State fiscal year results in a settlement receivable or payable, which may be adjusted in future periods as final settlements are determined. During 2017, final reimbursements for the state fiscal years ended 2000, 2001, 2004, 2005, 2009 and 2010, were received. The reimbursements were included in other revenues in the statement of revenues, expenses and changes in net position. The differences between the estimated final reimbursements and what was received resulted in a change in estimate of approximately \$2,432,000.

Net position – Net position of the District is classified into three components. The net investment in capital assets component of net position consists of capital assets, net of accumulated depreciation, reduced by the outstanding balances of related debt that is attributable to the acquisition, construction, or improvement of those assets. The restricted component of net position represents noncapital assets that must be used for a specific purpose. The unrestricted component of net position is the remaining net amount of the assets and liabilities that are not included in the determination of net investment in capital assets or the restricted component of net position.

Statements of revenues, expenses, and changes in net assets – For purposes of presentation, transactions deemed by management to be ongoing, major, or central to the provision of District services are reported as operating revenues and expenses. All levy income, interest expense, investment income, and other peripheral or incidental transactions are reported as nonoperating revenues and expenses.

Income taxes – As a political subdivision of the state of Washington, the District is not subject to federal income tax, because its income is excluded from gross income for federal income tax purposes under Section 115 of the Internal Revenue Code.

Note 1 – Organization and Summary of Accounting Policies (continued)

Subsequent events – Subsequent events are events or transactions that occur after the statements of net position date but before financial statements are available to be issued. The District recognizes in the financial statements the effects of all subsequent events that provide additional evidence about conditions that existed at the date of the statements of net position, including the estimates inherent in the process of preparing the financial statements. The District's financial statements do not recognize subsequent events that provide evidence about conditions that did not exist at the date of the statements of net position but arose after the statements of net position date and before the financial statements are available to be issued.

The District has evaluated subsequent events through May 21, 2018, which is the date the financial statements are available to be issued.

Note 2 - Cash, Cash Equivalents, Investments, and Deposits

The District categorizes its fair value measurements within the fair value hierarchy established by generally accepted accounting principles. The hierarchy is based on the valuation inputs used to measure the fair value of the asset. Level 1 inputs are quoted prices in active markets for identical assets, Level 2 inputs are significant other observable inputs, and Level 3 inputs are significant unobservable inputs. The composition of investments, reported at fair value by investment type at December 31, 2017 and 2016, and excluding unrestricted cash, and other assets limited as to use balances of \$6,782,572 and \$5,505,572, respectively, is as follows:

		A	oted Prices in ctive Markets or Identical	Percentage of
Year Ended	Investment Type	As	sets (Level 1)	Totals
December 31, 2017	Governmental mutual fund	\$	38,157,248	100%
December 31, 2016	Governmental mutual fund	\$	34,729,116	100%

Note 2 - Cash, Cash Equivalents, Investments, and Deposits (continued)

The District makes investments in accordance with Washington State law. Eligible investments include obligations secured by the U.S. Treasury, other obligations of the United States or its agencies, certificates of deposit with approved institutions, eligible bankers' acceptances, and repurchase agreements (up to 30 days).

Because the District is a political subdivision of the state, deposits and investments are categorized to give an indication of the risk assumed at year-end. Category 1 includes deposits and investments that are insured, registered, or held in the District's name. Category 2 includes uninsured and unregistered investments that are held by a broker's or dealer's trust department or agent in the District's name. Category 3 includes uninsured and unregistered deposits and investments for which the securities are held by the broker or dealer, or its trust department or agent, but not in the District's name. At December 31, 2017 and 2016, all deposits and investments of the District are categorized as Category 1.

Credit risk – Credit risk is the risk that an issuer or other counterparty to an investment will not fulfill its obligations. The District's investment policy limits the types of securities to those authorized by statute; therefore, credit risk is very limited.

Deposits – All of the District's deposits are either insured or collateralized. The District's insured deposits are covered by the Federal Deposit Insurance Corporation. Collateral protection is provided by the Washington Public Deposit Protection Commission.

Custodial credit risk – Custodial credit risk is the risk that, in the event of a failure of the counterparty, the District will not be able to recover the value of the investment or collateral securities that are in the possession of an outside party. The District is not exposed to custodial credit risk.

Concentration of credit risk – Concentration of credit risk is the risk of loss attributed to the magnitude of the District's investment in a single issuer. The District is not exposed to concentration of credit risk because all deposits and investments are insured or collateralized.

Interest rate risk – Interest rate risk is the risk that changes in interest rates of debt instruments will adversely affect the fair value of an investment. The District is not exposed to interest rate risk because all deposits and investments are extremely liquid.

Note 3 – Capital Assets

Capital asset additions, retirements, and balances for the years ended December 31, 2017 and 2016, were as follows:

	Beginning Balance January 1, 2017	Additions	Retirements	Account Transfers	Ending Balance December 31, 2017
NONDEPRECIABLE CAPITAL ASSETS Land Construction in progress	\$ 7,723,706 3,311	\$	\$- (3,311)	\$ - -	\$ 7,723,706
	7,727,017		(3,311)		7,723,706
DEPRECIABLE CAPITAL ASSETS Land improvements Buildings and building	2,409,334	-	(38,890)	-	2,370,444
improvements Equipment	53,190,121 41,501,879	103,731 35,320	(647,705) (48,267)	-	52,646,147 41,488,932
LESS ACCUMULATED DEPRECIATION Land improvements Buildings and building	2,250,901	80,448	(38,891)	-	2,292,458
improvements Equipment	33,112,302 38,321,425	1,464,648 607,158	(647,705) (46,148)		33,929,245 38,882,435
DEPRECIABLE CAPITAL ASSETS, net	23,416,706	(2,013,203)	(2,118)		21,401,385
CAPITAL ASSETS, net	\$ 31,143,723	\$ (2,013,203)	\$ (5,429)	\$ -	\$ 29,125,091
NONDEPRECIABLE CAPITAL ASSETS	Beginning Balance January 1, 2016	Additions	Retirements	Account Transfers	Ending Balance December 31, 2016
Land Construction in progress	\$ 7,723,706	\$- 3,311	\$	\$ - -	\$ 7,723,706 3,311
	7,723,706	3,311			7,727,017
DEPRECIABLE CAPITAL ASSETS Land improvements Buildings and building	2,409,334	-	-	-	2,409,334
improvements Equipment	52,829,088 42,093,560	364,497 12,364	(3,464) (604,045)	-	53,190,121 41,501,879
LESS ACCUMULATED DEPRECIATION Land improvements Buildings and building	2,149,360	101,541	-	-	2,250,901
improvements Equipment	31,536,357 38,090,461	1,578,967 724,108	(3,022) (493,144)	-	33,112,302 38,321,425
DEPRECIABLE CAPITAL ASSETS, net	25,555,804	(2,027,755)	(111,343)	_	23,416,706
	20,000,004	(2,021,100)	(111,040)		20,110,100

Note 4 – Lessor Agreements

As referenced in Note 1, the District entered into a lease and operating agreement (the Agreement) with SHS that was dated and effective September 1, 2010. The terms of the Agreement specify an initial 30-year term, with two 10-year renewal options. Rental payments to be made by SHS will be \$600,000 per month, with annual escalation of 3% per year on each anniversary date for the first 15 years. The rental payments will freeze at the rate set during year 15 for the duration of the Agreement. The revenue related to this lease is recorded on a straight-line basis by the District in accordance with applicable accounting standards.

The District also has other lease agreements to lease space to various tenants. In accordance with applicable accounting standards, the revenue from some of these lease agreements is recognized on a straight-line basis and some are recognized in an amount equal to their required lease payments. Other lease agreements includes a lease that matures in 2101. The future lease payments for this lease from 2043–2101 are approximately \$56,000 a year for a total \$3,032,000. This portion is excluded from the table below.

	Straight-Line Recognition				s Recognized		
		Lease of Hospital	Ot	her Leases	Based on Required Lease Payments		 Total
2018	\$	8,944,000	\$	605,000	\$	595,000	\$ 10,144,000
2019		9,212,000		624,000		253,000	10,089,000
2020		9,488,000		654,000		260,000	10,402,000
2021		9,773,000		560,000		242,000	10,575,000
2022		10,066,000		494,000		244,000	10,804,000
2023 - 2027		54,482,000		964,000		381,000	55,827,000
2028 - 2032		56,087,000		280,000		-	56,367,000
2033 - 2037		56,087,000		280,000		-	56,367,000
2038 - 2042		29,913,000		280,000			 30,193,000
	\$	244,052,000	\$	4,741,000	\$	1,975,000	\$ 250,768,000

Rental payments to be received under these agreements are as follows:

Note 5 – Long-Term Debt

The balances of the District's long-term debt at December 31 are set forth below:

	 2017	2016
LTGO Refunding Bonds, 2012, 3.00% principal due serially on December 1 in amounts from \$875,000 in 2018 to \$955,000 in 2020, including unamortized premium of \$180,919 in 2017 and \$242,949 in 2016.	\$ 2,925,919	\$ 3,827,949
Less current portion	 (875,000)	 (840,000)
Long-term debt, net of current portion	\$ 2,050,919	\$ 2,987,949

Long-term debt and other long-term liability activity summary for 2017 and 2016 is as follows:

	January 1, 2017	Additions	Reductions	December 31, 2017	Amounts Due Within One Year
LONG-TERM DEBT 2012 LTGO Bond	\$ 3,827,949	\$-	\$ (902,030)	\$ 2,925,919	\$ (875,000)
OTHER LONG-TERM LIABILITIES	100,000		(100,000)		
	\$ 3,927,949	\$-	\$ (1,002,030)	\$ 2,925,919	\$ (875,000)
	January 1, 2016	Additions	Reductions	December 31, 2016	Amounts Due Within One Year
LONG-TERM DEBT 2012 LTGO Bond	\$ 4,694,978	\$-	\$ (867,029)	\$ 3,827,949	\$ (840,000)
			+ (,)	+ -,,	
OTHER LONG-TERM LIABILITIES	725,000		(625,000)	100,000	

Scheduled principal and interest repayments on long-term debt are as follows as of December 31, 2017:

		Long-Term Debt				
	F	Principal	Interest			
2018	\$	875,000	\$	82,350		
2019 2020		915,000 955,000		56,100 28,650		
		2,745,000	\$	167,100		
Amounts representing net unamortized premium		180,919				
	\$	2,925,919				

Note 6 – Property Taxes

The County Treasurer acts as an agent to collect property taxes levied in the county for all taxing authorities. Taxes are levied annually on January 1 on property values listed as of the prior May 31. Assessed values are established by the County Assessor at 100% of fair market value. A revaluation of all property is required every four years.

Taxes are due in two equal installments on April 30 and October 31. Collections are distributed monthly to the District by the County Treasurer. The District is permitted by law to levy up to \$0.75 per \$1,000 of assessed valuation for general District purposes. Washington State Constitution and Washington State Law, RCW 84.55.010, limit the rate. The District may also levy taxes at a lower rate. Further amounts of tax need to be authorized by the vote of the people.

For 2017 and 2016, the District's regular tax levy was \$0.084 and \$0.091 per \$1,000 on a total assessed valuation of \$26,993,418,501 and \$24,348,183,650, for a total regular levy of \$2,265,091 and \$2,221,262, respectively.

Property taxes are recorded as receivables when levied. Because state law allows for sale of property for failure to pay taxes, no estimate of uncollectible taxes is made.

Note 7 – Retirement Plan

The District sponsors a 401(a) plan and a 457 plan that are available to all benefit-eligible employees working over 20 hours per week. Employees are eligible to contribute at their hire date. Employees contribute to the 457 plan at their discretion. Employee contributions were approximately \$33,000 and \$38,000 during the years ended December 31, 2017 and 2016, respectively. The District contributes to the 401(a) plan at 3% of employee wages with an additional matching contribution of up to 3% of the amount contributed by the employee to the 457 plan. The District's policy is to fully fund the contributions. The District contributed approximately \$37,000 and \$39,000 during the years ended December 31, 2017 and 2016, respectively.

Note 8 – Commitments and Contingencies

Litigation and compliance with laws and regulations – The District is involved in litigation arising in the course of business. After consultation with legal counsel, management estimates that these matters will be resolved without material adverse effect on the District's future financial position or results from operations.

The hospital industry is subject to numerous laws and regulations of federal, state, and local governments. These laws and regulations include, but are not necessarily limited to, matters such as licensure, accreditation, government hospital program participation requirements, reimbursement for patient services, and Medicare and Medicaid fraud and abuse. Government agencies are actively conducting investigations concerning possible violations of fraud and abuse statutes and regulations by hospital providers. Violations of these laws and regulations could result in expulsion from government hospital programs, together with the imposition of significant fines and penalties, as well as significant repayments for patient services previously billed. Management believes that the District is in compliance with the fraud and abuse regulations can be subject to future government review and interpretation, as well as regulatory actions unknown or unasserted at this time.



Report of Independent Auditors on Internal Control over Financial Reporting and on Compliance and Other Matters Based on an Audit of Financial Statements Performed in Accordance with *Government Auditing Standards*

To the Board of Commissioners Public Hospital District No. 2, Snohomish County, Washington dba Verdant Health Commission

We have audited, in accordance with the auditing standards generally accepted in the United States of America and the standards applicable to financial audits contained in *Government Auditing Standards* issued by the Comptroller General of the United States, the financial statements of the District as of and for the year ended December 31, 2017, and the related notes to the financial statements, which collectively comprise the District's basic financial statements, and have issued our report thereon dated May 21, 2018.

Internal Control Over Financial Reporting

In planning and performing our audit of the financial statements, we considered the District's internal control over financial reporting (internal control) to determine the audit procedures that are appropriate in the circumstances for the purpose of expressing our opinions on the financial statements, but not for the purpose of expressing an opinion on the effectiveness of the District's internal control. Accordingly, we do not express an opinion on the effectiveness of the District's internal control.

A *deficiency in internal control* exists when the design or operation of a control does not allow management or employees, in the normal course of performing their assigned functions, to prevent, or detect and correct, misstatements on a timely basis. A *material weakness* is a deficiency, or a combination of deficiencies, in internal control such that there is a reasonable possibility that a material misstatement of the entity's financial statements will not be prevented, or detected and corrected, on a timely basis. A *significant deficiency* is a deficiency, or a combination of deficiencies, in internal control such that there is a reasonable possibility that a material misstatement of the entity's financial statements will not be prevented, or detected and corrected, on a timely basis. A *significant deficiency* is a deficiency, or a combination of deficiencies, in internal control that is less severe than a material weakness, yet important enough to merit attention by those charged with governance.

Our consideration of internal control was for the limited purpose described in the first paragraph of this section and was not designed to identify all deficiencies in internal control that might be material weaknesses or significant deficiencies. Given these limitations, during our audit we did not identify any deficiencies in internal control that we consider to be material weaknesses. However, material weaknesses may exist that have not been identified.

24

Compliance and Other Matters

As part of obtaining reasonable assurance about whether the District's financial statements are free from material misstatement, we performed tests of its compliance with certain provisions of laws, regulations, contracts, and grant agreements, noncompliance with which could have a direct and material effect on the determination of financial statement amounts. However, providing an opinion on compliance with those provisions was not an objective of our audit, and accordingly, we do not express such an opinion. The results of our tests disclosed no instances of noncompliance or other matters that are required to be reported under *Government Auditing Standards*.

Purpose of this Report

The purpose of this report is solely to describe the scope of our testing of internal control and compliance and the results of that testing, and not to provide an opinion on the effectiveness of the entity's internal control or on compliance. This report is an integral part of an audit performed in accordance with *Government Auditing Standards* in considering the entity's internal control and compliance. Accordingly, this communication is not suitable for any other purpose.

as Odens LLP

Everett, Washington May 21, 2018

Public Hospital District #2, Snohomish County

DRAFT

Balance Sheet

As of April 30, 2018

	А	В	с	D
	Dec 31, 2017	Apr 30, 2018	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	1,853,495	2,323,135	469,640	
4 Other Current Assets	44,606,558	44,601,089	(5,468)	Includes Investments
5 Total Current Assets	46,460,053	46,924,225	464,172	
6 Total Long-term & Fixed Assets	45,773,750	45,083,242	(690,507)	Includes Depreciation
7 TOTAL ASSETS	92,233,802	92,007,467	(226,335)	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	2,066,262	1,319,000	(747,262)	Tenant Prepaid Lease Income
11 Long-term Liabilities	2,050,919	2,030,243	(20,677)	2012 LTGO Bonds
12 Total Liabilities	4,117,182	3,349,243	(767,939)	
13 Total Equity	88,116,621	88,658,224	541,604	Annual Net Income/(Loss)
14 TOTAL LIABILITIES & EQUITY	92,233,802	92,007,467	(226,335)	

Profit & Loss April 2018

		Α	В	С	D	E	F
		Apr Actual	Apr Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1	INCOME						
2	Ordinary Income	874,101	876,234	(2,133)	3,523,603	3,548,876	(25,273)
3	EXPENSES						
4	Operating Expenses	178,936	188,134	9,197	706,103	762,362	56,259
5	Depreciation Expense	166,284	166,252	(32)	664,724	664,596	(128)
6	Program Expenses	539,953	606,525	66,572	2,061,254	2,483,102	421,848
7	Total Expenses	885,174	960,911	75,737	3,432,081	3,910,060	477,979
8	OTHER INCOME/(EXPENSE)						
9	Total Other Income/(Expense)	100,669	234,813	(134,143)	450,081	939,251	(489,170)
10	NET INCOME/(LOSS)	89,596	150,135	(60,539)	541,604	578,068	(36,464)

Monthly Highlights April 2018

Verdant received dividends payments of \$68,334 and an unrealized loss of \$163,079 on our investment portfolio in April which closed with an ending market value of \$42,802,882.

Program grant commitments total \$5,697,933 and \$2,836,398 for 2018 and 2019 respectively. \$1,292,067 remains available to spend in 2018, \$44,500 of which is designated as Superintendent Discretionary.

Revenue of \$104,077 and expenses of \$68,808 from the Kruger Clinic were incurred, netting to an additional operating income of \$35,269 in April.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:		·		
12841	04/04/2018	Puget Sound Energy	56.76	Natural Gas
12842	04/04/2018	WA Department of Revenue	21,577.06	Q1 2018 Leasehold Excise tax return
12843	04/04/2018	Waste Management	285.99	Garbage/Recycle
12844	04/05/2018	Ash Consulting	1,371.50	Public Records Request Document Search & Finance Committee
12855	04/09/2018	Comcast	270.70	Telephone/Internet
12856	04/09/2018	Corporate Security LLC	299.17	Security Patrols
12845	04/05/2018	Sound Dietitians	3,772.69	WC 170 - Healthy Living Coaching Group / WC 169 - Nutrition Consulting
12846	04/05/2018	US Postal Service	13,276.68	Postage for Canopy Newsletter
12847	04/05/2018	Washington State Department of Health	125.00	Registration for Community Health Workers 2-day conference
12848	04/05/2018	AADE	2,447.00	3 facilitators
12849	04/05/2018	Total Health	1,410.00	WC 176 - Mediterranean for Life WC 177-Nutrition & Fitness Workshop
12857	04/09/2018	AmeriFlex Business Solutions	17.25	Apr 2018 FSA Administration
12850	04/05/2018	Armstrong Services	1,865.65	Mar 2018 Janitorial
12851	04/05/2018	Moss Adams - Cost Report	265.00	2010 CPE revision
12858	04/09/2018	Jason Becker Creative	2,290.00	VHCC Photos, Canopy photos and design
12853	04/09/2018	City of Lynnwood	2,130.50	After-hours Staff
12854	04/09/2018	Sara Prato, RD	1,049.90	WC 174 - Mediterranean for Life
12852	04/06/2018	Washington State Department of Health	25.00	Registration for Community Health Workers 2-day conference
12859	04/09/2018	Comcast	589.26	Telephone/Internet
12860	04/09/2018	NSC Parent Advisory Council	350.00	Parented Latina Symposium Resource Table 5/19
12861	04/09/2018	Susana Flores	67.50	Childcare for Strengthening families 4/6
12862	04/09/2018	Yasaura Carvajal	60.00	Childcare for Strengthening families 4/6
12863	04/25/2018	Beth Rodriguez, LLC	1,038.42	Mar 2018 VHCC (27 hrs)
12864	04/25/2018	Connie Nelson, RN	600.00	WC 184 - Yoga 101
12865	04/25/2018	Dataworks	433.28	VHCC support
12866	04/25/2018	Department of Labor and Industries	555.79	1Q18 Self Insurance Fund
12867	04/25/2018	Discovia	2,525.19	Public Records Request March 2018
12868	04/25/2018	Lowe Graham Jones PLLC	204.50	Mar 2018 Trademark monitoring
12869	04/25/2018	Principal	1,785.53	EE Life Insurance
12870	04/25/2018	Property Management NW	5,473.77	Apr 2018 Management, Feb & Mar Maint, Mar & Apr postage
12871	04/25/2018	R&T Hood and Duct Services, Inc.	378.49	Annual Fire Suppression Test
12872	04/25/2018	Regence Blueshield	5,376.64	April 2018 Health Insurance
12873	04/25/2018	Staples	223.91	Supplies
12874	04/25/2018	Wells Fargo	3,939.24	Misc.
12875	04/25/2018	Consolidated Landscape Maintenance, Inc.	215.55	Turn on Irrigation system
12876	04/25/2018	Dataworks	991.24	IT Support
		Total Warrants	77,344.16	

Warrant Number	Transaction Date	Рауее	Amount	Purpose
Wire/ACH Activit	:y:			
	4/13/2018	Payroll	20,948.08	ACH payroll transfer
	4/13/2018	Department of Treasury	7,776.77	Payroll taxes for 4/7/18 pay period ending
	4/13/2018	Valic	3,528.41	Payroll 401(a)/457 Deposit
	4/13/2018	Paychex	142.20	Fee for payroll processing
	4/27/2018	Payroll	20,924.57	ACH payroll transfer
	4/27/2018	Department of Treasury	7,785.61	Payroll taxes for 4/21/18 pay period ending
	4/27/2018	Valic	3,528.41	Payroll 401(a)/457 Deposit
	4/27/2018	Paychex	120.41	Fee for payroll processing
	4/10/2018	Wells Fargo Merchant Services	183.66	Merchant Services
	4/10/2018	Wells Fargo	93.77	Bank Fees
	4/15/2018	Alzheimer's Association Western & Central	7,209.16	Program Payment
	4/15/2018	Boys & Girls Club of Snohomish County	20,519.58	Program Payment
	4/15/2018	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	4/15/2018	Center for Human Services	32,279.16	Program Payment
	4/15/2018	ChildStrive	50,150.16	Program Payment
	4/15/2018	City of Lynnwood	8,718.33	Program Payment
	4/15/2018	Cocoon House.	5,000.00	Program Payment
	4/15/2018	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
	4/15/2018	Edmonds School District No. 15	109,713.42	Program Payment
	4/15/2018	Edmonds Senior Center	9,666.67	Program Payment
	4/15/2018	Homage Senior Services	59,420.00	Program Payment
	4/15/2018	Kindering	11,517.17	Program Payment
	4/15/2018	Korean Women's Association	5,000.00	Program Payment
	4/15/2018	Leukemia & Lymphoma Society WA/AK Chapter	3,750.00	Program Payment
	4/15/2018	Mary Porter, RDN	1,145.00	Program Payment
	4/15/2018	Medical Teams International	5,500.00	Program Payment
	4/15/2018	NW Parkinson's Foundation	20,000.00	Program Payment
	4/15/2018	PEPS	3,250.00	Program Payment
	4/15/2018	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	4/15/2018	Project Access Northwest	7,500.00	Program Payment
	4/15/2018	Puget Sound Christian Clinic	33,750.00	Program Payment
	4/15/2018	Puget Sound Kidney Centers Foundation	3,333.33	Program Payment
	4/15/2018	South Snohomish County Fire & Rescue	36,103.34	Program Payment
	4/15/2018	Therapeutic Health Services	20,833.33	Program Payment
	4/15/2018	Volunteers of America Western WA	6,750.42	Program Payment
	4/15/2018	Wonderland Development Center	12,458.33	Program Payment
	4/15/2018	WA Poison Center	26,080.00	Program Payment
	4/15/2018	Community Health Center of Snohomish Co	20,362.83	Program Payment
	4/27/2018	WA Department of Revenue	884.99	B&O/Retailing Sales Tax for Mar 2018
	4/13/2018	AmeriFlex Business Solutions	956.93	FSA Payment
	4/20/2018	AmeriFlex Business Solutions	264.00	FSA Payment
	4/9/2018	AmeriFlex Business Solutions	36.93	FSA Payment
	4/27/2018	AmeriFlex Business Solutions	118.83	FSA Payment
	4/20/2018	Department of Labor and Industries	507.05	1Q18 L&I - State Fund
	, -,	•		•
		Total Wires/ACH Transactions	596,499.69	_

Warrant Number	Transaction Date	Payee	Amo	ount	Purpose
Workers Compension	sation Claims Activ	/ity:			
305386-388	Apr-18	Various Claimants/Vendors		1,348.80	Administered by Eberle Vivian
Kruger Clinic Activ	/ity:				
3221-3234	Apr-18	Various Claimants/Vendors		19,017.62	Administered by PMNW
		Total Disbursements	\$	694,210.27	

	Transaction				
	Date	Payer		Amount	Purpose
Deposits:					
	4/1/2018	Swedish/Edmonds		803,496.68	Monthly leases
	4/1/2018	Value Village		27,614.77	Monthly lease
	4/1/2018	Raymond Liu, D.D.S.		3,661.64	Kruger Clinic monthly lease
	4/1/2018	Brian Takagi, MD		84.63	Kruger Clinic monthly lease
	4/1/2018	Kean Lawlor		6,935.26	Kruger Clinic monthly lease
	4/1/2018	PSG		11,144.78	Kruger Clinic monthly lease
	4/10/2018	Snohomish County		86,964.50	Levy
	4/24/2018	Healthcare Realty Services, Inc.		4,663.72	Ground Lease
	4/27/2018	LETI		100.00	Deposit for use of VCWC
		Total Deposits	=	\$ 944,665.98	

VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT #2 SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers <u>12841</u> through <u>12876</u> have been issued for payment in the amount of <u>\$77,344.16</u> These warrants are hereby approved.

Attest:

Lisa M. King		Commiss	ioner
		Commiss	ioner
Warrants Processed:	4-1-18 – 4-30-18		\$77,344.16
Work Comp Claims Pd:	4-1-18 – 4-30-18		1,348.80
Kruger Clinic Processed:	4-1-18 – 4-30-18		19,017.62
Payroll:	3-25-18 – 4-7-18 4-8-18 – 4-21-18	20,948.08 <u>20,924.57</u>	
			41,872.65
Electronic Payments:	Payroll Taxes Valic Retirement Paychex Ameriflex Bank Fees WA State Dept Revenue Dept of L&I Program Expenditures	$\begin{array}{r} 15,562.38\\7,056.82\\262.61\\1,376.69\\277.43\\884.99\\507.05\\\underline{528,669.07}\end{array}$	<u>554,627.04</u>
	Grand Total		<u>\$694,210.27</u>

PUBLIC HOSPITAL DISTRICT NO. 2 SNOHOMISH COUNTY, WASHINGTON

RESOLUTION NO. 2018-05

A RESOLUTION of the Commission of Public Hospital District No. 2, Snohomish County, Washington, determining certain personal property to be surplus and no longer required for public hospital district purposes of the District and authorizing the Superintendent or his designee to sell all or any part of such property on a negotiated basis upon the most favorable terms and conditions obtainable or to otherwise dispose of such property, and ratifying prior actions.

WHEREAS, certain personal property of the District is no longer required for District purposes and the Commission wishes to dispose of such property in a lawful manner as promptly as reasonably possible; NOW, THEREFORE,

BE IT RESOLVED BY THE COMMISSION OF PUBLIC HOSPITAL DISTRICT NO 2, SNOHOMISH COUNTY, WASHINGTON, as follows:

<u>Section 1.</u> It is hereby found, determined and declared that all of the personal property identified on Exhibit A hereto is no longer required for public hospital district purposes and such property therefore is surplus. It is further found and declared to be in the best interest of the District that such property (the "Surplus Property") be disposed of promptly as hereinafter provided.

<u>Section 2.</u> The Superintendent or his designee is hereby authorized and directed to sell on a negotiated basis upon the most favorable terms and conditions obtainable all or any part of the Surplus Property as soon as reasonably possible. Any Surplus Property not thus sold shall be disposed of and removed from the premises of Swedish Edmonds Hospital at the direction of the Superintendent or his designee at the least possible cost to the District.

ADOPTED AND APPROVED by the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, at an open public meeting thereof, this 23rd day of May, 2018, the following commissioners being present and voting in favor of the resolution.

President and Commissioner

Commissioner

Commissioner

Commissioner

Secretary and Commissioner

CERTIFICATE

I, the undersigned, Secretary of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2018-05 is a true and correct copy of the original resolution adopted on May 23, 2018 as that resolution appears on the Minute Book of the District.

DATED this 23rd day of May, 2018.

Karianna Wilson Secretary of the Board of Commissioners

CLASS	NUM	DEPT	DESCRIP	QTY	ACQDT	LIFE (Months)	COST	NBV 5/31/2018	Disposal Date
05	5608001	6079	VIASYS ANE01009 - INFANT FLOW NCPAP SYSTEM	1	11/1/2005	120	6.588.45	-	5/31/2018
05	5608002	6079	VIASYS ANE01012 - INFANT FLOW NCPAP SYSTEM	•	11/1/2005	120	6,588.46	-	5/31/2018
05	9101801	8540	MCKESSON AUTOMATION - ACUDOSE/MEDCOMM/II	1	5/1/2009	60	1,828,184.90	-	5/31/2018
05	9101802	8540	CAPITAL LABOR ACUDOSE/MED/	1	5/1/2009	60	12,074.63	-	5/31/2018
05	9101804	8540	MCKESSON AUTOMATION - ACUDOSE/MEDCOMM/II	1	1/1/2010	52	29,523.66	-	5/31/2018
05	9101805	8540	MCKESSON AUTOMATION - ACUDOSE/MEDCOMM/II	1	1/1/2010	52	57,862.89	-	5/31/2018

1,940,822.99

-

Program Oversight Committee Summary Report May 2018

- Three new grant requests
- Two renewal requests
- Building Healthy Communities Fund Application Update

Information about New Funding Requests

1. Northshore Senior Cen	ter –	Request Year 1	Request Year 2	Request Year 3		
Transportation Program		\$95,000	\$125,000	\$125,000		
Program Description: a request to implement a door-to-door medical transportation program focused on South Snohomish County. The program would provide transportation to areas of South Snohomish County that are not currently served by medical transportation, and would overcome some of the barriers that make transportation difficult to use (ex. inability to cross jurisdiction boundaries).						
Expected Results	Seniors would	The goal would be to serve 200 unduplicated participants through the program. Seniors would be the primary population served. An estimated 3,500 one-way rides could be provided per year.				
Use of Funds & Costs	center owns 2	• •		and maintenance. The ould dedicate one bus		

2. Grace Medical Institute	- Sharing	Request Year 1	Request Year 2	Request Year 3		
Healthcare Burdens		\$110,000	\$113,350	\$116,200		
Program Description: a request to help low-income residents with medical bills. The program would provie education and 1x1 support to help individuals to understand their medical bills, negotiate them when appropriate, and to access patient support programs. The initial focus of the program would be low-income Asian American residents of South Snohomish County.						
Expected Results	Each year, the goal would be to assist 400 individuals with case management to help them resolve medical bills and to train 4,000 with educational seminars and other outreach.					
Use of Funds & Costs	administrative The annual Ve	s would be used to hire a full-time case manager, and support e and other direct program costs. erdant grant would be nearly 2X of total 2017 organizational organizational financial statements showed a \$68k loss in 2017 asset balance.				

3. Courtney Miller PLLC – M	indful Self	Request Year 1	Request Year 2	Request Year 3		
Compassion Program		\$6,000				
Program Description: a one	-time request fr	om a licensed menta	al health counselor to	offer two cohorts of an		
8-week course to reduce bur	nout and "comp	assion fatigue" for S	outh Snohomish Coun	ity providers.		
Expected Results	The program w	vould expect to serve	e 30 individuals throug	gh the program and to		
	measure decre	ases in two scales measuring burnout levels. The program would				
	use a validated	l pre/post scale mea	suring provider burno	ut.		
Use of Funds & Costs	The financial m	nodel would be to ha	ave Verdant provide so	cholarships for South		
	County resider	nts and charge \$400/	each for other partici	pants. There are no		
	-	of funding on the pro				
		0	,			

4. Project Access NW – So	uth Snohomish	Request Year 1	Request Year 2	Request Year 3		
County Access to Healthcar	re	\$125,000	\$125,000	\$125,000		
Program Description: a renewal request for a program that links uninsured patients to donated medical specialty and dental care. Funds are used for case management, including recruiting and retaining volunte providers, and the project would expect to serve 250 patients from South Snohomish County per year.						
Expected Results	Project Access is wrapping up its second multi-year grant period with Verdant— its goal in the most recent year was to serve 192 individuals and the program is on track to serve 200+. Last year, 32 specialties were served for patients in South Snohomish County (ex. cardiology, dental, gastroenterology, pulmonology, urology, surgery, etc).					
Use of Funds & Costs	\$900k+ in reve cost runs highe specialty care of from gastroent	iny private funders that contribute to the program regionally for venue. The goal is to keep participant costs at \$325/ea., but that her in Snohomish County for interpreters. The value of some e can be substantial: ex. \$4,500 from orthopedic patients, \$3,480 interology. The prior funding level from Verdant was \$90,000 per 192 individuals (\$468/each). The new request is for \$125,000 to 500/each).				

5. South Snohomish County	Consortium	Request Year 1	Request Year 2	Request Year 3	
(fiscal agent Turning Point) E	Back to School	\$14,000			
Health & Resource Fair					
Program Description: a rene	wal request for t	the annual school re	source & health fair ir	August at Cedar Valley	
Elementary. The fair provide	s health exams,	vision checks, immu	inizations and oral exa	ms/fluoride varnish, as	
well as school and other sup	olies.				
Expected Results	The goal for this year's event would be to serve 900-1,000 students. In 2017, the program had set a goal to increase attendance to 800 children and youth, but ultimately served 625, which is typical for the event. The expected health services and screenings were provided and physical activity and safety (bike helmets) were added for the event.				
Use of Funds & Costs	increase with t	he goal of serving m		int has requested an nt leverages significant nated school and other	

Program Committee Recommendations

Applications Recommended for Funding

- 1. Project Access NW: the committee is recommending the project for funding as requested at \$125,000 per year for three years. The program matches with Verdant's Access to Healthcare priority and provides a unique service. The program has also shown an increase in the number of specialty medical services provided and patients served.
- 2. Back to School Health Fair: the committee is recommending the partially funding project at the same level as last year (\$12,000). The program serves a large number of youth in South Snohomish County, but given the history of the event, we would not expect a large increase in participation that warrants a funding increase.

Applications Not Recommended for Funding

- 3. Northshore Senior Center Transportation Program: although transportation is clearly a challenge for many residents, the proposed project did not appear to offer a comprehensive solution for \$345,000 in Verdant funding. There was potential interest from committee members around possible policy or advocacy solutions given that the current paratransit and medical transport systems do not appear to be meeting community members' needs.
- **4. Grace Medical Institute: the committee is not recommending the program for funding.** There were two concerns: 1.) providing support for resolving past medical bills is not a top Verdant priority, and 2.) there were questions about the applicant's organizational and financial capacity.

5. Courtney Miller PLLC – Mindful Self Compassion Program: the committee is not recommending the program for funding. The program was designed by a private-practice counselor rather than focusing on a top community need, and this type of training would typically be offered by employers as professional development or support.

Verdant Building Healthy Communities Fund Application Update:

- Applications are due Friday, June 29 at 5 p.m.
- Information session planned for Tuesday, June 5 at 3 p.m.
- Communication to Possible Applicants: press release, e-newsletter, e-mail to Verdant partners list, announced at May Verdant Partner Roundtable meeting, featured item on Verdant' s website.

Verdant Community Wellness Center Summary May 2018

Completed Programs (April/May)

1.	. General Community and Provider Events		Attendance
	1. Monthly Hero's Café for Veterans (4/24)		100+
	2. Swedish Core Leaders Retreat (4/26)		32
	3. ESD Health Services Meeting (4/27)		25
	4. Korean Women's Association Everyday Prevention W	orkshops (5/3)*	40
	5. Family Caregiver Support Group (5/3, 17)		6-10/session
	6. League of Women Voters Children's Committee (5/4)	12
	7. Verdant Partner Roundtable (5/4)		32
	8. ARC Mothers of Children with Disabilities Monthly Su	pport Network (5/5)	15
	9. Parkinson's Disease AM & PM Support Group (5/7)		4-8
	10. SHIBA Update Trainings (5/8)		25
	11. Evergreen Home Health Team Meetings (5/8, 9)		50
	12. Child Care Aware Training (5/9)		10
	13. Stay Connected with Your Community UW-Bothell Tr	aining (5/10)	17
	14. Alzheimer's Association CPR Training & Staff Retreat	(5/16, 17)	10
	15. Welcome to Medicare Monthly Workshops (5/18)		15
	16. Medicare 101 Training for Sea Mar Staff (5/18)		15
	17. LETI Culminating Project Presentations (5/19)		45
	18. Sea Mar Weekly Health Insurance & Basic Food Enro	llment (weekly)	varies
	19. Ongoing – Community Support for Prescription Assist	ance (weekly)*	varies

2.	2. Nutrition and Healthy Behaviors			
	1.	Road Back to Life Kidney Support Group (4/24; 5/22)	4-8/session	
	2.	Diabetes Support Group (4/25; 5/23)	6-8/session	
	3.	Surviving & Thriving with Chronic Kidney Disease Cooking Class (5/2)*	17	
	4.	Flavor Fiesta Kids and Parents Cooking Class (5/5)*	19	
	5.	Diabetes Prevention Program Info Sessions (5/7 or 5/21)*	TBD	
	6.	Spring Salads Cooking Demo (5/10)*	22	
	7.	Teens in the Kitchen: Cooking with Fresh, Local Foods (May 12)*	10	
	8.	Getting to Goal Weight Reduction Individual Consultations (by appt)*	varies	
	9.	Weekly Healthy Living Coaching Group	15-20/week	

3.	Be	havioral Health & Substance Use	Attendance
	1.	THS Parent Coaching Group (3/12- 5/7)*	6-8/session
	2.	Art Therapy 6 Week Support Group (4/18-5/23)*	10/session
	3.	Brain Health and Wellness Classes (4/23, 26; 5/3, 10, 17, 24)*	varies
	4.	KCSC Healthy Mind Healthy Body Yoga (4/24, 26; 5/1, 3, 8, 10)	8-10/session
	5.	NAMI Connections Support Group (5/10)	4-8/session
	6.	Skills to Ease Stress Using Mindfulness & Other Techniques (5/22 – 6/29)*	12/session
	7.	Adult Children of Alcoholics Weekly Support Group (weekly)	10-14/week
	8.	Veterans Drop-In Support (weekly - City of Lynnwood & monthly - County)	varies

4	. Other Programs	Attendance
	1. Play and Learn Group, Wonderland Development Center (weekly)*	20-30/week

Verdant Community Wellness Center Summary May 2018

Upcoming Programs (May/June)

A. General Community and Provider Events

- 1. Monthly Hero's Café for Veterans (May 22, June 26)
- 2. Integrating Physical Activity into Child Care Curriculums (May 22)
- 3. WA Alliance for Better Schools Natural Leader Parent Training (May 26)
- 4. Hunger and Health Stakeholder Discussion with Food Lifeline (May 31)
- 5. ARC Mothers of Children with Disabilities Monthly Support Network (June 2)
- 6. Parkinson's Disease AM & PM Support Group (June 4)
- 7. SHIBA Update Trainings (June 5)
- 8. Korean Women's Association Everyday Prevention Workshops (June 7)*
- 9. Family Caregiver Support Group (June 7, 21)
- 10. League of Women Voters Children's Committee (June 8)
- 11. Bleeding Disorder Foundation Advocacy Summit (June 9)
- 12. Verdant Resource Connector Meeting (June 12)
- 13. Caregiver Core Training for Foster Parents (June 12, 13, 16, 26, 27, 30)
- 14. Welcome to Medicare Monthly Workshops (June 15)
- 15. Evergreen Home Health Team Meetings (June 19, 20)
- 16. Cultural Competence and Strengthening Families Childcare Provider Training (June 23)

B. Nutrition and Healthy Behaviors

- 1. Surviving & Thriving with Chronic Kidney Disease (May 16 June 20)*
- 2. Road Back to Life Kidney Support Group (May 22; June 26)
- 3. Weekly Healthy Living Coaching Group (May 22, 29; June 5, 12, 19, 26)*
- 4. Diabetes Support Group (May 23; June 27)
- 5. Cooking Demo for Seniors on SNAP Monthly FINI Training (May 24; June 28)*
- 6. Cutting Sugar in the Foods You Eat Cooking Demo (May 31)*
- 7. Strength Training Fitness Challenge (June 4, 11, 18, 25)*
- 8. Culinary Secrets of the Mediterranean Diet (June 4)
- 9. Plant-powered Whole Foods Challenge (June 7, 14, 21)*
- 10. Staying Physically Active as You Age (June 14)*
- 11. What's Fresh in June Cooking Demo (June 18 & 28)*
- 12. Surviving & Thriving with Chronic Kidney Disease Cooking Class (June 27)*
- 13. Intro to Bike Commuting (June 30)*
- 14. Getting to Goal Weight Reduction Individual Consultations (by appt)*

C. Behavioral Health & Substance Use Focus

- 1. Art Therapy Self Discovery & Expression 6 Week Support Group (April 18 May 23)*
- 2. Skills to Ease Stress Using Mindfulness & Other Techniques 6 Week Class (May 22 June 29)*
- 3. Brain Health and Wellness Classes (May 24, 29; June 8, 13, 15, 18, 20, 25)*
- 4. Adult Children of Alcoholics Weekly Support Group (weekly)
- 5. Veterans Drop-In Support (weekly City of Lynnwood & monthly County)

* = Grant/Program Funded Partners

May 2018 Multicultural Program & Outreach Report

Multicultural Wellness Fair: Scheduled for June 2nd, first annual Community Multicultural Health fair in collaboration with Community Life Center and Puget Sound Christian Clinic

- Health screenings, activities, materials, demonstrations, and information;
- Starts with a fun walk at Scriber Lake Park;
- Goal of the event is to motivate participants to make positive health behavior changes.



May is Women's Health Month:

- Five-week series offered in Spanish
- Example topics: emotional wellness and breast health
- Participation has averaged 25+ women for each session

May 2018 Marketing Report

Bike2Health

- Community education and programs are scheduled for the summer with more in the works in the fall. Programs include bike rodeos for youth and adult education, including Back to Basics (for riders with minimal experience), Intro to Bike Commuting, and Maintenance for Everyday Riders.
- As of May 2018, the City of Edmonds has completed their installation of on-street bike lanes along 212th Street SW, from 72nd Avenue W to 84th Avenue W, and along 76th Avenue W, from 220th Street SW to Olympic View Drive. Wayfinding signs and route signs have also been installed throughout the city on identified bike routes to help cyclists navigate their way through the city to key public destinations.
- The City of Mountlake Terrace has also completed the installation of wayfinding and route signage throughout the Bike2Health network within the city. This will be key in helping commuter and recreational cyclists alike find their way to the city's Town Center, Transit Center, Library, Recreation Pavilion, and the Interurban Trail, among other destinations.

Coming Events

 Hope & Health Multicultural Wellness Fair & Fun Walk: Saturday, June 2, 9 a.m. – 1 p.m. at the Community Life Center, 19820 Scriber Lake Road in Lynnwood. 1.10 mile fun walk starts at 9 a.m. and the wellness fair takes place from 9 a.m. – 1 p.m.