

VERDANT HEALTH COMMISSION  
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**BOARD OF COMMISSIONERS**  
Regular Meeting  
AGENDA  
August 28<sup>th</sup>, 2024  
8:00 a.m. to 10:00 a.m.

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The public can participate in person at the Verdant Community Wellness Center or join via Zoom by visiting <https://us02web.zoom.us/j/89568322656> Meeting ID: 895 6832 2656 or the call-in number is 253-215-8782.26th

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00 am	---
B. Land & Enslaved People's Acknowledgement	---	8:00 am	3
C. Consent Agenda:	Action	8:01 am	4-11
1. Approval of Minutes:			
a. July 24, 2024 Regular Board Meeting			
2. Updated Board Meeting Calendar			
D. Public Comments (limit 3 minutes per speaker)	Information	8:03 am	---
E. Executive Committee Report	---	8:13 am	---
1. Request for motion to demolish the Value Village Building	Action		
F. Finance Committee Report		8:15 am	
1. July 2024 Financial Report	Information		12-21
2. Authorization of Warrants and Electronic Disbursements	Action		22
3. Proposal to Increase Verdant Recognized Holidays from 8 to 11	Action		23-24
4. Reserve Transfer Request	Action		25
5. Resolution 2024:02 Declaring Fixed Asset Surplus	Action		26-30
G. Executive Session: To review the performance of a public employee.	Information	8:35 am	---
H. Open Session	Information	8:55 am	---
I. Superintendent Report	Information	8:55 am	---
1. Marketing Presentation			---

J. Program Committee Report	Information	9:20 am	
1. 2025 Funding Cycle Update			31-32
2. Superintendent Discretionary: Lynnwood Police Department (\$24,741.59) Snohomish County Outreach Team			33
K. Public Comments		9:30 am	---
L. Commissioner Comments	Information	9:40 am	---
M. Adjournment	---	10:00 am	---



**– Land & Enslaved People’s Acknowledgment –**

We respectfully acknowledge that this meeting is being held on the traditional lands of Duwamish, Skokomish, Snohomish, Snoqualmie, and Suquamish and other Coast Salish Tribes.

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS**

**Regular Meeting**

**Hybrid: In-Person at Verdant Community Wellness Center and via Zoom**

**July 24, 2024**

**8:00 a.m.-10:00 a.m.**

**Commissioners  
Present**

Carolyn Brennan, Secretary  
 Deana Knutsen, Commissioner  
 Jim Distelhorst, MD, Commissioner  
 Bob Knowles, Commissioner  
 Karianna Wilson, President – Excused Absence

**Staff**

Dr. Lisa Edwards, Superintendent  
 Riene Simpson, Director of Finance  
 Ceil Erickson, Director of Community Impact  
 Nancy Budd, Community Social Worker  
 Kyla Morgan, Executive Assistant and Office Manager  
 Olia Josiah, Wellness Center Assistant  
 Chase Toscano, Contracts Manager

**Guests**

Omar Gamez, South Snohomish County CHART Program  
 Galina Volchkova, Volunteers of America/211 Resources & Referrals  
 Amanda Etchey, Volunteers of America/211 Resources & Referrals  
 Kyle Ward, City of Lynnwood  
 Leslie Silverman  
 Kristina Brown, Kindering

**Call to Order**

The regular meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:00 a.m. by Commissioner Brennan.

**Land and  
Enslaved People's  
Acknowledgement**

Commissioner Brennan read the land acknowledgement aloud.

**Consent Agenda**

***Commissioner Brennan made a motion to approve all items included on the consent agenda, Commissioner Distelhorst seconded. Motion passed.***

Consent Agenda (E:47:24)

1. Approval of Minutes:
  - a. June 26, 2024 Board Meeting
2. Superintendent Discretionary: The ACCESS Project \$15,000

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**Public Comment** Kristina Brown - Public Affairs Director of Kindering – Kindering is the largest developmental center in the northwest serving thousands of kids with developmental delays and disabilities. Kindering rely on philanthropy and funding to cover the annual funding gap they face. Ms. Brown thanked Verdant for investing in Kindering and shared that their investments are making a genuine lifelong impact.

**Executive Committee Report** Commissioner Brennan shared that they met to talk about the board survey results and to approve today's agenda

**Community Presentation: Increase access to services** Ms. Erickson introduced the members of the community panel. Mr. Gamez has been running the CHART program for three years. The program is focused on high risk, high need populations. Their goal is to help diminish calls to emergency services.  
Mr. Ward, Human Services Coordinator for the city of Lynnwood. Mr. Ward works directly with residence of Lynnwood, partners with organizations, such as VOA on housing, community events, and is a referral source.  
Ms. Etchy, Director for Northsound 211. They partner with Verdant for the South Snohomish County Community Resource Advocate (CRA).  
Ms. Volchkova, Executive director of housing services at Volunteers of America (VOA). They focus on housing services and stability.  
The District and Community Panel members discussed the challenges and collaborative efforts in providing support to the community, particularly those at risk of homelessness and struggling with substance abuse. The panel members highlighted the importance of comprehensive support, including access to healthcare, nutrition, and housing assistance, as well as the role of case managers in facilitating recovery. They also addressed the impact of the opioid crisis, food insecurity, and mental health issues on the community, and the need for collaboration among various agencies to address these issues. All panelists mentioned the housing crisis as an ongoing issue.  
Commissioner Knutsen acknowledged the housing crisis and the limitations of a public hospital district due to the RCWs, but affirmed Verdant's commitment to addressing wraparound services and mental health. Mr. Gamez ended the conversation by sharing the success story of a client who was able to secure housing and employment, despite ongoing struggles with substance abuse.

Ms. Silverman presented an update on a pilot project she and Ms. Erickson had initiated in an effort to assist nonprofit applicants that were not approved for funding. The project aimed to provide one-on-one coaching sessions to help these applicants improve their grant writing skills. Ms. Silverman presented a flexible framework for the coaching sessions, emphasizing the importance of understanding the nonprofits' learning expectations and goals. She also shared positive survey results from the eight nonprofits they had worked with, indicating satisfaction with the guidance received and the organization and planning of the sessions (E:48:24). Dr. Edwards appreciated Ms. Silverman's best practices regarding the survey and its results and requested she follow up individually with nonprofits to check on funding secured as a result of the grant coaching.

**Superintendent's Report**

**1. Wellness Center Q2 Report**

Dr. Edwards reported the Superintendent's budget for the project with Ms. Silverman was \$7,500 and only \$3,900 has been spent so far.

Ms. Josiah the Wellness Center Assistant presented the facility use data for Q2 (E:49:24). She highlighted the impact of their community programs, including health education classes, nutritional programming, and partnership events. Dr. Edwards announced that Ms. Josiah will transition into the Community Engagement Specialist role.

The Marketing team has 52 responses on the community survey so far (E:50:24) and are working on increasing community engagement during upcoming Summer events.

Dr. Edwards thanked Commissioner Knutsen for participating in the second Narcan drive through event. They handed out over 180 kits. Verdant is going to be doing two more Narcan events, one in partnership with Edmonds and Mount Lake Terrace.

**Program Committee Report**

**1. Superintendent Discretionary: Lynnwood Police \$105,401**

Ms. Erickson presented a Superintends Discretionary Funding request from the Lynnwood Police department for an embedded social worker (E:51:24). The role was originally funded through a funding award with Compass Health from Verdant that has been funded annually since 2019. The program ended May 31<sup>st</sup>, 2024. The remainder of their funding was not allocated, and they returned some funds, amounting to \$80,659.41. Lynnwood and Mount Lake Terrace police departments have submitted a concept paper for \$105,401.00 to continue this program in

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partnership with Snohomish County and funded by Verdant from August 1st, 2024 through December 31<sup>st</sup>, 2024. Commissioner Knowles requested to forward this concept paper from the Program Committee to the full board because he wanted the whole board to have exposure on how it would be handled and funded. Commissioner Brennan supported the \$80,659.41 being used for the program, but would like to see how the program goes before Verdant invests any more funds. However, she does not want superintendent funds moving towards the program. Commissioner Knutsen and Commissioner Distelhorst are for funding the full amount of \$105,401.00. Dr. Edwards clarified the additional ~\$25,000 is because the program is more expensive since they must rehire for this role and the police department will be using the county to provide stop gap staffing. They had to move quickly within a very short timeframe to relaunch this program with the county. Commissioner Knowles would like to approve using the reallocated funds for the program and thinks the municipalities can cover the \$25,000 gap. However, he clarified the funds in the Superintendent Discretionary Fund are up to the Superintendent to determine the use of and it is ultimately not Commissioners' decision. Commissioners deliberated on funding the program with the returned and unallocated funds and/or using the Superintendent Discretionary Fund to cover the \$25,000 gap. Commissioners agreed to transfer the remaining funds from the Compass Health contract to the City of Lynnwood Police Department.

***Motion made by Commissioner Distelhorst to authorize Verdant to enter a contract to allocate to the city of Lynnwood from the money that was not allocated to Compass. Commissioner Knowles seconded. Motion Passed.***

**Finance Report**

- |  |   |
|--|---|
| <p><b>1.</b> Review Financial Statements &amp; Cash Activity</p> | <p>1. Ms. Simpson presented the financial reports for June 2024 (E:52:24), noting any transactions out of the ordinary, compared to prior month periods. The District is dipping below their 90 day cash balance, as a result they will be preparing for a transfer from the reserve.</p> |
| <p><b>2.</b> 6-Month OPEX Budget Review</p>                      | <p>2. Ms. Simpson presented the 6-month review of budget (E:53:24). She highlighted that the District was tracking ahead of budget by \$330,000, primarily due total programmatic underspend, the drivers being community awards and internal programmatic work.</p>                      |

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**3. Authorization  
of Payments  
of Vouchers  
and Payroll**

3. Authorization for payment of vouchers and payroll: Warrants Reference A, No. 16547 through 16569, and Warrants Reference B, No. J2582 through J2615 for April in the amount of \$166,569.33 were presented for approval as well as electronic disbursements in the amount of \$1,399,318.45 for total disbursements of \$1,565,914.78 (E:54:24).

***Motion was made by Commissioner Knutsen, seconded by Commissioner Distelhorst, and passed unanimously to approve the warrants & electronic disbursements.***

**Executive Session**

Commissioner Brennan closed the meeting for executive session to begin at 9:45 am and will continue through 9:55 am. This executive session is to review the performance of a public employee.

Extended two minutes to 9:57 am.

Extended five minutes to 10:02 am.

**Open Session**

Commissioner Brennan reopened the public meeting at 10:03 am.

Approval of Contract  
for Hospital Facility  
Assessment

***Commissioner Distelhorst made a motion to approve the contract for hospital facility assessment with OAC, Services, \$445,200.00 Commissioner Brennan seconded. Motion passed.***

**Public Comments**

None.

**Commissioner  
Comments**

Commissioner Distelhorst asked staff and Superintendent Edwards to communicate to the Lynnwood Police that the funding is only a stop gap for 2024 and is in no way a commitment to 2025 funding.

Commissioner Knowles congratulated Commissioner Brennan for successfully covering the meeting today in President Wilson's absence.

**Adjournment**

The meeting was adjourned at 10:07 a.m. by Commissioner Brennan.

**ATTEST BY:**

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President



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Secretary



## 2024 Verdant Board Meeting Calendar

	<u>Date/Time</u>	<u>Commissioners</u>
<b><u>January 2024</u></b>		
Special Meeting	Monday, 1/22/24, 5:00-7:00pm *	All
Board Meeting	Wednesday, 1/24/24, 8:00-10:00 AM	All
<b><u>February 2024</u></b>		
Special Grant Mtg	Wednesday, 2/21/24, 5:00 to 7:00 PM *	All
Board Meeting	Wednesday, 2/28/24, 8:00-10:00 AM	All
<b><u>March 2024</u></b>		
Board Meeting	Wednesday, 3/27/24, 8:00-10:00 AM	All
<b><u>April 2024</u></b>		
Special Meeting	Wednesday, 4/10/24, 5:00-6:00pm *	All
Special Meeting	Monday, 4/15/24, 5:00-8:00pm *	All
Special Meeting	Tuesday, 4/23/24, 6:30-7:30pm *	All
Board Meeting	Wednesday, 4/24/24 8:00-10:00 AM	All
Special Meeting	Tuesday, 4/30/24, 5:00-8:00pm *	All
<b><u>May 2024</u></b>		
Special Meeting	Monday, 5/20/24, 5:00-7:30pm *	All
Board Meeting	Wednesday, 5/22/24, 8:00-10:00 AM	All
<b><u>June 2024</u></b>		
Board Meeting	Wednesday, 6/26/24, 8:00-10:00 AM	All
<b><u>July 2024</u></b>		
Board Meeting	Wednesday, 7/24/24, 8:00-10:00 AM	All
<b><u>August 2024</u></b>		
Special Facilities Mtg	Wednesday, 8/21/24, 5:00-7:00 PM *	All

\* Indicates an evening Board meeting

Regular Board meetings are scheduled on the 4<sup>th</sup> Wednesday of the month at 8:00-10:00am unless otherwise indicated.

Board Meeting	Wednesday, 8/28/2024, 8:00- 10:00 AM	All
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**September 2024**

<b>Annual Board Retreat</b>	<b>*Sunday, September 8<sup>th</sup>, 4 to 9 PM*</b>	<b>All</b>
	<b>*Monday, September 9<sup>th</sup>, 9 to 1 PM *</b>	
Board Meeting	Wednesday, 9/25/24, 8:00-10:00 AM	All

**October 2024**

<b>Special Board Meeting</b>	<b>Wednesday, 10/9/2024, 5:00-8:00pm *</b>	<b>All</b>
<b>2025 Budget Meeting</b>	<b>Wednesday, 10/16/24, 6:00-8:00 PM *</b>	<b>All</b>
Board Meeting	Wednesday, 10/23/24, 8:00-10:00 AM	All
<b>Special Board Meeting</b>	<b>Tuesday, 10/29/2024, 5:00-8:00pm *</b>	<b>All</b>

**November 2024**

<b>Special Board Meeting</b>	<b>Wednesday, 11/6/2024, 5:00-7:00pm *</b>	<b>All</b>
<b>Special Board Meeting</b>	<b>Wednesday, 11/13/2024, 5:00-7:00pm *</b>	<b>All</b>
Board Meeting	Wednesday, 11/20/24, 8:00-10:00 AM	All

**December 2024**

Board Meeting	Wednesday, 12/18/24, 8:00-10:00 AM	All
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*\* Indicates an evening Board meeting*

*Regular Board meetings are scheduled on the 4<sup>th</sup> Wednesday of the month at 8:00-10:00am unless otherwise indicated.*

**Balance Sheet**  
**As of June 30, 2024 and July 31, 2024**

	6/30/2024	07/31/2024	Month Change	Comments:
<b>ASSETS</b>				
<b>1 Current Assets</b>				
<b>2 Cash Balance</b>	3,486,483	2,988,327	(498,156)	90 day cash flow set at \$3.2MM-Anticipated transfer from reserve in August
<b>3 Accounts Receivable</b>	2,009	3,058	1,049	
<b>4 Other Current Assets</b>				
<b>5 Clearing Account</b>	7,411	7,411	-	Receivable for 2023 FUTA tax refund-120 days still unresolved.
<b>6 Investments</b>	62,066,715	62,904,854	838,139	Note: entire investment portfolio balance is reported in current section of balance sheet, maturities are 1 year to 5 years. Monthly transfer of \$178k into reserve. July positive unrealized gain on portfolio of \$427k. Int income of \$221k. Anticipated transfer to cash in August.
<b>7 Prepaid Expenses &amp; Others</b>	130,859	117,247	(13,612)	Prepaid Prop & Casualty Insurance Other Prepays include broker commissions for PSG tenant lease renewed early for 7/1/24: Landlord \$32k, and Tenant \$44k -- Amortization of brokerage commission begins 7/1/24. Pending is payment of brokerage commission on Swedish lease renewal
<b>8 M&amp;O Tax Levy Receivable</b>	(29,179)	175,869	205,048	
<b>9 Short Term Lease Receivable</b>	3,941,448	3,941,448	-	GASB 87 Balance forward from 12/31/2023
<b>10 Subtotal Other Current Assets</b>	66,117,252	67,146,828	1,029,576	
<b>11 Total Current Assets</b>	69,605,744	70,138,213	532,469	
<b>12 Long Term Assets</b>				
<b>13 Fixed Assets-Net of Depreciation</b>	22,065,290	22,472,990	407,700	Includes construction in progress of \$2.4MM at 7/31/24
<b>14 Tenant Improvements-Net of Amortization</b>	59,686	54,650	(5,036)	Net Balance in unamortized tenant improvement allowances on lease renewals.
<b>15 Lease Receivables-LT Lease and Interest Receivable</b>	255,399,367	255,399,367	-	GASB 87-LT rent receivable Balance forward from 12/31/2023
<b>16</b>			-	
<b>17 TOTAL ASSETS</b>	347,130,087	348,065,219	935,133	GASB 87: No interim monthly adjustments are being made to the financial statements for the impacts on lease and interest revenue. A single adjustment is recorded at year end December 31.
<b>LIABILITIES &amp; NET POSITION</b>				
<b>18 Liabilities</b>				
<b>19 Current Liabilities</b>				
<b>20 Accounts Payable &amp; Unclaimed Property</b>	65,221	46,874	(18,347)	
<b>21 Credit Cards</b>	-	11,686	11,686	
<b>22 Tenant Prepaid Rents</b>	1,030,024	1,068,485	38,461	Aug prepaid rents for Hospital, Swedish Clinics and other tenants paid in July
<b>23 Other Payables &amp; Accruals</b>	174,337	187,647	13,310	Business Taxes, Accrued Operating Expenses, Tenant Security Deposits
<b>24 Construction Retainage</b>	31,744	73,850	42,106	Retention on Kruger construction invoices at 5%
<b>25 Accrued Salary &amp; Benefits</b>	38,794	52,500	13,705	
<b>26 L&amp;I Self-Insured Reserve</b>	125,000	125,000	-	Contingency reserve for self funded L&I claims and pension adjustments. Set at \$125k.
<b>27 Total Current Liabilities</b>	1,465,121	1,566,042	100,921	
<b>28 Long Term Liabilities</b>				
<b>29 Deferred Inflow of Resources</b>	246,567,594	246,567,594	-	GASB 87 balance forward at 12/31/23
<b>30 Total Long Term Liabilities</b>	246,567,594	246,567,594	-	
<b>31 TOTAL LIABILITIES</b>	248,032,715	248,133,636	100,921	
<b>32 EQUITY</b>	99,097,372	99,931,583	834,211	Equity change = July 2024 Net Income \$834,211
<b>33 TOTAL LIABILITIES &amp; NET POSITION</b>	347,130,087	348,065,219	935,132	

Denotes accounts impacted by GASB 87 Lease Standard Adjustments through 12/31/2023

**Statement of Income**  
**Months Ending June 30, 2024 and July 31, 2024**

	Month of June 2024	Month of July 2024	Month Change Inc/(dec)	Comments:
<b>1 Operating Revenue</b>				
<b>2</b> Cash Lease Revenues (Base, CAM, Taxes)	1,041,076	998,401	(42,675)	July-Base Rent Abatement on Swedish Clinic renewal 7/1/24 \$39k
<b>3</b> Deferred Rent Adjustments	960		(960)	
<b>4</b> Grant Repayments	-	54,260	54,260	June city of Mountlake Terrace \$960 July MTI \$34k Compass Health \$19k
<b>5 Total Operating Revenue</b>	<b>1,042,036</b>	<b>1,052,661</b>	<b>10,625</b>	
<b>6 Program Funding and Operating Expenses</b>			-	
<b>7 Programs</b>			-	
<b>8 Total Program Funding</b>	<b>623,594</b>	<b>719,290</b>	<b>95,696</b>	Includes All Program Payments, External Awards & Internal program costs. Currently 2 award cycles in process: in Fall 2023 payment cycles 10/1/23-9/30/24 - Spring Cycle 4/1/24-9/30/24-Award Changes: Compass Health contract terminated early ; Lahai Dental Contract payments suspende until October. Paid second half CHART and VOAL 211 in July.
<b>9 Operating Expenses</b>			-	
<b>10</b> Salaries, Benefits & Contracted Staff	92,460	128,998	36,538	July \$10k swing due to correction to accrued PTO balances. Medical premium retro adjustment. 1 addl pay cycle.
<b>11</b> Professional Development/Planning	149	332	183	
<b>12</b> Professional Services	55,079	44,413	(10,666)	Legal, investment advisory; property management IT and HR
<b>13</b> Purchased Services	46,988	45,800	(1,188)	Regular recurring services for properties; including janitorial, landscape, parking lot maint; & security.
<b>14</b> Supplies, Postage, Dues, Software	8,776	14,729	5,954	Software customization Fluxx \$5k;
<b>15</b> Repairs, Maintenance & Insurance	25,238	16,717	(8,521)	regular recurring services Alarms, HVAC, Additional visits by CPM June
<b>16</b> Utilities	16,572	20,384	3,812	Water bill > \$3k Kruger; investigating
<b>17</b> Business Taxes	5,005	4,999	(6)	
<b>18</b> Marketing	-	8,847	8,847	0 expenses in June; July 2 sponsorships, branded merchandise , survey cards
<b>19</b> Election Fee	-	-	-	
<b>19</b> Depreciation	87,173	87,099	(74)	
<b>20</b> Amortization	6,314	5,036	(1,278)	
<b>21 Total Operating Expenses</b>	<b>343,754</b>	<b>377,355</b>	<b>33,601</b>	
<b>22 Total Program and Operating Expenses</b>	<b>967,348</b>	<b>1,096,645</b>	<b>129,297</b>	
<b>23 Net Operating Income (Loss)</b>	<b>74,688</b>	<b>(43,984)</b>	<b>(118,672)</b>	Net Operating Income Month of July \$834,211
<b>24 Other Income (Expense)</b>			-	
<b>25</b> Other Income	5,323	-	(5,323)	June Wells Fargo rewards \$323/AWPHD \$5000
<b>26</b> Self Funded L&I Reimbursements			-	
<b>27</b> Self Funded L&I Expenses	(833)	(833)	-	
<b>28</b> Levy Income	218,889	218,889	-	Monthly Levy
<b>29</b> Bad Debts Expenses	(13,105)	-	13,105	June Write off uncollectable rents-Black Motors/Value Village
<b>30 Net Income (Loss) after Levy Income</b>	<b>284,962</b>	<b>174,072</b>	<b>(110,889)</b>	Net Income after Levy July 2024 \$174,072
<b>31</b> Investment Income-Net of Unrealized Gains (Losses)	350,740	660,139	309,399	July Interest income \$220k Realized Gain \$12k Unrealized Gain \$427k
<b>32 Net Income (Loss)</b>	<b>635,702</b>	<b>834,211</b>	<b>198,510</b>	Net Income July \$834,211

**Statement of Income-Actual v Budget  
Month and YTD Ending July 31, 2024**

	Month V Budget				YTD V Budget			Notes
	July 24 Actual Month	July 24 Budget Month	Month Fav (Unfav) Variance		July 24 Actual YTD	July 24 Budget YTD	YTD Fav (Unfav) Variance	
<b>1 Income</b>								
<b>2 Operating Revenue-</b>	<b>1,052,661</b>	<b>1,044,874</b>	<b>7,788</b>	U	<b>7,342,631</b>	<b>7,314,116</b>	<b>28,516</b>	F 1/2
<b>3 Expenses</b>								
4 Program Expenses-All Categories	719,290	829,947	110,657	F	4,880,907	5,304,915	424,008	F 3
5 Operating Expenses	285,220	333,681	48,462	F	2,002,331	2,055,093	52,762	F 4
6 Depreciation & Amortization	92,135	93,998	1,863	F	663,912	657,988	(5,924)	U
<b>7 Total Expenses</b>	<b>1,096,645</b>	<b>1,257,627</b>	<b>160,982</b>	F	<b>7,547,150</b>	<b>8,017,996</b>	<b>470,846</b>	F
<b>8 Operating Income (Loss)</b>	<b>(43,984)</b>	<b>(212,753)</b>	<b>168,769</b>	F	<b>(204,519)</b>	<b>(703,880)</b>	<b>499,361</b>	F
<b>9 Levy and Other Non Operating Income (Expense)</b>								
10 Other Income	-	-	-	F	10,703	-	10,703	F
11 Levy Income	218,889	218,917	(27)	U	1,532,235	1,532,417	(181)	U 1
12 Investment Income-Net of Unrealized Gains (Losses)	660,139	100,000	560,139	F	1,704,032	700,000	1,004,032	F 1
13 Self Funded L&I Reimbursements	-	-	-		-	-	-	
14 Self Funded L&I Expenses	(833)	(2,182)	1,349	F	(6,231)	(15,273)	9,042	F 5
15 Bad Debts Expenses	-	-	-	U	(13,105)	-	(13,105)	U
16 Fees, Penalty and Interest	-	-	-		-	-	-	
<b>17 Net Income (Loss) After Other Income</b>	<b>834,211</b>	<b>103,982</b>	<b>730,230</b>	F	<b>3,023,115</b>	<b>1,513,264</b>	<b>1,509,852</b>	F
				ref 2023	2,315,325			Denotes key variance drivers

**1. Revenues-Operating & Non Operating**

**Lease Income** - Reflects base, CAM, leasehold taxes. July Swedish Clinics lease renewal abatement of base rent <\$39k>. Grant repayments of \$67k YTD offset this unbudgeted rental reduction.

\*\*\*GASB 87 adjustments for lease and interest income are not recorded on an interim basis. These adjustments are made at year end only.

**Grant Repayments** - YTD \$67k

**Levy Income-2024** Rate of \$219k per month; Total YTD \$1.5M

**Investment Income**-YTD GAAP Income \$1.7MM Includes interest income \$1.425M, Realized Loss \$241k Unrealized Gains \$520k. Note: The District does not budget for market gains or losses only interest income. As a result the budget variance can be significant in any given month depending on portfolio activity.

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**2. GASB 87 Lease and Interest Income-**

This standard was implemented retroactive to 2021 at the end of 2022. Annual revenue (lease and interest) entries related to the GASB 87 standard are not recorded on an interim basis to the internal management use financials so as not to distort the interim financials and budget reviews. All adjustments are made at year end. The previously issued 2023 draft statements have been adjusted for 2023 GASB lease entries and the 2024 balances forward reflect these adjustments.

**3. Expenses-Program:**

External Awards: Annual award payments: YTD \$4.777MM v \$45.131MM Budget; \$354k underbudget. CHART \$110k VOA \$99k, both semi annual payments completed. Superintendent Discretionary YTD \$116k of total \$250k 2024 budget expended. Internal Program Expenses-All Categories; \$104k v \$174k budgeted through 7/31/24--\$71k under budget. Margin will reduce by \$25k in August with 2nd payment for transitional support .

**4. Expenses-Operating:**

YTD total operating expenses under budget by \$53k at 7/31/24. Most categories are closely tracking with budget and are a function of timing variances with the exception of professional services and supplies. Legal, accounting and consulting are over YTD budget by \$74k due to unforeseen and complex property related matters. Value Village-lot tenant and environmental matters. Legal contractual reviews for Kruger Clinic-Hospital and other. Supplies/small equipment and software are over by \$19k due to unanticipated laptop additions and software consulting. The contingency of \$72k YTD July and lower than budgeted spending in purchased services, marketing and repairs and maintenance have offset the above negative budget variances.

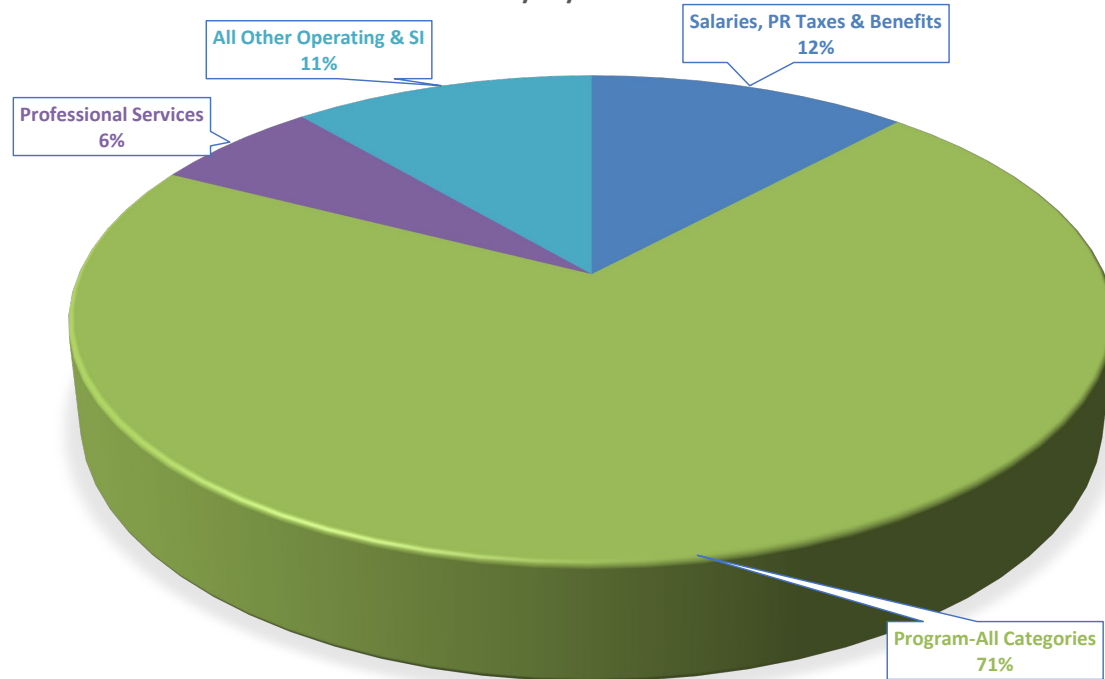
To the extent any opex variances are tenant CAM related costs, the expenses are billed back to tenants and offset in the revenue line for net zero impact to the District. Examples are utilities, purchased services, repairs and maintenance specific to the tenant suites.

**5. Expenses-LNI Self Insured :**

Only medical related claims are estimated and budgeted.

Claimants have met the threshold for excess coverage insurance-- all costs incurred should be reimbursed to the District once the third party administrator has invoiced the excess insurance carrier.

**PUBLIC HOSPITAL DISTRICT #2, SNOHOMISH COUNTY OPEX BY CATEGORY VIEW 1**  
**YTD 7/31/2024**



**View 1-Prof Services, Salaries and Benefits, All Other Operating, expressed as total of all expenses**

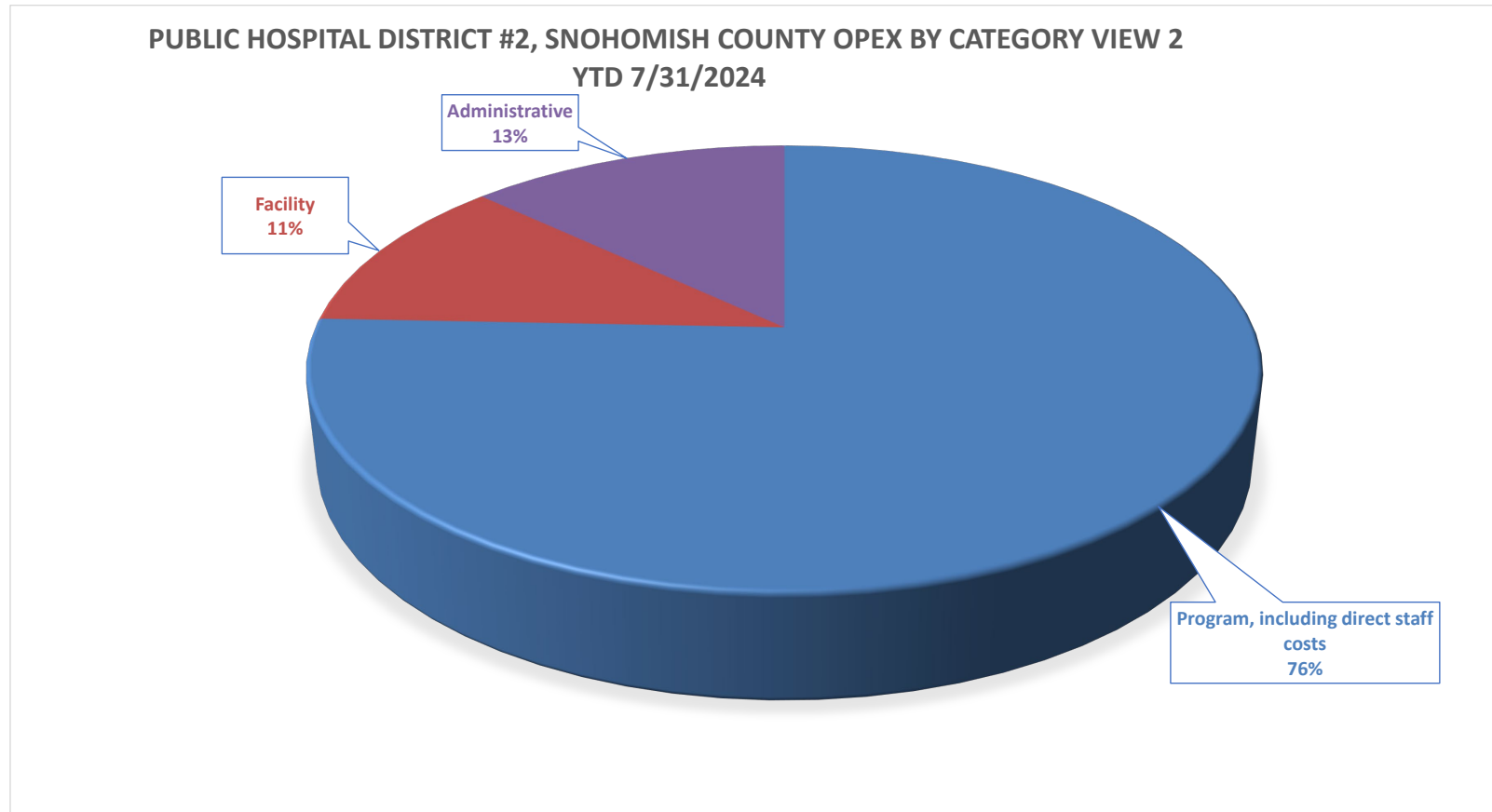
**Professional Services** include Legal, Accounting and Audit, Investment Management, HR Services, IT Services, Property Management & Real Estate Appraisals Special Consulting-Thomas (Hospital), Strategic Planning, DEI)

**Program Costs** in this illustration are grant payments and expenses only and do not include program staff costs (direct or indirect)

**All other Operating expenses include** Repairs and all property related maintenance expenses, utilities, insurances, business taxes, supplies, marketing, self insured L&I and other administrative costs.

**Salaries and Payroll Taxes, Personnel Benefits**-self explanatory

**Depreciation and Amortization** have been removed from this presentation



**View 2-Program with FTE, Property and Administrative Expenses, expressed as total of all expenses**

**Facility Expenses:** Utilities, Repairs, Maintenance, Insurance, Taxes, Property Management and Real Estate related costs, allocation of legal and certain other professional fees related to properties

**Program Costs:** All grants and internal program costs plus Salaries and Benefits only for direct program staff 4.75 FTE

This illustration includes allocation of direct staff only; does not include an allocation for indirect staff S&B, facilities, supplies or other costs that could be reasonably allocated to program expense. This would increase the program cost % by an additional 5%

**Depreciation and Amortization** have been removed from this presentation                      Would increase facility costs by 9%

**Administrative Costs:** Remaining staff salaries and benefits; supplies, marketing, legal, investment services, accounting and other professional services, self insured L&I costs



# PHD #2 Snohomish County-Verdant Health Commission

## Warrants - July 2024

Type	Date	Num	Name	Amount	Memo
<b>Warrants:</b>					
<b>1002 - Wells Fargo Warrant Acct *2717</b>					
Bill Pmt -Check	07/03/2024	16570	Afrolatino Festival	750.00 A	2024 Afrolatino Festival Sponsorship
Bill Pmt -Check	07/03/2024	16571	Anna Tarkowska McCleary	0.00	VOID: Inv. 24-06 Kruger/Verdant Center CIP Management - Mistakenly Printed
Bill Pmt -Check	07/03/2024	16572	Christine Goff	463.09	6/26/24 - Cooking Demo and Recipe Ingredients
Bill Pmt -Check	07/03/2024	16573	Dynamic Computing, Inc.	8,657.53	Laptop, IT Support & Software Subscriptions
Bill Pmt -Check	07/03/2024	16574	Edmonds Chamber of Commerce	332.00	7/24 - 6/25 Annual Membership Renewal
Bill Pmt -Check	07/03/2024	16575	Health Care Authority (PEBB)	9,956.33	7/2024 - Health Insurance
Bill Pmt -Check	07/03/2024	16576	Helmsman Management Services LLC	2,500.00	Q2 2024 - Self Insured Claims Admin Fee
Bill Pmt -Check	07/03/2024	16577	Turner HR Services, Inc.	4,672.99	6/24 - HR & Recruitment Services
Bill Pmt -Check	07/10/2024	16578	Canon Financial Services, Inc.	240.59	Copier Monthly Contract & Property Tax
Bill Pmt -Check	07/10/2024	16579	Dynamic Computing, Inc.	976.05	IT Tech Services
Bill Pmt -Check	07/10/2024	16580	Foster Garvey PC	14,901.50	Legal Services
Bill Pmt -Check	07/10/2024	16581	Grantbook	5,040.00	7/2024 - Invoice #1 of 2 for Fluxx Support
Bill Pmt -Check	07/10/2024	16582	Horizon View Functional Therapy, LLC	700.00	CSW-2024-05 "Life Skills to Thrive" Support Group
Bill Pmt -Check	07/10/2024	16583	Latino Educational Training Institute	2,500.00	2024 LLI Internship Position - Community Health Advocate
Bill Pmt -Check	07/10/2024	16584	Payden & Rygel	10,267.00	7/2024 - Monthly Advisory Services Fee
Bill Pmt -Check	07/10/2024	16585	Robert Half	157.13	Accounting Services for Wk ending 6.28.24
Bill Pmt -Check	07/10/2024	16586	Sound Dietitians LLC	1,780.66	6/24 - Cooking Demo, supplies & Consultation
Bill Pmt -Check	07/10/2024	16587	Wells Fargo	3,332.08	Wells Fargo Credit Card Payment
Bill Pmt -Check	07/17/2024	16588	Canon Financial Services, Inc.	615.16	7/13/24 Invoice for Copier Contract #852451-1
Bill Pmt -Check	07/17/2024	16589	Carney Badley Spellman	3,542.50	6/2024 Legal Services - Hospital
Bill Pmt -Check	07/17/2024	16590	Cushman & Wakefield U.S. Inc.	7,075.00	Progress Billing #1 - PRJ0981883 PDS Swedish Hospital
Bill Pmt -Check	07/17/2024	16591	Daniella Valeska Ochoa	300.00	6/12/24 - Healthy Skin Class & Food Demo
Bill Pmt -Check	07/17/2024	16592	Seattle Food Nut	597.54	7.13.24 - Teen Cooking Class "Summer Pizza Party"
Bill Pmt -Check	07/24/2024	16593	Robert Half	157.13	Accounting Services for week ending 7.12.24
Bill Pmt -Check	07/24/2024	16594	Safeway	60.00	6/2024 Voucher Redemptions 6 @ \$10 each
Bill Pmt -Check	07/24/2024	16595	Seattle Food Nut	410.60	7.17.24 - Hybrid Cooking Demo, "Summer Soup & Salad"
<b>Total Wells Fargo Warrant Acct *2717</b>				<b>79,984.88 A</b>	
<b>1004 - Wells Property Mgmt Acct *7265</b>					
Check	07/09/2024	J2616	Armstrong Services	11,948.35 B	7/2024 Inv. #13120, #13100, #13125 Cleaning services
Check	07/09/2024	J2617	Camden Gardens, Inc.	5,557.96	6/30/24 Inv. #37379, #37470 Landscape services
Check	07/09/2024	J2618	City of Lynnwood - Utilities	166.08	6/27/24 - Water-Irrigation Meter
Check	07/09/2024	J2618	City of Lynnwood - Utilities	495.39	6/27/24 Inv. #498862 - Water & Sewer
Check	07/09/2024	J2618	City of Lynnwood - Utilities	264.32	6/27/24 Inv. #498864 Surface/Storm Drain
Check	07/09/2024	J2619	Comcast - Acct # 8498310221378586	371.16	Acct # 8498310221378586 7/2024 Invoice
Check	07/09/2024	J2620	Commercial Property Maintenance, Inc.	233.92	7/2/24 Inv. #113664 Check lighting, plumbing & Graffiti
Check	07/09/2024	J2620	Commercial Property Maintenance, Inc.	103.87	7/2/24 Inv. #113665 Check lighting, plumbing & Graffiti
Check	07/09/2024	J2620	Commercial Property Maintenance, Inc.	719.83	7/2/24 Inv. #113653 Check lighting, Plumbing & Graffiti
Check	07/09/2024	J2621	Consolidated Landscape Maintenance, Inc.	476.69	6/25/24 - Inv. #42131 July Landscape Services
Check	07/09/2024	J2622	Cosco Fire Protection	252.00	BB Invoice #1000675087 Kruger Quarterly Inspection
Check	07/09/2024	J2623	Guardian Security Systems, Inc.	116.14	7/1/24 Inv. #1511030 Verdant Fire/Alarm Monitoring
Check	07/09/2024	J2623	Guardian Security Systems, Inc.	55.25	7/1/24 Inv. #1511029 Kruger Fire/Alarm Monitoring
Check	07/09/2024	J2624	JSH Properties Inc	7,895.37	6/30/24 Verdant-Payment for June PM 0624MF
Check	07/09/2024	J2625	Pacific Facility Services	365.47	6/27/24 WO-2121 Securing/Installing screws to parking lot poles
Check	07/09/2024	J2625	Pacific Facility Services	2,842.19	6/27/24 WO-2088 Securing/Installing screws to parking lot poles
Check	07/09/2024	J2626	Republic Services	2,850.82	6/30/24 Inv. #0197-003362122 Trash Services at Kruger

Continued

# PHD #2 Snohomish County-Verdant Health Commission

## Warrants - July 2024

Type	Date	Num	Name	Amount	Memo
Check	07/09/2024	J2627	Schindler Elevator Corporation	373.95	7/1/24 Inv. #8106617458 Elevator Maintenance Services
Check	07/09/2024	J2628	Snohomish County PUD	5,531.55	5/31 - 6/28/24 Inv. #162043084 Kruger Electricity
Check	07/09/2024	J2628	Snohomish County PUD	456.93	6/1 - 6/28/24 Inv. #152433309 Value Village Electricity
Check	07/09/2024	J2629	TK Elevator Corportion	935.96	6/1-8/31/24 Inv. #3007916517 Elevator Maintenance
Check	07/09/2024	J2630	Allied Universal Security Services	8,364.64	6/21-7/4/24 Inv. #15904955 Kruger Security Services
Check	07/09/2024	J2631	Waste Management	177.32	6/2024 Inv. #1777704-2677-9 Verdant Trash Services
Check	07/09/2024	J2631	Waste Management	778.78	6/2024 Inv. #1777705-2677-6 Verdant Trash Services
Check	07/11/2024	J2632	Allstream	226.48	7/3-8/2/24 Inv. #20681051Phone Services at Value Village
Check	07/11/2024	J2633	Highmark General Contractors, Inc.	13,101.93	7/1/24 Inv. #7632-2 Verdant Remodel Progress Billing #2
Check	07/18/2024	J2634	Aardvark Services Corp.	101.35	7/24 - Invoice #242724 Parking Lot Sweeping
Check	07/18/2024	J2635	Armstrong Services	2,391.24	7/1/24 - Inv. #13131 Carpet Cleaning, #13132 Supplies
Check	07/18/2024	J2636	Camden Gardens, Inc.	2,464.15	7/17/24 - Inv. #37529 Seasonal Color Rotation
Check	07/18/2024	J2637	City of Edmonds - Utilities	5,326.56	5/16 - 7/15/24 Water & Sewer
Check	07/18/2024	J2638	Comcast - Acct # 933676367	768.64	933676367 7/24 Invoice #209170189
Check	07/18/2024	J2638	Comcast - Acct # 905447969	580.37	905447969 7/2024 Inv. #209170191
Check	07/18/2024	J2639	Commercial Property Maintenance, Inc.	259.91	7/9/24 Inv. #113726 Checked Lighting, plumping & Graffiti
Check	07/18/2024	J2639	Commercial Property Maintenance, Inc.	259.68	7/3-7/5 Inv. #113725 Checked lighting & Plumbing
Check	07/18/2024	J2639	Commercial Property Maintenance, Inc.	1,038.70	7/5/24 - BB Invoice113725 Plumbing/Clearing Toilets
Check	07/18/2024	J2639	Commercial Property Maintenance, Inc.	103.87	7/10/24 Inv. #113769 Graffiti Check/Trash Cleanup
Check	07/18/2024	J2639	Commercial Property Maintenance, Inc.	493.83	7/9-7/10/24 Inv. 113759 Check Electrical Room/Exterior Lighting
Check	07/18/2024	J2639	Commercial Property Maintenance, Inc.	830.96	7/9-7/10/24 Inv. #113758 Checked electrical room/exterior lighting/graffiti
Check	07/18/2024	J2640	JPC Architects	18,668.75	6/17/24 Inv. #53713 Kruger Refresh (Construction Review/Support)
Check	07/18/2024	J2641	JSH Properties Inc	653.40	Kruger Refresh Inv. #15 for JPC 6/17/24 Inv. #53713
Check	07/18/2024	J2642	Zipty Fiber	66.61	Acct. #010603-5 7/7 - 8/6/24 Internet Services (Kruger)
Check	07/18/2024	J2643	Zipty Fiber	146.19	Acct. #111914-5 7/7 - 8/6/24 Internet Services (Kruger)
Check	07/18/2024	J2644	Zipty Fiber	141.51	Acct. #070396-5 7/7 - 8/6/24 Internet Services (Kruger)
Check	07/30/2024	J2645	JPC Architects	14,496.57	5/21/24 Inv. #53543 and 7/19/24 Inv. #53954 Kruger Refresh
Check	07/30/2024	J2646	JSH Properties Inc	11,510.27	Kruger Refresh Inv. #16 for JPC 7/25/24 Inv. #60172-5
Check	07/30/2024	J2647	KWB Property Maintenance	2,206.00	7/1/24 Inv. #JSH-VT 073124.1, Inv. #JSH-OVV 073124.1
Check	07/30/2024	J2648	Snohomish County PUD	1,175.92	6/21/24-7/18/24 Inv. #155717297 Verdant Electricity
Check	07/30/2024	J2649	Allied Universal Security Services	7,794.24	7/5/24-7/18/24 Inv. #15944636 Kruger Security Services
Check	07/30/2024	J2650	Western Exterminator Company	259.51	7/24/24 Inv. #201056 Pest Control Services (Kruger)
<b>Total Wells Fargo Property Management Acct *7265</b>				<b>136,400.58</b>	<b>B</b>
<b>1003 · Wells Fargo Work Comp Acct *2725</b>				0.00	no activity
<b>Total 1003 · Wells Fargo Work Comp Acct *2725</b>				<b>0.00</b>	<b>C</b>
<b>Total Warrants</b>				<b>216,385.46</b>	<b>A-C</b>

**PHD #2 Snohomish County-Verdant Health Commission**  
**Electronic Disbursements and Summary**  
**July 2024**

Type	Date	Num	Name	Amount	Memo
<b>Electronic Payments</b>					
<b>Wells Fargo Operating Acct *2709</b>					
<b>ACH Program Payments</b>					
ACH	07/15/2024	ACH Grn2311	Boys & Girls Club of Sno County	8,333.00	A591 - BGCSC Behavioral Health Uplift Initiative 2.0
ACH	07/15/2024	ACH Grn2312	Cancer Lifeline	1,250.00	A579 - Increasing Mental Health Access & Equity for Cancer Patients
ACH	07/15/2024	ACH Grn2313	Center for Human Services	15,000.00	A603 - Behavioral Health Integration
ACH	07/15/2024	ACH Grn2314	Center for Human Services	29,155.00	A571 - School Based Youth Counseling Services
ACH	07/15/2024	ACH Grn2315	ChildStrive	16,665.00	A594 - ChildStrive Nurse Family Partnership
ACH	07/15/2024	ACH Grn2316	Communities of Color Coalition	12,495.00	A584 - Reclaiming Roots to Wellness
ACH	07/15/2024	ACH Grn2317	Community Health Center of Sno County	17,326.00	A588 - Mountlake Terrace High SBHC
ACH	07/15/2024	ACH Grn2318	Community Health Center of Sno County	8,450.00	A619 - Uninsured Adult & School-based Dental Services
ACH	07/15/2024	ACH Grn2319	Concern for Neighbors Food Bank	2,500.00	A606 - Nutritional Food and Dairy Supplement
ACH	07/15/2024	ACH Grn2320	Cornerstone Medical Services Foundation	3,916.00	A624 - Dental Services
ACH	07/15/2024	ACH Grn2321	Domestic Violence Services Sno Co	15,750.00	A596 - DV Supportive Services Project
ACH	07/15/2024	ACH Grn2322	Edmonds College Foundation	18,333.00	A618 - Counseling and Resource Center & Mental Health/Wellness Expansion
ACH	07/15/2024	ACH Grn2323	Edmonds College Foundation	6,123.00	A572 - Edmonds College Food Insecurity Expansion Program
ACH	07/15/2024	ACH Grn2324	Edmonds Food Bank	12,499.00	A622 - Meeting Nutrition and Dietary Needs
ACH	07/15/2024	ACH Grn2325	Edmonds School District	6,320.00	A621 - ESD School Based Health Centers
ACH	07/15/2024	ACH Grn2326	Edmonds School District	28,322.00	A576 - Elementary Family Resource Advocates
ACH	07/15/2024	ACH Grn2327	Edmonds School District	8,330.00	A590 - Move 60!
ACH	07/15/2024	ACH Grn2328	Edmonds School District	37,496.00	A623 - Secondary Family Resource Advocates
ACH	07/15/2024	ACH Grn2329	Edmonds Senior Center	9,167.00	A609 - Enhancing Health and Wellness Program
ACH	07/15/2024	ACH Grn2330	Edmonds Senior Center	8,610.00	A573 - South Snohomish Vaccine Network
ACH	07/15/2024	ACH Grn2331	Foundation for Edmonds School District	13,008.00	A592 - Nourishing Network - Eliminating Food Insecurity
ACH	07/15/2024	ACH Grn2332	Hand in Hand	1,250.00	A593 - Outreach - Basic Needs
ACH	07/15/2024	ACH Grn2333	Homage Senior Services	15,411.00	A587 - Homage Mental Health Multilanguage Peer Support
ACH	07/15/2024	ACH Grn2334	Inside Health Institute	4,167.00	A610 - Increase Whole Person Health Equity Care Access in S. Snohomish County
ACH	07/15/2024	ACH Grn2335	Jean Kim Foundation	23,651.00	A581 - Hygiene Center
ACH	07/15/2024	ACH Grn2336	Kinderling	3,333.00	A595 - Pediatric Therapies and Special Education
ACH	07/15/2024	ACH Grn2337	Korean Community Service Center	12,082.00	A597 - Mind, Body and Soul for Korean Americans
ACH	07/15/2024	ACH Grn2338	Korean Women's Association	8,333.00	A620 - Immigrant & Refugee Holistic Health Program
ACH	07/15/2024	ACH Grn2339	Lahai Health	24,873.00	A599 - Medical & Mental Health Care Program
ACH	07/15/2024	ACH Grn2340	Latino Educational Training Institute	14,665.00	A614 - LETI Health & Family Wellness Program
ACH	07/15/2024	ACH Grn2341	Lynnwood Food Bank	6,681.00	A578 - Focus on Nutrition
ACH	07/15/2024	ACH Grn2342	Medical Teams International	12,500.00	A612 - Care & Conduct
ACH	07/15/2024	ACH Grn2343	Millenia Ministries	10,829.00	A582 - Mobile Manna
ACH	07/15/2024	ACH Grn2344	Parent Trust for WA Children	2,664.00	A607 - 1st 5 Yrs: Mental Health/Parenting Support for S. Snohomish County Families
ACH	07/15/2024	ACH Grn2345	Prescription Drug Assistance Foundation	4,166.00	A625 - Prescription Drug Assistance Network
ACH	07/15/2024	ACH Grn2346	Project Access Northwest	8,333.00	A602 - Specialty Care Coordination
ACH	07/15/2024	ACH Grn2347	Project Girl Mentoring Program	11,749.00	A598 - 2024 Immersions Lab Program/Connections
ACH	07/15/2024	ACH Grn2348	Sound Pathways	10,938.00	A615 - Harm Reduction Center
ACH	07/15/2024	ACH Grn2349	South County Fire	41,502.00	A575 - Community Resource Paramedicine Program
ACH	07/15/2024	ACH Grn2350	St. Pius X Church	5,499.00	A613 - Mercy House
ACH	07/15/2024	ACH Grn2351	Support 7	2,835.00	A608 - Compassionate Care in Moments of Crisis
ACH	07/15/2024	ACH Grn2352	Support 7	3,995.00	A580 - Whole Person Emergency Response for Mental Wellness
ACH	07/15/2024	ACH Grn2353	The Clearwater School	4,165.00	A585 - Healthy Families:Listening/Learning & Leading with Love
ACH	07/15/2024	ACH Grn2355	The Hand Up Project	14,994.00	A586 - The Highway 99 Hallmark of Hope
ACH	07/15/2024	ACH Grn2356	Therapeutic Health Services	24,167.00	A617 - Integrated Cognitive Therapies Program
ACH	07/15/2024	ACH Grn2357	UTSAV	6,249.00	A601 - Reduce inequities in health access/culturally appropriate food access

continued

**PHD #2 Snohomish County-Verdant Health Commission**  
**Electronic Disbursements and Summary**  
**July 2024**

Type	Date	Num	Name	Amount	Memo
<b>Electronic payments Continued</b>					
ACH	07/15/2024	ACH Grn2359	WA Kids in Transition	8,333.00	A605 - Culturally Appropriate Food for Homeless Students
ACH	07/15/2024	ACH Grn2360	Washington West African Center - WAWAC	5,000.00	A611 - "KEPARR GI" Extended Drop-In Center for Mental Health/Food Security
ACH	07/15/2024	ACH Grn2361	Wonderland Child & Family Services	8,333.00	A604 - Hope Rising Clinic
ACH	07/15/2024	ACH Grn2362	YWCA of Seattle, King and Sno Co	7,362.00	A600 - YWCA - Health Care Access Services
ACH	07/15/2024	ACH Gr2315A	ChildStrive	16,660.00	A589 - ChildStrive Parents as Teachers & Early Support for Infants/Toddlers
ACH	07/16/2024	ACHP6631617	NAMI Washington	1,391.00	A577 - Support Groups and Classes
ACH	07/15/2024	ACH Grn2354	The Extra Step, LLC	55,205.00	C002 - South Snohomish County CHART Program
ACH	07/15/2024	ACH Grn2358	Volunteers of America Western Washington	45,750.00	CSW 2024-02-VOA South County CRA prmt 2 of 2
<b>Subtotal · ACH Award Payments Wells Fargo Operating Acct *2709</b>				<b>706,113.00 D</b>	

**Wells Fargo Operating Acct \*2709**

**ACH Operating & Other Payments**

ACH	07/05/2024	ACHP6488099	Anna Tarkowska McCleary	7,950.00 E	Inv. 24-06 Kruger/Verdant Center CIP Management
ACH	07/01/2024	ACH 2295	AmeriFlex Business Solutions	18.81	Inv. #4467499 Employee FSA Claims
ACH	07/02/2024	ACH 2296	Valic	1,779.62	PPE 6.22.24 Ck Date 6.27.24 EE Deferrals
ACH	07/02/2024	ACH 2297	Valic	1,869.66	PPE 6.22.24 Ck Date 6.27.24 ER Contribution
ACH	07/05/2024	ACH 2298	Principal Life Insurance Co.	169.90	1019549-10001 LTD, STD, Life AD&D Premium
ACH	07/08/2024	ACH 2299	AmeriFlex Business Solutions	89.59	Inv. #4471150 FSA Employee Claims
ACH	07/11/2024	ACH 2300	Wells Fargo	70.00	6/24 - Merchant Service Fees
ACH	07/11/2024	ACH 2301	AmeriFlex Business Solutions	23.00	6/2024 Claims Administration Fees
ACH	07/11/2024	ACH 2302	Paychex	218.66	PPE 7/6/24 Ck Date 7/11/24 Payroll Processing Fee
ACH	07/12/2024	ACH 2303	Paychex	50.00	Inv. #29225885 Monthly Admin Base Fee
ACH	07/11/2024	ACH 2304	Paychex	29,165.24	PPE 7.6.24 Ck date 7.11.24 Net Pay
ACH	07/11/2024	ACH 2305	Paychex	11,177.49	PPE 7.6.24 Ck date 7.11.24 Payroll Taxes
ACH	07/15/2024	ACH 2306	AmeriFlex Business Solutions	257.66	7/2024 Inv. #4477666 Employee FSA Claims
ACH	07/15/2024	ACH 2307	Valic	1,954.62	PPE 7.6.24 Ck Date 7.11.24 EE Deferrals
ACH	07/15/2024	ACH 2308	Valic	1,967.77	PPE 7.6.24 Ck Date 7.11.24 ER Contributions
ACH	07/15/2024	ACH 2309	US Bank	178,000.00	7/2024 - Monthly Investment
ACH	07/22/2024	ACH 2364	AmeriFlex Business Solutions	37.00	7/16/24 - Inv. #4480707 Employee FSA Claims
ACH	07/22/2024	ACH 2365	Paychex	139.36	7/5/24 Invoice #5846047 Payroll Service Fee
ACH	07/22/2024	ACH 2369	Paychex	221.91	PPE 7.6.24 Ck Date 7.11.24 Payroll Service Fee
ACH	07/22/2024	ACH 2368	WA State Dept of Labor & Industries	1,020.25	Q2 2024 Acct. #207,942-00 L&I Payment
ACH	07/24/2024	ACH 2370	Paychex	10,247.67	PPE 7/20/24 CK Date 7/25/24 Payroll Taxes
ACH	07/24/2024	ACH 2371	Paychex	29,612.88	PPE 7/20/24 CK Date 7/25/24 Net Payroll
ACH	07/25/2024	ACH 2372	Paychex	214.21	PPE 7/20/24 CK Date 7/25/24 Payroll Service Fee
ACH	07/26/2024	ACH 2373	WA State Department of Revenue	788.71	6/2024 B&O Tax Submission
ACH	07/29/2024	ACH 2374	Valic	2,304.67	PPE 7.20.24 CK Date 7.25.24 ER Match
ACH	07/29/2024	ACH 2375	Valic	2,334.07	PPE 7.20.24 Ck Date 7.25.24 EE Contribution
ACH	07/29/2024	ACH 2376	AmeriFlex Business Solutions	870.18	7/26/24 Inv. #4486678 Employee FSA Claims

**Subtotal · ACH Operating Expenses Acct \*2709**

**293,309.87 E**

**Total - ACH Operating Acct \*2709**

**999,422.87 D-E**

continued

**PHD #2 Snohomish County-Verdant Health Commission**  
**Electronic Disbursements and Summary**  
**July 2024**

Type	Date	Num	Name	Amount	Memo
<b>Electronic Payments continued</b>					
<b>Wells Fargo Property Acct *7265</b>					
<b>ACH Property Management</b>					
ACH	07/12/2024	ACHP6568807	Workpointe	21,152.00	7/2024 - Furniture Deposit for Kruger Refresh Project
ACH	07/25/2024	ACHP6757382	Axiom Northwest Construction	<u>365,213.22</u>	Kruger Refresh 7/15/24 Inv. #60172-5 - Progress Billing
<b>Total · ACH Wells Fargo Property Acct *7265</b>				<u><u>386,365.22</u></u> F	
<b>Summary-</b>				<b>Amount</b>	<b>Ref</b>
Warrants-All Accounts				216,385.46	A-C
Electronic Disbursements-Acct 2709				999,422.87	D-E
Electronic Disbursements-Acct 7265				<u>386,365.22</u>	F
<b>Total Disbursements July 2024</b>				<u><u>1,602,173.55</u></u>	

PUBLIC HOSPITAL DISTRICT #2 OF SNOHOMISH COUNTY

DBA VERDANT HEALTH COMMISSION

**WARRANT AND ELECTRONIC DISBURSEMENT APPROVAL- JULY 2024**

WE, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish, County, Washington do hereby certify that the merchandise or services hereinafter specified in the supporting schedules referenced A-C and D-F have been received and the Warrant Numbers and Electronic Transactions detailed herein have been issued in the payment amounts as follows:

Type	Account	By	Date	Check #	Total	Reference
Warrants	2717-Warrant	Verdant	07/01/24-07/31/24	16570 - 16595	79,984.88	A
Warrants	7265-Property Management	JSH	07/01/24-07/31/24	J2616 - J2650	136,400.58	B
Warrants	2725-Workers Comp	Eberle Vivian	07/01/24-07/31/24	-	-	C
				<b>Subtotal Warrants</b>	<b>216,385.46</b>	<b>A-C</b>
Electronic	2709-Operating	Verdant	07/01/24-07/31/24	ACH 2295-2376, ACHPY6488099 & ACHPY6631617	999,422.87	D-E
Electronic	7265-Property	Verdant	07/01/24-07/31/24	ACHP6568807 & ACHP6757382	386,365.22	F
				<b>Subtotal Electronic</b>	<b>1,385,788.09</b>	
				<b>Total Disbursements</b>	<b>1,602,173.55</b>	

These warrants and electronic disbursements are hereby approved.

Attest:

\_\_\_\_\_  
Riene Simpson-CPA, Director of Finance  
District Auditor

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

Distributed by email to Commissioners Distelhorst and Knutsen as supplemental material to FC packet 7/17/24  
Commissioners Requested local PHD's—updated to include 2 additional 8/12/24

**TO: VERDANT FINANCE COMMITTEE**  
**FROM: KARA TURNER, TURNER HR SERVICES, INC.**  
**DATE: JULY 17, 2024**  
**SUBJECT: PAID HOLIDAY COMPARISON**

### **BACKGROUND**

In June 2024, Verdant staff was requested to gather data on paid holidays for other public jurisdictions. With the support of our HR consultant, Kara Turner, Verdant has identified the paid holidays (designated and floating) of federal, state and other local public jurisdictions.

RCW 1.16.050(1) establishes 11 legal designated holidays that are observed by all Washington state agencies. Many local governments adopt this same legal holiday schedule and give staff either paid or unpaid time off for the day, but they are not required to do so. Under RCW 1.16.050(6) the legislative body of each local government may choose to adopt more or fewer legal holidays through their ordinances, resolutions, personnel policies, or union contracts.

RCW 1.16.050(2) gives state employees one additional paid holiday, or day off, per calendar year. This additional day off, sometimes referred to as a "floating" holiday, is taken on a date determined by the employee after consultation with their employer pursuant to an adopted policy. Most other public jurisdictions adopt floating holidays. Floating holidays are often used in recognition of days that the jurisdiction may be running business and allows employees to take an alternative day off.

Finally, RCW 1.16.050(3) Unpaid Religious Holiday Requirement entitles public sector employees to take two unpaid holidays per calendar year "for a reason of faith or conscience or an organized activity conducted under the auspices of a religious denomination, church, or religious organization." Employers often allow employees to access their floating holidays or other paid leave to celebrate these holidays.

***Request for a motion to approve increasing Verdant recognized holidays from 8 to 11 by adding Washington's Birthday, Juneteenth, and Veteran's Day.***

# HOLIDAY COMPARISON-updated to include Stilly Valley and PHPDA 8/12/24

2024 date	Designated Holidays	Fed	State	City of Lynn.	City of Muk.	Sno County	Stilly Valley	PHPDA	Verdant
1/1/24	New Year's Day	X	X	X	X	X	X	X	X
1/15/24	Martin Luther King Birthday	X	X	X	X	X	X	X	X
2/19/24	Washington's Birthday/Presidents Day	X	X	X	X	X	X		
5/27/24	Memorial Day	X	X	X	X	X	X	X	X
6/19/24	Juneteenth	X	X	X	X	X	X		
7/4/24	Independence Day	X	X	X	X	X	X	X	X
9/2/24	Labor Day	X	X	X	X	X	X	X	X
10/14/24	Columbus Day/Indigenous Peoples Day	X							
11/11/24	Veterans Day	X	X	X	X	X	X		
11/28/24	Thanksgiving Day	X	X	X	X	X	X	X	X
11/29/24	NA American Heritage/Day After Thanks		X	X	X	X	X	X	X
11/24/24	Day before Christmas Day			X					
12/25/24	Christmas Day	X	X	X	X	X	X	X	X
<b>Total Designated Holidays</b>		11 days	11 days	12 days	11 days	11 days	11 days	8	8
<b>Floating Holidays</b>		0 day	1 day	1 day	2 days	2 days	1 day	1 day	1 day
<b>TOTAL PAID HOLIDAYS</b>		11 days	12 days	13 days	13 days	13 days	12 days	9 days	9 days

*\*AWC Survey looking at all participating cities & counties was 11-12 paid days.*



## Public Hospital District #2 Snohomish County dba Verdant Health Commission

### Reserve Transfer for Approval-Board of Commissioners Meeting 8/28/2024

Based on the current cash flow projection and application of the 90-day cash requirement balance of the District, a **transfer of \$4,500,000** from the Reserve Investment Account into the Operating Account of the District to fund obligations of the District through 12/31/2024 is requested. This includes:

- General operating expenses
- Contracted community investments
- Contract obligations for current capital projects of the District
- Expenses associated with the Hospital Study and project management thereof
- Maintenance of a reduced 90-day cash requirement balance-from \$3,200,000 in 2023 to \$2,910,000 in 2024

A single lump sum transfer versus an incremental monthly transfer was evaluated with the Districts Investment Advisor, Payden and Rygel. They reported no downside impact to the portfolio in making a single transfer. For this reason, the Commissioners supported a single transfer versus multiple transfers through the end of the year.

#### **Reference:**

Reserve Portfolio Balance at last Close:	7/31/2024	\$62,904,853
Transfer		<u>\$ (4,500,000)</u>
Adjusted Balance, excluding current period earnings		\$58,404,853

PUBLIC HOSPITAL DISTRICT NO. 2  
SNOHOMISH COUNTY, WASHINGTON

RESOLUTION NO. 2024-02

A RESOLUTION of the Commission of Public Hospital District No. 2, Snohomish County, Washington (the “District”), determining certain personal property to be surplus and no longer required for public hospital district purposes of the District and authorizing the superintendent and such District personnel as the superintendent may designate to sell all or any part of such property on a negotiated basis.

WHEREAS, certain personal property of the District is no longer required for District purposes and the Commission wishes to dispose of such property in a lawful manner as promptly as reasonably possible; NOW, THEREFORE,

BE IT RESOLVED BY THE COMMISSION OF PUBLIC HOSPITAL DISTRICT NO. 2, SNOHOMISH COUNTY, WASHINGTON, as follows:

Section 1. It is hereby found, determined, and declared that the personal property identified on Exhibit A hereto (the “Surplus Property”) is no longer required for public hospital district purposes and such property therefore is surplus. It is further found and declared to be in the best interest of the District that the Surplus Property be disposed of promptly as hereinafter provided.

Section 2. The superintendent and such District personnel as the superintendent may designate are hereby authorized and directed to sell the Surplus Property on a negotiated basis on the most favorable terms they deem obtainable.

ADOPTED AND APPROVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, at a regular open public meeting thereof this 21<sup>st</sup> day of August 2024, the following Commissioners being present and voting.

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President and Commissioner

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Commissioner

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Commissioner

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Commissioner

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Secretary and Commissioner

I, Carolyn Brennan, Secretary of the Commission of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution 2023-07 of the District is a true and correct copy of the original resolution adopted on September 27<sup>th</sup> 2023, as that resolution appears on the Minute Book of the District.

DATED this 21<sup>th</sup> day of August 2024.

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Secretary of the Commission

**Swedish Edmonds  
Disposition of District Assets**

Date: August 9, 2024

To: Public Hospital District #2 of Snohomish County  
Verdant Health Commission  
Attn: Finance

RE: Request disposition of asset

**Asset Description:**

NUM	DEPT	DESCRIP	SERIALNUM	PO	QTY	ACQDT	COST
0087017	1240	NURSE CALL SYSTEM 6W ORTHO		0 96787	01	10/18/1987	2,402.86
0910490	7190	NURSES CALL INTERCOM-PSTI		0	0 01	6/1/1991	14,932.00
2032801	6012	NURSE/PATIENT CALL SYS (IC	SIMPLEX GRINNELL	E2507	01	11/1/2003	24,342.93
2032803	6012	NURSE/PATIENT CALL SYS(ICU		0 E2507	01	3/1/2004	23,990.80
2032804	6012	NURSE/PATIENT CALL SYS (PC	SIMPLEX GRINNELL	E2507	01	3/1/2004	23,990.80
2032805	6012	NURSE/PATIENT CALL SYS	SIMPLEX GRINNELL	E 2507	01	5/1/2004	1,051.32
0971007	7020	OR RENOV-NURSE CALL/TV/PA/		0	0 01	6/15/1997	22,181.00
0970459	7230	NURSE CALL SYSTEM-EMER ROO	EXECUTONE		0 01	8/6/1997	24,057.31
0990727	7250	BC OVERFLOW CALL SYSTEM		0 E5756	01	1/1/1999	1,893.50
2032802	6014	NURSE/PATIENT CALL SYS (PC	SIMPLEX GRINNELL	E2507	01	11/1/2003	24,342.92
2032806	6014	NURSE/PATIENT CALL SYSTEM	SIMPLEX GRINNELL	E 2507	01	5/1/2004	1,051.32
9112701	8540	NURSE CALL SYSTEM	SIMPLEX GRINNELL	500171	01	1/1/2010	10,496.67
2023301	6072	NURSE/PATIENT CALL SYSTEM	SIMPLEX GRINNELL	23054	01	7/1/2003	64,098.54
2023302	6072	NURSE PT CALL SYS ENHANCEM	SIMPLEX TIME RECORDR	23054	01	9/1/2003	7,122.08
0961015	6078	MBU-NURSE CALL SYSTEM		0 REV	01	7/15/1996	51,595.85
0961015	6078	MBU-NURSE CALL SYSTEM		0 04	01	1/1/2005	9,706.15
0961119	6078	NURSE CALL SYSTEM UPGRADE		0	0 01	7/15/1996	29,040.88
9107101	6082	CALL LIGHT SYSTEM	SIMPLEXGRINNELL	500102	01	8/1/2009	118,720.09
8903901	7025	GASTROSCOPE	2808270	78830	01	6/1/2008	21,671.98

Submitted by: Lori Wise, Director of Finance 476,689.00








Section 4.9 Major Decisions. Except for the Major Decisions in section 4.9, Swedish may make all decisions regarding operation of the hospital and other leased Assets (a) Disposition of any of the District assets, including without limitation and all equipment, fixtures, trade fixtures and other assets in or on the leased real property



Pictures of the scope.



## Verdant Health Commission

### 2025 Funding Cycle: Timeline Final

	2025 Funding Cycle	June 2024 to December 2024	
	Update Application Materials <ul style="list-style-type: none"> <li>June 7<sup>th</sup> first draft of revisions to Funding Guidelines, Application, Scoring Rubric</li> <li>Share revisions at Committee Meetings 6/13, 6/17, 6.19</li> <li>June 20<sup>th</sup> finalize revisions</li> <li>June 20<sup>th</sup> – June 28<sup>th</sup> update website, Fluxx</li> <li>July 1<sup>st</sup> - July 17<sup>th</sup> Fluxx testing and proofing</li> </ul>	June 2024	
	<b>Application Opens</b>	<b>July 18, 2024</b>	
	Verdant 2025 Funding Opportunity Information Session for Prospective Applicants (60 minute webinar)	Thursday 7/25/2024 3:00pm	
	Verdant 2025 Funding Opportunity Information Session for Prospective Applicants (60 minute webinar)	Wednesday 8/7/2024 9:00am	
	On-site or virtual technical assistance	Tuesday, 8/13/2024 10:00am – 2:00pm	
	On-site or virtual technical assistance	Wednesday, 8/21/2024 11:00am – 3:00pm	
	<b>Application Closes at 5:00pm</b>	<b>August 23, 2024</b>	
	<b>We received 60 applications requesting a total of \$10,012,020.</b> Food Security: 8 applications requesting \$1,220,713 Healthcare Access: 23 applications requesting \$3,974,895 Mental Health: 29 applications requesting \$4,816,412	Commissioner Reading Tuesday 8/27 to Monday 9/16 Please dedicate time each day to reading a few applications	
	Staff Review	8/26/2024	9/13/2024
	Commissioner Review – Mental Health Applications	9/16/2024	10/4/2024
	All Commissioner Review Meeting: Mental Health	Tuesday, 10/8/2024 5:00pm – 8:00pm	
	Commissioner Review – Healthcare Access Applications	10/10/2024	10/24/2024
	All Commissioner Review Meeting: Healthcare Access	Tuesday 10/29/2024 5:00pm – 8:00pm	
	Commissioner Review – Food Security Applications	10/22/2024	10/31/2024
	All Commissioner Review Meeting: Food Security	Wednesday 11/6/2024 5:00pm – 7:00pm	

	Special Board Meeting: Finalize Funding Decisions	Wednesday 11/13/2024 5:00pm – 7:00pm	
	Monthly Board Meeting	Wednesday, 11/20/2024 8:00am – 10:00am	
	Applicants Notified and Contracts Signed	11/21/2024	12/31/2024
	Contract Term	1/1/2025 – 12/31/2025	





## Board Notification

Following up to the 7-24-2024 Board meeting, \$24,741.59 from the Superintendent Discretionary Fund has been awarded to the Lynnwood Police Department Snohomish County Outreach Team (SCOUT).

## Verdant Community Social Worker Highlights: August 2024

- Case Management – continuing support for clients.
  - Wanted to share a big win with you. Of note, it is exceedingly difficult to get clients housed these days, due to lack of affordable housing and availability. In a good month, I'm happy to be able to get one client housed. On August 13, I was able to get two clients stably housed, and they are both thriving. Plus, another client will be stably housed within the week.
- Continue to provide inreach/outreach with Swedish Edmonds Hospital. The MOU expired at the end of July, and has been reapproved for the upcoming year.
- CHART Leadership and Facilitation – Ongoing support for the CHART program and clients. Extra Step conducted a team meeting on July 30. I am very pleased with the work Omar and his team are doing with the CHART program and clients. As you know, CHART clients are very challenging, and Omar is making some great progress with several of them at this time.
- VOA 211 Community Resource Advocate – Continuing support and community introductions. In discussion with the Verdant marketing team to highlight some of the work the current CRA is providing within our community.
- This past month included, weekly team check ins and monthly team staff meeting, the monthly County, Human Services Providers call, monthly Homeless Policy Taskforce, quarterly CHART team meeting, monthly Snohomish County Community BH Committee, quarterly Within Reach's Basic Food Education Forum, quarterly South Snohomish County Connectors meeting, monthly County Outreach Coalition.
- 2024 Programming –

### Provider training:

Third quarter provider training scheduled and is titled Sleep Disturbances and Disorders: Implications for Mental Health and SUD Treatment Professionals. Currently, I have 50 registrations, and I am expecting more prior to the training.

### Description:

Adequate sleep is the foundation for optimal emotional, behavioral, cognitive, social, and physical health functioning. Unfortunately, problems associated with sleep are a common issue among individuals in the general population, with even higher rates reported among those diagnosed with a mental illness and/or chemical health disorder. As such, it is imperative for these impacted individuals to receive appropriate support and services from mental health and substance use treatment providers and other related professionals who understand the complexities of sleep dysfunction. Designed for professionals working in mental health and substance abuse treatment settings, this training provides attendees with a working understanding of the causes, consequences, and interventions associated with sleep disturbances and disorders among client-based populations. Special emphasis is placed on implications for screening, intake, and treatment and discharge planning throughout this training. Empirically based research findings and case study examples will be highlighted throughout this training.

### Presenter:

Jerrold Brown, Ph.D., M.A., M.S., M.S., M.S., is a professor, trainer, researcher, and consultant with multiple years of experience teaching collegiate courses. Jerrold is also the founder and CEO of the American Institute for the Advancement of Forensic Studies (AIAFS).

### Community training/support group:

- 1) CRAFT Training – Partnering with the Washington Recovery Alliance. This will be a 14-hour, 2-day training event scheduled for September 11 and 18. Description:

Community Reinforcement and Family Training (CRAFT) is a compassionate, non-confrontational, evidence-based intervention that helps family and friends develop effective strategies for supporting their loved ones who are experiencing a substance use disorder.

Presenter:

Lara Okoloko will be providing the training live at the VCWC. Lara is a national leader in the training of CRAFT. Lara is a licensed social worker, who is also an Affiliate Instructor at the University of Washington's School Social Work.

## 2) Life Skills to Thrive: A FREE IN-PERSON 8-Week Therapeutic Group for Adults

This support group was developed with Mollie Yates, an experienced mental health occupational therapist. It was designed to accommodate up to 12 individuals. We did fill the class and ended with six members completing all of the classes. 100% of participants strongly agreed they have benefitted from the group, that Mollie treated them with courtesy, dignity, and respect, that the information was easy to understand, and that they would like to participate in future groups.

This support group used mental health occupational therapy to focus on maximizing function in whatever activities a person values. It was created for adults with new or ongoing mental or chronic health conditions, to help learn coping and life skills in a supportive setting. Topics included identify and self-concept, emotional wellbeing and awareness, and coping mechanisms and resiliency.

Presenter:

Mollie Yates led this 8-week therapeutic support group live at the VCWC. Mollie is a licensed and certified occupational therapist in behavioral health. She obtained her master's in occupational therapy from the University of Washington in 2010. For the past 13 years she has worked with clients with the full spectrum of mental health conditions in both inpatient and outpatient settings. Molly is currently the owner and founder of Horizon View Functional Therapy and provides mental health OT for Swedish Edmonds inpatient behavioral health patients.

## Marketing Report for Aug 2024 Board Meeting

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### Social Media: July 17th, 2024-Aug 20th, 2024

Facebook	Instagram
<b>Reach:</b> 2,300 (down 4.2%)	<b>Reach:</b> 273 (up 131.3%)
<b>Content Interactions:</b> 138 (up 9.5%)	<b>Content Interactions:</b> 97(up 29.0%)
<b>Followers:</b> 1,629 (up 1)	<b>Followers:</b> 221 (up 2)
<b>Posts:</b> 32 (up 14)	<b>Posts:</b> 34 (up 17)

### Current Happenings:

- The community survey has 113 responses collected.
- The [Aug Newsletter](#) went out with the theme of strengthening communities through embedded social workers.

### Aug Events

- Sea Mar National Health Center Week Aug 5
- Edmonds School District Back to School Aug 15
- Woodway Town Fair Aug 17
- Lynnwood Light Rail Celebration Aug 30

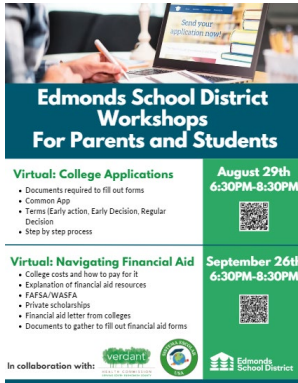
### Events Coming Next Month

- Fair on 44<sup>th</sup> Sept 7
- Mountlake Terrace Connections Sept 21
- South County Fire Emergency Preparedness Sept 21
- Walk with a Latina Doc Sept 21

### No Press This Month

## Other New Content/Promotional Materials Created

1. August Cooking Classes Flyers and Social Posts
2. Cooking Class Video Shorts
3. Reader Board Updates
4. New Canopy and SWAG





**Edmonds School District Workshops For Parents and Students**

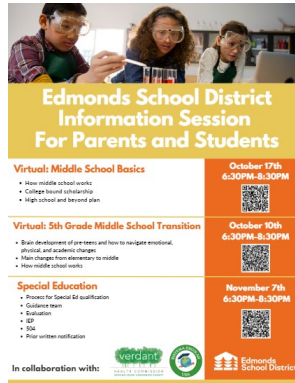
**Virtual: College Applications**  
 • Documents required to fill out forms  
 • Common App  
 • Terms (Early action, Early Decision, Regular Decision)  
 • Step by step process

**August 29th 6:30PM-8:30PM**

**Virtual: Navigating Financial Aid**  
 • College costs and how to pay for it  
 • Explanation of financial aid resources  
 • FAFSA/WASFA  
 • Private scholarships  
 • Financial aid letter from colleges  
 • Documents to gather to fill out financial aid forms

**September 26th 6:30PM-8:30PM**

In collaboration with:  



**Edmonds School District Information Session For Parents and Students**

**Virtual: Middle School Basics**  
 • How middle school works  
 • College bound scholarship  
 • High school and beyond plan



**October 12th 6:30PM-8:30PM**

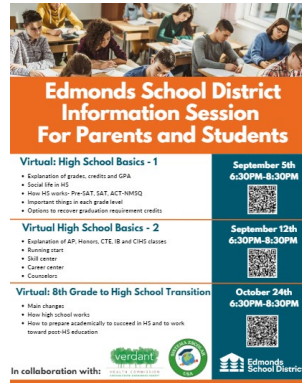
**Virtual: 5th Grade Middle School Transition**  
 • Basic development of ourselves and how to navigate emotional, physical, and academic changes  
 • Make changes from elementary to middle  
 • How middle school works

**October 19th 6:30PM-8:30PM**

**Special Education**  
 • Process for Special Ed qualification  
 • Guidance team  
 • Evaluation  
 • IEP  
 • Prior written notification

**November 7th 6:30PM-8:30PM**

In collaboration with:  



**Edmonds School District Information Session For Parents and Students**

**Virtual: High School Basics - 1**  
 • Evaluation of grades, credits and GPA  
 • Social life in HS  
 • How HS works: Pre-IAT, SAT, ACT, NMISQ  
 • Important things in each grade level  
 • Options to receive graduation-measurement credits



**September 5th 6:30PM-8:30PM**

**Virtual High School Basics - 2**  
 • Evaluation of AP, Honors, CTE, IB and CHS classes  
 • Running start  
 • Dual credit  
 • Career center  
 • Counseling

**September 12th 6:30PM-8:30PM**

**Virtual: 8th Grade to High School Transition**  
 • Make changes  
 • How high school works  
 • How to prepare academically to succeed in HS and to work toward post-HS education

**October 24th 6:30PM-8:30PM**

In collaboration with:  



**Tips For a Healthier Autumn**

- Get your flu shot.
- Get your COVID-19 booster.
- If you're feeling ill, wear a mask in public.
- Fend off seasonal affective disorder by getting outside or trying light therapy.
- Replace the batteries in your smoke alarms.
- Use a humidifier to prevent breathing cold, dry air.
- Boost your immune system through exercise and nutritious foods.
- Keep your skin soft by moisturizing regularly.



**CATFISH AIR FRYER RECIPE**  
 Taught by  
 Amy Rauker, RDN



Brought to you by  
 Verdant Health Commission

## Nutritional Programs Overview and Updates for July 2024

### Cooking Demonstrations:

- Verdant: *Teen Cook Along* - Pizza Party with Fruit Slushes
- Verdant: *Kids in Transition Summer Camp with Scriber Lake HS* - 2 hands-on cooking class
- Verdant: *Project Girl* – 1 hands-on cooking class
- *Edmonds Waterfront* (monthly session for individuals struggling with food insecurity)
- Verdant: Summer Berry Soup and Mason Jar Salad
- Verdant: Summer Seasonal Salads
- Verdant: Healthy Lunches for All
- Verdant: Blue Zones Recipes: Loma Linda

**9 total**

### Nutrition Education:

#### ***Collaboration with Stilly Valley:***

- Virtual: Preventing Diabetes 101 class

#### ***Collaboration with Sno-libraries and Lynwood & Edmonds Food Bank***

- Library: Feast for Thought series - 2 classes in July

**3 total**

### Multicultural Event Overview:

- In-person: Latino Community Support: Taking care of myself, fostering my self-esteem - workshop
- In-person: LETI Summer Camp for moms and kids – 6

**7 total**