

VERDANT HEALTH COMMISSION  
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**BOARD OF COMMISSIONERS**  
Special Meeting  
AGENDA  
June 28<sup>th</sup>, 2023  
5:30 p.m. to 7:30 p.m.

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The public can participate in person at the Verdant Community Wellness Center or join via Zoom by visiting <https://us02web.zoom.us/j/83042983170> Meeting ID: 830 4298 3170 or the call-in number is 253-215-8782.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	5:30pm	---
B. Land & Enslaved People's Acknowledgement	---	5:30pm	3
C. Consent Agenda:	Action	5:33pm	4-30
1. Approval of Minutes:			
a. May 24, 2023 Regular Board Meeting			
b. June 20, 2023 Special Board Meeting			
c. June 23, 2023 Special Board Meeting			
2. Grant Modification Requests			
3. Superintendent's Discretionary Requests			
D. Public Comments (limit 3 minutes per speaker)	Information	5:35pm	---
E. Executive Committee Report	Information	5:44pm	---
F. Opioid Epidemic Panel Discussion	Information	5:45pm	---
Panelists Include:			
• Dr. Jeremy Hammel, MD, Swedish Edmonds			
• Jason Biermann, Snohomish County Executive's Office			
• Nicole Picknell, South County Fire			
• Shannon Smith, Sound Pathways			
G. Superintendent Report	Information	6:15pm	---
1. Verdant Operations			
2. Community Outreach Update			
3. Presentation: Verdant Marketing with Kirk Mathis			
a. Introduction to new interns			
H. Program Committee Report	Information	6:40pm	---
1. Conflicts of Interest			
2. Fall 2023 Funding Cycle Timeline			

I. Finance Committee Report			31-42
1. Review Financial Statements & Cash Activity	Information	6:45pm	
2. Authorization of Payments of Vouchers and Payroll	Action	6:55pm	
3. Value Village Property – Site Remediation Options discussed at June 23 Special Meeting	Information	7:00pm	
J. Public Comments (limit 3 minutes per speaker)	Information	7:15pm	---
K. Commissioner Comments	Information	7:21pm	---
L. Adjournment	---	7:30pm	---



## **– Land & Enslaved People’s Acknowledgment –**

Public Hospital District #2, Snohomish County (the Verdant Health Commission), recognizes that we live and work on the ancestral homelands and traditional territories of Indigenous peoples who have been here since time immemorial.

We also recognize that many enslaved and contracted peoples were forced to dedicate their work to the construction of what is now the South Snohomish County area.

In recognition that this land is colonized Indigenous territory that has been designated through slaves and hired labor, it is our collective responsibility to critically interrogate the stories and later lives of these people, and to honor, protect and sustain this land.

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS**

**Regular Meeting**

**Hybrid: In-Person at Verdant Community Wellness Center and via Zoom**

**May 24, 2023**

**8:00 a.m.-10:00 a.m.**

**Commissioners  
Present**

Jim Distelhorst, MD, President  
 Karianna Wilson, Commissioner  
 Deana Knutsen, Commissioner  
 Carolyn Brennan, Commissioner  
 Bob Knowles, Commissioner

**Staff**

Dr. Lisa Edwards, Superintendent  
 Riene Simpson, CPA, Director of Finance  
 Leslie Silverman, Interim Director of Community Impact & Grantmaking  
 Kaysi Caballero, Executive Assistant/Office Manager  
 Nancy Budd, Community Social Worker  
 Kirk Mathis, Digital Marketing & Communications Manager  
 Sandra Huber, Community Engagement Manager  
 Monika Star, Wellness Center Assistant  
 Erin Boehm, Interim Grants Manager

**Guests**

Matthew Stopa, Moss Adams  
 Mary Wright, Moss Adams  
 Christina Bernard, PHPDA  
 Dominique Ongaro

**Call to Order**

The regular meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:00 a.m. by President Distelhorst.

**Land and  
Enslaved People's  
Acknowledgement**

President Distelhorst read the acknowledgement.

**Consent Agenda**

***Commissioner Knutsen made a motion to approve all items included on the consent agenda, Commissioner Wilson seconded. Motion passed.***

Consent Agenda (E:34:23)

1. Approval of Minutes:
  - a. April 26, 2023 Regular Board Meeting
2. Resolution 2023:05 Swedish Hospital Asset Disposal
3. Grant Financial Review Guidelines

**Public Comments**

Ms. Caballero read one public comment submitted in writing:

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Guillermina Gonzalez: "They are beneficiaries of the fruit and vegetable coupons. They are very grateful to receive these vouchers as it really helps their family financially – the money they would have been spending on healthy food they can now spend on other necessities. They have prediabetes and the doctor recommends that they eat more fruits and vegetables, also for their children. Her son loves strawberries, and they can be very expensive sometimes. They appreciate the help with these food vouchers and please continue to give them out."

**Executive  
Committee Report**

President Distelhorst reported that Executive Committee met on May 17<sup>th</sup> to approve the agenda for today's meeting. No action was taken at the Executive Committee meeting.

**Presentation:  
Moss Adams  
Annual 2023 Audit**

Ms. Simpson introduced the two senior auditors from Moss Adams, Matthew Stopa and Mary Wright, who were involved in the 2023 annual audit. Mr. Stopa began his presentation (E:35:23) by walking through the five required communications with Commissioners as they completed their annual audit. The audit concluded with an unmodified opinion, which is a clean audit. There were significant changes to 2021 and 2022 with the new lease accounting standard implemented for 2021. You can see how this impacted the total assets and net position for 2021 and 2022. For every \$1 in District expenses, Verdant is spending \$0.69 towards Programmatic expenses (internal and external). This comes to a total of \$43 million invested back into the community over the past five years (2018-2022).

President Distelhorst asked Mr. Stopa to clarify the findings of the audit.

- Mr. Stopa reiterated that the audit was clean, there were no internal control matters of note, and the District passed the annual audit.

Commissioner Brennan asked Mr. Stopa to repeat his statement about the amount of money the District has put back into the community.

- He clarified that yes, the figure of \$43 million invested in the community is just over the past five years.

Commissioners thanked the auditors for their presentation.

**Organizational  
Capacity Status  
Report**

Dr. Edwards presented a slideshow outlining the fourth strategic priority of Verdant's 2023-2024 plan (E:36:23). She spoke about the progress so far and goals for future implementation.

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Ms. Silverman spoke about the goals for making the grantmaking priorities and procedures more transparent to the community. Over the next 12-18 months this also includes making grantmaking more equitable, diversifying Verdant's grantmaking portfolio, and creating opportunities to test new ideas around funding and collaboration with our community partners.

Ms. Simpson spoke about the work underway to maintain the integrity of the District's largest capital assets – its properties. It has been critical that Verdant staff are engaging more heavily with our Property Manager to take the extra facility workload off the Director of Finance and Superintendent (roughly 30-40% of time per week).

Dr. Edwards continued to provide an update on the remaining areas of this Organizational Capacity strategic priority – discussing keeping Verdant a great place to work, its progress toward its DEI efforts, and future opportunities to reach the goals of this strategic priority.

**Introduction of  
Dominique  
Ongaro, Master of  
Public Health  
intern**

Dr. Edwards introduced Master of Public Health Student from UW Seattle, Dominique Ongaro, who is working on a research project for Verdant as part of her masters curriculum. She will be creating a dashboard for Commissioners to keep track of progress related to its 2022 Community Perspectives Study. Part of this work will involve reaching out to community partners involved in the 2022 study and asking for status reports to see if the issues that were highlighted from the community survey have been getting better or worse.

- President Distelhorst looks forward to seeing how her work can help the Board promote an effective process in measuring its strategic goals.
- Commissioner Brennan is excited to see the collaboration between staff and our effort to review this data in a methodical and equitable manner.
- Commissioner Knutsen is excited to see the dashboard, as this is often used in hospital systems and can be a simple clear way to view a snapshot.

**Discussion about  
Nimble Grants  
with PHPDA**

Ms. Silverman introduced Christina Bernard of Pacific Hospital Preservation & Development Authority (PHPDA) who has been invited today to speak to Commissioners about their nimble grants program and how they implement it. Ms. Bernard began by explaining that PHPDA is similar to Verdant as it is a public agency with the ability to provide grantmaking dollars from the revenue it receives from its properties. They have a lean staff of

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five people and just three days ago onboarded a new Executive Director.

Their nimble grants (small grants) are under \$30,000, provided for one year, for a one-time project or capital purchase, and are not renewable. They have a nimble grant cycle three times per year and are considering going down to two times per year.

They fund just a few nimble grants per cycle. Once the recipient's nimble grant period is over and their project is complete, they are welcome to apply to PHPDA's major grant cycle (large grants) if their work can continue.

- Commissioner Wilson asked Ms. Bernard what the average length of their major grants is.
  - Ms. Bernard answered that all major grants are funded for one year, with the option to renew for up to two additional years. Major grants are not provided for more than three consecutive years. If an organization reaches year three, they are required to take a one-year break before applying for another major grant for that same program. If the organization has a new project after its three years, they can apply with a *new* project.
- Commissioner Knutsen asked Ms. Bernard if they see that these nimble grant or major grant organizations continue their projects after their one- or three-year grant term is up, or if their program ceases to continue.
  - Ms. Bernard answered that as far as they know, once PHPDA ceases its funding for major grants, the programs do continue. The nimble grants, however, mostly conclude after one year since that money goes toward more short-term initiatives.
- Commissioner Knutsen followed up asking if a nimble grant recipient changes its focus, could it then apply for one of PHPDA's major grants?
  - Ms. Bernard answered that the specific program that received the nimble grant cannot continue for funding under a major grant. However, if the organization changes its focus, they could then apply for a major grant for a *new* project.
- Commissioner Knowles asked how PHPDA handles the major grant start date and major grant renewal dates being on the same term since all the requests and renewals come in at the same time.
  - Ms. Bernard answered that yes, their first-time major grant period and renewal periods are around the same time, so it is busy. However, they

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- administer their nimble grant cycle at alternative times, so those one-year cycles are on a slightly different schedule.
- Commissioner Knutsen asked where PHPDA gets their revenue and how much they can grant.
  - Ms. Bernard explained that PHPDA owns the Pacific Tower building at the intersection of I-5 and I-90 which was the first U.S. Marine hospital in Seattle. The building is now full of tenants who pay PHPDA rent. PHPDA uses this lease revenue to provide grantmaking toward equitable healthcare access. They receive ~60 major grant applications per cycle and have a panel review process which narrows the applicants down to around 12, and they only award 6 or 7. They award 10-12 nimble grants per year.
- Ms. Silverman asked Ms. Bernard to share how the LOI (letter of intent) process works for their funding applications.
  - Ms. Bernard explained they use these LOIs for their major grants. They are short 1–2-page letters explaining the need for their project and the organization’s goals for serving that need. PHPDA has a very competitive process with the amount of LOIs they receive and the number of projects they fund (6 or 7 per cycle). These LOIs are due in January and their funding begins July 1.
- Ms. Silverman asked Ms. Bernard what contributes most to the success of the nimble grant program.
  - Ms. Bernard answered that the nimble grants program allows them to address urgent needs that come up but don’t fit within the major grant cycle. These nimble grants have a slightly different focus and often have a direct and immediate community impact. Nimble grants allow PHPDA to explore new work and facilitate new work in the community.

**Superintendent’s Report**

Dr. Edwards is working with Verdant staff and Commissioners to explore opportunities to fund an additional supply of Narcan nasal spray to Lynnwood Police and South County Fire. Emergency responders are using up their Narcan supply at an alarming rate, whereas it is taking 4-6 doses of 8mg to bring someone back from an opioid overdose.

Verdant is partnering with the City of Lynnwood, Edmonds School District, Lift Every Voice Legacy, and Project Girl to put together a fun Juneteenth event on June 19<sup>th</sup> from 10am-3pm at Cedar Valley Community School.



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Verdant has hired a new Social Media Intern, Zayna Jawo, and we will introduce her at the next Board meeting. Mr. Mathis will be working with two Digital Scholars interns from UW Bothell on more social media projects. One will help us with our LinkedIn profile, and the other will get Verdant active on TikTok. Verdant will be posting some volunteer roles on our website next week to provide additional event coverage, office support, and photography.

Verdant is entering its “community outreach season” (summertime) and staff will be busy promoting Verdant in the community. We have a new outreach event this year at the Alderwood Mall on Saturday, July 22<sup>nd</sup>.

### **Program Committee Report**

Conflicts of Interest      None.

Superintendent’s Discretionary      Ms. Silverman reported that two organizations were recently awarded funding from the Superintendent’s Discretionary fund. The Asian Service Center received \$10,000 and Inside Health Institute received \$13,000.

Swim Vouchers      Ms. Silverman reported that Verdant recently got word that two municipal entities, City of Mountlake Terrace, and City of Lynnwood, have agreed to begin providing financial support of the drowning prevention program which provides swim vouchers to school-aged children. Verdant will provide \$10,000 matching funding to each entity. We are still waiting to hear if City of Edmonds would like to participate in funding the effort. Verdant will be issuing a joint press release soon to notify the community of this partnership and our combined efforts to promote drowning education and safe swimming in our communities.

### **Finance Report**

Review Financial Statements & Cash Activity

Ms. Simpson presented the financial reports for April 2023 (E:37:23), noting any transactions out of the ordinary, compared to prior month periods. This month’s reports you will see the grant payments go out with the 4/1/23 start date.

- Commissioner Wilson asked Ms. Simpson if there is a way we can show a breakdown of the different revenue streams (income from Swedish Edmonds, Kruger Clinic, ground lease, etc.) so the community can better see where the 20% we are sending to our reserve account comes from.

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- Ms. Simpson will look at this over the next month and present a couple of alternative views of the revenue breakdown at the June Finance Committee meeting.

Authorization of  
Payments of  
Vouchers and  
Payroll

Authorization for payment of vouchers and payroll:  
Warrant numbers 16030 through 16070, J2100 through J2129, 305555 through 305557 for April 2023 for total warrant payments in the amount of \$182,786.33 were presented for approval (E:38:23).

***Motion was made by Commissioner Knowles, seconded by Commissioner Wilson and passed unanimously to approve the warrants.***

**Public Comments**

None.

**Commissioner  
Comments**

Commissioner Knutsen thanked everyone for their hard work and got lots of thoughtful information about nimble grants.

Commissioner Wilson liked hearing the information about the nimble grant program of a similar organization to Verdant.

Commissioner Knowles would like to see what PHPDA's criteria are for their nimble grants. He thinks Verdant should notify the public about what we are doing to fight the opioid epidemic.

Commissioner Brennan is interested in learning more about PHPDA's panel review process and their timing of grantmaking throughout the year. She made a call out to the recent Narcan trainings Verdant held and the important advocacy our Community Social Worker Nancy is doing.

**Adjournment**

The meeting was adjourned at 9:39 a.m. by President Distelhorst.

**ATTEST BY:**

\_\_\_\_\_  
President

\_\_\_\_\_  
Secretary

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS**

**Special Meeting**

**Hybrid: In-Person at Verdant Community Wellness Center and via Zoom**

**June 20, 2023**

**4:00 p.m.-5:30 p.m.**

**Commissioners  
Present**

Jim Distelhorst, MD, President  
 Karianna Wilson, Commissioner  
 Carolyn Brennan, Commissioner  
 Deana Knutsen, Commissioner  
 Bob Knowles, Commissioner

**Staff**

Dr. Lisa Edwards, Superintendent  
 Leslie Silverman, Interim Director of Community Impact &  
 Grantmaking  
 Erin Boehm, Interim Grants Manager  
 Riene Simpson, Director of Finance  
 Kaysi Kelly, Executive Assistant/Office Manager

**Call to Order**

The special meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 4:06 p.m. by President Distelhorst.

**Land and  
Enslaved People's  
Acknowledgement**

President Distelhorst read the acknowledgement.

**Summary  
Snapshot and  
Timetable**

Ms. Silverman reported as of the close of this funding cycle on Friday, June 16<sup>th</sup>, there were 32 applications submitted (E:39:23). Of the 32, eleven of these are *new* partners Verdant has not funded before. The 32 applications equal \$5.9 Million in requests. Since Commissioners under-funded the Spring 2023 cycle, there is leftover money from that cycle that will roll over to this Fall 2023 cycle as it is in the same fiscal budget year.

Ms. Silverman walked Commissioners through the timeline of workflow for the Fall 2023 funding cycle (see E:39:23, slide 8).

**Avoiding Conflict  
of Interest and  
Understanding  
Bias**

Dr. Edwards presented slides about conflict of interest to remind Commissioners of our requirement to disclose a potential conflict and abstain from scoring a particular grant application if needed (see E:39:23, slides 9-14).

Ms. Silverman provided a reminder to Commissioners about biases and how to recognize them and be aware of how they may be swaying your decision as you review these grant applications. There are five main types of biases which impact decision-making (see E:39:23 slides 15-21).

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She asked staff and Commissioners to share examples of a tool they have used to try and reduce bias?

- Commissioner Knutsen was involved with a group who would pass out the plastic glasses and mustache-noses to wear as their “racial bias glasses” before they would enter a discussion about a particular topic.
- Commissioner Brennan reads a grant application multiple times before scoring, which can lead to different opinions of an application based on different times that you reviewed it.
- Commissioner Knowles added that there is no way we can fully eliminate bias. You could have a sign up on the wall that says “BIAS” just to constantly remind yourself to check in with your biases to see if it is influencing you.
- Commissioner Brennan commented that she gives pause in thinking about the diversity of our Board is, and that is something we need to be aware of.

Ms. Silverman shared a slide showing the key barriers to organizations in securing resources (see E:39:23, slide 22). Each organization comes from a different place and is at different stages in their development. It is important to remember this as we review the funding requests.

#### **Best Practices and Reviewers Toolbox**

Ms. Silverman provided a reminder to Commissioners about the tools you should utilize as your review these applications (see E:39:23, slides 23-26).

#### **Reviewer Roles and Next Steps**

Ms. Silverman reminded Commissioners about the timeline of this funding cycle, outlining the different roles of staff and Commissioners leading up to the final decision-making Special Board meeting in late August (see E:39:23, slides 27, 31-32).

#### **Fluxx Demo**

Ms. Boehm walked Commissioners through the steps to access grant applications for scoring, when Commissioners will have access starting July 7<sup>th</sup>. Verdant staff will be providing a PDF file of all applications to Commissioners on 6/21. This PDF is where they can see *all* applications and Fluxx will show only the applications that are assigned to them.

Commissioner Brennan asked how staff will assign applications to Commissioners.

- Dr. Edwards reminded Commissioners about our process last cycle having each committee score a specific priority area.
- Commissioner Wilson said having applications assigned to Committees by priority area would work, like they did for Spring 2023.
- President Distelhorst would prefer to have a mixture of each priority area. He added that having the Secretary on multiple committees means that she had to review twice as many applications.

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- Commissioner Knowles agrees that how Commissioners split the applications last time, by priority area, worked for him.

Ms. Boehm will create a reviewer packet with FAQs and link it in Fluxx for Commissioners to access.

**Commissioner  
Comments**

Commissioner Wilson asked how many applications we received for the Spring 2023 cycle.

- Dr. Edwards answered 45 applications.

Commissioner Wilson asked how much money was granted for the Spring 2023 cycle.

- Ms. Boehm answered the total requested was \$7,520,250.50 and Commissioners awarded \$4,350,522.50.

Commissioner Knutsen asked if we will receive a summary of what the budget allows for funding for this Fall 2023 cycle, so that Commissioners know how much money is available to award.

- Dr. Edwards answered yes, we will provide clarity on what the budget allows for funding, showing what is rolled over from the prior funding cycle and available for funding in this current cycle.

Commissioner Brennan commented that she recently met with the Masters of Public Health intern, Dominique, and believes it will be great to be able to see the dashboard when it is ready.

**Adjournment**

The meeting was adjourned at 5:06 p.m. by President Distelhorst.

**ATTEST BY:**

\_\_\_\_\_  
President

\_\_\_\_\_  
Secretary

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS**

**Special Meeting**

**Hybrid: In-Person at Verdant Community Wellness Center and via Zoom**

**June 23, 2023**

**9:00 a.m.-9:30 a.m.**

**Commissioners  
Present**

Jim Distelhorst, MD, President  
 Karianna Wilson, Commissioner  
 Carolyn Brennan, Commissioner  
 Deana Knutsen, Commissioner  
 Bob Knowles, Commissioner

**Staff**

Dr. Lisa Edwards, Superintendent  
 Riene Simpson, Director of Finance  
 Kaysi Kelly, Executive Assistant/Office Manager  
 Filo Fajardo, Accountant

**Guests**

Thad Hovis, South County Fire  
 Bob Eastman, South County Fire  
 Meaghan Pollock, Maul Foster & Alongi  
 Matt Hoffman, Maul Foster & Alongi

**Call to Order**

The special meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 9:00 a.m. by President Distelhorst.

**Land and  
Enslaved People's  
Acknowledgement**

President Distelhorst read the acknowledgement.

**Presentation:  
Maul Foster &  
Alongi: Options  
for Value Village  
Site Remediation**

Ms. Meaghan Polluck started her presentation by providing an environmental overview for how Maul Foster determined the recommendations to be presented today (E:40:23). The highest contamination of corrugated solvents is in the northwest corner of the property. Potential sources of the contamination include a leaking underground storage tank on the southwest corner, poor property development, or an off-site source. The contamination is so low, it's possible the hardware store that was on the land previously, was dumping its hazardous waste directly onto the parking lot.

She briefed Commissioners on three different remediation options, with costs, and walked through each option in detail (see E:40:23).

**Commissioner  
Discussion**

President Distelhorst thanked Ms. Pollock and Mr. Hoffman for their succinct and clear presentation of options. He asked the other Commissioners if they had any questions for Maul Foster & Alongi.

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Commissioner Brennan asked the other Commissioners what our process is for deciding on the remediation option, when that happens, and if there will be a public comment period.

- President Distelhorst answered that no decision is needed today. Today we are presented with the options and given the opportunity to ask the environmental consultants our questions.
- Ms. Pollock added, once a decision is made, there is a 30- or 90-day public comment period, then they can proceed with the work. If the work will be paid with a public grant, there needs to be a public comment period.

Commissioner Brennan asked what the site remediation means for the sale of the Value Village property to South County Fire.

- Mr. Bob Eastman of South County Fire answered that the fire district just got this report as well. They need to talk to their legal team to determine what the site cleanup options mean for the sale. The most expensive option was proposed in case South County Fire decides to create a multi-story building on the property, in addition to the fire station, which could act as a community resource for the District. This is a larger investment for cleaning the property, but it means there would be community resources available for years to come. The reason that option is more expensive is because the cleanup has to go underground much deeper, to provide for the 5-story structure on top of the land.

Mr. Matt Hoffman asked the Commissioners if, when the Hospital District bought the Value Village property, did they conduct an “all appropriate inquiries” which would open the door to public funding.

- Dr. Edwards answered that staff will check the original purchase agreement, from ~1980s, and get back to Maul Foster & Alongi. Mr. Hoffman added that the purchase date will also be an important factor in having public funding available.

Commissioner Knutsen asked for clarification that the majority of the contamination is not too deep. If we focus on cleanup of this shallow option, what is the risk of paying more money as we go deeper?

- Ms. Pollock answered, yes, the contamination is mostly at the 6-foot depth. There is always a risk once you begin construction that you will find additional issues which will cost more money. However, they did test 10-15 feet below the surface and don’t expect that a parking structure would require them to test much deeper than that.

Mr. Eastman of South County Fire commented they will take the information they have gathered over the three phases of this environmental study, and discuss the options with their legal team.

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He wants to mutually resolve the site cleanup with Verdant, using the best avenue and the most economic option for all parties. There could be public funds available for this site remediation.

Commissioner Brennan asked when the cleanup will take place – before the sale, or as part of the sale and included in the sale price?

- Mr. Eastman answered that he understands the Hospital District can't sell the property for less than 90% of the appraised value. He will be talking to their legal team on the options and when site cleanup should take place as part of the sale.

Commissioner Knowles asked if the need to have a site cleanup affects the appraised value of the property.

- Dr. Edwards answered that we are fast approaching the 9/1/23 deadline of our current three appraisals. We will have to include the findings of this environmental impact study if we have to get updated appraisals.

Dr. Edwards asked Mr. Eastman when we should expect to hear back from him after he consults with their legal team.

- Mr. Eastman answered by that first week of August. This gives them 3-4 weeks to go back and forth with the legal team and get all their questions answered.

## Adjournment

The meeting was adjourned at 9:32 a.m. by President Distelhorst.

## ATTEST BY:

\_\_\_\_\_  
President

\_\_\_\_\_  
Secretary





# Grant Modification Request Form (rev May 2023)

Use this form to proactively communicate with Verdant about changes to the grant period, scope, budget, and/or outcomes during the performance period. This form must be submitted no later than 30 days before the current grant end date for consideration. Written approval from Verdant is required before any changes to the grant are implemented. The change requests may fall into one or more of the following categories:

1. Request to Extend Grant Period with Awarded Funds (i.e., No-Cost Extension)
2. Request to Pause Grant Activities
3. Request to Modify Grant Outcomes or Scope
4. Request to Reallocate Funds from One Budget Line to Another
5. Request early-termination of grant

Organization: Cocoon House

Grant Title: Host Homes

Grant Amount: \$150,000

Point of Contact: Joseph Alonzo

Grant ID# (located in the lower left corner of the agreement):

This modification is being submitted by

Name: Joseph Alonzo

Phone: 425-259-5802

Date: 05/22/2023

## ☐ 1. REQUEST TO EXTEND GRANT PERIOD\*

Current grant end date: 06/30/2023

Requested end date: 03/31/2024

Current balance of unspent funds: \$65,000

*\*The no-cost extension request requires grantee to utilize the funds awarded and approved in order to carry out the approved project. In sum, the grant is extended beyond original end date with no additional funding from the Verdant Health Commission.*

Reason for extending the grant period

*Briefly describe the circumstances necessitating an extension.*

For the grant period, Cocoon House has been recruiting and seeking to expand the Connections Host Home program in the South Snohomish County area. Unfortunately, the agency has experienced unusually high turnover across all direct service programs, and re-hiring has been slow. The result has been staff vacancies in the Connections program which has limited our ability to spend down the grant and execute the program to the level intended. The team is fully staffed now, and will continue to recruit host families and perform the functions of the Verdant grant beyond the current contract year, thus resulting in this extension request.

## ☐ 2. REQUEST TO PAUSE GRANT ACTIVITIES

What is the time period that you are requesting? From \_\_\_\_\_ to \_\_\_\_\_

Explain the request to pause grant activities:

Enter text here.

## ☐ 3. REQUEST TO MODIFY DELIVERABLES FOR GRANT

Provide a written description of proposed activities and deliverables that you will undertake with the existing funding from Verdant.

ACTIVITY	MEASURABLE OUTCOME
Approved Activity:	
Modification Requested:	
Approved Activity:	
Modification Requested:	
New Activity:	

## ☐ 4. REQUEST REALLOCATION OF REMAINING GRANT FUNDS

Amount to be reallocated: \$

Complete the line items below by entering the original grant award and the change that you are requesting.

PROJECT EXPENSES	VERDANT AWARD	AMOUNT EXPENDED	PROPOSED ALLOCATION OF REMAINING FUNDS
Salaries & Wages			
Consultants and professional services			
Direct Costs			
Indirect expenses			
Other			
TOTAL			

Briefly describe the new use of funds and the reason for reallocation:

Enter text here.

## ☐ 5. REQUEST FOR EARLY TERMINATION OF GRANT

Will you have a balance of unspent grant funds? ☐ YES ☐ NO

What is the amount of unspent funds that you will be returning to the Verdant Health Commission?

\$

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I attest that I am the authorized representative of my organization to complete and submit this grant modification request to the Verdant Health Commission.

Name:

Joseph Alonzo, CEO

Date:

05/24/23

If you have questions while completing this document, contact Verdant at (425) 582-8600 or [info@verdanthealth.org](mailto:info@verdanthealth.org).

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Verdant Approval:

Date:

Notes:



# Grant Modification Request Form (rev May 2023)

Use this form to proactively communicate with Verdant about changes to the grant period, scope, budget, and/or outcomes during the performance period. This form must be submitted no later than 30 days before the current grant end date for consideration. Written approval from Verdant is required before any changes to the grant are implemented. The change requests may fall into one or more of the following categories:

1. Request to Extend Grant Period with Awarded Funds (i.e., No-Cost Extension)
2. Request to Pause Grant Activities
3. Request to Modify Grant Outcomes or Scope
4. Request to Reallocate Funds from One Budget Line to Another
5. Request early-termination of grant

Organization: American Heart Association

Grant Title: Stop the Silent Killer – South Snohomish County

Grant Amount: \$66,997.70

Point of Contact: Danielle Hammons

Grant ID# (located in the lower left corner of the agreement): G-202201-00141

This modification is being submitted by

Name: Danielle Hammons

Phone: (775) 342-9972

Date: 6/7/2023

## ✓ 1. REQUEST TO EXTEND GRANT PERIOD\*

Current grant end date: June 30, 2023

Requested end date: August 31, 2023

Current balance of unspent funds: \$10,067.16 (Total Grant Award:

*\*The no-cost extension request requires grantee to utilize the funds awarded and approved in order to carry out the approved project. In sum, the grant is extended beyond original end date with no additional funding from the Verdant Health Commission.*

Reason for extending the grant period

Briefly describe the circumstances necessitating an extension.

*A no-cost project extension is requested to complete the work on this project. The initial project award date was April 15, 2022. We experienced a delayed start in the grant-funded work as the grant agreement was not fully executed until June 2022. This led to delays in hiring the part-time staff funded through this grant and engaging other community organizations to participate. We request a no-cost extension through August 31, 2023, with a reporting date of no later than September 30, 2023, to allow time to complete the associated work as outlined in the proposal and original grant agreement.*

## □ 2. REQUEST TO PAUSE GRANT ACTIVITIES

What is the time period that you are requesting? From \_\_\_\_\_ to \_\_\_\_\_

Explain the request to pause grant activities:

Enter text here.

### ✓ 3. REQUEST TO MODIFY DELIVERABLES FOR GRANT

Provide a written description of proposed activities and deliverables that you will undertake with the existing funding from Verdant.

ACTIVITY	MEASURABLE OUTCOME
Approved Activity: Increase patient's understanding of nutrition and how it's correlation to high blood pressure.	300
Modification Requested: Screen patients for food insecurity and refer to resources when identified.	300

### ☐ 4. REQUEST REALLOCATION OF REMAINING GRANT FUNDS

Amount to be reallocated: \$

Complete the line items below by entering the original grant award and the change that you are requesting.

PROJECT EXPENSES	VERDANT AWARD	AMOUNT EXPENDED	PROPOSED ALLOCATION OF REMAINING FUNDS
Salaries & Wages			
Consultants and professional services			
Direct Costs			
Indirect expenses			
Other			
TOTAL			

Briefly describe the new use of funds and the reason for reallocation:

Enter text here.

### ☐ 5. REQUEST FOR EARLY TERMINATION OF GRANT

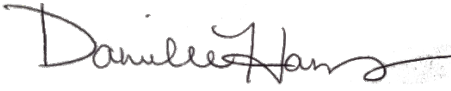
Will you have a balance of unspent grant funds? ☐ YES ☐ NO

What is the amount of unspent funds that you will be returning to the Verdant Health Commission?

\$

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I attest that I am the authorized representative of my organization to complete and submit this grant modification request to the Verdant Health Commission.

Name: 

Date: 6/7/2023

If you have questions while completing this document, contact Verdant at (425) 582-8600 or [info@verdanthealth.org](mailto:info@verdanthealth.org).

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Verdant Approval:

Date:

Notes:



## DISCRETIONARY FUNDING REQUEST

<b>ORGANIZATION NAME:</b>	<b>City of Lynnwood</b>	<b>EIN or tax status:</b>	GOVT
<b>PROJECT TITLE:</b>	(Low Income) <b>Scholarship Swim Program Vouchers</b>	<b>REQUEST AMOUNT:</b>	\$10,000
<b>Completed by:</b>	Joel Faber	<b>Date:</b>	6-14-23
<b>Point of Contact Email:</b>	<a href="mailto:jfaber@lynnwoodwa.gov">jfaber@lynnwoodwa.gov</a>	<b>Phone:</b>	425-670-5508
<b>Proposed Start Date:</b>	As soon as approved	<b>Proposed End Date:</b>	12-31-23

### PRIORITY AREA

Primary Priority Area – Healthcare Access

### OVERVIEW

#### 1. **Organization Background and Alignment with Verdant Strategic Priorities:**

Briefly describe the organization's background and how its program(s) align with one or more of Verdant's priority areas (see also Verdant website for more priorities):

- Food Security
- **Healthcare Access**
- Mental Health

The City of Lynnwood Parks and Recreation Department has been providing classes, programs, events, and open spaces for the residents of Lynnwood since 1963. Our mission is: creating a healthy community through people, parks, programs, and partnerships. All of the programs and activities we offer improve the mental health of the Lynnwood community. Many health surveys have concluded that physical exercise, social connections, and access to nature improve an individual's mental health.

#### 2. **Project Scope (the “what” and “how”)**

Briefly describe the scope of the project for which funds are requested, how the funds will be applied, and capacity in place to ensure the successful implementation of the project.

The low-income swim lesson voucher program will provide 2 swim lessons vouchers per participant for those who need it most. These vouchers provide on average 10 swim lessons each session. We will administer the program in the following ways:

- We will provide swim lesson vouchers to residents of Lynnwood who are approved to receive our scholarship called the Recreation Benefit Fund (RBF).
- We will provide swim lesson vouchers for our entry level lessons.

- We will provide two swim lesson vouchers per participant to use in 2023.
- We will provide swim lesson vouchers for all ages.

We will reach out to current participants in our RBF scholarship. We will ask them if they would like to participate in the swim lesson voucher program. When a participant asks to be a part of the program, we will be load onto their account 2 swim lesson vouchers. The participants can register using these vouchers online ensuring them a better chance of getting into a swim lesson. With the City's \$10,000 match, we will be able to provide 275 swim lesson vouchers.  $\$20,000 / \$72.50 = 275$  vouchers. Our swim lessons cost \$72.50 per lesson series. Since we will provide two vouchers per participant, we will be able to serve 137 participants.

### 3. Population Beneficiaries (the "who")

Briefly describe the population benefiting from the proposed activities or services and estimate the percentage residing in [Verdant Service Area](#). Verdant funding is required to support residents in the Verdant Service Area.

The population that will benefit from this program are low-income resident of Lynnwood. 100% of the participants benefiting from this program are in Verdant's service area as to qualify, a participant needs to be a City of Lynnwood resident.

### 4. Desired Outcomes

Briefly describe realistic outputs and/or outcomes over the proposed performance period.

Over the course of two sessions of swim lessons, participants will become water safe. Our goal is, if a participant falls into water unexpectedly, they will have enough skills to prevent their drowning. This program is about drowning prevention more than swimming stroke proficiently.

### 5. Key Partners

If the project's implementation involves other partner agencies, briefly provide the organization name(s) and their role.

The City of Lynnwood will implement this program on their own.

For each swim lesson registered the city will pay 36.25 of the registration fee. We have established an internal project string that will be attached to each of these vouchers so we can meet the 1:1 requirement.



## 6. Project Budget

Provide an activity-based budget to describe how requested funds will be allocated to support the scope described in question 2.

These requested funds will be used to pay for the registration fee of swim lessons. We are not asking for any funds to offset the cost of producing the swim lesson. Swim lesson cost \$72.50 for a series of 10 lessons. These lessons usually last a full quarter or 3 months. During the summer we do offer a more intense everyday set of lessons that conclude every two weeks. At the end of the quarter of lessons we will provide Verdant a report which shows who used the swim lesson vouchers and if they passed their lessons or not.

## 7. ADDITIONAL COMMENTS

We believe teaching water safety is one of our core responsibilities. We believe that if we can prevent one drowning, that is invaluable. We are grateful that Verdant has supported our 3<sup>rd</sup> grade swim lesson voucher program since 2011. We look forward to providing these vouchers for our community. This program saves lives.



## DISCRETIONARY FUNDING REQUEST

<b>ORGANIZATION NAME:</b>	South County Fire	<b>EIN or tax status:</b>	Government
<b>PROJECT TITLE:</b>	Narcan Leave Behind for Community Bystanders	<b>REQUEST AMOUNT:</b>	\$10,000
<b>Completed by:</b>	Nicole Picknell	<b>Date:</b>	5/17/2023
<b>Point of Contact Email:</b>	npicknell@southsnofire.org	<b>Phone:</b>	425-954-9889
<b>Proposed Start Date:</b>	June 1, 2023	<b>Proposed End Date:</b>	December 30, 2023

### PRIORITY AREA

Primary Priority Area: Mental Health

Secondary Priority Area: Healthcare Access

### OVERVIEW

#### 1. Organization Background and Alignment with Verdant Strategic Priorities:

Briefly describe the organization's background and how its program(s) align with one or more of Verdant's priority areas (see also Verdant website for more priorities):

- Food Security
- **Healthcare Access**
- **Mental Health**

The South County Fire [Community Resource Paramedic](#) (CRP) program links patients with the community services they need with the goal of helping people stay safely at home - and out of the emergency room. This is a free service for residents of South Snohomish County including Lynnwood, Edmonds, Mill Creek, Mountlake Terrace & Brier

Types of assistance the CRP offers:

- Care plan follow-up – we help patients understand doctor's orders
- Detox programs – for alcoholics or addicts
- Housing referrals – for people at risk of homelessness
- Transportation for care
- Home hazards – identifying and reducing health risks and improve home safety
- In-home care referrals

In addition to the CRP program, South County Fire provides education and distribution of safety devices through the [Community Outreach](#) program. The ACT First Aid & CPR class covers the

top three reasons a person will die before first responders arrive including overdose. In the ACT class people learn the signs of overdose and how to treat it, including Narcan administration. In addition to Narcan administration, the class teaches simple CPR instruction for when Narcan doesn't work.

This request aligns with the mental health priority area and potentially expands access to affordable (no cost) healthcare to county residents.

## 2. Project Scope (the “what” and “how”)

Briefly describe the scope of the project for which funds are requested, how the funds will be applied, and the capacity in place to ensure the successful implementation of the project.

According to the Narcan product website, the Naloxone Leave-Behind Program for Law Enforcement, EMS, and Fire Departments enable first responders to leave naloxone kits with the family, friends, or bystanders at the scene of a non-fatal overdose. Survivors are at high risk for repeated overdoses. Equipping the kits with first responders may reduce the amount of time between the onset of respiratory depression and the administration of naloxone. Because damage to the brain and other organs generally increases the longer the victim remains hypoxic, the quicker normal respiration is restored, the better outcomes are likely to be.

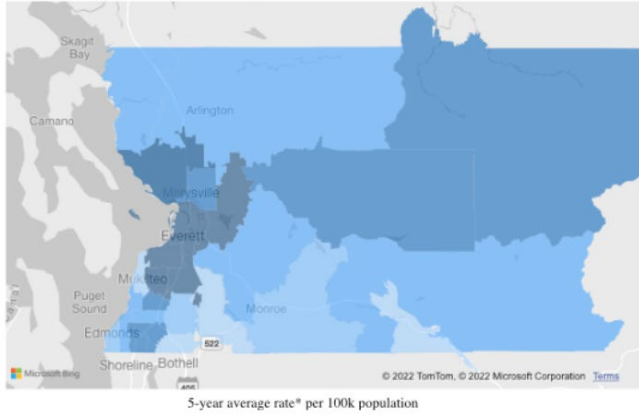
A naloxone kit or a Narcan Kit is a rescue kit you can carry with you, keep at home or give to others in need in case of an overdose emergency.

Below presents most recent data (through 2022) about Opioid overdose, illustrating high rates among Lynnwood, Mountlake Terrace, and Edmonds:

## Opioid Overdose Deaths in Snohomish County

5-year average rates per 100,000 population, 2017-2022\*

### By ZIP Code



### By City

	5-year average rate*
Everett	>25
Lake Stevens	>25
Darrington	15 to 25
Granite Falls	15 to 25
Lynnwood	15 to 25
Marysville	15 to 25
Mountlake Terrace	15 to 25
Arlington	10 to 15
Snohomish	10 to 15
Stanwood	10 to 15
Sultan	10 to 15
Edmonds	5 to 10
Mill Creek	5 to 10
Monroe	5 to 10
Bothell	<5
Gold Bar	<5
Mukilteo	<5
Silver Fir	<5

One of the data points in the dashboard is opioid overdose deaths by city, shown at right. The five-year average rate is 15 to 25 for Lynnwood and Mountlake Terrace, and 5 to 10 for Edmonds.

In a Wall Street Journal article published on May 18, 2023, it was stated that “overdose deaths in the U.S. edged higher in 2022” marking only the second time drugs killed more than 100,000 people in a year. Washington state last year registered a 21% surge to 2,751 overdose deaths in the CDC projections, trailing only the 22% increase in Wyoming, a smaller state that had 123 deaths.

According to a Snohomish County press release from the office of County Executive Dave Somers, our county has experienced 284 total fatal overdoses – opioids as well as other drugs – averaging more than five people per week in 2022. Between 2017 and 2022, the number of opioid-related overdose deaths reported in Snohomish County more than doubled. The number of those that involved fentanyl jumped from 24 to 189, which represents a nearly eight-fold increase. The county has already exceeded 80 fatal overdoses within the first quarter of 2023, with more than half of them tied to opioids.

Verdant funds will support:

1. Education and training for responders providing Narcan kits\*
2. Outreach information to the community about the program\*
3. Implement anonymous and confidential report structure for community members that administer Narcan. Provide replacement Narcan when able. \*

4. 200 kits
5. Grant check-in at the mid-way point (three months in) and end of grant term to assess what is working well, what could be improved and lessons going forward. \*
6. For those that received Narcan as part of a community training, we will follow up with a 6 month, confidential survey to gauge learning retention and to see if Narcan had been administered.

\*Note: 100% of the grant funding will go toward the purchase of Narcan (see budget below).

South County Fire is already doing the work of outreaching to our community. We will just expand our scope of work to include areas of the highest need.

Outreach: South County Fire's Community Outreach Team with the support of the CRPs and Care Coordinators will provide Narcan kits along with education and any need for follow-up and support to access other services and organizations when applicable.

Capacity: The program lead overseeing the implementation of the project will be South County CRP Captain Nicole Picknell in partnership with Shawneri Guzman, Community Outreach Manager. Again, we are already doing the work we are just expanding our reach and adding the distribution of Narcan.

Target Audience: We will identify target groups and businesses in our service area where a higher number of overdoses are occurring. Hotels, motels and places of business where vulnerable populations gather on a regular basis are just a few of those areas. We will also identify key members of our community that serve high risk groups to provide bystander training.

### 3. Population Beneficiaries (the "who")

Briefly describe the population benefiting from the proposed activities or services and estimate the percentage residing in [Verdant Service Area](#). Verdant funding is required to support residents in the Verdant Service Area.

Underserved community members and unhoused individuals in the Verdant Service Area.

### 4. Desired Outcomes

Briefly describe realistic outputs and/or outcomes over the proposed performance period.

South County Fire will measure the following over the **next six months**:

- 200 people will receive Narcan Kits (limit 1 per household)
- 400 people will be trained for the first time on how to use Narcan
- 10 community trainings will be conducted

- 50 Number of people in need given Narcan will also be connected to other services

## 5. Key Partners

If the project's implementation involves other partner agencies, briefly provide the organization name(s) and their role.

South County Fire, LEAD, Edmonds PD, Lynnwood PD, Mountlake Terrace PD.

Additionally, we are seeking matching grant funds from the City of Edmonds and the Snohomish Health Department **as supported by the County Executive and Senator Cantwell.**

## 6. Project Budget

Provide an activity-based budget to describe how requested funds will be allocated to support the scope described in question 2.

Narcan Kits: 4ml (2 pack) \$9500 for 200 kits + tax & shipping

All other costs (education, public outreach, grant administration) are in kind through South County Fire

## 7. ADDITIONAL COMMENTS

South County Fire has excellent media and community contacts and would love to work with Verdant's PIO to do a joint press release and social media push.

**Balance Sheet**  
**As of December 31, 2022 and May 31, 2023**

	12/31/2022 Final	May 31, 2023	Change from 12/31/22	Comments:
<b>ASSETS</b>				
<b>1 Current Assets</b>				
<b>2 Cash Balance</b>	4,470,365	3,411,633	(1,058,732)	2022 Reserve funding \$1.2MM to Investments 2/23; Jan through May 2023 reserve funding \$833k
<b>3 Accounts Receivable</b>	5,991	(31,231)	(37,222)	
<b>4 Other Current Assets</b>				
<b>5 Paychex Tax Clearing</b>				
<b>6 Investments</b>	54,137,810	56,991,452	2,853,642	Reflects 2022 reserve funding of \$1.2MM plus \$833k 2023 YTD reserve funding. Entire investment portfolio balance is reported under current section, maturities are >1 year to 5 years
<b>7 Prepaid Expenses &amp; Others</b>	61,733	46,583	(15,150)	Prepaid Insurances, Other Prepaid Expenses
<b>8 M&amp;O Tax Levy Receivable</b>	35,134	(102,597)	(137,730)	5 month x \$215k less payments received through 05/31/2023: 2023 Levy est \$2,574,000
<b>9 Short Term Lease Receivable</b>	3,609,874	3,609,874	-	GASB 87-ST Portion of Lease Receivable
<b>10 Subtotal Other Current Assets</b>	<b>57,844,550</b>	<b>60,545,313</b>	<b>2,700,762</b>	
<b>11 Total Current Assets</b>	<b>62,320,906</b>	<b>63,925,715</b>	<b>1,604,809</b>	
<b>12 Long Term Assets</b>				
<b>13 Fixed Assets-Net of Depreciation</b>	21,758,626	21,659,108	(99,519)	Hosp. Kruger, VCWC, VV, Pavilion FA: Additions 2022: Roofing \$310k and Ductwork Replacement \$80k new FA 2022. 2023: Tracking Kruger Costs in CIP: Total at 5/31/23 \$403,524 including new sign (50%), JPC Architects & all related subs progress billing, FSI as built drawings, Permits, JSH construction management.
<b>14 TI and Deferred Rents</b>	181,009	155,829	(25,180)	Previously included Deferred Rent-Pavilion, Hospital, Clinic & TI Allowances. <b>Adjusted 12/31/22 and forward reflects elimination of Deferred Rent balances.</b> Balance of \$181k reported this line is for TI improvements asset
<b>15 Lease Receivables-LT Lease and Interest Receivable</b>	259,319,798	259,319,798	-	New GASB 87- LT Portion Leases \$258MM Interest \$710k
<b>16 TOTAL ASSETS</b>	<b>343,580,339</b>	<b>345,060,449</b>	<b>1,480,110</b>	
<b>LIABILITIES &amp; NET POSITION</b>				
<b>17 Liabilities</b>				
<b>18 Current Liabilities</b>				
<b>19 Accounts Payable &amp; Unclaimed Property</b>	30,538	39,592	9,054	5/31/23 Accounts Payable \$19k; Unclaimed Property \$21k.
<b>20 Credit Cards</b>	894	3,780	2,885	
<b>21 Tenant Prepaid Rents</b>	956,915	960,522	3,607	Swedish Hospital and Clinics June 2023 rents paid at May Month End
<b>22 Other Payables &amp; Accruals</b>	259,061	131,254	(127,807)	Business Taxes, Accrued Operating Expenses, Tenant Security Deposits--12/31/22 included Grants Payable of \$67k
<b>23 Accrued Salary &amp; Benefits</b>	39,868	37,687	(2,181)	
<b>24 Estimated Self-Insured Reserve</b>	125,000	125,000	-	Contingency reserve for self funded L&I claims and pension adjustments. Set at \$125k. By consultant Eberle Vivian.
<b>25 Total Current Liabilities</b>	<b>1,412,276</b>	<b>1,297,835</b>	<b>(114,441)</b>	
<b>26 Long Term Liabilities</b>				
<b>27 Deferred Inflow of Resources</b>	255,392,457	253,980,181	(1,412,276)	GASB 87 LT Lease Liability
<b>28 Total Long Term Liabilities</b>	<b>255,392,457</b>	<b>253,980,181</b>	<b>(1,412,276)</b>	
<b>29 TOTAL LIABILITIES</b>	<b>255,392,457</b>	<b>255,278,016</b>	<b>(114,441)</b>	
<b>30 EQUITY</b>	<b>88,187,882</b>	<b>89,782,434</b>	<b>1,594,551</b>	YTD Change = YTD 2023 Income \$1,594,551
<b>31 TOTAL LIABILITIES &amp; NET POSITION</b>	<b>343,580,339</b>	<b>345,060,450</b>	<b>1,480,110</b>	
denotes accounts impacted by GASB 87 implementation retroactive to 1/1/2021				

**Statement of Income**  
**Months Ending April 30, 2023 and May 31, 2023**

	Month of April 2023	Month of May 2023	Month Change Inc/(dec)	Comments:
<b>1 Operating Revenue</b>				
<b>2 Cash Lease Revenues (Base, CAM, Taxes)</b>	1,015,922	1,009,719	(6,203)	Effective Jan 2023 new CAM budgets billed.
<b>3 Deferred Rent Adjustments</b>	-	-	-	
<b>4 Grant Repayments</b>	-	-	-	
<b>5 Total Operating Revenue</b>	<b>1,015,922</b>	<b>1,009,719</b>	<b>(6,203)</b>	
<b>6 Program Funding and Operating Expenses</b>				
<b>7 Programs</b>				
<b>8 Total Program Funding</b>	<b>659,756</b>	<b>724,051</b>	<b>64,295</b>	Includes All Program Payments, External; Internal. Spring award monthly payments begin April 1, 2023. May increase due to: 2023-\$22k in Superintendent Discretionary; \$52k CHART 6 mo payment
<b>9 Operating Expenses</b>				
<b>10 Salaries, Benefits &amp; Contracted Staff</b>	86,370	103,011	16,641	<> adjustment to accrued vacation in April; May 23 work days April 20
<b>11 Professional Development/Planning</b>	1,736	527	(1,209)	
<b>12 Professional Services</b>	68,660	55,749	(12,911)	April Moss Adams final audit progress bill \$22k; May final \$11k
<b>13 Purchased Services</b>	34,088	48,468	14,380	Regular recurring services for properties-May 2 months Janitorial
<b>14 Supplies, Postage, Dues, Other</b>	7,210	6,215	(995)	
<b>15 Repairs, Maintenance &amp; Insurance</b>	30,416	25,607	(4,808)	April includes insurance adjustment for property valuation adjustments
<b>16 Utilities</b>	18,333	17,543	(790)	
<b>17 Business Taxes</b>	5,216	5,198	(18)	
<b>18 Marketing</b>	4,447	31,037	26,590	May Canopy postage, printing for Health Needs Assessment
<b>19 Depreciation</b>	94,039	95,078	1,040	
<b>20 Amortization</b>	5,036	5,036	-	
<b>21 Total Operating Expenses</b>	<b>355,550</b>	<b>393,469</b>	<b>37,919</b>	
<b>22 Total Program and Operating Expenses</b>	<b>1,015,306</b>	<b>1,117,520</b>	<b>102,214</b>	
<b>23 Net Operating Income (Loss)</b>	<b>616</b>	<b>(107,800)</b>	<b>(108,417)</b>	Net Operating Loss for the Month of May (107,800)
<b>24 Other Income (Expense)</b>				
<b>25 Other Income</b>	-	-	-	
<b>26 Self Funded L&amp;I Reimbursements</b>				
<b>27 Self Funded L&amp;I Expenses</b>	(1,672)	(794)	878	
<b>28 Levy Income</b>	215,004	215,000	(4)	
<b>29 Net Income (Loss) after Levy Income</b>	<b>213,948</b>	<b>106,406</b>	<b>(107,542)</b>	Net Income after Levy and Self Funded L&I Month of April 2023 \$213,948
<b>30 Investment Income-Net of Unrealized Gains (Losses)</b>	170,789	(79,584)	(250,372)	May interest Income \$141k, Realized loss \$28k Unrealized loss \$192k
<b>31 Net Income (Loss)</b>	<b>384,736</b>	<b>26,822</b>	<b>(357,915)</b>	Net Income Month of May 2023 \$26,822



**Statement of Income-Actual v Budget  
Month and YTD Ending May 31, 2023**

	May 2023 Actual-Month	May 2023 Budget-Month	Month Fav (Unfav) Variance		May 2023 Actual-YTD	May 2023 Budget-YTD	YTD Fav (Unfav) Variance	
1 Income								
2 Operating Revenue-	1,009,719	974,216	35,503	F	5,091,153	4,870,466	220,688	F
3 Expenses								
4 Program Expenses-All Categories	724,051	718,524	(5,527)	U	3,590,573	3,696,212	105,638	F
5 Operating Expenses	293,354	263,747	(29,608)	U	1,294,745	1,318,733	23,988	F
6 Depreciation & Amortization	100,114	112,138	12,024	F	508,299	560,692	52,393	F
7 Total Expenses	1,117,520	1,094,409	(23,110)	U	5,393,618	5,575,637	182,019	F
8 Operating Income (Loss)	(107,800)	(120,193)	12,393	F	(302,464)	(705,171)	402,707	F
9 Levy and Other Non Operating Income (Expense)								
10 Other Income	-	-	-		5,400	-	5,400	F
11 Self Funded L&I Reimbursements	-	-	-		-	-	-	
12 Self Funded L&I Expenses	(794)	(2,182)	1,387	F	(5,520)	(10,909)	5,389	F
13 Levy Income	215,000	215,000	0		1,076,825	1,075,000	1,825	F
14 Net Income (Loss) After Levy Income	106,406	92,625	13,781	F	774,240	358,919	415,321	F
15 Investment Income-Net of Unrealized Gains (Losses)	(79,584)	100,000	(179,584)	U	820,311	500,000	320,311	F
16 Net Income (Loss)	26,822	192,625	(165,803)	U	1,594,551	858,919	735,632	F

**Revenues:**

**Rental Income**-Two suites are still vacant at Kruger Clinic. (#110; 2025 SF & 270; 1945 SF). Repair and refresh has been completed and suites are being actively brokered. Estimated revenue loss from vacancy is ~\$100K rent and ~\$65K in CAM. Value Village lot lease continues into 2023 as month to month, unbudgeted revenue \$2k per month. Deferred rent adjustments have been eliminated with the application of GASB 87 accounting for leases. Estimates were inadvertently budgeted for 2023. There will be a month and year to date variance on revenue line through 2023 as a result. Cash rental revenue is on pace with budget.

**Grant Repayments**-January 2023-\$43K Project Access. None February-May 2023.

Operating revenue is trending favorably due to grant repayment and the deferred rent adjustments in budgeted figure. **Levy Income**-2023 Rate of \$215k per month

**Investment Income-Month of May 23**-Interest income \$141k; realized loss (\$28k) unrealized loss (\$192k). Will evaluate a potential budget adjustment for investment revenue at Q-2, 2023; Budgeted at

**GASB 87 Lease Revenues-Lease and Interest Income:**

All entries to apply the impact of the standard for 2021 and 2022 were recorded retroactively at 12/31/22. Impact was reviewed at the November 2022 finance and board meetings and will be again illustrated with the 2022 audit report. 2023 revenue (lease and interest) entries related to the GASB 87 implementation **are not being recorded on an interim basis** to the internal management use financials so as not to distort the interim financials and budget reviews. These entries will be recorded annually at each calendar year end.

**Expenses-Program:**

**External Programs** - May 2023-\$694k; YTD \$3.48MM of \$3.5MM budgeted. This includes 3rd and final month of 90 day approved continuation payments for partners whose contracts ended 12/31/22 (~\$288k/month x 3 mo.), as well as existing legacy contract payments for previously issued awards ending in 2023. April 2023 is month 1 for the spring award cycle and also included a 2nd set of continuation awards.

Chart - \$53k 2nd half of 2022-2023 contract

Superintendent Discretionary May 23-\$22k - Asian Service Center, Inside Health, VOA special fund for (emergency shelter)

**Internal Programs** - May 2023 \$7k, of \$18k budgeted for the month. YTD \$87k of \$139k budgeted.

**Superintendent Discretionary**- \$22 YTD of \$100k budgeted for year. 2 new applications are under review in June. (Swim and Narcam)

**Expenses-Operating:**

Trending below budget for month and YTD at this time. Unbudgeted expenses incurred to date: Increase in insurance premiums due to property valuation adjustment; Accounting contractor fees due to unsuccessful recruitment efforts. (partially offset by vacancy). As built drawings for HVAC system. Wellness Center Security services. Contracted staff for grants team; partially offset by <> in salaries. Deicing and sanding services to parking lots. Frequency and vendor increases. 2 additional 2022 security invoices billed to Kruger from Allied paid in 2023. KWB Security for WC.

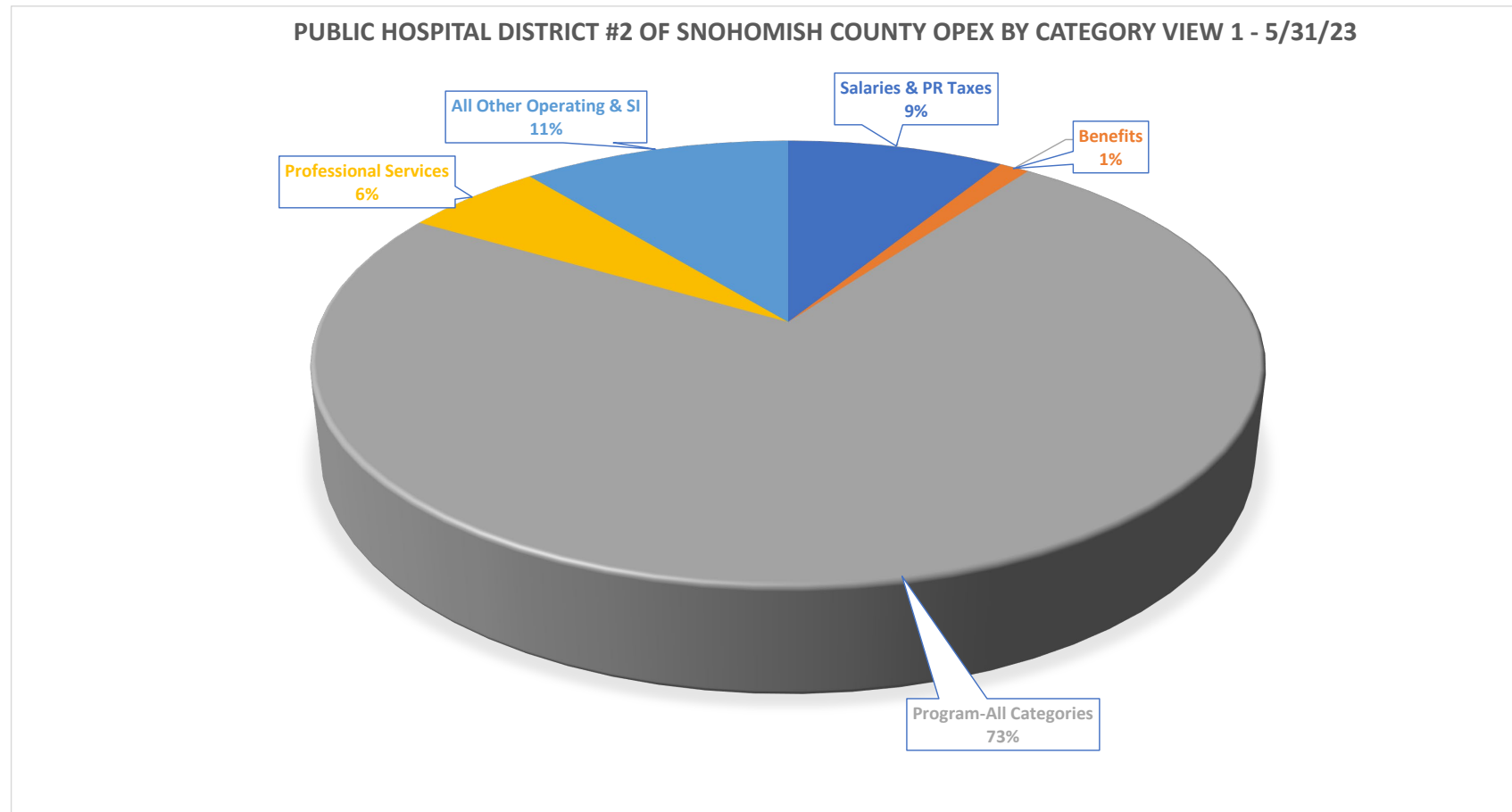
Capital costs and project management fees related to the Kruger refresh, Kruger suite refresh and HVAC mechanical drawings are being captured to construction in progress and do not impact the P&L at this time

**PROGRAM SPENDING ACTUAL V. FULL YEAR BUDGET**  
**May 2023**

		<b>Jan - May 2023 Actual</b>	<b>% of Budget Incurred</b>	<b>Full Year 2023 Budget</b>	<b>Remaining Budget Available</b>	<b>Notes</b>
	<b>5/12th year</b>		41.67%			
	<b>Programmatic Work</b>					
1	<b>6000 · External Programs</b>					
2	6011 · Community	3,429,272.25	41.82%	8,200,000.00	4,770,727.75	2
3	6014 · CHART	52,575.00		105,150.00	52,575.00	3
4	6015 · VOA 211			110,000.00	110,000.00	4
5	<b>Total 6000 · External Programs</b>	<b>3,481,847.25</b>	<b>41.38%</b>	<b>8,415,150.00</b>	<b>4,933,302.75</b>	
6	<b>6050 · Internal Programs</b>					
7	6053 · Nutrition & Physical Activity	24,179.98	25.10%	96,350.00	72,170.02	
8	6055 · Multicultural Health Programs	4,892.48	11.13%	43,950.00	39,057.52	
9	6056 · Behavioral Health & Social Work	56,278.74	38.22%	147,250.00	90,971.26	1
10	6058 · Partner Development & Education	1,374.63	6.87%	20,000.00	18,625.37	
11	<b>Total 6050 · Internal Programs</b>	<b>86,725.83</b>	<b>28.20%</b>	<b>307,550.00</b>	<b>220,824.17</b>	
12	<b>6090 · Superintendent Discretionary</b>	<b>22,000.00</b>	<b>22.00%</b>	<b>100,000.00</b>	<b>78,000.00</b>	5
13	<b>Total Programmatic Work</b>	<b>3,590,573.08</b>	<b>40.70%</b>	<b>8,822,700.00</b>	<b>5,232,126.92</b>	

**Notes:**

- 1 The Hand Up Transitional Housing approved under Internal Program Work-6 month funding paid in January 2023 \$51,016
- 2 April is first monthly installment on the spring awards
- 3 CHART is paid biannually upon outcome reporting-2022-2023 Contract payment 2 May 2023
- 4 VOA 211 program was deferred due to staffing vacancy; new CRA has started
- 5 VOA Emergency Shelter Program \$5k; Asian Service Center \$7,500 Inside Health \$9,500



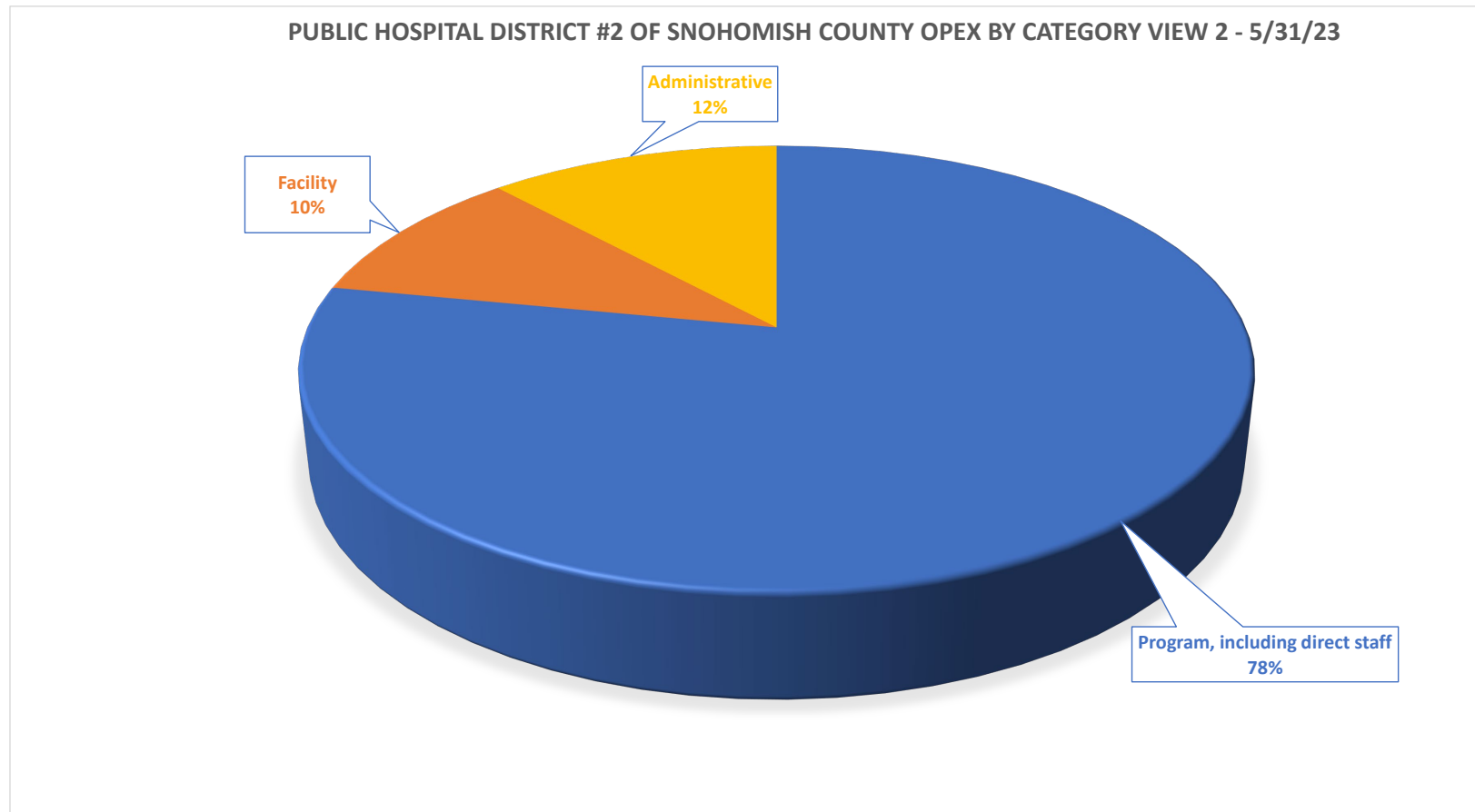
**View 1-Prof Services, Salaries and Benefits, All Other Operating, expressed as total of all expenses**

**Professional Services** include-Legal, Accounting and Audit, Investment Management, HR Services, IT Services, Property Management & Real Estate Appraisals  
Special Consulting-Thomas (Hospital), Strategic Planning, DEI)

**All other Operating expenses include**-Repairs and all property related maintenance expenses, utilities, insurances, business taxes, supplies,  
marketing, self insured L&I and other administrative costs.

**Salaries and Payroll Taxes, Personnel Benefits**-self explanatory

**Depreciation and Amortization** has been removed from this presentation



**View 2-Program, Property and Administrative, expressed as total of all expenses**

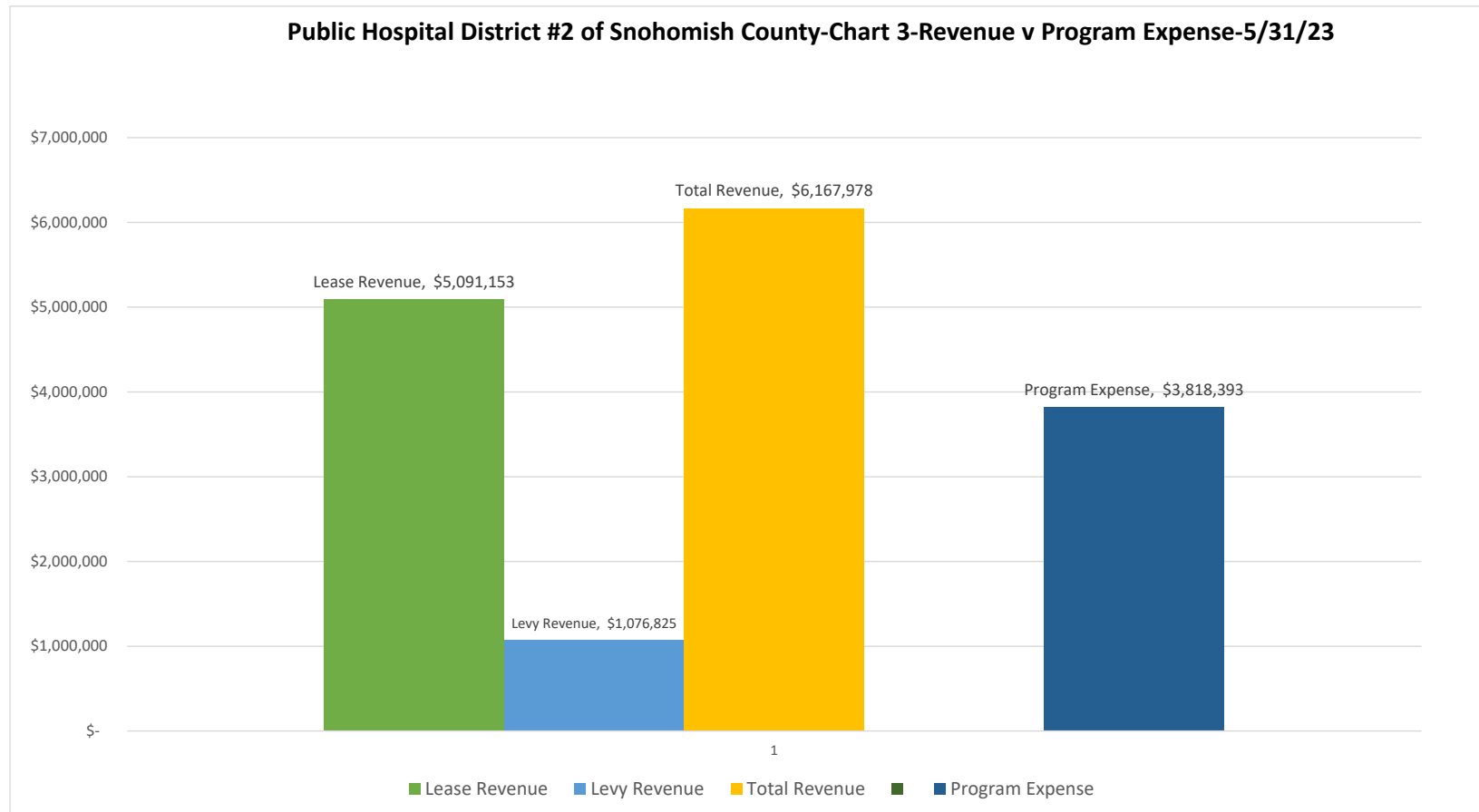
**Facility Expenses:** Utilities, Repairs, Maintenance, Insurance, Taxes, Property Management and Real Estate related costs, allocation of legal and certain other professional fees related to properties

Depreciation and Amortization have been removed from this presentation

**Program Costs:** All grants and internal program costs plus Salaries and Benefits only for direct program staff 4.75 FTE

This illustration does not include allocation of direct staff only; does not include an allocation for indirect staff S&B, facilities or administrative costs to programs.

**Administrative Costs:** Remaining staff salaries and benefits; supplies, marketing, legal, investment services, accounting and other professional services, self insured L&I costs



\$0.75 of every \$1.00 in lease revenue is deployed to programs

\$3.54 of every \$1.00 in levy revenue is deployed to programs

**Warrants Month of May 2023**

Type	Date	Num	Name	Amount	Memo
<b>Warrants:</b>					
<b>1002 - Wells Warrant Acct *2717</b>					
Bill Pmt -Check	05/11/2023	16071	Allstream	97.77	A Phone service
Bill Pmt -Check	05/11/2023	16072	Aukema & Associates	1,050.00	Website repair and revision
Bill Pmt -Check	05/11/2023	16073	Christine Goff	862.22	Healthier desserts/greens- nutrition programming
Bill Pmt -Check	05/11/2023	16074	Danielle Baer Consulting	600.00	Grant writing training
Bill Pmt -Check	05/11/2023	16075	Davis Doors Service	1,485.36	install door lock on exterior doors
Bill Pmt -Check	05/11/2023	16076	Dynamic Computing, Inc.	1,123.84	Cloud subscription and IT service in Apr 23
Bill Pmt -Check	05/11/2023	16077	Foster Garvey PC	6,940.00	Legal services Feb/Mar billing
Bill Pmt -Check	05/11/2023	16078	G - The Extra Step, LLC	52,575.00	External Grant-Contract CSW-22-021 2nd half of pmt
Bill Pmt -Check	05/11/2023	16079	Payden & Rygel	9,427.00	Investment Advisory Service for Apr 23
Bill Pmt -Check	05/11/2023	16080	Robert Half	11,520.76	Accountnat - 3 Apr invoices
Bill Pmt -Check	05/11/2023	16081	Somos Mujeres Latinas	600.00	Latina Symposium 2023
Bill Pmt -Check	05/11/2023	16082	Sound Dietitians LLC	1,713.33	Nutrition Programming: Prevent Diabetes, Farmer's Mkt Cooking Demo
Bill Pmt -Check	05/11/2023	16083	Turner HR Services, Inc.	250.00	4/25 meeting - job description HR consulting
Bill Pmt -Check	05/18/2023	16084	Canon Financial Services, Inc.	580.35	Konica copier May 23 lease
Bill Pmt -Check	05/18/2023	16085	Nicole Lyon	516.62	Hybrid cooking demo- Nutrition Programming
Bill Pmt -Check	05/18/2023	16086	Safeway	1,820.00	Apr 23 - 180 Food vouchers at \$10 ea
Bill Pmt -Check	05/18/2023	16087	Verizon	146.53	3 phones
Bill Pmt -Check	05/18/2023	16088	Wells Fargo	7,659.05	4 credit card payments
Bill Pmt -Check	05/25/2023	16089	Annika Sahota	1,036.00	Community Health Worker 4/23
Bill Pmt -Check	05/25/2023	16090	G - Volunteers of Am Western WA	5,000.00	CSW-2023-05 Emergency shelter support expense (hotel expenses)
Bill Pmt -Check	05/25/2023	16091	Quadient Finance USA Inc.	100.00	postage purchased in Apr 2023
Bill Pmt -Check	05/25/2023	16092	Robert Half	3,339.35	Accountant wk 5/12/23
Bill Pmt -Check	05/25/2023	16093	Seattle Food Nut	497.58	Nutrition Programming - Herbalicious appetizers
Bill Pmt -Check	05/25/2023	16094	Staples	240.96	computer accessories
Bill Pmt -Check	05/31/2023	16095	Adpro Litho	9,848.49	Health Needs Assessment - Brochure Mailers
Bill Pmt -Check	05/31/2023	16096	Dynamic Computing, Inc.	5,983.82	IT service for May 2023
Bill Pmt -Check	05/31/2023	16097	G - Foundation for Edmonds School Dist	1,000.00	5K run/walk & futsal tournament 10/07/23 (sponsorship)
Bill Pmt -Check	05/31/2023	16098	Lesbia G. Orellana	600.00	Mar 29 and apr 28 Spanish Women Support Group
Bill Pmt -Check	05/31/2023	16099	Moss Adams LLP	11,025.00	Final billing for 2022 audit
Bill Pmt -Check	05/31/2023	16100	Robert Half	6,130.09	Accountant wk 5/5/23 and 5/19/23
Bill Pmt -Check	05/31/2023	16101	SCBHC	500.00	31st Nubian Jam Community Festival (sponsorship)
Bill Pmt -Check	05/31/2023	16102	US Postal Service	16,984.35	AdPro brochure mailers - Health Needs Assessment
Bill Pmt -Check	05/31/2023	16103	Velia Cervantes Lara	1,005.68	Parents support grp Jan 23 - Mar 23
Check	05/10/2023	ACH	Regence Blueshield	7,365.79	May 23 Health Ins Premiums
<b>Wells Fargo Warrant Acct *2717</b>				<b>169,624.94</b>	<b>A</b>
<b>Wells Fargo Property Management *7265</b>					
Check	05/10/2023	J2130	Armstrong Services	13,176.79	B Standard monthly janitorial services and supplies
Check	05/10/2023	J2131	Camden Gardens, Inc.	2,641.00	landscape monthly service
Check	05/10/2023	J2132	Comcast - Acct # 905447969	500.91	phone and internet
Check	05/10/2023	J2133	Commercial Property Maintenance, Inc.	1,631.19	standard monthly service
Check	05/10/2023	J2134	Consolidated Landscape Maintenance, Inc	1,026.37	landscaping
Check	05/10/2023	J2135	Guardian Security Systems, Inc.	132.67	Fire alarm monitoring
Check	05/10/2023	J2136	JPC Architects	65,358.14	Inv #50536 - Kruger Refresh Architects-progress billing
Check	05/10/2023	J2137	JSH Properties Inc	2,790.52	Kruger Refresh- const mgmt Inv 2-2
Check	05/10/2023	J2138	McKinstry Co., LLC	1,784.27	Inv #10209359 and Inv 10210636
Check	05/10/2023	J2139	KWB Property Maintenance	1,279.91	Security and maintenance
Check	05/10/2023	J2140	Republic Services	2,401.45	Apr 23 - Refuse and recycling
Check	05/10/2023	J2141	Snohomish County PUD	6,073.66	Electricity
Check	05/10/2023	J2142	Allied Univ Security Srv	7,154.56	Security 4/14-4/27/23
Check	05/10/2023	J2143	Waste Management	776.65	Refuse/Recycle

**Warrants Month of May 2023**

Type	Date	Num	Name	Amount	Memo
Check	05/10/2023	J2144	Western Exterminator Company	231.66	Pest Control
Check	05/22/2023	J2145	Aardvark Services Corp.	97.45	Parking lot sweeping
Check	05/22/2023	J2146	Armstrong Services	11,942.37	Janitorial Services
Check	05/22/2023	J2147	City of Lynnwood - Utilities	842.05	Water/Sewer/irrigation/storm drain 3/08--5/10/2023
Check	05/22/2023	J2148	City of Edmonds - Utilities	3,211.49	Water/sewer/storm drain 3/17-5/16/23
Check	05/22/2023	J2149	Comcast - Acct # 933676367	763.54	Inv #172495849
Check	05/22/2023	J2150	Commercial Property Maintenance, Inc.	983.13	standard bldg maintenance
Check	05/22/2023	J2151	Consolidated Landscape Maintenance, Inc	923.52	install hunter node/low pressure valve
Check	05/22/2023	J2152	McKinstry Co., LLC	3,619.59	Inv 10211343 leak in ste 240
Check	05/22/2023	J2153	ELTEC Systems, LLC	347.31	Elevator monitor/maintenance
Check	05/22/2023	J2154	Swedish Edmonds Gastro	142.17	Reimburse for papaer products
Check	05/22/2023	J2155	Allied Univ Security Srv	7,154.56	4/28-5/11/23 security patrol
Check	05/22/2023	J2156	WA State Dept of L&I - Elevator Program	149.00	elevator permit
Check	05/22/2023	J2157	Ziply Fiber	340.09	telephone line
Check	05/31/2023	J2158	Armstrong Services	1,395.00	Standard monthly janitorial service for April 2023
Check	05/31/2023	J2159	Batmaster	539.55	Backflow testing-Kruger Clinic
Check	05/31/2023	J2160	Commercial Property Maintenance, Inc.	1,684.97	standard maintenance for May 2023
Check	05/31/2023	J2161	Cosco Fire Protection	127.08	Fire sprinkler head - spare
Check	05/31/2023	J2162	Guardian Security Systems, Inc.	502.78	Fire alarm test
Check	05/31/2023	J2163	JSH Properties Inc	8,415.81	Mgmt fee for May 2023
Check	05/31/2023	J2164	McKinstry Co., LLC	5,861.27	Maint contract and Repair
Check	05/31/2023	J2165	Puget Sound Energy	107.38	Gas
Check	05/31/2023	J2166	Snohomish County PUD	1,087.13	Electricity
Check	05/31/2023	J2167	Allied Univ Security Srv	7,296.62	Security Patrol 5/12 -5/25/23
<b>Total Wells Fargo Property Management Acct *7265</b>				<b>164,493.61</b>	<b>B</b>
<b>1003 · Wells Work Comp Acct *2725</b>				<b>0.00</b>	<b>C</b>
<b>Total 1003 · Wells Work Comp Acct *2725</b>				<b>0.00</b>	<b>C</b>
<b>Total Warrants</b>				<b>334,118.55</b>	<b>A-C</b>

## Electronic Disbursements and Summary May 2023

Type	Date	Num	Name	Amount	Memo
<b>Electronic Payments</b>					
<b>Wells Fargo Operating Acct *2709</b>					
<b>ACH Program Payments</b>					
ACH	05/15/2023	Grnt 1393	G - Sound Pathways	13,460.00	D Award A548 Syringe Serv ices Expansion
ACH	05/15/2023	Grnt 1394	G - American Heart Association	4,466.51	Award A510 Stop the Silen Killer - Hypertension of S Sno Cnty
ACH	05/15/2023	Grnt 1395	G - Boys & Girls Club of Sno County	8,333.00	Award A540 Behavioral Halth Uplift Initiative
ACH	05/15/2023	Grnt 1396	G - Center for Human Services	29,167.00	Award A523 Youth Counseling Yr2
ACH	05/15/2023	Grnt 1397	G - Center for Human Services	14,667.00	Award A541 Behavioral Healt Integration
ACH	05/15/2023	Grnt 1398	G - Center for Human Services	5,969.25	Award A536 Behavioral Health Integration Prog at CHC 2020-23
ACH	05/15/2023	Grnt 1399	G - ChildStrive	21,667.00	Award A556 Nurse Family Partnershp
ACH	05/15/2023	Grnt 1400	G - Cocoon House	12,500.00	Award A517 Host Homes Yr2
ACH	05/15/2023	Grnt 1401	G - Community Health Center of Sno Co	16,667.00	Award A557 Dental Program/School based svc at Meadowdale High
ACH	05/15/2023	Grnt 1402	G - Compass Health	18,750.00	Award A558 Community Transitions
ACH	05/15/2023	Grnt 1403	G - Concern for Neighbors Food Bank	1,250.00	Award A513 Supplementary Food Purchase
ACH	05/15/2023	Grnt 1404	G - Domestic Violence Services Sno Co	16,500.00	Award A542 DV Supportive Services Proj
ACH	05/15/2023	Grnt 1405	G - Edmonds Center for the Arts	833.00	Award A559 Greative Arts Therapy for connection/healing
ACH	05/15/2023	Grnt 1406	G - Edmonds College Foundation	20,053.00	Award A516 CRC Mental Health Expansion yr 2
ACH	05/15/2023	Grnt 1407	G - Edmonds College Foundation	17,203.00	Award A544 CRC Mental Health/Wellness Expansion Proj
ACH	05/15/2023	Grnt 1408	G - Edmonds Food Bank	10,083.00	Award A545 Increase Focus on Nutrition/Culturally Appropriate Foods
ACH	05/15/2023	Grnt 1409	G - Edmonds School Dist No. 15	32,336.00	Award A511 Move 60! 2022-2023 (yr3)
ACH	05/15/2023	Grnt 1410	G - Edmonds School Dist No. 15	16,667.00	Award A522 Family Resource Advocate Yr2
ACH	05/15/2023	Grnt 1411	G - Foundation for Edmonds School Dist	5,949.00	Award A547 Based Health Ctr
ACH	05/15/2023	Grnt 1412	G - Edmonds School Dist No. 15	37,500.00	Award A546 Secondary Family Resource Advocates
ACH	05/15/2023	Grnt 1413	G - Edmonds Senior Center	8,000.00	Award A548 Improving Health Access to underserved communities through
ACH	05/15/2023	Grnt 1414	G - Foundation for Edmonds School Dist	11,667.00	Award A560 Nourishing Network-working to end food insecurity
ACH	05/15/2023	Grnt 1415	G - Helping Hands Project Org	5,000.00	Award A562 Culturally Appropriate Food for Low-income BIPOC
ACH	05/15/2023	Grnt 1416	G - Homage Senior Services	21,667.00	Award A563 Homage Srs Meals/Mental Health Access
ACH	05/15/2023	Grnt 1417	G - Kinderling	3,333.00	Award A564 Pediatric Therapies and Special Education
ACH	05/15/2023	Grnt 1418	G - Korean Community Serv. Ctr	13,667.00	Award A549 Mind, Body and Soul for Korean Am
ACH	05/15/2023	Grnt 1419	G - Lahai Health	32,917.00	Award A520 Dental Program Yr2
ACH	05/15/2023	Grnt 1420	G - Lahai Health	23,750.00	Award A550 Medical and Mental Health Care Program
ACH	05/15/2023	Grnt 1421	G - Latino Educ Training Inst	7,400.00	Award A519 Promotora Prog Yr2
ACH	05/15/2023	Grnt 1422	G - Latino Educ Training Inst	8,417.00	Award A565 LETI Health and Wellness Prog
ACH	05/15/2023	Grnt 1423	G - Latino Educ Training Inst	5,727.00	Award A551 Promotor/Volunteer Prog
ACH	05/15/2023	Grnt 1424	G - Lynnwood Food Bank	4,333.00	Award A471 Focus on Nutrition
ACH	05/15/2023	Grnt 1425	G - Medical Teams Int'l	12,500.00	Award A552 Care/Connect
ACH	05/15/2023	Grnt 1426	G - Millenia Ministries	15,982.00	Award A485 Mobile Manna/Moving From Surviving to Thriving
ACH	05/15/2023	Grnt 1427	G - Parent Trust for WA Children	2,537.00	Award A553 1st 5 yrs: Mental Health/Parenting Support for families S Sno C
ACH	05/15/2023	Grnt 1428	G - Prescription Drug Assistance Found	5,000.00	Award A554 Prescription Drug Asst Network
ACH	05/15/2023	Grnt 1429	G - Project Access Northwest	14,583.00	Award A521 Specialty Care for Low-income populations
ACH	05/15/2023	Grnt 1430	G - Project Access Northwest	8,333.00	Award A566 Specialty Care Coordination
ACH	05/15/2023	Grnt 1431	G - Project Girl Mentoring Prgm	10,833.00	Award A 555 Immersion Lab - Connection
ACH	05/15/2023	Grnt 1432	G - South County Fire	21,994.00	Award A466 Community Resource Paramedic
ACH	05/15/2023	Grnt 1433	G - Therapeutic Health Services	26,930.00	Award A515 Integrated Cognitive Therapies Prog
ACH	05/15/2023	Grnt 1434	G - UW Bothell	11,637.00	Award A512 Mental Health Matter yr2
ACH	05/15/2023	Grnt 1435	G - UTSAV	6,250.00	Award 567 Reduce inequities in health access w/South Asians in Sno Cnty
ACH	05/15/2023	Grnt 1436	G - WA Kids in Transition	10,417.00	Award A514 Support housing/utility needs for homeless/low-income student:
ACH	05/15/2023	Grnt 1437	G - WA Kids in Transition	10,417.00	Award A518 Distribution yr 2
ACH	05/15/2023	Grnt 1438	G - WA West African Center	9,583.00	Award 561 Extended Drop-in Center for mental health/food security
ACH	05/15/2023	Grnt 1439	G - Wonderland Child & Family Svc	12,500.00	Award 568 Prenatal substance exposure services for families
ACH	05/15/2023	Grnt 1440	G - YMCA of Greater Seattle.	6,083.00	Award A569 Community Health Navigation to support E African community
ACH	05/15/2023	Grnt 1441	G - YWCA of Seattle, King and Sno Co	6,083.00	Award 570 Healthcare access services
ACH	05/18/2023	Grnt 1442	G - Chinese Service Center	7,500.00	S545 Healthcare access for asian communities
ACH	05/18/2023	Grnt 1443	G - Inside Health Institute	9,500.00	S544 Increase Behavioral Health Access
<b>Total 1001 · Wells Fargo Operating Acct*2709</b>				<b>658,560.76</b>	<b>D</b>



## Electronic Disbursements and Summary May 2023

Type	Date	Num	Name	Amount	Memo
<b>All Other Electronic Payments</b>					E
ACH	05/01/2023	ACH 1384	AmeriFlex Business Solutions	560.95	Claims
ACH	05/08/2023	ACH 1390	AmeriFlex Business Solutions	105.23	Claims
ACH	05/15/2023	ACH 1444	AmeriFlex Business Solutions	84.39	Claims
ACH	05/15/2023	ACH 1445	AmeriFlex Business Solutions	28.75	Claims
ACH	05/22/2023	ACH 1453	AmeriFlex Business Solutions	123.08	Claims
ACH	05/30/2023	ACH 1456	AmeriFlex Business Solutions	66.95	claim
ACH	05/03/2023	ACH 1385	Paychex	138.46	PPE 4/29/23 EE deduction
ACH	05/03/2023	ACH 1386	Paychex	28,434.93	PPE 4/29/23 Payroll - Direct Deposits
ACH	05/03/2023	ACH 1387	Paychex	176.91	PPE 4/29/23 PR processing fee
ACH	05/03/2023	ACH 1388	Paychex	8,845.27	PPE 4/29/23 Payroll taxes
ACH	05/12/2023	ACH 1392	Paychex	40.00	Paychex Time & Attendance fee
ACH	05/17/2023	ACH 1446	Paychex	138.46	PPE 5/13/23 Deduction
ACH	05/17/2023	ACH 1447	Paychex	27,749.96	PPE 5/13/23 Payroll - Direct Deposits
ACH	05/17/2023	ACH 1450	Paychex	191.80	PPE 5/13/23 Payroll processing fee
ACH	05/17/2023	ACH 1451	Paychex	8,707.36	PPE 5/13/23 Payroll taxes
ACH	05/22/2023	ACH 1452	Paychex	119.45	Paychex fees
ACH	05/25/2023	ACH 1454	Paychex	119.45	Payx adj hrs time
ACH	05/31/2023	ACH 1457	Paychex	138.46	PPE 5/27/23 EE deduction
ACH	05/31/2023	ACH 1458	Paychex	29,037.86	PPE 5/27/23 Direct Deposits
ACH	05/05/2023	ACH 1389	Principal Life Insurance Co.	1,993.67	Life/AD&D/STD and LTD for May 2023
ACH	05/17/2023	ACH 1448	Valic	1,499.23	PPE 5/04/23 ER pension contribution
ACH	05/17/2023	ACH 1449	Valic	2,182.98	PPE 5/04/23 EE pension contribution
ACH	05/26/2023	ACH 1455	WA State Department of Revenue	793.44	Apr 2023 B&O tax
ACH	05/10/2023	ACH 1391	Wells Fargo	145.52	Misc Fees (3 entries)
ACH	05/22/2023	Transfer	US Bank-Payden & Rygel	166,666.00	US Bank Investment deposit
<b>Subtotal ACH Operating Acct 2709</b>				<b>278,088.56</b>	E
<b>Electronic Disbursements 2709</b>				<b>936,649.32</b>	D-E
Summary-				Amount	Ref
Warrants-All Accounts				334,118.55	A-C
Electronic Disbursements-Acct 2709				936,649.32	D-E
<b>Total Disbursements April 2023</b>				<b>1,270,767.87</b>	

PUBLIC HOSPITAL DISTRICT #2 OF SNOHOMISH COUNTY

DBA VERDANT HEALTH COMMISSION

WARRANT AND ELECTRONIC DISBURSEMENT APPROVAL- May 2023

WE, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish, County, Washington do hereby certify that the merchandise or services hereinafter specified in the supporting schedules referenced A-C and D-E have been received and the Warrant Numbers and Electronic Transactions detailed herein have been issued in the payment amounts as follows:

Type	Account	By	Date	#	Total	Reference
Warrants	2717-Warrant	Verdant	5/1/23 - 5/31/23	16071 - 16103	169,624.94	<b>A</b>
Warrants	7265-Property Management	JSH	5/1/23 - 5/31/23	J2130 - J2167	164,493.61	<b>B</b>
Warrants	2725-Workers Comp	Eberle Vivian	5/1/23 - 5/31/23	0	-	<b>C</b>
				<b>Total Warrants</b>	<b>334,118.55</b>	
Electronic	2709-Operating	Verdant	5/1/23-5/31/23	<b>ACH Transactions</b>	<b>936,649.32</b>	<b>D-E</b>
				<b>Total Disbursements</b>	<b><u>1,270,767.87</u></b>	

These warrants and electronic disbursements are hereby approved.

Attest:

\_\_\_\_\_  
Riene Simpson-CPA, Director of Finance  
District Auditor

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

## **Verdant Community Social Worker Highlights: May / June 2023**

- Case Management – continuing support for fifteen clients. I have continued to utilize the motel rooms, that we have been able to obtain for medical/mental health related respite care.
- Continue to provide inreach/outreach with Swedish Edmonds Hospital. Five new referrals this past month.
- CHART Leadership and Facilitation – Ongoing support for the CHART program and clients.
- VOA 211 Community Resource Advocate – Continuing support and community introductions for Etmon Carranza.
- This past month included, weekly team check ins, monthly County Outreach Coalition, monthly Snohomish County Community Behavioral Health Committee, monthly Snohomish County Connector's meeting, monthly County and Human Services Providers Call, monthly Vulnerable Adult Taskforce, and monthly Homeless Policy Task Force.
- Attended the Homeless, Mental Health and Drug addiction in the Lynnwood community- Lynnwood City Council Roundtable on June 21, 2023. This three-hour session included police, fire, behavioral health and social services agencies, and people with lived experience. The session was basically a listening session for the city council to learn what organizations are doing to support our homeless, mental health and substance users within our community. The council summed up the discussions with the thoughts and insights that the community does need additional shelter, affordable housing and inpatient treatment centers.
- Currently enrolled in a three-month course titled Grief Educator Certification. Grief Educator Certification is a comprehensive grief training program led by renowned Grief Expert, David Kessler to help you confidently guide others during their time of loss. The course is intended to gain a stronger understanding, and to practice implementing effective techniques to help others find resilience they never knew they had after life's most challenging events. I am learning about life-changing strategies for compassionate listening and pragmatic, future-focused exercises to map a healing plan. I plan to use this certificate to be a strong community resource in times of loss, and possibly provide community education classes upon completion. Class ends on July 11, 2023.
- 2023 Programming –
  - Provider training titled Burnout, Compassion Fatigue, and Moral Injury: Recovery for Behavioral Health Professionals, held on June 6, 2023, was successful with 40 attendees. Overall, a highly successful and praised event, with a total of 40 attendees showing, out of 45 registrations. Usually I end up with about 60% show rate, this training was 90% show rate.
  - New provider training scheduled titled Nutrition Interventions in Behavioral Health. This will be another in-person training, with a lunch and free CEUs for behavioral health participants.
  - In the initial stages of planning an event in September, Suicide Prevention Month, to include a keynote and other presenters around suicide prevention. Keynote will be Kevin Hines, a national award-winning speaker and survivor of a suicide who attempted to take his life by jumping from the Golden Gate Bridge. In addition to the Edmonds School District, Volunteers of America has been brought on as a major partner in this event.

## **Multicultural Report-May 2023**

### **Verdant Sponsored Programs**

Monthly Women's Support Group- 8 participants  
Monthly Men's Support Group- 5 participants  
Monthly Parent Support Group- 41 participants  
Domestic Violence Support Group- 8 participants  
Drum Circle for Health- 5 participants  
Planning Meeting Suicide Prevention Event-5 participants  
Meeting with Councilwoman Julieta Altamirano Crosby  
Women of Color Coalition- 7 participants  
Quarterly OCOE Community Action Coalition Meetings-21 participants  
LEARN training for suicide prevention community training –23 participants

### **Community Collaborations**

Con confianza y en Comunidad- Talking about COVID related Info-17 participants  
Latinx Health Board Meeting-14 participants  
UofWA Peer Mental Health Planning Meetings- 5 participants  
Movimiento Afro-Latino Seattle Board Meeting- 6 participants  
CHBC 2022 General Meeting - First Thursdays of the Month (in person)- 5 participants  
MHM meeting- 3 participants  
LxHB officers meeting- 4 participants  
HEIC General Membership Meeting-18 participants  
Soñando con MÁS- 13 participants  
MINDfest community event- 200+ participants  
Pathways to Equity Symposium  
Childstrive Event at the Convention Center in Lynnwood  
Uncovering & Navigating Racism in the Mental Health System Part 1  
Familias Unidas Grand Opening  
Bettermynd -cooperative possibilities zoom meeting  
MHM Neurodiversity Roundtable- 29 participants  
Open House NAMI Eastside  
Celebrate Women's Symposium -Manos Unidas Award 250 participants  
MHM Naloxone Roundtable and training 12 participants  
MHM Lifesaving Conversations Roundtable 32 participants

# Marketing Report

28-Day Period: May 9<sup>th</sup> – June 5<sup>th</sup>, 2023

## Facebook

- Reached to 69,981 people
- 546 page visits
- 9 new page likes

## Instagram

- Reached to 32,754 people
- 165 profile visits
- 4 new followers

We reached out to 69,981 people on Facebook which is an 18.8% decrease from the previous period, and 32,754 people on Instagram which is a 12.5% decrease. This may be the result of less consistent posting due to less classes being offered this month. There are 9 new Facebook likes and 4 new Instagram followers. The profile visits were 165 for Instagram and 546 for Facebook. We hope to increase the number of likes and followers by continuing to post frequently.

## Link to all of our online platforms:

<https://linktr.ee/verdanthealthcommission>

## E-Newsletter:

[https://mailchi.mp/verdanthealth/verdant-news-august-9185493?fbclid=IwAR3BEcNTYxYpHFhBIOsrhu8TAWR4t0an\\_hobiVfefrqQHqNwwqPNjRYhMtM](https://mailchi.mp/verdanthealth/verdant-news-august-9185493?fbclid=IwAR3BEcNTYxYpHFhBIOsrhu8TAWR4t0an_hobiVfefrqQHqNwwqPNjRYhMtM)  
<https://verdanthealth.org/community-health-networking-event/>

## Highlights since last Board Meeting



verdant  
HEALTH COMMISSION  
SERVING SOUTH SNOHOMISH COUNTY

### Community Open House

May 17th, 2023 3pm-5:30pm

Free Blood Pressure Screening, Resources,  
Raffles, and Refreshments

For Residents of  
\*Edmonds \*Lynnwood \*Brier \*Bothell  
\*Woodway \*Mountlake Terrace

4710 196th St SW, Lynnwood, WA 98036

Please visit website at  
[www.verdantthehealth.org](http://www.verdantthehealth.org)







Marvelous Marinades & Dazzling Dressings  
**Cooking Demo**

June 1st | 6-7 pm




HYBRID

SMALL PROGRESS IS STILL  
PROGRESS.

### Produce Pick of the Month...



### Squash

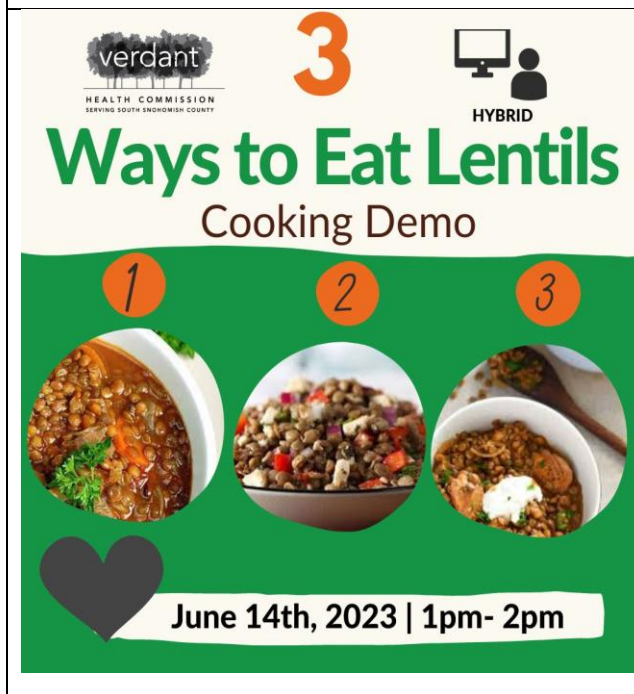
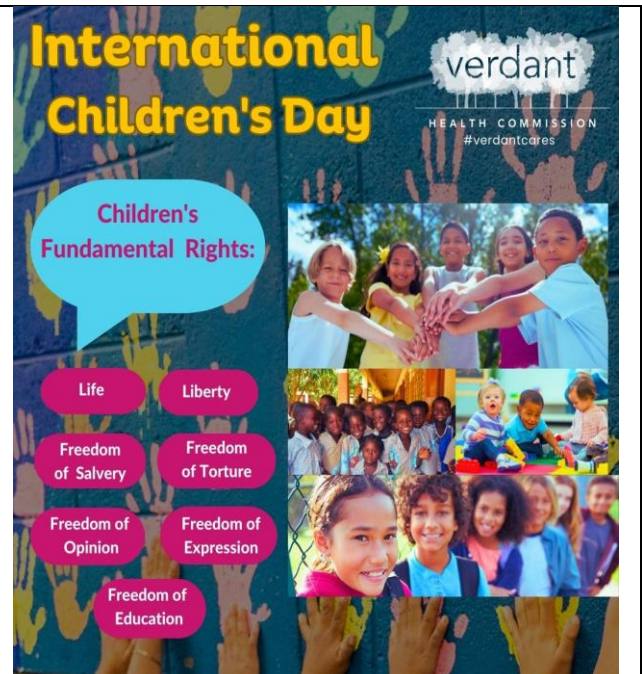


**Cooking Demo**  
Wed, June 7th | 2-3pm



VIRTUAL







**LYNNWOOD**  
WASHINGTON

*A great deal more*

# Proclamation

City of Lynnwood

## Recognition of Juneteenth

WHEREAS, in 1619, twenty captured Africans were brought to Virginia as enslaved people, ushering in 246 years of slavery in America; and

WHEREAS, by 1680 as the number of indentured laborers of European descent declined, the enslavement of Africans was widely accepted, and the buying and selling of these human souls became highly profitable in the southern United States; and

WHEREAS, the Emancipation Proclamation of 1863 issued by President Abraham Lincoln freed enslaved people in the 11 Confederate states at war against the Union; however, it wasn't until December of 1865 when Congress required the Confederate states to ratify the 13th Amendment, thereby abolishing chattel slavery and involuntary servitude; and

WHEREAS, slavery remained relatively unaffected in Texas until June 19th, 1865 when Union troops arrived in Galveston, Texas to take control of the state and freed all enslaved people; and

WHEREAS, Juneteenth is a commemoration of June 19th, 1865, and is now celebrated in many communities in the United States with cookouts, parades, prayer services, and poetry readings; and

WHEREAS, Juneteenth is a time to reflect on the injustice endured by the men, women, and children of African descent brought to this nation against their will, but whose legacy of determination to live free paved the way for our continued fight for justice; and

WHEREAS, on June 19th the City of Lynnwood will honor the legacy of Black and African American ancestors by continuing our commitment to cultivate a community where all have a sense of belonging and feel included, valued and welcome; and

NOW, THEREFORE BE IT RESOLVED, that I, Mayor Christine Frizzell, and the Lynnwood City Council, hereby proclaim Monday, June 19, 2023 as Juneteenth in the City of Lynnwood, and we encourage everyone to celebrate Juneteenth by strengthening our resolve to dismantle systemic racism, denounce hatred and bigotry and renew our pledge to eradicate racial inequity and social injustice in our communities and throughout the world. And acknowledging and recognizing the contributions of enslaved Africans including culture, economic growth, and development.



*Christine Frizzell*

Christine Frizzell, Mayor  
June 12, 2023

*Shannon Sessions*

Shannon Sessions, City Council President  
June 12, 2023

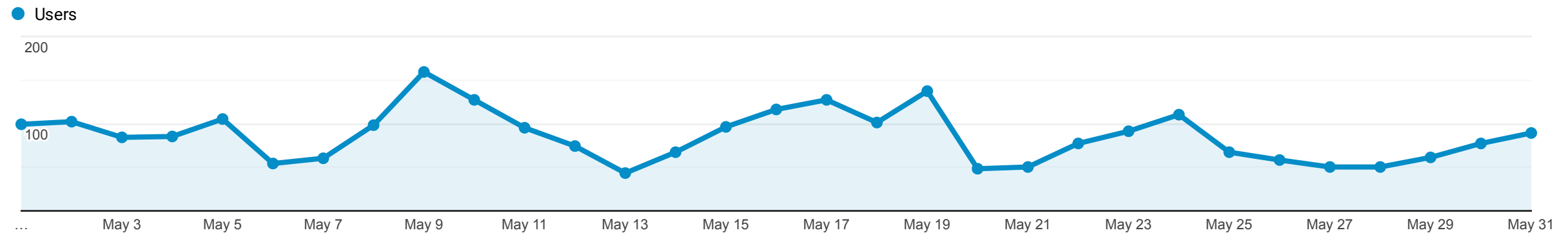


Audience Overview

All Users  
100.00% Users

May 1, 2023 - May 31, 2023

Overview



Users

2,261

New Users

2,098

Sessions

2,918

Number of Sessions per User

1.29

Pageviews

5,773

Pages / Session

1.98

Avg. Session Duration

00:01:32

Bounce Rate

69.16%

New Visitor

Returning Visitor

84.6%

15.4%

City	Users	% Users
1. <a href="#">Seattle</a>	382	<div></div> 15.58%
2. <a href="#">(not set)</a>	236	<div></div> 9.62%
3. <a href="#">Everett</a>	112	<div></div> 4.57%
4. <a href="#">Lynnwood</a>	92	<div></div> 3.75%
5. <a href="#">Edmonds</a>	78	<div></div> 3.18%
6. <a href="#">Ashburn</a>	60	<div></div> 2.45%
7. <a href="#">Moses Lake</a>	35	<div></div> 1.43%
8. <a href="#">Cheyenne</a>	29	<div></div> 1.18%
9. <a href="#">North Creek</a>	29	<div></div> 1.18%
10. <a href="#">Shoreline</a>	26	<div></div> 1.06%