

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
March 27, 2019
8:00 a.m. to 9:30 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) February 27, 2019 Board Meeting	Action	8:01	1-6
C. Superintendent Report	Information	8:03	7
D. Executive Committee Report	Information	8:06	---
E. Finance Committee Report			
a) Review financial statements and cash activity	Information	8:07	8-11
b) Authorization for payment of vouchers and payroll	Action	8:10	12
F. Program Committee Report and Recommendations			
a) Conflicts of Interest	---	8:11	---
b) Program investment recommendations	Action	8:12	13-16
c) Grant sustainability criteria follow-up	Information	8:30	17
d) VCWC connection to medical providers	Information	8:35	---
e) Verdant Community Wellness center activity report	Information	---	18-19
f) Verdant multicultural program update	Information	---	20
G. Marketing Report	Information	8:45	21
H. Public Comments (please limit to three minutes per speaker)	---	8:50	---
I. Commissioner Comments	---	8:55	---
J. Executive Session			
a) To review the performance of a public employee	---	9:00	---
K. Open Session			
a) Approve Superintendent Performance Evaluation & Goals	Action	9:20	---
b) Resolution 2019-03 – Amending Superintendent Compensation	Action	9:25	22-24
L. Adjournment	---	9:30	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting

Verdant Community Wellness Center

February 27, 2019

Commissioners Present	Deana Knutsen, President Karianna Wilson, Secretary (via telephone) Bob Knowles, Commissioner Fred Langer, Commissioner (via telephone) Jim Distelhorst, M.D., Commissioner
Staff	Robin Fenn, Superintendent George Kosovich, Assistant Superintendent Lisa King, Finance Director Jennifer Piplic, Marketing Director Sue Waldin, Community Wellness Program Manager Sandra Huber, Community Engagement Nancy Budd, Community Social Worker Karen Goto, Executive Assistant
Guests	Brad Berg, Foster Pepper Howard Thomas, Thomas & Associates Consulting
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:02 a.m. by President Knutsen.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular board meeting on December 18, 2018. <i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the special meeting on February 1 to 2, 2019. <i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the special meeting on February 21, 2019.
Superintendent Report	Dr. Fenn reported on the following items: <ol style="list-style-type: none">1. You can find the list of the 2019 Board Officer & Committee Assignments in today's packet included in the meeting minutes of the February 1 to 2, 2019 board retreat (E:01:19).2. Thank you to Commissioner Knowles for the first submission using the Commissioner Idea Form.

3. Dr. Fenn thanked Commissioners Distelhorst, Knowles, and Langer for their attendance at the Verdant Healthier Community Conference on February 21, 2019. She provided several examples of how the Verdant Community Wellness Center is considered to be a safe space for community groups. Dr. Fenn also thanked Ms. Piplic and the staff for their work behind-the-scenes at the conference.
4. The Provider Open House will be on Thursday, March 21, 2019 at Verdant. If any board members want an electronic copy of the flyer to send to their networks, please ask Ms. Piplic.
5. Strategic planning will be done at the board mini retreat on Tuesday, June 11, 2019 at Verdant. If commissioners have any community groups that they want to present information prior to the retreat, please let Superintendent Fenn know. The Snohomish Health District is interested in presenting at a board meeting about their burden of disease report on opiates.
6. A report on homelessness was presented at the February 26, 2019 City of Edmonds city council meeting and will be sent to the board, when available.
7. Commissioners Langer and Distelhorst commented at the February 25, 2019 City of Lynnwood city council meeting on the Rodeo Inn proposal and Dr. Fenn commented on the proposed law and justice center.

**Resolution 2019:01 –
2019 Board Meeting
and Retreat
Schedule
Executive
Committee Report**

Motion was made, seconded and passed unanimously to approve Resolution 2019:01

The committee met on February 20, 2019 via telephone to review the agenda for the February 27, 2019 board meeting and the executive session topics. No action was taken.

**Finance Committee
Report**

The committee met on February 25, 2019. Ms. King reviewed the financial statements and cash activity for December 2018 & January 2019 (E:02:19). Commissioner Knowles inquired if the Kruger Clinic still has space to rent. Ms. King noted there is approx. 4,000

sq feet of vacant space and a potential tenant has inquired about a partial-space lease. As negotiations progress, the board will be informed.

**Authorization for
Payment of
Vouchers & Payroll**

Warrant Numbers 13289 through 13428 for December 2018 and January 2019 for payment in the amount of \$231,552.33 were presented for approval (E:03:19) by Commissioner Distelhorst. ***Motion was made, seconded and passed unanimously to approve.***

**Resolution 2019:02 –
Surplus of Fixed
Assets**

Motion was made, seconded and passed unanimously to approve Resolution 2019:02

**Program Committee
Update**

The Program Committee met on February 20, 2019 to review four renewal or expansion funding requests (E:04:19).

Commissioner Knowles asked if there were any conflicts of interest and none were reported by the commissioners.

Mr. Kosovich presented a summary of each of the four renewal requests and Commissioner Knowles presented the committee recommendations to the board. Commissioner Wilson inquired about which sites the Summer Meals program will utilize. Mr. Kosovich explained that a total of three sites were utilized in 2018: two at church locations and one in South Lynnwood Park. They are working to add a fourth site in 2019. The Boys & Girls Club will add a soccer component this year and other partners will also provide complementary services and activities.

Commissioner Knutsen inquired on the number of participants the Puget Sound Kidney program has reached. Mr. Kosovich replied that the core program reached 160 participants per year.

Motion was made, seconded and passed unanimously to approve renewal of the Foundation for Edmonds School District Summer Meals Program for three years at \$15,000 in year 1, \$17,500 in year 2, and \$20,000 in year 3.

Motion was made, seconded and passed unanimously to approve renewal of the Puget Sound Kidney Center's Survive and Thrive with Chronic Kidney Disease for two more years at \$25,000 per year with the expectation that this would be the last grant period for the program.

There was no motion to fund the requests from the Brain Injury Alliance Brain Health & Wellness Program and the Cocoon House South County Advocate Expansion. Commissioner Wilson inquired about the performance issues with Cocoon House. Mr. Kosovich said that they did not reach their previous goal of 50 families and staff turnover had been an issue for them. President Knutsen commented that she would prefer if Verdant funded prevention programs and asked if there are any such programs. Mr. Kosovich replied that the Student Support Advocates are one such prevention program. A big challenge is young adults ages 18 to 20, who are no longer living with their parents. President Knutsen agreed that homeless youth are an underserved population in this district.

**Grant Sustainability
Criteria**

Mr. Kosovich presented the summary (E:05:19) from the February 1 to 2 board retreat. Commissioner Knowles thanked Mr. Kosovich for this summary. Superintendent Fenn clarified that this criteria form is for information not action at today's meeting and will be explored further at the March 27, 2019 regular board meeting.

**Verdant Community
Wellness Center
Activities Update**

See Exhibit 06:19

**Verdant Multicultural
Program Update**

See Exhibit 07:19

**Community Social
Worker Update**

Ms. Budd provided some examples of Verdant's partnerships and collaborations with the community on CHART and case management (E:08:19). She has received several complex clients from these partnerships and has also experienced some success in providing services. Dr. Fenn commented that the data for CHART clients comes from local law enforcement and EMS and that

Verdant will be able to demonstrate impact and measure return on investment with these clients.

Marketing Report

Ms. Piplic presented the Marketing report (E:09:19) for February 2019 which included information on the February 21, 2019 Verdant conference and sponsorship. The City of Lynnwood was identified for their large participation numbers. The Provider Open House on March 21, 2019 was also mentioned.

Public Comments

Ms. Alethea Nellum of Volunteers of America was welcomed by President Knutsen.

Commissioner Comments

Dr. Fenn introduced the Commissioner Program Idea form (E:10:19) and Commissioner Knowles presented the idea of a mobile app called My Strength which is a self-help resource to help people manage symptoms of depression, anxiety, and substance use. All commissioners agreed that this idea is worth pursuing and Commissioner Knowles will work with Mr. Kosovich to provide the board with more information. There was interest from commissioners to learn more about the evidence-base of the program and the demographics served.

President Knutsen acknowledged Ms. Budd for her community social work case management, everyone involved with the Verdant Healthier Community conference, and mentioned that she read in a recent publication that the Value Village was listed as a company at risk for bankruptcy.

Executive Session

President Knutsen recessed the regular meeting at 9:01 a.m. into Executive Session to discuss the legal risks of a proposed action of the district. Mr. Brad Berg and Mr. Howard Thomas participated in the Executive Session. President Knutsen stated that the board would reconvene in 20 minutes and no action would be taken in Executive Session.

Commissioner Wilson left the call at 9:01 a.m. At 9:21 a.m., President Knutsen extended the Executive Session for 15 minutes.

Open Session The board reconvened into Open Session at 9:36 a.m.
No action was taken.

Adjournment The meeting was adjourned at 9:40 a.m.

ATTEST BY:

President

Secretary

APRIL 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11 <i>Provider Training: Addressing Obesity with Your Patients, Verdant Wellness Center, 7-8am</i>	12 <i>Provider Training: Mindful Awareness and Body Oriented Therapy, Verdant Wellness Center, 12-2pm</i>	13
14	15	16	17	18	19	20
21	22	23 <i>Hero's Café, Verdant Wellness Center, 10am-2pm</i>	24 <i>Board meeting, Verdant Wellness Center, 6-8pm</i>	25 <i>DVS Open House, 4232 198th St SW, Lynnwood, 3-6pm</i>	26 <i>Step Up! Racial Equity conference, Lynnwood Convention Center, 8am-4pm</i>	27
28	29	30				

Balance Sheet
As of February 28, 2019

	A	B	C	D
	Dec 31, 2018	Feb 28, 2019	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	2,863,276	2,422,532	(440,744)	
4 Other Current Assets	47,774,390	48,362,956	588,566	Includes Investments
5 Total Current Assets	50,637,666	50,785,488	147,822	
6 Total Long-term & Fixed Assets	44,873,691	44,561,395	(312,295)	Includes Depreciation
7 TOTAL ASSETS	95,511,357	95,346,884	(164,473)	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	2,176,028	1,361,897	(814,130)	
11 Long-term Liabilities	1,073,890	1,063,551	(10,338)	2012 LTGO Bonds/BHCF
12 Total Liabilities	3,249,917	2,425,449	(824,468)	
13 Total Equity	92,261,439	92,921,435	659,995	Annual Net Income/(Loss)
14 TOTAL LIABILITIES & EQUITY	95,511,357	95,346,884	(164,473)	

Profit & Loss
February 2019

	A	B	C	D	E	F
	Feb Actual	Feb Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	905,594	911,008	(5,413)	1,830,135	1,822,215	7,920
3 EXPENSES						
4 Operating Expenses	194,478	191,716	(2,761)	381,894	389,827	7,932
5 Depreciation Expense	149,301	149,301	0	298,724	298,724	0
6 Program Expenses	548,315	694,490	146,175	1,111,366	1,390,981	279,614
7 Total Expenses	892,094	1,035,508	143,414	1,791,985	2,079,532	287,547
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	253,962	241,828	12,134	621,845	483,655	138,190
10 NET INCOME/(LOSS)	267,462	117,328	150,135	659,995	226,339	433,657

Monthly Highlights
February 2019

Verdant received dividends payments of \$96,460 offset by a unrealized loss of \$35,374 on our investment portfolio in February which closed with an ending market value of \$47,747,205.

Program grant commitments total \$5,969,697 for 2019*. \$1,730,303 remains available to spend in 2019, \$100,000 of which is designated as Co-funding Opportunities. *Excludes BHCF

Revenue of \$108,486 and expenses of \$83,096 from the Kruger Clinic were incurred, netting to an additional operating income of \$25,390 in February.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
13430	02/20/2019	Girl Scouts of Western WA	200.00	Refund for Deposit for use of VCWC
13431	02/20/2019	Azose	3,315.00	Property Management
13432	02/20/2019	Cascade Security Corporation	512.00	Feb 2019 Parking Lot Security
13433	02/20/2019	Dataworks	975.58	IT Support
13434	02/20/2019	Dimensional Communication, Inc	364.32	Demo Kitchen Mics and Speaker Repair
13435	02/20/2019	Margot Helphand	3,585.54	Facilitation of Commission Retreat
13429	02/13/2019	Nasser Ahmadnia	300.00	Emergency Snow Removal
13436	02/20/2019	AA Dispatch, LLC	38.00	Taxi Service 12/12/18 (#79189)
13437	02/20/2019	Comcast	528.61	Telephone/Internet
13438	02/20/2019	Compass Health	25.00	Copies of client files
13439	02/20/2019	FastSigns	473.55	1 banner & 2 foamcore signs for sponsor acknowledgement
13440	02/20/2019	Lighthouse (formerly Discovia)	5,472.25	Jan 2019
13441	02/20/2019	Neopost	112.63	Postage
13442	02/20/2019	Quality Reimbursement Services	2,676.00	25% contingency on FY2004 SSI Group Appeal Settlement
13443	02/20/2019	Roto-Rooter	248.40	Repair Toilet Clog
13444	02/20/2019	Seattle Food Nut	564.39	WC 229 - Nutrition Programming
13445	02/20/2019	Staples	188.96	Supplies
13446	02/20/2019	Verizon	100.80	Cell Phones
13447	02/20/2019	Washington State Department of Health	100.00	Registration for Community Health Workers 2-day conference
13448	02/20/2019	Lani Miller	341.69	WC 213 - Instructor reimbursement Meatless Mondays 1/14
13449	02/20/2019	Lynnwood Convention Center	9,887.22	Final Payment for food, AV, tech for VHCC 2019
13450	02/20/2019	Lara Okoloko	800.00	1/26 Provider Training
13451	02/20/2019	Irene Mora	17.50	Refund for Mediterranean for Life
13452	02/20/2019	Tulalip Resort Casino	1,558.56	Remaining Bal for Banquet, Tula Bene Dinner, Hotel Accom
13453	02/20/2019	Ana Evelin Garcia	600.00	WC 226 - Intro to Mindfulness for Stress Reduction
13454	02/20/2019	Wells Fargo	257.03	Misc
13455	02/20/2019	Wells Fargo	1,527.21	Misc
13456	02/20/2019	Awards Service Inc	282.63	Awards for VHCC
13457	02/20/2019	Dataworks	233.97	Anti-virus licensing for Feb 2019
13458	02/20/2019	McKinstry Co., LLC	422.64	HVAC Maint. Replace piping insulation
13459	02/20/2019	Parsi Properties LLC	2,634.00	March 2019 - Parking lot lease
13460	02/20/2019	Wells Fargo	666.30	Misc
13461	02/20/2019	Payden & Rygel	7,919.00	1/1-1/31/19 Investment Advisory Services
13462	02/27/2019	Davidson-Macri Sweeping, Inc.	2,243.33	Snow Plowing
13463	02/27/2019	Electronic Business Machines	770.24	2/22-3/21/19 Copy Machine; 11/22/18-2/21/19 overage
13464	02/27/2019	Principal	1,804.50	EE Life Insurance
13465	02/27/2019	Regence Blueshield	5,745.31	Mar 2019 Health Insurance
13466	02/27/2019	WSSCSW	100.00	CEU Approval Application Fee
13467	02/27/2019	Maria G Casey	1,095.16	Lets Make Sculptures @ Boys & Girls Club 2/18-2/19
13468	02/27/2019	Azose	3,240.00	March Property Management
13469	02/27/2019	Waste Management	329.45	Gargbage/Recycle
13470	02/27/2019	Jason Becker Creative	1,302.50	VHCC graphic design & photography, Med4Life layout
13471	02/27/2019	Town & Country Fence, Inc	1,518.01	Repair Dumpster Enclosure
13472	02/06/2019	Alexander Printing Co, Inc	137.70	Printing invites for Provider Open House

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
13473	02/06/2019	AmeriFlex Business Solutions	23.00	Mar 2019 FSA Administration
13474	02/06/2019	Eventbrite	271.69	Ticket Fees
		Total Warrants	<u>65,509.67</u>	
Wire/ACH Activity:				
	2/1/2019	Payroll	22,719.02	ACH payroll transfer
	2/1/2019	Department of Treasury	8,501.73	Payroll taxes for 1/26/19 pay period ending
	2/1/2019	Valic	3,690.55	Payroll 401(a)/457 Deposit
	2/1/2019	Paychex	122.70	Fee for payroll processing
	2/15/2019	Payroll	22,562.81	ACH payroll transfer
	2/15/2019	Department of Treasury	8,485.52	Payroll taxes for 2/9/19 pay period ending
	2/15/2019	Valic	3,716.18	Payroll 401(a)/457 Deposit
	2/15/2019	Paychex	124.95	Fee for payroll processing
	2/12/2019	Wells Fargo Merchant Services	278.95	Merchant Services
	2/15/2019	Alzheimer's Association Western & Central	7,209.16	Program Payment
	2/15/2019	Boys & Girls Club of Snohomish County	24,583.33	Program Payment
	2/15/2019	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	2/15/2019	Center for Human Services	32,279.16	Program Payment
	2/15/2019	ChildStrive	50,150.16	Program Payment
	2/15/2019	City of Lynnwood	8,718.33	Program Payment
	2/15/2019	City of Mountlake Terrace	2,880.00	Program Payment
	2/15/2019	Community Health Center of Snohomish Co	11,445.40	Program Payment
	2/15/2019	Compass Health	14,857.80	Program Payment
	2/15/2019	Domestic Violence Services Snohomish Co	8,000.00	Program Payment
	2/15/2019	Edmonds School District No. 15	112,465.25	Program Payment
	2/15/2019	Edmonds Senior Center	9,666.67	Program Payment
	2/15/2019	Homage Senior Services	60,586.67	Program Payment
	2/15/2019	Kinderling	11,862.67	Program Payment
	2/15/2019	Korean Women's Association	5,000.00	Program Payment
	2/15/2019	Medical Teams International	8,100.00	Program Payment
	2/15/2019	PEPS	3,250.00	Program Payment
	2/15/2019	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	2/15/2019	Project Access Northwest	10,416.67	Program Payment
	2/15/2019	Puget Sound Christian Clinic	47,162.17	Program Payment
	2/15/2019	South Snohomish County Fire & Rescue	36,103.34	Program Payment
	2/15/2019	Therapeutic Health Services	20,833.33	Program Payment
	2/15/2019	Volunteers of America Western WA	6,750.42	Program Payment
	2/15/2019	Wonderland Development Center	28,839.58	Program Payment
	2/25/2019	WA Department of Revenue	887.98	B&O/Retailing Sales Tax for Jan 2019
	2/15/2019	Ameriflex	60.89	EE FSA Payments
		Total Wires/ACH Transactions	<u>599,144.73</u>	

Warrant Number	Transaction Date	Payee	Amount	Purpose
Workers Compensation Claims Activity:				
305417-419	Feb-19	Various Claimants/Vendors	1,571.93	Administered by Eberle Vivian
Kruger Clinic Activity:				
1111-1129	Feb-19	Various Claimants/Vendors	34,889.93	Administered by Azose
Total Disbursements			\$ 701,116.26	

	Transaction Date	Payer	Amount	Purpose
Deposits:				
	2/1/2019	Swedish/Edmonds	826,827.77	Monthly leases
	2/1/2019	Raymond Liu, D.D.S.	3,747.90	Kruger Clinic monthly lease
	2/1/2019	Seattle Skin & Laser	7,308.18	Kruger Clinic monthly lease
	2/1/2019	Brian Takagi, MD	84.63	Kruger Clinic monthly lease
	2/1/2019	Puget Sound Gastro	28,293.35	Kruger Clinic monthly lease
	2/1/2019	Value Village	27,614.77	Monthly lease
	2/10/2019	Snohomish County	5,610.53	Levy
	2/24/2019	Healthcare Realty Services, Inc.	4,663.72	Ground Lease
	2/1/2019	Sea Mar Community Health Center	1,000.00	Sponsorship of VHCC
	2/1/2019	Puget Sound Kidney Centers	1,000.00	Sponsorship of VHCC
	2/5/2019	Coordinated Care	3,500.00	Sponsorship of VHCC
	2/7/2019	Foster Pepper	1,000.00	Sponsorship of VHCC
	2/16/2019	Community Health Plan of WA	1,000.00	Sponsorship of VHCC
	2/22/2019	Premera	5,000.00	Sponsorship of VHCC
	2/21/2019	WA State Health Care Authority	10,702.00	2004 Settlement
	2/19/2019	VCWC Class Registrations	15.00	Misc. Class Registration
	Misc	VHCC Registration	4,802.00	2019 Conference Registration
Total Deposits			\$ 932,169.85	

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 13430 through 13474 have been issued for payment in the amount of \$65,509.67. These warrants are hereby approved.

Attest:

Lisa M. King

Commissioner

Commissioner

Commissioner

Commissioner

Commissioner

Warrants Processed:	2-1-19 – 2-28-19		\$65,509.67
Work Comp Claims Pd:	2-1-19 – 2-28-19		1,571.93
Kruger Clinic Processed:	2-1-19 – 2-28-19		34,889.93
Payroll:	1-13-19 – 1-26-19	22,719.02	
	1-27-19 – 2-9-19	<u>22,562.81</u>	
			45,281.83
Electronic Payments:	Payroll Taxes	16,987.25	
	Paychex	247.65	
	Valic Retirement	7,406.73	
	FSA Payments	60.89	
	Bank Fees	278.95	
	WA State Dept Revenue Program Expenditures	<u>527,993.45</u>	
			<u>553,862.90</u>
	Grand Total		<u>\$701,116.26</u>

Program Oversight Committee Summary Report March 2019

- Three programs for discussion
- Follow-up on myStrength: web/mobile-based behavioral health program
- Board discussion about sustainability as follow-up from retreat

Funding Requests

1.) Compass Health – Youth Mental Health Partnership	Request Year 1	Request Year 2	Request Year 3
	\$15,585		
Program Description: a program that would provide youth mental health training to families at the Alderwood and Edmonds Boys and Girls Club sites. The program would include youth mental health first aid and other behavioral health presentations on topics like anxiety and bullying, signs of suicide, etc.			
Expected Results	The program would serve 179 individuals and would include 6 sessions of mental health first aid (8 hrs of training in each) and another 6 sessions of other topics (2 hrs each). Mental health first aid is a national program that seeks to improve the attendee’s ability to assist young people who are dealing with a mental health problem, substance use challenge, or crisis. For the other topics, Compass would seek to increase knowledge of parents and youth and increase the ability of parents and children to discuss the topics with each other.		
Use of Funds & Costs	The funds would be used for course materials, refreshments, and support other program logistics. Verdant would be the only funder for the project at the B&G club, but Compass receives other funding for community trainings.		

2.) Compass Health - Emergency Motel Voucher Program Expansion	Request Year 1	Request Year 2	Request Year 3
	\$52,250		
Program Description: a request to provide short-term motel assistance to individuals and families. The program has been operating for 12 years and would specifically target South County individuals to provide short term (two weeks) motel vouchers.			
Expected Results	90 individuals would be served by the program during the year. The program would be open to Compass clients, but also through providers like VOA, CCS, Salvation Army, etc. Compass reports that 95% of individuals in its existing program exit into transitional or other housing from the program.		
Use of Funds & Costs	The program budget includes \$62k in other private funding sources. The average nightly cost is \$75 per night and 95% of the budget supports the direct cost of motel stays.		

Note: the program committee members asked Verdant staff to follow-up with Compass and find out if the program could be targeted to specific populations, like those experiencing domestic violence or individuals being released from the hospital without a place to stay. Compass confirmed that the program could be tailored to support specific eligibility criteria and screen for them. However, for safety reasons Compass is not able to put individuals in a motel if they are fleeing active domestic violence—they would be referred to a secure dv shelter. If individuals are not in imminent danger and need housing they could be accepted.

3.) Edmonds Senior Center - Nutrition Program	Request Year 1	Request Year 2	Request Year 3
	\$21,000	\$165,000	\$9,000
<p>Program Description: a funding request for the Edmonds Senior Center nutrition and nutrition education programs. The project includes three phases: 1. maintaining the existing meal program through the site transition to a new center, 2. equipping a new commercial and a teaching kitchen at the new Edmonds Waterfront Center, and 3. designing and implementing a nutrition program that will meet the needs of seniors and other groups.</p>			
<p>Expected Results</p>	<p>There are four major parts of the project:</p> <ol style="list-style-type: none"> 1.) Sustaining the existing meal/nutrition program at a temporary site during construction 2.) Building out the commercial kitchen at the new center 3.) Building out a new teaching kitchen at the new center 4.) Developing an improved nutrition service and catering model in the space <p>The current nutrition program reaches 3,000 participants each year. The senior center is interested in partnering with Verdant to collaborate on nutrition education programs out of the new teaching kitchen.</p>		
<p>Use of Funds & Costs</p>	<p>The budget includes roughly 50% of the cost of equipment and support for program staff during relocation periods. The budget also includes consulting and support to support the center redesign a new nutrition service model that is more sustainable than the current model.</p>		

Note: The program committee asked Verdant staff to get some additional budget information from the Senior Center to learn more about the split in cost between the commercial and teaching kitchen. The total project request is \$279,000 and the Edmonds Senior Center was seeking \$195,000 in funding from Verdant.

Budget Summary by Use	Total Budget	% of Total
1. Sustaining the existing meal/nutrition program at temporary site	\$24,000	9%
2. Building out a new commercial kitchen	\$150,000	54%
3. Build out a new teaching kitchen	\$54,000	19%
4. Developing an improved nutrition service model in the new space	\$25,000	9%
5. Operating Costs (Salaries/Rent/Utilities)	\$26,000	9%
Total	\$279,000	

Full 3- Year Project Budget

Revenue	Year 1	Year 2	Year 3
Funds from Verdant Health	\$21,000	\$165,000	\$9,000
Program Revenue/Fees	\$3,000	\$3,000	\$3,000
Corporate Grants		\$75,000	
Total Revenue	\$24,000	\$243,000	\$12,000
Expenses	Year 1	Year 2	Year 3
Salaries & Benefits	\$8,000	\$8,000	\$6,000
Rent/Utilities	\$6,000	\$6,000	\$6,000
Equipment - Transitional	\$10,000		
Equipment - Teaching Kitchen		\$54,000	
Equipment – Commercial Kitchen		\$150,000	
RFP Catering/Development Process		\$25,000	
Total Expenses	\$24,000	\$243,000	\$12,000

Program Committee Recommendations (Commissioners Knowles & Wilson)

Recommended for Funding:

- **Compass Health – Youth Mental Health Partnership:** the committee is recommending funding the program at \$15,585 for as a pilot for one year. The committee members were interested in the idea of supporting a partnership between Compass and the Boys and Girls Club with some focused training on mental health topics. Depending on community interest, the committee was also open to the idea of supporting more of the community classes vs. mental health first aid because the sessions are so time intensive.

For Further Board Discussion

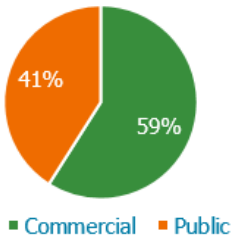
The committee asked for some follow-up information on the two other programs that were referenced earlier.

- **Compass Health – Emergency Motel Voucher Program:** the committee was potentially interested in supporting the program with some focus on populations in need. Examples that the committee discussed included people with significant health needs, mental health needs, or individuals experiencing domestic violence.
- **Edmonds Senior Center – Nutrition Program:** the committee members were most interested in supporting the nutrition education and operating portions of the request. They were less interested in the capital request tied to the commercial kitchen.

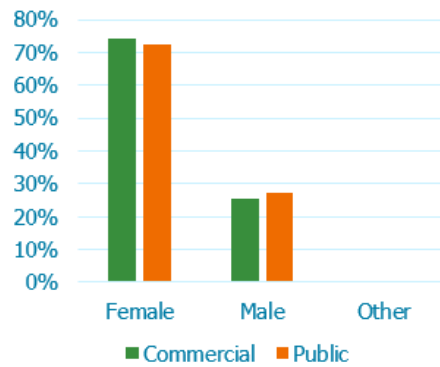
Follow-up on myStrength: Web/mobile-based behavioral health program

- The program committee is recommending a demonstration at the April board meeting to share program, explore evidence-base;
- MyStrength also provided demographic snapshot of users as requested (below)

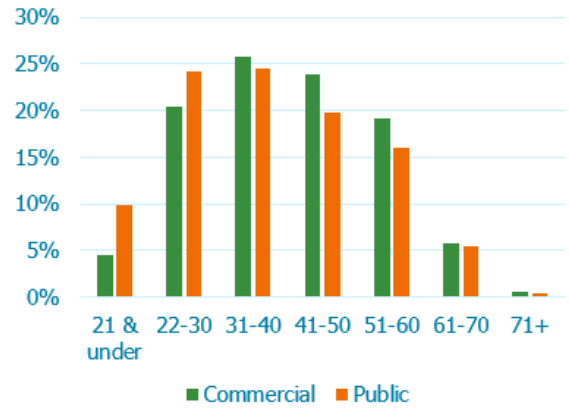
Total users



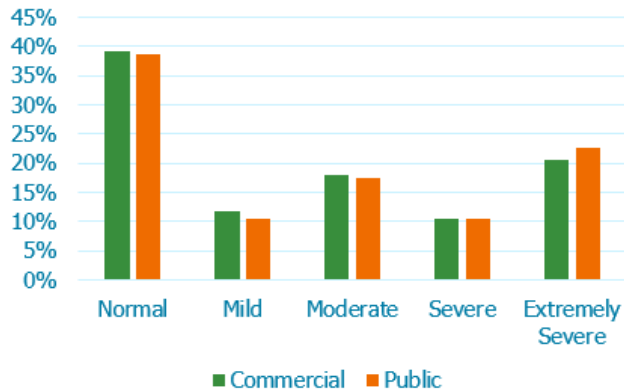
Gender



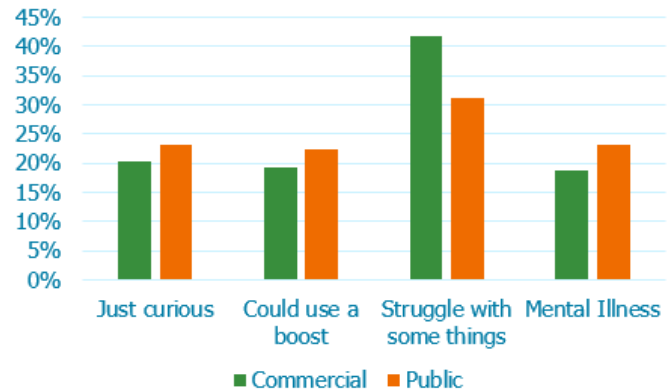
Age



Baseline Depression Scores



Motivations for myStrength



Follow-up on Sustainability Discussion

- The Program Committee had a follow-up discussion about sustainability and grants
 - Average program tied to a top Verdant priority is \$179k vs. \$77k for those not tied to a top priority
 - Most of the “Non-core” programs fit in the “Other Prevention” category
- Committee recommended we proactively review a rolling list of grants soon to expire. Grants expiring between now and June 2019:
 - Alzheimer’s Association (Other Prevention, April)
 - Compass Health Community Medic Program (Mental Health, May)
 - PEPS (Other Prevention, April)
 - Prescription Drug Assistance Program (Access to Healthcare, June)
 - Therapeutic Health Services (Mental Health, June)

**Verdant Community Wellness Center Summary
March 2019**

Completed Programs (January/February)

1. General Community and Provider Events	Attendance
1. PEPS – Baby Peppers Support for New Moms & Babies (1/10-3/28)*	6-8/session
2. Monthly Hero's Café for Veterans (2/26; 3/26)	100+/session
3. Sebastian Place Case Managers Meeting (2/28)	6-8
4. League of Women Voter's Children's Committee (3/1)	8-10
5. ARC Mothers of Children with Disabilities Monthly Support Network (3/2)	10
6. Parkinson's Disease Monthly Support Group (3/4)	6-8
7. SHIBA Updates Training (3/5)	25
8. Korean Women's Association Everyday Prevention Workshops (3/7)*	30
9. Family & Kinship Caregiver Support Groups (March 7)	6-10
10. Girls on the Run Coach CPR Training (3/7)*	13
11. DDA Region 2 Meeting (3/8, 9)	8/session
12. Wonderland Board Retreat (3/9)	19
13. Snohomish County Early Intervention Providers Meeting (3/14)	20
14. Welcome to Medicare Monthly Workshops (3/15)	12
15. Verdant Resource Connector Meeting (3/19)	32
16. Verdant Provider Open House (3/21)	18
17. Kinderling National Sib-Shop Facilitator Training (3/22, 23)	35/session
18. Sea Mar Weekly Health Insurance & Basic Food Enrollment (weekly)	Varies
19. Ongoing – Community Support for Prescription Assistance (weekly)*	Varies

2. Nutrition and Healthy Behaviors	Attendance
1. Survive & Thrive with Chronic Kidney Disease (Feb 27 – April 3)*	20/session
2. Cooking Demo for Adults on SNAP – Monthly FINI Training (2/28)*	21
3. Physical Activity in Childcare Settings – STARS Training (3/2)	14
4. Weekly Healthy Living Coaching Group (3/5, 12, 19, 26)*	12-15/session
5. Learn & Taste: Fueling the Young Athlete (3/11)*	13
6. Diabetes Support Group (3/13)	2-4
7. Cooking Demo: Healthy Asian Meals (3/14)*	20
8. Cooking Demo: Soups & Stews (3/18)*	19
9. Cooking Demo: Not all Fats are Created Equal (3/19)*	18
10. Getting to Goal Weight Reduction Program (1:1 Appts with an RDN)*	varies

3. Behavioral Health & Substance Use	Attendance
1. Support Group for Newly Diagnosed Parkinson's (1/16 - 3/27)	16 /session
2. NAMI Connections Mental Health Support Group (2/28; 3/14)	6-8/session
3. Parkinson's Disease Support Group (3/4)	4-6/session
4. Gender Diversity Family Support Group (3/10)	6-10
5. Understanding Anxiety & Depression (3/12-4/30)*	9
6. Art Therapy – Self Reflection Group (3/21-4/25)*	7
7. Brain Health and Wellness Classes (3/5, 12, 19))	2-6/session
8. Adult Children of Alcoholics Weekly Support Group (weekly)	Varies
9. Veterans Drop-In Support (weekly - Lynnwood & monthly - County)	Varies

4. Other Programs	Attendance
1. Play and Learn Group, Wonderland Development Center (weekly)*	20+/week

Verdant Community Wellness Center Summary March 2019

Upcoming Programs (March/April)

A. General Community and Provider Events

1. Alliance for Child Welfare Provider Training (March 23)
2. NAMI Snohomish County Board Retreat (March 28)
3. Monthly Hero's Café for Veterans (March 26, April 23)
4. ESD Health Services Meeting (March 29)
5. Parkinson's Disease Support Group (April 1)
6. Family & Kinship Caregiver Support Group (April 1)
7. SHIBA Updates Training (April 2)
8. Korean Women's Association Everyday Prevention Workshops (April 4)*
9. PEPs – Baby Peppers (April 4- June 20)*
10. League of Women Voter's Children's Committee (April 5)
11. ARC Mothers of Children with Disabilities Monthly Support Network (April 6)
12. Snohomish County Early Intervention Providers Meeting (April 11)
13. Basic Food Education Forum (April 17)
14. Toddler 101 with a Pediatrician (April 17)
15. Community Foundation Racial Equity 101 Training (April 18)
16. Welcome to Medicare Monthly Workshops (April 19)
17. STARS Childcare Provider Training for Russian Speakers (April 20)
18. Leadership Snohomish County Presentations (April 22)

B. Nutrition and Healthy Behaviors

1. Survive & Thrive with Chronic Kidney Disease (Feb 27 – April 3)*
2. Weekly Healthy Living Coaching Group (March 26; April 2, 9, 16, 23, 30)*
3. Meal Planning 3 part series (March 26 – April 16)*
4. Learn & Taste: Using Herbs & Spices to Flavor Food (March 28)*
5. Diabetes Support Group (April 10)
6. Diabetes-friendly Living Series (April 10 – May 1)*
7. Cooking Demo: A Taste of India (April 10)*
8. Cooking Demo: Flavors of Greece (April 11)*
9. Mediterranean for Life 6 Week Series (April 16 – May 21)*
10. Cooking with Confidence (April 24-May 8)*
11. Cooking Demo for Adults on SNAP – Monthly FINI Training (April 25)*
12. Cooking Demo: Tasty Breakfast Option (April 29)*

C. Behavioral Health & Substance Use Focus

1. Understanding Anxiety & Depression (March 12 – April 30)*
2. Art Therapy – Self Discovery & Reflections (March 14 – April 18)*
3. NAMI Connections Mental Health Support Group (March 28, April 11, 25)
4. Behavioral Health Integration Meeting (March 27)
5. Brain Health and Wellness Classes (April 2, 11, 22)
6. Gender Diversity Family Support Group (April 14)
7. UW Memory & Brain Wellness Resource Day (April 27)
8. AAPPN Psychiatric Nurse Practitioner Training (April 27)
9. Adult Children of Alcoholics Weekly Support Group (weekly)
10. Veterans Drop-In Support (weekly - Lynnwood & monthly - County)

* = Grant / Program Funded Partners

February/March 2019 Multicultural Program & Outreach Report

- **De Corazon a Corazon:** This 6-month series will offer Spanish speaking community members education and information to be more aware of what they are eating and how to choose healthy foods; to be more aware of the amount of activity they do in a day; to stop self-destructive thoughts and replace them with positives and to manage stress, social events and other people that make it difficult for them to change.
- **King County Promotoras Network:** Meeting of the group in King County that supports the efforts of the work of CHW (Promotoras) in Snohomish County. The Promotora model is a culturally sensitive, lay health educator for the Latina community.
- **7-week Spanish Language Positive Discipline Program for Parents and Youth 10-14 years:** The Positive Discipline Program is geared towards parents and youth 10-14 teaching family skills designed to enhance school success and reduce youth substance use and aggression among 10- to 14-year-olds. The first class started this month and we have 20 families enrolled.
- **Skill Building Training with Dr. America Bracho:** Training for Community Health Workers, community members interested in learning how to enrich their capacity to transform the health and well-being of their communities by learning to involve stakeholders (individuals, families, agencies within and outside those communities) in the process of positive change. This training is designed to use popular education, the generation of topics and non-traditional methodologies where participants can express their thoughts and feelings while reducing their levels of anxiety and intimidation.
- **Meeting among parents with children with disabilities:** An opportunity for families to gather to talk about issues facing them and how to work through them as a group.
- **Art class for All:** Trained professionals engage with families with children with disabilities through art expression.

March 2019 Marketing Report

Provider Outreach Materials

- Program guide focused on Lifestyle Modification, Weight Management, Diabetes/Pre-Diabetes, and Wellness Navigation
- Prescription pad for providers to use for patient referrals

The Canopy

- Scheduled to distribute in mid-April, focused on engaging community and highlighting spring and summer programs including VCWC classes and programs, Bike2Health South County Rides, South County Walks, Meet Me at the Park, National Night Out and more

PUBLIC HOSPITAL DISTRICT NO. 2
SNOHOMISH COUNTY, WASHINGTON
RESOLUTION NO. 2019-03

A resolution of the Commission of Public Hospital District No. 2, Snohomish County, Washington (the "District"), fixing the compensation of the superintendent of the District.

WHEREAS, effective as of January 1, 2017, Robin Fenn was appointed as the superintendent of the District (the "Superintendent") under the terms of an offer of employment dated November 21, 2016; and

WHEREAS, effective as of January 1, 2018, the Superintendent's compensation was adjusted under the terms of a letter dated March 19, 2018; and

WHEREAS, the Commission previously approved and adopted the goals and objectives for the Superintendent for calendar year 2018; and

WHEREAS, the Commission has reviewed the Superintendent's performance in 2018 and evaluated the extent to which she has met her goals; and

WHEREAS, the Commission wishes to recognize the Superintendent's performance by increasing her compensation; NOW, THEREFORE,

BE IT RESOLVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, as follows:

Section 1. After due consideration, and being fully advised, the Superintendent's annual compensation shall be fixed at \$_____, effective as of _____, 2019.

Section 2. The President of the Commission of the District is authorized and directed to do, or cause to be done, all things reasonable and necessary in order to fully and timely carry out the terms of this resolution.

ADOPTED AND APPROVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, at a regular open public meeting thereof, held this 27th day of March, 2019, the following commissioners being present and voting in favor of this resolution.

President and Commissioner

Commissioner

Commissioner

Commissioner

Secretary and Commissioner

I, Karianna Wilson, Secretary of the Commission of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution 2019-03 of the District is a true and correct copy of the original resolution adopted on March 27, 2019, as that resolution appears on the Minute Book of the District.

DATED this 27th day of March, 2019.

Secretary of the Commission