

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting

Hybrid: In-Person at Verdant Community Wellness Center and via Zoom
January 24, 2024
8:00 a.m.-10:00 a.m.

Commissioners Present

Jim Distelhorst, MD, President
Karianna Wilson, Secretary
Deana Knutsen, Commissioner
Carolyn Brennan, Commissioner
Bob Knowles, Commissioner

Staff

Dr. Lisa Edwards, Superintendent
Riene Simpson, Director of Finance
Ceil Erickson, Director of Community Impact
Kaysi Caballero, Executive Assistant/Office Manager
Nancy Budd, Community Social Worker
Annika Sahota, Community Engagement Specialist
Humaira Barlas, Fiscal Specialist

Guests

Call to Order

The regular meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:00 a.m. by President Distelhorst.

Land and Enslaved People's Acknowledgement

President Distelhorst read the acknowledgement.

Consent Agenda

Commissioner Knutsen made a motion to approve all items included on the consent agenda, Commissioner Wilson seconded. Motion passed.

Consent Agenda (E:03:24)

1. Approval of Minutes:
 - a. December 20, 2023 Regular Board Meeting
2. 2024 Officer and Committee Assignments
3. Superintendent's Discretionary Request: Therapeutic Health Services

Public Comments

Laura Allen, Manager for Swedish Edmonds Family Birth Center and NICU: In 2023, they had the privilege of delivering 1,988 babies. They were working against distrust of senior executives and lost some long-term nurses. She reported the west tower elevators are not functional to access the west tower and this impacts patient care. There has been discussion of adding

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midwives to Swedish Edmonds campus. They are strengthening their team with onsite training and drills. They are constantly working to decrease c-section rate for first time parents. She added, being a part of someone bringing a new life into the world is truly a gift. They will continue to serve our community in the way it is meant to be served.

**Executive
Committee Report**

President Distelhorst reported that Executive Committee met on January 16th to approve the agenda for today's meeting. No action was taken at the Executive Committee meeting.

**Verdant Internal
Programs
Presentation**

Ms. Caballero shared a presentation of 2023 events and programs that took place at the Verdant Community Wellness Center (E:04:24). Some highlights of 2023 were that 27 organizations used the wellness center to host their meetings and events, for a total of 1,925 participants. In 2023, Verdant provided 80 free cooking demonstrations for the public which are taught by registered dietitians. Ms. Sahota, Community Engagement Specialist at Verdant, shared statistics about Verdant's Fruit & Vegetable voucher program, which totaled \$18,010 in voucher redemption, serving 9 partner organizations throughout 2023. Verdant also coordinated a variety of multicultural programs that are free to the public, including Spanish-speaking support groups, community activities, and listening sessions to learn more about community needs. Verdant's Community Social Worker, Ms. Nancy Budd, spoke about the services she provides and gave a recap of provider and community trainings she hosted in 2023, some of which include CEUs for social workers, mental health clinicians, marriage and family therapists, and substance use disorder professionals.

**Superintendent's
Report**

Dr. Edwards thanked the wellness center staff for their presentation today to highlight the programs provided at the Verdant Community Wellness Center. She highlighted the Wellness Day planned for March 9th at Verdant.

Right now, Verdant is busy working on coordinating the upcoming remodel of the Kruger Clinic. We will also be remodeling the reception area of the wellness center. Later in Spring 2024 there will be a hospital engineering study to review the condition of the Swedish Edmonds hospital facility and structure.

She thanked the Verdant staff for coming together to support each other during various health and family issues.

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**Program
Committee Report**

Conflicts of Interest None.

Spring 2024
Funding Cycle

Ms. Erickson shared a timeline of the current Spring 2024 grant cycle. We received 47 grant applications totaling \$7,771,206 in requests (E:05:24). Commissioners have until February 9th to review and score applications. Committee meetings are scheduled for the week of February 12th. We will review all applications with the full Board at a special meeting on February 21st. Ms. Erickson has scheduled a site visit to the Lynnwood Hygiene Center for February 6th at 2:00pm and will send the invite to Commissioners.

Verdant will partner with various organizations to review their community health needs assessment data. We are not conducting our own data gathering in 2024. Commissioners discussed whether it is necessary to update this data again after just doing our own assessment in 2022. Verdant staff will rely on other sources of data to inform Commissioners about current and future demographics or our community during their September annual strategic planning retreat.

- Commissioner Brennan can connect us to UW Bothell as this would be a good project for students and may help to relieve the Verdant staff.

Finance Report

Review Financial
Statements & Cash
Activity

Ms. Simpson presented the financial reports for December 2023 (E:06:24), noting any transactions out of the ordinary, compared to prior month periods. This is a preliminary report as we are currently closing the 2023 year. There are sizeable adjustments in 2023 due to the transition to GASB-87 accounting standards.

Authorization of
Payments of
Vouchers and
Payroll

Authorization for payment of vouchers and payroll:
Warrant numbers 16333 through 16364 and J2367 through J2399 for December 2023 for total warrant payments in the amount of \$157,285.39 were presented for approval (E:07:24).

Motion was made by Commissioner Knowles, seconded by Commissioner Distelhorst and passed unanimously to approve the warrants.

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Approval of 2024
Salary Schedule

Dr. Edwards presented the corrected 2024 salary schedule for Verdant staff (E:08:24).

Motion was made by Commissioner Distelhorst, seconded by Commissioner Brennan and passed unanimously to approve the corrected 2024 salary schedule.

Public Comments

None.

**Commissioner
Comments**

Commissioner Distelhorst has enjoyed his time serving as Board President the past two years.

Adjournment

The meeting was adjourned at 9:17 a.m. by President Distelhorst.

ATTEST BY:

DocuSigned by:
Karianna Wilson
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President

DocuSigned by:
Carolyn Brennan
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Secretary