FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ALZHEIMER'S CAFE

Connect in a Supportive Environment

Gather with us in the Thorndike Room at McMenamin's Anderson School in Bothell for a monthly Alzheimer's Café.

In this relaxed setting, persons living with Alzheimer's (or other dementia) and their caregivers or loved ones can enjoy socializing, food and entertainment. Families meet and connect in an environment that is accepting and nonjudgmental.

There is no cost to Y members and community members other than for menu items.

WHEN

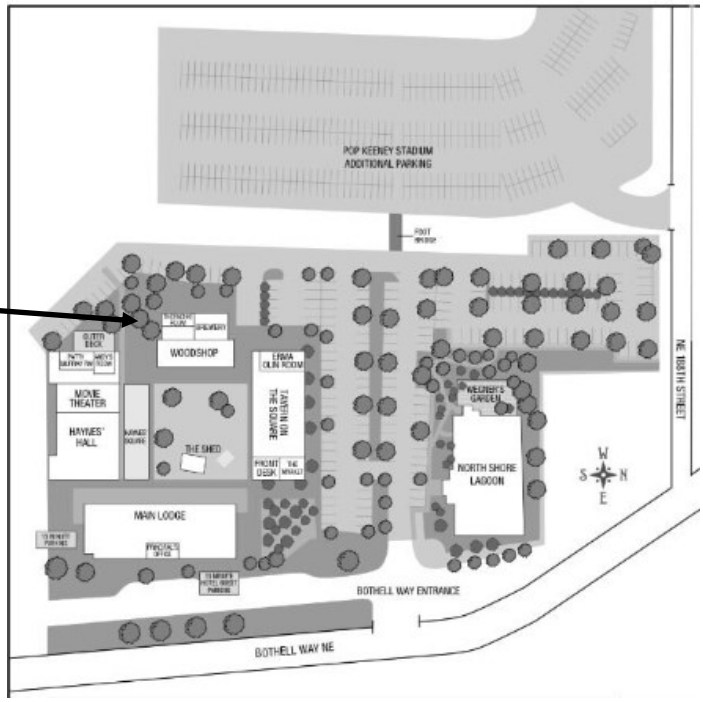
Every third Tuesday in 2019:
January 15, February 19, March 19,
April 16, May 21, June 18

3:00—5:00 pm

WHERE

McMenamin's Anderson School
18607 Bothell Way NE
Bothell, WA 98011

We meet in the Thorndike Room which is in the Woodshop Restaurant.



REGISTRATION

Register in-person at the Northshore YMCA, over the phone at 425-485-9797, or online at www.seattleymca.org.

QUESTIONS

Heather Steele at hsteele@seattleymca.org or call 425 485 9797.

NORTHSHORE YMCA
11811 NE 195th ST, Bothell WA 98011
P 425 485 9797 **F** 425 486 7757 ymcanorthshore.org

Everyone is welcome. The **YMCA of Greater Seattle** strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility. **Financial assistance is available.**