



Increasing Safety & Resilience

February 21, 2019

Agenda for the Breakout

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| 9:15-9:50 | Guest speakers |
| 9:50-9:55 | Personal reflection exercise (see page 9 in conference program) |
| 10:00-10:30 | Divide into 3 groups for discussion |
| 10:30-10:45 | Reconvene for larger group discussion |
| 10:45 | Turn in note card with feedback |

Guest Speakers

- Chief Tom Davis, Lynnwood Police Department
- Mary Wysocki, Executive Director, Take the Next Step
- Heather Steele, Active Older Adult Program Supervisor,
Northshore YMCA

Alzheimer's Cafe



Breakout Session Questions

1. We recognize that each organization represented today has a different connection to the topic of social and physical infrastructure. How much do you believe this topic is relevant to your organization or the work your organization does?
2. Strengths: What currently exists in your community supporting health using the physical environment? What are we doing well and what are our strengths? Please tie these ideas to the theme of the session you are attending.
3. Opportunities/Challenges: What local opportunities exist to strengthen the support for health using the physical environment? What weaknesses do we have to overcome? Please connect these ideas to the theme of the session you are attending.
4. What opportunities are you now considering for your organization as a result of today's conversation?

Breakout Session Questions

Introductions (name/organization)

Strengths: What currently exists in your community supporting health using the physical environment? What are we doing well and what are our strengths? Please tie these ideas to the theme of the session you are attending.

Breakout Session Questions

Opportunities/Challenges: What local opportunities exist to strengthen the support for health using the physical environment? What weaknesses do we have to overcome? Please connect these ideas to the theme of the session you are attending.

Breakout Session Questions

What opportunities are you now considering for your organization as a result of today's conversation?

Reconvene for Discussion

What are some of the key takeaways shared within your smaller group?

Now What?

Awards!

Food!

Books!