



HEALTH COMMISSION  
SERVING SOUTH SNOHOMISH COUNTY

## Verdant Community Wellness Center

4710 196th Street SW, Lynnwood, WA 98036

### Rooms and Resources

Facility Rooms	Room dimensions (in feet)	Original Capacity	Covid Compliance	Resources
<b>Cedar</b> 1st Floor (training room)	39' x 26'	50 w/tables and chairs 75 w/chairs only	20	Large screen, projection system, microphone/sound system, whiteboard, tack boards (2) podium (2)
<b>Maple</b> 1st Floor (teaching kitchen)	18.5' x 20'	8-10 hands on 12-14 demonstration	up to 12 hybrid	2 screens that visualize the cooking surface, gas range, double ovens, microwave, large screen, cooking utensils/supplies
<b>Birch</b> 2nd Floor (large Classroom)	24' x 26'	18-20 w/tables and chairs 30 w/chairs only	10	Drop-down screen, (2) whiteboards, coffee pot and filters are available to brew (coffee is not provided)
<b>Sequoia</b> 2nd Floor (medium Conference room)	14' x 14'8"	conference table accommodates 6-8	4	Wall monitor, whiteboard

#### Tables available

#### Dimensions

Rectangle Tables.....	5' x 2'	
Round Tables.....	3'	(Cedar - 2 available)
40" tall Tables.....	4'7" x 2'	(Cedar - 4 available)
Oval Table.....	5' x 3'	(Birch - 1 available)
Conference Table.....	7'11" x 3'10"	(Sequoia - 1 available)

<p><b>Additional Resources/Technology Available for Check Out</b> (On a first-come, first served basis)</p> <ul style="list-style-type: none"> <li>*PC Laptop - 1 available</li> <li>*Projector - 1 available (must be confirmed with Verdant)</li> <li>*Extra Chairs</li> <li>*Conference Phone - 1 available with 5 separate microphones</li> </ul>	<p><b>Items to Bring With You, if needed</b></p> <ul style="list-style-type: none"> <li>*Laptop, cable and adapters if using your own technology</li> <li>*Flip Chart paper and markers</li> <li>*Food and cooking supplies to use in the teaching kitchen</li> </ul>
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## **Room Set-up/Clean-up**

\*Room use is for approved scheduled time only, this includes set up and clean up time.

\*Spaces are set in standard configurations and should be left in the standard configuration at the conclusion of the use of the space. Users can re-configure select spaces as long as the set-up meets fire and building codes and maximum occupancies.

\*At the conclusion of the event, the organizer is responsible to make sure the space is left clean, including any common areas and restrooms.

\*All remaining supplies, decorations, food and beverages must be removed from the facility immediately after the event. (including boxes, etc.)

\*Wipe down all tables with sanitizing wipes (provided)

\*Clean all flooring surfaces (vacuum & broom provided)

\*Remove all garbage and place in the dumpster located in the back parking lot.

\*Please check out with front desk staff prior to leaving.

**For more information about scheduling a room or arranging a tour, email us at [wellnesscenter@verdanthealth.org](mailto:wellnesscenter@verdanthealth.org) or call 425.582.8600**

**Facility use request form can be found at: <https://verdanthealth.org/about/wellness-center/>**