

VERDANT HEALTH COMMISSION  
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**BOARD OF COMMISSIONERS**  
Regular Meeting  
AGENDA  
November 20th, 2024  
8:00 a.m. to 9:30 a.m.

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The public can participate in person at the Verdant Community Wellness Center or join via Zoom by visiting <https://us02web.zoom.us/j/89568322656> Meeting ID: 895 6832 2656 or the call-in number is 253-215-8782.26th

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00 am	---
B. Land & Enslaved People's Acknowledgement	---	8:00 am	3
C. Consent Agenda:	Action	8:01 am	4-23
1. Approval of Minutes:			
a. October 23, 2024, Board Meeting			
b. October 29, 2024, Special Board Meeting			
c. November 6, 2024, Special Board Meeting			
d. November 13, 2024, Special Board Meeting			
2. Superintendent Discretionary Fund Request			
a. Washington Kids in Transition - \$10,000			
D. Public Comments (limit 3 minutes per speaker)	Information	8:03 am	---
E. Executive Committee Report	---	8:15 am	---
F. Superintendent Report	Information	8:20 am	---
G. Program Committee Report		8:30 am	
1. 2025 Community Investments	Action		---
2. Community Health Networking Event Survey Results			24-26
H. Finance Committee Report			
1. October 2024 Financial Report	Information	8:50 am	27-35
2. Authorization of Warrants and Electronic Disbursements	Action	9:05 am	36

3. Public Comments		9:10 am	---
4. Commissioner Comments	Information	9:20 am	---
5. Adjournment	---	9:30 am	---

**– Land & Enslaved People’s Acknowledgment –**

We respectfully acknowledge that this meeting is being held on the traditional lands of Duwamish, Skokomish, Snohomish, Snoqualmie, and Suquamish and other Coast Salish Tribes.

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS**

**Regular Meeting**

**Hybrid: In-Person at Verdant Community Wellness Center and via Zoom**

**October 23, 2024**

**8:00 a.m.-9:30 a.m.**

**Commissioners  
Present**

Carolyn Brennan, Secretary  
 Deana Knutsen, Commissioner  
 Jim Distelhorst, MD, Commissioner  
 Bob Knowles, Commissioner  
 Karianna Wilson, President

**Staff**

Dr. Lisa Edwards, Superintendent  
 Riene Simpson, Director of Finance  
 Ceil Erickson, Director of Community Impact  
 Nancy Budd, Community Social Worker  
 Kyla Morgan, Executive Assistant and Office Manager  
 Chase Toscano, Contracts Manager  
 David Lee, Interim Digital Marketing & Communications  
 Manager  
 Olia Josiah, Community Engagement Specialist  
 Humaira Barlas, Fiscal Specialist

**Visitors**

Elizabeth Lunsford  
 Lahai Health

**Call to Order**

The regular meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:03 a.m. by President Wilson.

**Land and  
Enslaved People's  
Acknowledgement**

President Wilson read the land acknowledgement aloud.

**Consent Agenda**

***Commissioner Distelhorst made a motion to approve all items included on the consent agenda, President Brennan seconded. Motion passed.***

Consent Agenda (E:72:24)

1. Approval of Minutes:
  - a. September 25, 2024 Board Meeting
  - b. October 8, 2024 Board Retreat
  - c. October 16, 2024 Special Board Meeting
2. Superintendent Discretionary Fund Requests
  - a. Refugee and Immigrant Services Northwest - \$25,000

- b. Seattle Visiting Nurses Association - \$10,000
- c. Volunteers of America Western Washington VOAWW - \$10,000
- d. Housing Hope - \$2,500
- e. South County Fire – \$10,000

**Public Comment** Elizabeth Lunsford, a resident in the Edmonds Public school district expressed her concerns about school budget and the lack of resources for children’s wellbeing. She requested more funding for indoor physical activities that children can utilize during the fall and winter.

**Executive Committee Report** The Executive Committee met to approve agenda. No action was taken at the meeting.

**Superintendent Report** Dr. Edwards reminded commissioners that there will be an executive session at the November 6, 2024, board meeting to update the Board on one of the properties. The clinic remodel is moving forward, but there are continued delays that are impacting the completion date.

- 1. Q3 VCWC Facility
  - 1. Ms. Olia Josiah, Community Engagement Specialist, presented an update on the facility users and internal programs at Verdant for the third quarter (E:73:24). Due to increased outreach from the marketing team, Verdant has seen an increase in Zumba class participants, averaging 12 participants. She also highlighted a new program, Walk with a Latina Doc – a health and wellness program targeted at the Latino population. It is a great way to get active and also have a free health resource for participants.  
Commissioner Brennan asked about the large facility use number from Center for Human Services (CHS).
    - Ms. Josiah answered it is due to their back-to-school training for staff. The CHS therapists support students in Edmonds School District.

**Program Committee Report** Ms. Erickson provided an update on the funding cycle process. The board will meet on October 29, 2024, to review the healthcare access applications and November 6, 2024, to review the food security applications. She reminded commissioners that there is a tight turn around between healthcare access and food security reviews. The 2025 funding cycle decisions will be presented at the November 20, 2024, board meeting for commissioner approval.

- 1. 2025 Funding Cycle

Verdant is hosting the third annual Community health networking event on Friday November 1<sup>st</sup> at the Lynnwood Event Center. The event will include eight funders who will provide an overview of strategies, a meet the funder panel, and insight into what makes a strong application. There are 61 non-profits registered for resource tables and a total of 79 community partners attending.

Dr. Edwards thanked Ceil and the team for organizing the event. It is the third year, and it has grown in participation each year.

Commissioner Knutsen thanked everyone for their work on the event amid the funding cycle.

## Finance Report

### 1. Review Financial Statements & Cash Activity

1. Ms. Simpson presented the financial reports for September 2024 (E:74:24), noting any transactions out of the ordinary, compared to prior month periods. To date, \$4MM has been expended towards capital projects including the Wellness Center front office and stucco repair; the new electronic sign and the Langer Clinic Refresh project. Approximately \$145,000 has been withheld as retainage against these projects until final sign off. Operating cash flow is being monitored to determine when the 2<sup>nd</sup> transfer will be made from the reserve.

### 2. Authorization of Warrants and Electronic Disbursements

2. Authorization for payment of vouchers and payroll: Warrants Reference A, No. 16630 through 16650, Warrants Reference B, No. J2685 through J2722, and Warrants Reference C, No. 305567 for September in the amount of \$413,297.41 were presented for approval as well as electronic disbursements in the amount of \$1,362,110.83 for total disbursements of \$1,775,408.24 (E:75:24).

***Motion was made by Commissioner Knutsen, seconded by Commissioner Distelhorst, and passed unanimously to approve the warrants & electronic disbursements.***

### 3. 2025 Budget

3. Ms. Simpson provided a high-level recap of the 2025 budget. The budget was approved to move forward from the October 16, 2024 Public Budget Hearing with one change to the COLA amount that has been incorporated into this meetings presentation and resolutions.

4. Resolution 2024-03: Public Funds Interest Bearing Account

4. Resolution 2024-03: Verdant is requesting approval to change their operating bank account#2709 status to a newly available Wells Fargo public funds interest bearing account. It has been vetted and requires no modification to account numbers or processing.

***Motion was made by Commissioner Knutsen, seconded by Commissioner Distelhorst and passed unanimously to approve Resolution 2024-03.***

5. Resolution 2024-04: District Budget & Levy Limit

5. Resolution 2024-04: The resolution was brought forward from the October 16, 2024 meeting to approve the district budget for 2025 and the levy increase of 1% 2025.

***Motion was made by Commissioner Knutsen, seconded by Commissioner Distelhorst and passed unanimously to approve Resolution 2024-04.***

6. Resolution 2024-05: Property Tax Levy

6. Resolution 2024-05: The resolution approves the dollar amount of the 1% increase of the levy.

***Motion was made by Commissioner Knutsen, seconded by Commissioner Distelhorst and passed unanimously to approve Resolution 2024-05.***

## Public Comments

None.

## Commissioner Comments

Commissioner Distelhorst thanked Ms. Simpson for preparing the budget during this season.

Commissioner Knutsen thanked staff for their collective work on the 2025 budget. She also wanted to share that she has reviewed all of the funding applications in Fluxx, but she was a little confused with applications that shared healthcare access and food security as priority areas. She also added that she was pleased to see a non-profit requesting funding specifically for Pacific Islanders, because she grew up in Guam.

Commissioner Brennan shared her gratitude for the behind the scenes work for the meeting today.

**Adjournment**

The meeting was adjourned at 8:40 a.m. by President Wilson.

**ATTEST BY:**

\_\_\_\_\_  
President

\_\_\_\_\_  
Secretary



PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS**

**Special Meeting**

**Hybrid: In-Person at Verdant Community Wellness Center and via Zoom**

**October 29, 2024**

**5:00 p.m.-8:00 p.m.**

**Commissioners  
Present**

Carolyn Brennan, Secretary  
 Deana Knutsen, Commissioner  
 Jim Distelhorst, MD, Commissioner  
 Bob Knowles, Commissioner – Excused Absence  
 Karianna Wilson, President

**Staff**

Dr. Lisa Edwards, Superintendent  
 Riene Simpson, Director of Finance  
 Kyla Morgan, Executive Assistant and Office Manager  
 Chase Toscano, Contracts Manager  
 Ceil Erickson, Director of Community of Impact  
 Nancy Budd, Community Social Worker

**Visitors**

None.

**Call to Order**

The special meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 5:10 p.m. by President Wilson.

**Land and  
Enslaved People's  
Acknowledgement**

President Wilson read the land acknowledgement aloud.

**Discussion:  
Review 2025  
Funding Cycle  
Mental Health  
Applications**

Ms. Erickson provided an overview of the 23 healthcare access applications the District received. She emphasized the need to recognize and manage personal biases during the review process. The goal of the meeting was to recommend either funding, no funding, or partial funding for each application. The District will meet again on November 13, 2024 to balance the community investment portfolio and finalize funding amounts for 2025 that will be approved at the November 20<sup>th</sup> Board Meeting.

Mr. Toscano shared a live excel sheet that contained an overview of each applicant and the Commissioners' initial recommendations. He updated the excel throughout the discussion as Commissioners reviewed each application (E:76:24). The Board reviewed the merits of the following applicants:

**APPLICATION DISCUSSION:**

MEDICAL TEAMS INTERNATIONAL: Requested \$140,616.00.

CORNERSTONE MEDICAL SERVICES FOUNDATION:

Requested \$66,100.00.

OCEANIA NORTHWEST: Requested \$100,000.00.

LAHAI HEALTH: Requested \$698,000.00.

JEAN KIM FOUNDATION: Requested \$324,629.00.

EDMONDS SENIOR CENTER: Requested \$150,000.00.

PRESCRIPTION DRUG ASSISTANCE FOUNDATION: Requested \$52,106.00.

KOREAN WOMEN'S ASSOCIATION (KWA): Requested \$160,100.00.

KINDERING: Requested \$75,000.00.

PROJECT ACCESS NW: Requested \$150,000.00.

CHILDSTRIVE: Requested \$200,00.00.

SOUTH COUNTY FIRE: Requested \$498,220.00.

EDMONDS SCHOOL DISTRICT: Requested \$80,253.00.

YMCA OF GREATER SEATTLE: Requested \$100,000.00.

ST. PIUS X CHURCH: Requested \$50,000.00.

YWCA SEATTLE, KING, SNOHOMISH: Requested \$92,497.00.

WONDERLAND CHILD & FAMILY SERVICES: Requested \$299,694.00.

UTSAV: Requested \$150,000.00

COMMUNITY HEALTH CENTER OF SNOHOMISH COUNTY:

Requested \$120,750.00.

WASHINGTON POISON CENTER: Requested \$27,216.00.

ESSENTIALS FIRST: Requested \$150,000.00.

AMERICAN HEART ASSOCIATION, PUGET SOUND: Requested \$54,791.00.

LATINO EDUCATIONAL TRAINING INSTITUTE: Requested \$235,023.00.

Commissioner Brennan declined commenting on LETI due to conflict of interest since LETI is a partner with her employer, UW Bothell.

**Commissioner  
Comments**

Ms. Erickson reminded Commissioners that the next round of applications for review address the priority: Food Security. The review deadline for commissioners is November 3<sup>rd</sup>. Reviewed applications will be discussed at the Special Board Meeting on November 6, 2024.

Commissioner Distelhorst suggested that for next year's funding cycle, Verdant communicate to partners that they only need to tell their story once in the application and to be prepared to provide more detailed breakdowns of their budget.

**Adjournment**

The meeting was adjourned at 7:47 p.m. by President Wilson.

**ATTEST BY:**

\_\_\_\_\_  
President

\_\_\_\_\_  
Secretary

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS**

**Special Meeting**

**Hybrid: In-Person at Verdant Community Wellness Center and via Zoom**

**November 6, 2024**

**5:00 p.m.-7:00 p.m.**

**Commissioners  
Present**

Carolyn Brennan, Secretary  
Deana Knutsen, Commissioner  
Jim Distelhorst, MD, Commissioner  
Bob Knowles, Commissioner  
Karianna Wilson, President

**Staff**

Dr. Lisa Edwards, Superintendent  
Riene Simpson, Director of Finance  
Kyla Morgan, Executive Assistant and Office Manager  
Chase Toscano, Contracts Manager  
Ceil Erickson, Director of Community of Impact  
Nancy Budd, Community Social Worker

**Visitors**

None.

**Call to Order**

The special meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 5:07 p.m. by President Wilson.

**Land and  
Enslaved People's  
Acknowledgement**

President Wilson read the land acknowledgement aloud.

**Executive Session**

President Wilson closed the meeting for executive session to begin at 5:07 pm and will continue through 5:35 pm. This executive session is to review the performance of a public employee.

Executive session began at 5:07 pm.

Executive session was extended 5-minutes to 5:40 pm.

Executive session ended at 5:38 pm

**Open Session**

President Wilson reopened the public meeting at 5:38 pm.

**Discussion:  
Review 2025**

Ms. Erickson provided an overview of the applications the Commissioners have received thus far. Commissioners will

**Funding Cycle  
Food Security  
Applications**

be reviewing the seven food security applications received for the 2025 funding cycle. Commissioner Wilson asked Ms. Simpson to review what it means when the application was rated “meets standard with qualifications”.

- Ms. Simpson clarified that it means the applicant met the necessary requirements and the organization submitted the correct paperwork, but Ms. Simpson noticed something during the review process that needed clarification.

Mr. Toscano shared a live excel sheet that contained an overview of each applicant and the Commissioners’ initial recommendations. He updated the excel throughout the discussion as Commissioners reviewed each application (E:77:24). The Board reviewed the merits of the following applicants:

**APPLICATION DISCUSSION:**

CONCERN FOR NEIGHBORS FOOD BANK: Requested \$35,000.00.

EDMONDS FOOD BANK: Requested \$176,500.00.

FOUNDATION FOR EDMONDS SCHOOL DISTRICT: Requested \$208,113.00.

HELPING HANDS PROJECT ORGANIZATION: Requested \$140,000.00.

HOMAGE dba SENIOR SERVICES OF SNOHOMISH COUNTY: Requested \$425,000.00.

LYNNWOOD FOOD BANK: Requested \$96,100.00.

MILLENNIA MINISTRIES: Requested \$130,000.00.

**Commissioner  
Comments**

The board will use the meeting on November 13, 2024, for portfolio balancing and to review any applications they were not able to reach consensus on. Ms. Erickson informed commissioners that the C3 organization withdrew their application because they do not have the staff capacity to meet their request.

Commissioner Distelhorst asked if the hospital study is moving forward as expected.

- Dr. Edwards answered that there have not been any change orders and it is moving along as on time. The District is using the contingency to contract a company to survey what other hospitals are doing to support their aging buildings.

Dr. Edwards met with an architect this afternoon for the Value Village demolition. Verdant must get clarity if they can still file a claim with Restorical Research for the cleanup of the site if they demolish the building down to the slab. She is following up with the Department of Ecology and South County Fire. She is anticipating it will take at least five months to work through the permitting process with the City of Edmonds and then the building can be demolished.

### **Adjournment**

The meeting was adjourned at 6:49 p.m. by President Wilson.

### **ATTEST BY:**

\_\_\_\_\_  
President

\_\_\_\_\_  
Secretary

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS**

**Special Meeting**

**Hybrid: In-Person at Verdant Community Wellness Center and via Zoom**  
**November 13, 2024**  
**5:00 p.m. - 7:00 p.m.**

<b>Commissioners Present</b>	Karianna Wilson, President Carolyn Brennan, Secretary Jim Distelhorst, MD, Commissioner Deana Knutsen, Commissioner Bob Knowles, Commissioner
<b>Staff</b>	Dr. Lisa Edwards, Superintendent Riene Simpson, CPA, Director of Finance Ceil Erickson, Director of Community Impact Chase Toscano, Contracts Manager Kyla Morgan, Executive Assistant/Office Manager Humaira Barlas, Fiscal Specialist Nancy Budd, Community Social Work
<b>Visitors</b>	Nelly Romero, LETI Tom Laing, LETI
<b>Call to Order</b>	The special meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 5:02 p.m. by President Wilson.
<b>Land and Enslaved People's Acknowledgement</b>	President Wilson read the acknowledgement.
<b>Discussion: Review of 2025 Funding Cycle Applications</b>	<p>Before proceeding with the discussion, Commissioner Brennan shared that she submitted a conflict of interest form to Verdant the previous week. Commissioner Brennan declared she is employed by the University of Washington and while the university partners with many community organizations, she is not involved in the decision making or payment on behalf of her employer.</p> <p>Ms. Erickson provided an overview of this funding cycle. Verdant received 60 applications and 58 moved forward for commissioner review. The total request for funding amounted to \$10,012,020.00. The budget for 2025 funding is \$6million. The outcomes from the three special meetings for Mental Health, Healthcare Access, and Food Security informed today's discussions. Applications where Commissioners wanted further discussion will be reviewed tonight.</p>

The decisions from tonight's special meeting will be on the agenda for final approval at the Regular Board meeting on November 20, 2024.

**2025  
Community  
Investment  
Recommendations**

Mr. Toscano compiled an excel spreadsheet (E:78:24) with the following community investment recommendations from commissioners.

<b><u>Priority Area</u></b>	<b><u>Status</u></b>	<b><u>Organization</u></b>	<b><u>Amount Awarded</u></b>
Mental Health	Partial Fund	ACCESS Project	\$67,000.00
Mental Health	Fully Fund	Boys & Girls Clubs of Snohomish County	\$100,000.00
Mental Health	Fully Fund	Center for Human Services	\$350,000.00
Mental Health	Partially Fund	Child Advocacy Center of Snohomish County	\$50,000.00
Mental Health	Partially Fund	City of Lynnwood	\$177,500.00
Mental Health	Fully Fund	Community Health Center of Snohomish County	\$105,000.00
Mental Health	Partially Fund	Community Health Worker Coalition for Migrants and Refugees	\$25,000.00
Mental Health	Partially Fund	Domestic Violence Services of Snohomish County	\$189,000.00
Mental Health	Partially Fund	Drug Abuse Council of Snohomish County dba Sound Pathways/Pacific Treatment Alternatives	\$125,000.00
Mental Health	Partially Fund	Edmonds School District	\$736,000.00
Mental Health	Partially Fund	Evergreen Recovery Services	\$148,000.00
Mental Health	Partially Fund	Korean Community Service Center	\$80,000.00



Mental Health	Partially Fund	Nami Snohomish and Island County	\$20,000.00
Mental Health	Partially Fund	Northwest Neighbors Network	\$25,000.00
Mental Health	Partially Fund	Pacific Northwest Veteran Assistance Program	\$5,000.00
Mental Health	Fully Fund	Parent Trust for Washington Children	\$33,568.00
Mental Health	Partially Fund	Program for Early Parent Support	\$35,000.00
Mental Health	Partially Fund	Project Girl Mentoring Program	\$83,712.00
Mental Health	Partially Fund	Support 7	\$34,000.00
Mental Health	Partially Fund	The Clearwater School Well Being Center	\$80,000.00
Mental Health	Partially Fund	The Hand Up Project dba Advocates Recovery Services	\$155,000.00
Mental Health	Partially Fund	Washington West African Center Formally GTP	\$45,000.00
Mental Health	Decline	Cancer Lifeline	\$0.00
Mental Health	Decline	ChildStrive	\$0.00
Mental Health	Decline	Communities of Color Coalition	\$0.00
Mental Health	Decline	Deconstructing the Mental Health System Inc	\$0.00
Mental Health	Decline	Inside Health Institute	\$0.00
Mental Health	Decline	Participatory Justice (Scholar Fund)	\$0.00

<b><u>Priority Area</u></b>	<b><u>Status</u></b>	<b><u>Organization</u></b>	<b><u>Amount Awarded</u></b>
Healthcare Access	Fully Fund	Medical Teams International	\$140,616.00
Healthcare Access	Partially Fund	Oceania Northwest	\$10,000.00
Healthcare Access	Fully Fund	Lahai Health	\$698,000.00
Healthcare Access	Partially Fund	Jean Kim Foundation	\$284,000.00
Healthcare Access	Partially Fund	Edmonds Senior Center	\$125,570.00
Healthcare Access	Partially Fund	Prescription Drug Assistance Foundation	\$50,000.00
Healthcare Access	Partially Fund	Korean Women's Association (KWA)	\$100,000.00
Healthcare Access	Partially Fund	Project Access NW	\$90,000.00
Healthcare Access	Fully Fund	ChildStrive	\$175,000.00
Healthcare Access	Fully Fund	South County Fire	\$498,220.00
Healthcare Access	Fully Fund	Edmonds School District	\$80,253.00
Healthcare Access	Partially Fund	St. Pius x Church	\$10,000.00
Healthcare Access	Partially Fund	YWCA Seattle, King, Snohomish	\$55,000.00
Healthcare Access	Fully Fund	Community Health Center of Snohomish County	\$120,750.00
Healthcare Access	Partially Fund	Latino Educational Training Institute	\$120,000.00
Healthcare Access	Decline	American Heart Association, Puget Sound	\$0.00
Healthcare Access	Decline	Cornerstone Medical Services Foundation	\$0.00
Healthcare Access	Decline	Essentials First (formerly Kits for Peace)	\$0.00
Healthcare Access	Decline	Kinderling	\$0.00
Healthcare Access	Decline	UTSAV	\$0.00
Healthcare Access	Decline	Washington Poison Center	\$0.00

Healthcare Access	Decline	Wonderland Child & Family Services	\$0.00
Healthcare Access	Decline	YMCA of Greater Seattle	\$0.00

<u><b>Priority Area</b></u>	<u><b>Status</b></u>	<u><b>Organization</b></u>	<u><b>Amount Awarded</b></u>
Food Security	Fully Fund	Concern for Neighbors Food Bank	\$35,000.00
Food Security	Partially Fund	Edmonds Food Bank	\$158,711.00
Food Security	Partially Fund	Foundation for Edmonds School District	\$140,000.00
Food Security	Partially Fund	Homage dba Senior Services of Snohomish County	\$214,000.00
Food Security	Fully Fund	Lynnwood Food Bank	\$96,100.00
Food Security	Fully Fund	Millennia Ministries	\$130,000.00
Food Security	Decline	Helping Hands Project Organization	\$0.00

## Commissioner Comments

Commissioner Distelhorst asked Dr. Edwards for a quick update on the properties.

- **Kruger Clinic:** Dr. Edwards met with the attorneys who provided her with guidance to negotiate the 22 pending change orders. Dr. Edwards is meeting with Axiom on Friday morning to start negotiating the COPs. The project manager has concerns about impending change orders and Verdant incurring the cost for subcontractor mismanagement.
- **Value Village:** Dr. Edwards is meeting with Restorical Research on Thursday at the Value Village property to ensure they can still make a claim for cleanup if they demolish the building.
- **Hospital Study:** A high level written summary will be prepared for commissioners before the December 4<sup>th</sup> strategic planning meeting. On December 18<sup>th</sup> there will be a one-hour executive session.

Commissioners reflected on the pros and cons of the first annual funding cycle. Verdant is still deliberating the best strategic direction for 2026 and commissioners will continue the conversation at the strategic planning meeting on December 4, 2024.

**Executive Session**

President Wilson closed the meeting for executive session to begin at 6:30 pm and will continue through 7:00 pm. This executive session is to review the legal risks of a proposed action of the District.

Executive session began at 6:30 am.

Executive session was extended 10-minutes to 7:10 pm.

Executive session was extended 10-minutes to 7:20 pm.

Executive session ended at 7:21 pm

**Open Session**

President Wilson reopened the public meeting at 7:21 pm.

**Adjournment**

The meeting was adjourned at 7:21 p.m. by President Wilson.

**ATTEST BY:**

\_\_\_\_\_  
President

\_\_\_\_\_  
Secretary



## DISCRETIONARY FUNDING REQUEST

<b>ORGANIZATION NAME:</b>	<b>Washington Kids in Transition</b>	<b>EIN or tax status:</b>	<b>47-258133</b>
<b>PROJECT TITLE:</b>	<b>Support McKinney Vento students and families</b>	<b>REQUEST AMOUNT:</b>	<b>\$10,000.00</b>
<b>Completed by:</b>	<b>Kim Gorney</b>	<b>Date:</b>	<b>October 23<sup>rd</sup>, 2024</b>
<b>Point of Contact Email:</b>	<a href="mailto:kim@washingtonkidsintransition.org">kim@washingtonkidsintransition.org</a>	<b>Phone:</b>	<b>206-697-3385</b>
<b>Proposed Start Date:</b>	<b>November 15th, 2024</b>	<b>Proposed End Date:</b>	<b>December 31<sup>st</sup>, 2024</b>

### PRIORITY AREA

Primary Priority Area (same fields we use for annual): Food Security

Secondary Priority Area (same fields we use for annual): Mental Health

### OVERVIEW

#### 1. **Organization Background and Alignment with Verdant Strategic Priorities:**

Briefly describe the organization's background and how its program(s) align with one or more of Verdant's priority areas (see also Verdant website for more priorities):

- Food Security
- Healthcare Access
- Mental Health

Washington Kids in Transition is dedicated to supporting McKinney-Vento students through a range of programs aimed at preparing them for adulthood and ensuring food security for families. We operate four primary initiatives to assist our community:

- **Emergency Food Pantry:** We serve approximately 100 families per month, providing emergency food tailored to the diverse demographics of our community, ensuring access to culturally appropriate items.
- **Baby Formula and Supplies:** Families in Brier, Mountlake Terrace, Edmonds, and Lynnwood can access services on Mondays. We supply diapers, ointments, and baby wipes, along with formula and other food items as needed.
- **Student Program:** Our after-school program, held every Wednesday and Thursday, equips McKinney-Vento students for life after high school. We provide lunch for participants and create a supportive environment where they can learn essential skills such as college application processes, budgeting, public transportation use, healthy eating, social behavior, and relationship development. This program is supported by a licensed therapist, social worker, and educator.

- **Basic Needs:** This program serves approximately 700 McKinney-Vento students, as well as others who may not qualify for existing community programs. During December, we provide basic needs items to students in the Edmonds School District, including undergarments, toiletries, books, art supplies, and gift cards for fast food and grocery stores, ensuring children have reliable access to food.

Through these programs, we strive to foster resilience and support for families in our community.

## 2. Project Scope (the “what” and “how”)

Briefly describe the scope of the project for which funds are requested, how the funds will be applied, and the capacity in place to ensure the successful implementation of the project.

\$4,000 will be allocated to baby formula and supplies including formula, food supplies, diapers, ointments, and baby wipes. This program has served families for the past four years, welcoming them every Monday at our distribution center to access these resources. The primary objective of this program is to support new parents by providing necessary items amid rising costs of children's essentials, thereby alleviating potential financial burdens.

Additionally, at the end of each year, we collaborate with advocates from the Edmonds School District to create 700 care bags for students, ensuring that every child feels supported during school closure and has access to essential items. We will allocate \$6,000 to student needs, which will fund 120 care bags. Washington Kids in Transition has successfully operated this program for the past five years and will continue to do so. The care bags will include grocery or fast-food gift cards, undergarments, hygiene products, and toiletries, ensuring that children have access to food and basic needs supplies. Volunteers assemble these essential items for our partner advocates to distribute to families in need.

## 3. Population Beneficiaries (the “who”)

Briefly describe the population benefiting from the proposed activities or services and estimate the percentage residing in [Verdant Service Area](#). Verdant funding is required to support residents in the Verdant Service Area.

Washington Kids in Transition focuses on McKinney Vento families or families that fall below the 40% poverty level guideline set by Washington State. All families Washington Kids in Transition supports fall within the Edmonds School District boundaries.

## 4. Desired Outcomes

Briefly describe realistic outputs and/or outcomes over the proposed performance period.

We will reach a minimum of 75 families and provide baby formula and supplies to help reduce their monthly expenses. The \$6,000 for student needs will supplement donations we receive with items that are low in stock. Our goal is to work closely with the family resource advocates and provide items to the 700 McKinney Vento families. \$6,000 will support a minimum of 120 care bags.

## 5. Key Partners

If the project's implementation involves other partner agencies, briefly provide the organization name(s) and their role.

We collaborate with numerous community partners and businesses for this program. Local businesses participate, including Swedish Hospital, Frances Anderson Center, South County Fire, Trike Stop, Revelations Frozen Yogurt, Art Spot, Pain Free, Mel & Mia's, Ace Hardware, Dr. Jacky D.D.S., Edmonds Lutheran Church, Edmonds Church of God, and Brookfield Properties of Alderwood Mall. These valued partnerships enhance our efforts at Washington Kids in Transition to provide support.

## 6. Project Budget

Provide an activity-based budget to describe how requested funds will be allocated to support the scope described in question 2.

\$4,000 will be used to purchase baby formula, baby food, diapers, wipes and other related items.

\$6,000 will be used to purchase grocery gift cards, restaurant gift cards, hygiene products, toiletries, undergarments to ensure that children have access to food and basic needs supplies.

## 7. ADDITIONAL COMMENTS

We sincerely appreciate the opportunity to submit our application for this funding and trust that the Verdant Health Commission will consider allocating funds to support these programs. At Washington Kids in Transition, we are dedicated to uplifting families during transitional periods. With the assistance of this funding, Verdant will play a crucial role in providing essential resources to dozens of families, ensuring that their children's basic needs are met.



# Community Health Networking Event

## November 1, 2024

190 people attended the event

56 attendees completed the post event survey

On a scale of 1 to 10, with 10 being the highest, attendees rated the event 9.2.

Here is a visualization of the themes/words used most often in the survey responses.





Based on the survey responses from the Community Health Networking Event, here are the main themes and recommendations for next year:

### Positive Themes

1. **Networking Opportunities:** Attendees valued the chance to connect with other nonprofits and community organizations. Many made meaningful connections and found potential partners.
2. **Funder Panel:** The panel with funders was highly appreciated, especially for insights into grant applications and funding requirements. Many participants found the advice practical and relevant.
3. **Learning about Resources:** Attendees appreciated learning about community resources and available funding options. They found the event to be a great source of information and a space to build awareness.
4. **Event Organization:** The event was well-organized, with a layout that allowed for easy maneuvering and engagement with community partners.

### Areas for Improvement

1. **Extended Time with Funders:** Participants wanted more time with funders after the panel, suggesting funders stay longer or have dedicated time for individual questions. Several attendees suggested a more structured format for networking with funders, such as a "speed dating" setup or organized breakout sessions by topic.
2. **Event Timing and Length:** Some felt the event was a bit long and suggested either shortening it or offering more breaks for networking. Others felt they could benefit from additional networking time at the start or throughout the event.
3. **Materials:** Attendees appreciated the overviews provided by the funders. They also recommended including a description of each community partner to help attendees plan connections and have contact information for follow-up afterward.
4. **Visibility and Accessibility:** A few comments noted that large signs or banners at tables blocked visibility to the stage, and some attendees suggested keeping tall displays away from the main presentation area.

### Recommendations for Next Year

1. **Structured Networking Activities:** Introduce "speed dating" sessions or topical breakout groups to facilitate connections with funders and among attendees.
2. **More Access to Funders:** Arrange for funders to stay longer after the panel or have a designated area where attendees can meet with them throughout the event.
3. **More Varied Funders:** Include a wider range of funders, especially those interested in health-related work. Some attendees felt the current selection didn't fully align with their focus.
4. **Materials:** Provide a brief description of each participating organization and funder, along with their areas of focus and contact information for easy follow-up.

5. **Improve Event Layout and Visibility:** Arrange the space so large signs don't block the stage. Consider a layout that provides more room between tables for comfortable movement and viewing.
6. **Consider Event Timing and Accessibility:** Adjust the event timing, if possible, to reduce overlap with lunch or provide more breaks. Also, consider scheduling the event on a different day if Friday is challenging for attendance.

### **2025 Planning**

We are talking with the Lynnwood Event Center about room rental for next year and increasing the amount of space available. This will improve flow through the room and networking opportunities. We will also consider ways to provide more information about the community partners that are attending to help attendees connect during the event and have the contact information they need to follow up after the event. Each year we have engaged with our funder colleagues in different ways, and we will continue to explore the best way to connect funders with community partners. A possibility for 2025 is to do a Funders Forum where community partners can hear directly from funders about their giving guidelines, focus, and processes. This would be the "speed dating" model.

**Balance Sheet**  
**As of September, 2024 and October, 2024**

	9/30/2024	10/31/2024	Month Change	Comments:
<b>ASSETS</b>				
1 Current Assets-				
2 Cash Balance	3,425,649	2,693,715	(731,933)	90 day operating cash flow reset to \$2.9MM-Reserve transfer in September 2025 \$2.5MM for construction costs
3 Accounts Receivable	(2,322)	3,847	6,170	< > balance September = Tenant overpayment September
4 Other Current Assets-				
5 Clearing Account	7,411	7,411	-	Receivable for 2023 FUTA tax refund pending--Paychex escalating
6 Investments	62,083,753	62,180,812	97,059	Note: entire investment portfolio balance is reported in <b>current section</b> of balance sheet, maturities are 1 year to 5 years.
7 Prepaid Expenses	364,010	363,948	(62)	Prepaid Prop & Casualty Insurance; Broker commissions for PSG & Swedish tenant lease renewals 7/1/24 and other operating expenses.
8 M&O Tax Levy Receivable	596,987	776,853	179,866	Outstanding levy collections for 2024
9 Short Term Lease Receivable	3,941,448	3,941,448	-	GASB 87 Balance forward from 12/31/2023
10 Subtotal Other Current Assets	66,993,609	67,270,471	276,863	
11 Total Current Assets	70,416,935	69,968,034	(448,901)	
12 Long Term Assets-			-	
13 Fixed Assets-Net of Depreciation	23,593,993	23,995,419	401,426	Includes construction in progress of \$4.196MM-Including Langer Refresh/Wellness Center Front Office/Stucco repairs/Parking lot paving
14 Tenant Improvements-Net of Amortization	57,233	64,979	7,746	Net Balance in unamortized tenant improvements (EMC)
15 Lease Receivables-LT Lease and Interest Receivable	255,399,367	255,399,367	-	GASB 87-LT rent receivable Balance forward from 12/31/2023
16 TOTAL ASSETS	349,467,527	349,427,799	(39,729)	GASB 87: No interim monthly adjustments are being made to the financial statements for the impacts on lease and interest revenue. A single adjustment is recorded at year end December 31.
<b>LIABILITIES &amp; NET POSITION</b>				
17 Current Liabilities-				
18 Accounts Payable & Unclaimed Property	52,565	44,353	(8,212)	
19 Credit Cards	8,660	6,264	(2,395)	
20 Tenant Prepaid Rents	1,133,680	1,059,665	(74,015)	November prepaid rents for Hospital, Swedish Clinics and other tenants paid by 10/31/24
21 Other Payables & Accruals	176,653	188,194	11,541	Business Taxes, Accrued Operating Expenses, Tenant Security Deposits
22 Construction Retainage	127,826	146,866	19,040	Retention on construction invoices at 5%
23 Accrued Salary & Benefits	71,975	44,453	(27,521)	
24 L&I Self-Insured Reserve	125,000	125,000	-	Contingency reserve for self funded L&I claims and pension adjustments. Set at \$125k.
25 Total Current Liabilities	1,696,358	1,614,796	(81,562)	
26 Long Term Liabilities-				
27 Deferred Inflow of Resources	246,567,594	246,567,594	-	GASB 87 balance forward at 12/31/23
28 Total Long Term Liabilities	246,567,594	246,567,594	-	
29 TOTAL LIABILITIES	248,263,952	248,182,390	(81,562)	
30 NET POSITION	101,203,575	101,245,409	41,833	Month Equity change of \$41,833 is Net Income for period
31 TOTAL LIABILITIES & NET POSITION	349,467,527	349,427,799	(39,729)	

## PHD #2, Snohomish County-Verdant Health Commission

**Statement of Income**  
**Months Ending September, 2024 & October, 2024**

	Month of September 2024	Month of October 2024	Month Change Inc/(dec)	Comments:
<b>1 Operating Revenue</b>				
<b>2</b> Cash Lease Revenues (Base, CAM, Taxes)	1,065,962	1,063,914	(2,048)	Abatement for Swedish lease renewal 7/1 and 8/1 expired August 2024; full rents September forward
<b>3</b> Deferred Rent Adjustments	-	-	-	
<b>4</b> Award Repayments	-	-	-	
<b>5 Total Operating Revenue</b>	<b>1,065,962</b>	<b>1,063,914</b>	<b>(2,048)</b>	
<b>6 Program Funding and Operating Expenses</b>				
<b>7 Programs</b>				
<b>8 Total Program Funding</b>	<b>645,502</b>	<b>562,135</b>	<b>(83,367)</b>	Includes All Program Payments, External Awards & Internal program costs. Currently 1 award cycle in process: Spring Cycle 4/1/24-12/31/2024 plus approved continuation payments effective October 2024
<b>9 Operating Expenses</b>				
<b>10</b> Salaries, Benefits & Contracted Staff	111,517	133,274	21,758	October-Quarter 3 2024 Self Insured State Unemployment \$11k
<b>11</b> Professional Development/Planning	4,008	-	(4,008)	
<b>12</b> Professional Services	118,578	96,892	(21,686)	OAC, Cushman Wakefield for Hospital Study; HT consulting; Legal, Property management, investment advisory
<b>13</b> Purchased Services	41,254	46,486	5,232	Regular recurring services for properties; including janitorial, landscape, parking lot maint; & security.
<b>14</b> Supplies, Postage, Dues, Software	12,292	11,190	(1,102)	
<b>15</b> Repairs, Maintenance & Insurance	27,745	19,416	(8,329)	Regular recurring services Alarms, HVAC, CPM Maintenance-
<b>16</b> Utilities	27,707	18,402	(9,305)	September 2 electrical invoices; 2 water invoices
<b>17</b> Business Taxes	5,217	4,993	(224)	
<b>18</b> Marketing	4,757	1,540	(3,217)	September Website updates/photography
<b>19</b> Election Fee	-	-	-	
<b>19</b> Depreciation	87,453	86,026	(1,427)	
<b>20</b> Amortization	818	818	-	
<b>21 Total Operating Expenses</b>	<b>441,345</b>	<b>419,036</b>	<b>(22,308)</b>	
<b>22 Total Program and Operating Expenses</b>	<b>1,086,847</b>	<b>981,171</b>	<b>(105,675)</b>	
<b>23 Net Operating Income (Loss)</b>	<b>(20,884)</b>	<b>82,743</b>	<b>103,627</b>	Net Operating Income October 24 \$82,743
<b>24 Other Income (Expense)</b>				
<b>25</b> Other Income	518	-	(518)	
<b>26</b> Self Funded L&I Reimbursements	-	-	-	
<b>27</b> Self Funded L&I Expenses	(1,676)	(858)	818	
<b>28</b> Levy Income	218,889	218,889	-	Monthly Levy Revenue (straight line)
<b>29</b> Bad Debts Expenses	-	-	-	
<b>30 Net Income (Loss) after Levy Income</b>	<b>196,848</b>	<b>300,774</b>	<b>103,926</b>	Net Income after Levy October 24 \$300,774
<b>31</b> Investment Income-Net of Unrealized Gains (Losses)	481,810	(258,941)	(740,750)	October Interest income \$221k, Realized gain - Unrealized loss \$480k
<b>32 Net Income (Loss)</b>	<b>678,657</b>	<b>41,833</b>	<b>(636,824)</b>	<b>Net Income October 24 \$41,833</b>

**Statement of Income-Actual v Budget**  
**Month and YTD Ending October 31, 2024**

	Month V Budget				YTD V Budget			Notes
	October 24 Actual Month	October 24 Budget Month	Month Fav (Unfav) Variance		October 24 Actual YTD	October 24 Budget YTD	YTD Fav (Unfav) Variance	
1 Income								
2 Operating Revenue-	1,063,914	1,044,874	19,041	F	10,471,888	10,448,737	23,152	F 1/2
3 Expenses								
4 Program Expenses-All Categories	562,135	729,004	166,869	F	6,850,470	7,491,928	641,458	F 3
5 Operating Expenses	332,192	306,681	(25,511)	U	2,985,264	2,944,637	(40,627)	U 4
6 Depreciation & Amortization	86,844	93,998	7,155	F	922,625	939,983	17,358	F
7 Total Expenses	981,171	1,129,684	148,512	F	10,758,360	11,376,547	618,188	F
8 Operating Income (Loss)	82,743	(84,810)	167,553	F	(286,471)	(927,811)	641,339	F
9 Levy and Other Non Operating Income (Expense)								
10 Other Income	-	-	-		11,221	-	11,221	F
11 Levy Income	218,889	218,917	(27)		2,188,903	2,189,167	(264)	F 1
12 Investment Income-Net of Unrealized Gains (Losses)	(258,941)	100,000	(358,941)	U	2,445,991	1,000,000	1,445,991	F 1
13 Self Funded L&I Reimbursements	-	-	-		-	-	-	
14 Self Funded L&I Expenses	(858)	(2,182)	1,324	F	(9,599)	(21,818)	12,219	F 5
15 Bad Debts Expenses	-	-	-		(13,105)	-	(13,105)	U
16 Fees, Penalty and Interest	-	-	-		-	-	-	
17 Net Income (Loss) After Other Income	41,833	231,925	(190,091)	U	4,336,940	2,239,538	2,097,403	F

Notes:

ref 2023 3,681,008

Denotes key variance drivers

**1. Revenues-Operating**

**Lease Income** - Reflects base, CAM, leasehold taxes. Unbudgeted Swedish Clinics lease rent abatements for July & August 2024 of \$39k each, total revenue reduction: \$78k.

\*\*\*GASB 87 adjustments for lease and interest income are not recorded on an interim basis. These adjustments are made at year end only.

**Award Repayments** - YTD \$67k-unbudgeted.

**1. Revenues-Non Operating**

**Levy Income-2024** Rate of \$219k per month; Total YTD \$2.189MM

**Investment Income**-YTD includes interest income \$2.090MM, Realized loss \$187k; Unrealized Gains \$543k for total of \$2.446MM. Note: The District does not budget for market gains or losses only interest income. As a result the budget variance can be significant in any given month depending on portfolio activity. **Interest Income through 10/31/2024 is \$2.4MM compared to \$1MM budget.**

**2. GASB 87 Lease and Interest Income**

This standard was implemented retroactive to 2021 at the end of 2022. Annual revenue (lease and interest) entries related to the GASB 87 standard **are not recorded on an interim basis** to the internal management use financials so as not to distort the interim financials and budget reviews. All adjustments are made at year end. The previously issued 2023 draft statements have been adjusted for 2023 GASB lease entries and the 2024 balances forward reflect adjustments through year end 12/31/2023.

**3. Expenses-All Program:** This includes External awards, CHART, VOA 211, & Internal Programs--YTD **\$641k underbudget**. Details:

**External Awards:** YTD Actual \$6.3MM v \$6.8MM Budget; **\$557k under budget**. This includes competitive awards, CHART, VOA 211 and Superintendent Discretionary

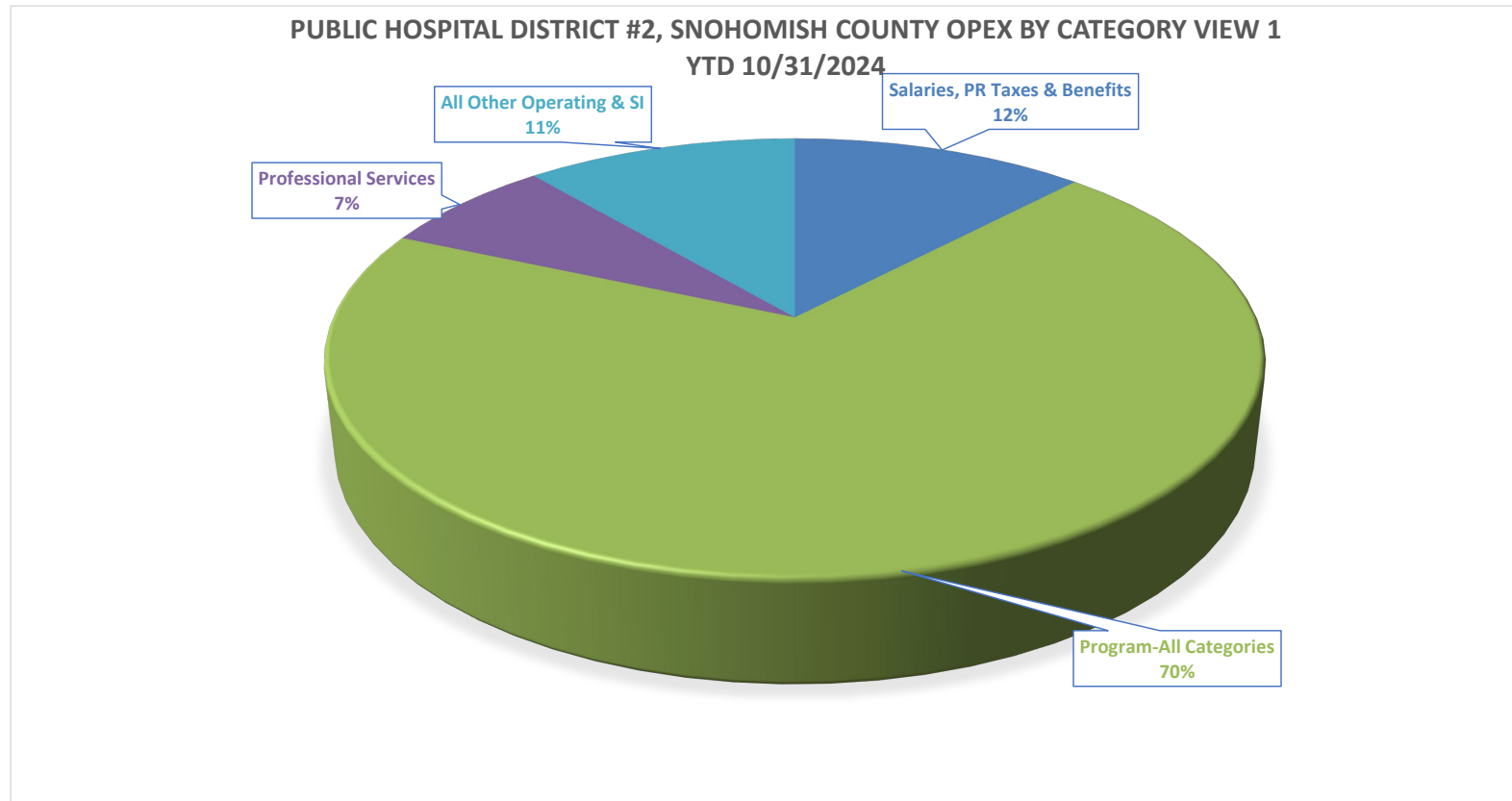
**Internal Program Expenses**-All Categories; YTD Actual \$164k v \$248k budgeted **\$84k under budget**. WinCo Food cards and other internal program activity will be incurred in November/December.

**4. Expenses-Operating**

YTD **total operating** expenses excluding program and depreciation costs is **under budget by \$41k** at 10/31/24. Major category variances are: Professional services, specifically legal and property related consulting are over budget by \$207k This category will exceed budget by nearly \$500k by year end due to cost of hospital study. Supplies/small equipment and software are over by \$34k due to unanticipated laptop additions, Fluxx consulting and software costs that were underestimated for 2024. An unbudgeted unemployment claim (the District is a reimbursable employer) of \$10k has created a negative payroll variance. Below budget spending in repairs & maint; purchased services, marketing, and the contingency of \$125k have brought the overall variance to underbudget figure of \$47k. Note: To the extent any opex variances are tenant CAM related costs, the expenses are offset in the revenue line as CAM reimbursements for a net 0 impact to the District. Examples are utilities, purchased services, insurance repairs and maintenance specific to the tenant suites.

**5. Expenses-LNI Self Insured**

Only medical related claims are estimated and budgeted-this category is underbudget YTD by \$12k



**View 1-Prof Services, Salaries and Benefits, All Other Operating, expressed as total of all expenses**

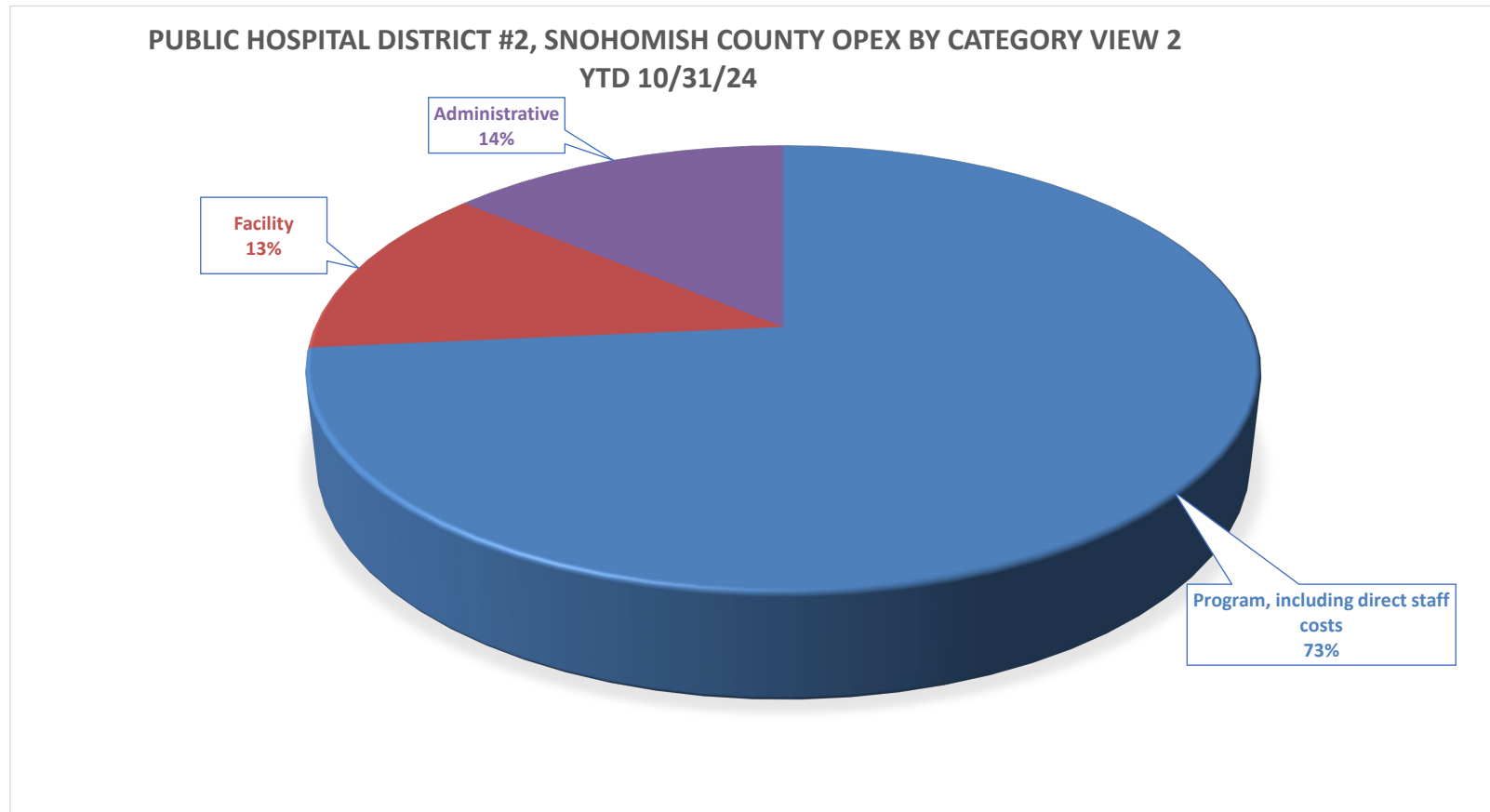
**Professional Services** include Legal, Accounting and Audit, Investment Management, HR Services, IT Services, Property Management & Real Estate Appraisals Special Consulting-Thomas (Hospital), Strategic Planning, DEI)

**Program Costs** in this illustration are grant payments and expenses only and do not include program staff costs (direct or indirect)

**All other Operating expenses include** Repairs and all property related maintenance expenses, utilities, insurances, business taxes, supplies, marketing, self insured L&I and other administrative costs.

**Salaries and Payroll Taxes, Personnel Benefits**-self explanatory

**Depreciation and Amortization** have been removed from this presentation



**View 2-Program with FTE, Property and Administrative Expenses, expressed as total of all expenses**

**Facility Expenses:** Utilities, Repairs, Maintenance, Insurance, Taxes, Property Management and Real Estate related costs, allocation of legal and certain other professional fees related to properties

**Program Costs:** All grants and internal program costs plus Salaries and Benefits only for direct program staff 4.1 FTE  
 This illustration includes allocation of direct staff only; does not include an allocation for indirect staff S&B, facilities, supplies or other costs that could be reasonably allocated to program expense. This would increase the program cost % by an additional 5%

**Depreciation and Amortization** have been removed from this presentation      Would increase facility costs by 9%

**Administrative Costs:** Remaining staff salaries and benefits; supplies, marketing, legal, investment services, accounting and other professional services, self insured L&I costs

# PHD #2 Snohomish County-Verdant Health Commission

## Warrants - October 2024

Type	Date	Num	Name	Amount	Memo
<b>Warrants:</b>					
<b>1002 - Wells Warrant Acct *2717</b>					
Bill Pmt -Check	10/17/2024	16630	Daniella Valeska Ochoa		<b>A</b> VOID: 8/14/24 Food Demo Translation (Vendor lost check) VOID: 8/2024 - Monthly Advisory Service Fee (Lost in Mail) 8/20/24 - First Aid and CPE/AED Training Commissioner Laptop and IT/Tech Services Eberle - 4th Qtr. Admin Fee for Self Insured Copywriting services for Canopy Accounting Services 9.18.24 - Hybrid cooking demo "Fall Soup & Salad" VOID: Photography for Verdant Website - Incorrect Amount 9/2024 - HR Consulting - General 9/2024 - Monthly Support Group Photography for Verdant Website 9/2024 - 2-Day in Person CRAFT Training -Mental Health Program Legal Matters Aug 2024 hours 10/2024 - Health Insurance Verdant Trademark Legal Services 9/2024 - Board Special Meeting Consulting & Expenses 9/10/2024 - 60 Mintute Hybrid Cooking Demo & Supplies 9/2024 - Monthly Advisory Service Fee 10.05.24 - Virtual Teen Cook Along 9/2024 - Cooking Demos & Supplies 9/2024 - Wells Fargo Credit Card Bill Maximize Annual 100 Plan Subscription w discount 11/1/24 Community Networking Event J. Smiley Trust - 73.11.111.3639605 Annual Fee 2/24 - Poster copies for Mental Health Workshop Hospital Study Professional Services through 9.30.24 10/12/24 - Hispanice Heritage Month Celebration Accounting Services VOID: Q4 2024 Canopy Fall 2024 Postage (Pending Project) Q2 2024 L&I Acct. #700,240-00 Food Demos and Supplies Translation Services for Food Demos IT & Tech Services 9.17.24 - MC-2024-09-09 Community Drum Circle 11/1/24 - Community Networking Event (Final Payment) 8/24 - Investment Advisory Fee (Reissue Request - Check lost in Mail) 10/13/24 Postage for Acct. xxxx6965 Accounting Services for weeking ending 10/18/24 10.16.24 - Hybrid Cooking Demo & Supplies Legal Notices Publication (Special Board Meeting) Art work for Kruger Clinic
Bill Pmt -Check	10/17/2024	16633	Payden & Rygel		
Bill Pmt -Check	10/03/2024	16651	Best CPR Seattle	1,093.83	
Bill Pmt -Check	10/03/2024	16652	Dynamic Computing, Inc.	8,824.73	
Bill Pmt -Check	10/03/2024	16653	Helmsman Management Services LLC	2,500.00	
Bill Pmt -Check	10/03/2024	16654	Mikayla Finnerty	350.00	
Bill Pmt -Check	10/03/2024	16655	Robert Half	746.35	
Bill Pmt -Check	10/03/2024	16656	Seattle Food Nut	412.15	
Bill Pmt -Check	10/03/2024	16657	Stuart Isett, LLC	0.00	
Bill Pmt -Check	10/03/2024	16658	Turner HR Services, Inc.	125.00	
Bill Pmt -Check	10/03/2024	16659	Velia Cervantes Lara	300.00	
Bill Pmt -Check	10/03/2024	16660	Stuart Isett, LLC	2,520.10	
Bill Pmt -Check	10/10/2024	16661	Center for Advanced Recovery Solutions	7,000.00	
Bill Pmt -Check	10/10/2024	16662	Foster Garvey PC	8,739.50	
Bill Pmt -Check	10/10/2024	16663	Health Care Authority (PEBB)	9,070.89	
Bill Pmt -Check	10/10/2024	16664	Lowe Graham Jones PLLC	1,105.00	
Bill Pmt -Check	10/10/2024	16665	Margot Helphand	8,144.19	
Bill Pmt -Check	10/10/2024	16666	Nicole Lyon	477.60	
Bill Pmt -Check	10/10/2024	16667	Payden & Rygel	10,367.00	
Bill Pmt -Check	10/10/2024	16668	Seattle Food Nut	360.00	
Bill Pmt -Check	10/10/2024	16669	Sound Dietitians LLC	2,913.00	
Bill Pmt -Check	10/10/2024	16670	Wells Fargo	8,690.63	
Bill Pmt -Check	10/10/2024	16671	ContractSafe LLC	5,939.22	
Bill Pmt -Check	10/11/2024	16672	Lynnwood Event Center	8,022.00	
Bill Pmt -Check	10/18/2024	16673	Bank of America - Trust	1,718.43	
Bill Pmt -Check	10/18/2024	16674	Edmonds School District	17.56	
Bill Pmt -Check	10/18/2024	16675	OAC Services, Inc.	49,712.34	
Bill Pmt -Check	10/18/2024	16676	OYE Media and Communications LLC	500.00	
Bill Pmt -Check	10/18/2024	16677	Robert Half	392.83	
Bill Pmt -Check	10/18/2024	16678	US Postal Service		
Bill Pmt -Check	10/18/2024	16679	WA State Dept of Labor & Industries	25.00	
Bill Pmt -Check	10/30/2024	16680	Christine Goff	1,244.43	
Bill Pmt -Check	10/30/2024	16681	Daniella Valeska Ochoa	600.00	
Bill Pmt -Check	10/30/2024	16682	Dynamic Computing, Inc.	1,786.19	
Bill Pmt -Check	10/30/2024	16683	Jamtown	50.00	
Bill Pmt -Check	10/30/2024	16684	Lynnwood Event Center	4,792.72	
Bill Pmt -Check	10/30/2024	16685	Payden & Rygel	10,488.00	
Bill Pmt -Check	10/30/2024	16686	Quadiant Finance USA Inc.	100.00	
Bill Pmt -Check	10/30/2024	16687	Robert Half	157.13	
Bill Pmt -Check	10/30/2024	16688	Seattle Food Nut	431.15	
Bill Pmt -Check	10/30/2024	16689	Sound Publishing, Inc.	149.94	
Bill Pmt -Check	10/30/2024	16690	Tela Art Resource	7,529.28	
<b>Total Wells Fargo Warrant Acct *2717</b>				<b>167,396.19</b>	<b>A</b>

continued



# PHD #2 Snohomish County-Verdant Health Commission

## Warrants - October 2024

Type	Date	Num	Name	Amount	Memo
<b>Warrants Continued:</b>					
<b>1004 - Wells Property Mgmt Acct *7265</b>					
Check	10/09/2024	J2723	Armstrong Services	15,375.72	B Inv. #13352, #13353, #13364 and #13383
Check	10/09/2024	J2724	Camden Gardens, Inc.	6,298.79	Inv. #38261, #38275, #38422
Check	10/09/2024	J2725	Comcast - Acct # 8498310221378586	372.74	Acct # 8498310221378586 10/24 Verdant Phone/Internet
Check	10/09/2024	J2726	Comcast	1,357.82	Acct. #xxx7969 Inv. #219763565 & Acct. #xxx6367 Inv. #219763553
Check	10/09/2024	J2727	Commercial Property Maintenance, Inc.	11,101.78	Inv. #114363, #114347, #114359, #114447, #114446 & 114421
Check	10/09/2024	J2728	Guardian Security Systems, Inc.	171.39	Inv. #1541020 11/24 Fire Alarm/AES/Elevator Phone Monitoring
Check	10/09/2024	J2729	Joseph J. Jefferson & Son, Inc	31,664.78	9/2024 - Inv. #16711 Verdant Stucco Repair-Capitalize
Check	10/09/2024	J2730	JSH Properties Inc	7,887.38	Inv. #Verdant0924MF - Property Management Fee
Check	10/09/2024	J2731	Republic Services	2,895.59	9/2024 Inv. #0197-003418061 Kruger Trash/Recycling
Check	10/09/2024	J2732	Schindler Elevator Corporation	1,197.66	Inv. #7154023482 9/24/24 Service Call
Check	10/09/2024	J2732a	Schindler Elevator Corporation	373.95	10/2024 Inv. #8106701550 - Elevator Preventative Maintenance
Check	10/09/2024	J2733	Snohomish County PUD	6,957.24	10/2024 - Inv. #129384991 Kruger Electricity
Check	10/09/2024	J2733a	Snohomish County PUD	584.89	10/2024 - Inv. #129384991 Value Village Electricity
Check	10/09/2024	J2734	Allied Universal Security Services	8,072.16	9/13 - 9/26/24 Kruger Security Services
Check	10/09/2024	J2735	Waste Management	735.96	9/2024 Inv. #xxx2677-5, Trash/Recycle Pickup
Check	10/09/2024	J2736	Western Exterminator Company	290.65	9/26/24 Inv. #201056 Pest Control Services (Kruger)
Check	10/18/2024	J2737	Aardvark Services Corp.	101.35	10/15/24 Inv. #243283 Kruger/Langer Lot Sweeping
Check	10/18/2024	J2738	Armstrong Services	38.69	9/30/24 Inv. #13409 - Janitorial Supplies
Check	10/18/2024	J2739	Commercial Property Maintenance, Inc.	2,604.86	Inv. #114513, #114502, 11543 & #11542
Check	10/18/2024	J2740	Consolidated Landscape Maintenance, Inc.	1,430.07	Inv. #42290, #42432 and #42542 - Verdant Landscaping Services
Check	10/18/2024	J2741	Joseph J. Jefferson & Son, Inc	7,907.90	10/2024 - Verdant Stucco Repairs-Construction in Progress
Check	10/18/2024	J2742	JSH Properties Inc	14,450.60	10/2024 - Construction Managment Fee (WC & Kruger/Langer Refresh)
Check	10/18/2024	J2743	Allied Universal Security Services	8,072.16	Inv. #16261246 (9/27-10/10/24 Kruger/Langer Security Services)
Check	10/18/2024	J2744	Zipty Fiber	66.74	10/7-11/6/24 Acct. #xxxx010603-5 Phone Service
Check	10/18/2024	J2745	Zipty Fiber	146.93	10/7-11/6/24 Acct. #xxxx111914-5 Phone Service
Check	10/18/2024	J2746	Zipty Fiber	141.89	10/7- 11/6/24 Acct. #xxxx070396-5 Phone Service
Check	10/30/2024	J2747	Armstrong Services	2,351.68	10/15/24 Inv. #13432 Kruger/Langer Janitorial Supplies
Check	10/30/2024	J2748	Ben's Ever-Ready	286.20	10/2024 Inv. #26133 Annual Fire Extinguisher Inspection
Check	10/30/2024	J2749	Bulger Safe & Lock, Inc	586.95	10.23.24 WO #232717 - Rekeyed 7 supplied (3) New Keys
Check	10/30/2024	J2750	Camden Gardens, Inc.	2,505.02	10.24 Inv. #38689 & #38710 (Irrigation System Repairs)
Check	10/30/2024	J2751	City of Edmonds - Utilities	1,168.47	8.19 - 10.18.24 Acct. #4-50025 Water/Sewer/Storm Drain
Check	10/30/2024	J2752	City of Lynnwood - Utilities	1,046.78	8.28 - 10.23.24 Bill #519333, #519334, #519335
Check	10/30/2024	J2753	Commercial Property Maintenance, Inc.	1,029.04	Inv. #114611, 114623, #114610
Check	10/30/2024	J2754	Property Maintenance Com/Res	2,316.10	Inv. JSH-VT 093024.2, JSH-OVV103124.1, JSH-VT103124.1
Check	10/30/2024	J2755	RDH Building Science Inc	2,445.00	Inv. #59353 - Kruger/Langer Targeted Envelope Consulting
Check	10/30/2024	J2756	Snohomish County PUD	1,050.97	9/24-10/22/24 Inv. #162123000 Verdant Electricity
Check	10/30/2024	J2757	Allied Universal Security Services	8,072.16	10/11-10/24/24 Inv. #16300620 Kruger/Langer Security Services
Check	10/30/2024	J2758	Western Exterminator Company	290.65	10/24 Inv. #68911088 Kruger/Langer Pest Control Services
<b>Total - Wells Fargo Property Management Acct *7265</b>				<b>153,448.71</b>	<b>B</b>
<b>1003 - Wells Fargo Work Comp Acct *2725</b>					
			No Activity	0.00	
<b>Total - Wells Fargo Work Comp Acct</b>				<b>0.00</b>	<b>C</b>
<b>Total Warrants October 2024</b>				<b>320,844.90</b>	<b>A-C</b>

# PHD #2 Snohomish County-Verdant Health Commission

## Electronic Disbursements - October 2024

Type	Date	Num	Name	Amount	Memo
<b>Electronic Payments</b>					
<b>Wells Fargo Operating Acct *2709</b>					
<b>ACH Program Payments</b>					
ACH	10/15/2024	ACH Grn2544	Boys & Girls Club of Sno County	8,333.00	D A591 - BGCSC Behavioral Health Uplift Initiative 2.0
ACH	10/15/2024	ACH Grn2545	Center for Human Services	29,167.00	A571 - School Based Youth Counseling Services
ACH	10/15/2024	ACH Grn2546	Center for Human Services	15,000.00	A603 - Behavioral Health Integration
ACH	10/15/2024	ACH Grn2547	ChildStrive	16,665.00	A594 - ChildStrive Nurse Family Partnership
ACH	10/15/2024	ACH Grn2548	Community Health Center of Sno County	8,450.00	A619 - Uninsured Adult & School-based Dental Services
ACH	10/15/2024	ACH Grn2549	Concern for Neighbors Food Bank	2,500.00	A606 - Nutritional Food and Dairy Supplement
ACH	10/15/2024	ACH Grn2551	Cornerstone Medical Services Foundation	3,916.00	A624 - Dental Services
ACH	10/15/2024	ACH Grn2556	Domestic Violence Services Sno Co	15,750.00	A596 - DV Supportive Services Project
ACH	10/15/2024	ACH Grn2557	Edmonds College Foundation	6,125.00	A572 - Edmonds College Food Insecurity Expansion Program
ACH	10/15/2024	ACH Grn2558	Edmonds College Foundation	18,333.00	A618 - CRC Mental Health and Wellness Expansion Project
ACH	10/15/2024	ACH Grn2559	Edmonds Food Bank	12,499.00	A622 - Meeting Nutrition and Dietary Needs
ACH	10/15/2024	ACH Grn2560	Edmonds School District	28,333.00	A576 - Elementary Family Resource Advocates
ACH	10/15/2024	ACH Grn2561	Edmonds School District	6,320.00	A621 - Edmonds School District School Based Health Centers
ACH	10/15/2024	ACH Grn2562	Edmonds School District	37,496.00	A623 - Secondary Family Resource Advocates
ACH	10/15/2024	ACH Grn2563	Edmonds Senior Center	9,167.00	A609 - Enhancing Health and Wellness Program
ACH	10/15/2024	ACH Grn2564	Foundation for Edmonds School District	13,008.00	A592 - Nourishing Network – eliminating food insecurity
ACH	10/15/2024	ACH Grn2565	Inside Health Institute	4,167.00	A610 - Increase Whole Person Health Equity Care Access in S. Snohomish County
ACH	10/15/2024	ACH Grn2566	Jean Kim Foundation	23,660.00	A581 - Hygiene Center
ACH	10/15/2024	ACH Grn2567	Kinderling	3,333.00	A595 - Pediatric Therapies and Special Education
ACH	10/15/2024	ACH Grn2568	Korean Community Service Center	12,082.00	A597 - Mind, Body, and Soul for Korean Americans
ACH	10/15/2024	ACH Grn2569	Korean Women's Association	8,333.00	A620 - Immigrant and Refugee Holistic Health Program
ACH	10/15/2024	ACH Grn2570	Lahai Health	32,904.00	A574 - Lahai Dental Program
ACH	10/15/2024	ACH Grn2571	Lahai Health	24,873.00	A599 - Medical and Mental Health Care Programs
ACH	10/15/2024	ACH Grn2572	Latino Educational Training Institute	14,665.00	A614 - LETI Health and Family Wellness Program
ACH	10/15/2024	ACH Grn2573	Lynnwood Food Bank	6,683.00	A578 - Focus on Nutrition
ACH	10/15/2024	ACH Grn2574	Medical Teams International	12,500.00	A612 - Care & Connect
ACH	10/15/2024	ACH Grn2575	Millenia Ministries	10,833.00	A582 - Mobile Manna
ACH	10/15/2024	ACH Grn2576	Parent Trust for WA Children	2,664.00	A607 - 1st 5 Years: Mental Health/Parenting Support for Families in S. Sno. County
ACH	10/15/2024	ACH Grn2577	Prescription Drug Assistance Foundation	4,166.00	A625 - Prescription Drug Assistance Network
ACH	10/15/2024	ACH Grn2578	Project Access Northwest	8,333.00	A602 - Specialty Care Coordination
ACH	10/15/2024	ACH Grn2579	Project Girl Mentoring Program	11,749.00	A598 - 2024 Immersions Lab Program/Connections
ACH	10/15/2024	ACH Grn2580	Sound Pathways	10,938.00	A615 - Harm Reduction Center
ACH	10/15/2024	ACH Grn2581	South County Fire	41,518.00	A575 - Community Resource Paramedicine Program
ACH	10/15/2024	ACH Grn2582	St. Pius X Church	5,499.00	A613 - Mercy House
ACH	10/15/2024	ACH Grn2583	Support 7	2,835.00	A608 - Compassionate Care in Moments of Crisis
ACH	10/15/2024	ACH Grn2584	The Hand Up Project	15,000.00	A586 - The Highway 99 Hallmark of Hope
ACH	10/15/2024	ACH Grn2585	Therapeutic Health Services	24,167.00	A617 - Integrated Cognitive Therapies Program
ACH	10/15/2024	ACH Grn2586	UTSAV	6,249.00	A601 - Reducing inequities in health access/increase access to culturally appropriate food
ACH	10/15/2024	ACH Grn2587	WA Kids in Transition	8,333.00	A605 - Culturally Appropriate Food for Homeless Students
ACH	10/15/2024	ACH Grn2588	Washington West African Center - WAWAC	5,000.00	A611 - "KEPARR GI" Extended Drop In Center for Mental health/Food Security
ACH	10/15/2024	ACH Grn2589	Wonderland Child & Family Services	8,333.00	A604 - Hope RISING Clinic
ACH	10/15/2024	ACH Grn2590	YWCA of Seattle, King and Sno Co	7,362.00	A600 - YWCA Health Care Access Services
<b>Subtotal · ACH Award Payments Wells Fargo Operating Acct *2709</b>				<b>547,241.00</b>	<b>D</b>

continued

# PHD #2 Snohomish County-Verdant Health Commission

## Electronic Disbursements - October 2024

Type	Date	Num	Name	Amount	Memo
<b>Wells Fargo Operating Acct *2709</b>					
<b>ACH Operating &amp; Other Payments</b>					
ACH	10/08/2024	ACHP7872328	Anna Tarkowska McCleary	6,000.00	E 9/2024 - Inv. 24-09 Kruger CIP Management
ACH	10/15/2024	ACH241011	Canon Financial Services, Inc.	180.28	9/24 Invoice #35469274 for Contract #912953-1
ACH	10/02/2024	ACH 2533	Paychex	10,812.81	PPE 9/28/24 Ck Date 10/03/24 Payroll Taxes
ACH	10/02/2024	ACH 2534	Paychex	32,262.75	PPE 9/28/24 Ck Date 10/03/24 Net Payroll
ACH	10/03/2024	ACH 2535	Paychex	218.66	PPE 9/28/24 Ck Date 10/03/24 Payroll Service Fee
ACH	10/07/2024	ACH 2536	AmeriFlex Business Solutions	17.49	10/1/24 Inv. #2024100101 Employee FSA Claims
ACH	10/07/2024	ACH 2537	Principal Life Insurance Co.	153.80	1019549-10001 LTD, STD, Life Insurance
ACH	10/09/2024	ACH 2538	Valic	2,108.25	PPE 9/28/24 Ck Date 10/3/24 ER Match
ACH	10/09/2024	ACH 2539	Valic	2,609.31	PPE 9/28/24 Ck Date 10/3/24 EE Contribution
ACH	10/10/2024	ACH 2540	Wells Fargo Merchant Services	75.95	Merchant Service Fee
ACH	10/11/2024	ACH 2541	Paychex	50.00	Statement #:29698417 Monthly Admin Base Fee
ACH	10/11/2024	ACH 2542	AmeriFlex Business Solutions	23.00	INV776403 - Monthly Admin Fee
ACH	10/11/2024	ACH 2543	US Bank	356,000.00	9/2024 & 10/2024 Monthly Investment
ACH	10/16/2024	ACH 2552	AmeriFlex Business Solutions	8.92	10/11/24 Inv. #4537281 Employee FSA Claims
ACH	10/16/2024	ACH 2553	Paychex	34,615.04	PPE 10/12/24 Ck Date 10/17/24 Net Pay
ACH	10/16/2024	ACH 2554	Paychex	10,568.08	PPE 10/12/24 Ck Date 10/17/24 Payroll Taxes
ACH	10/17/2024	ACH 2555	Paychex	223.11	PPE 10/12/24 Ck Date 10/17/24 Payroll Service Fee
ACH	10/21/2024	ACH 2591	AmeriFlex Business Solutions	1.25	10/18/24 Inv. #4543650 Employee FSA Claims
ACH	10/21/2024	ACH 2592	Paychex	139.36	10/5/24 Inv. #6624256 Payroll Service Fee
ACH	10/21/2024	ACH 2593	WA State Dept of Labor & Industries	824.83	Q3 Acct. #207,942-00 L&I Payment
ACH	10/22/2024	ACH 2594	Valic	2,093.19	PPE 10/12/24 Ck Date 10/17/24 Employer Contribution
ACH	10/22/2024	ACH 2596	Valic	2,566.41	PPE 10/12/24 Ck Date 10/17/24 Employee Contribution
ACH	10/25/2024	ACH 2597	WA State Department of Revenue	812.38	9/2024 - B&O Tax Submission
ACH	10/31/2024	ACH 2598	Paychex	10,141.59	PPE 10.26.24 CK Date 10.31.24 Payroll Taxes
ACH	10/31/2024	ACH 2599	Paychex	32,915.34	PPE 10.26.24 CK Date 10.31.24 Net Payroll
ACH	10/31/2024	ACH 2600	Paychex	223.11	PPE 10.26.24 CK Date 10.31.24 Payroll Service Fee
ACH	10/21/2024	ACHP8104456	Axiom Northwest Construction	401,744.13	Kruger Refresh 10/8/24 Inv. #60172-8 (Progress Billing)-reclassified from property management
<b>Subtotal · ACH Operating Expenses Acct *2709</b>				<b>907,389.04</b>	<b>E</b>
<b>Total - ACH Operating Acct *2709</b>				<b>1,454,630.04</b>	<b>D-E</b>
<b>Wells Fargo Property Acct *7265</b>					
<b>Total · ACH Wells Fargo Property Acct *7265</b>				<b>0.00</b>	<b>F</b> Kruger Refresh Axiom Northwest 10/8/24 Inv 60172-8 progress billing-reclassified to operating acct 2709
<b>Summary-</b>				<b>Amount</b>	<b>Ref</b>
Warrants-All Accounts				320,844.90	A-C
Electronic Disbursements-Acct 2709				1,454,630.04	D-E
Electronic Disbursements-Acct 7265				-	F
<b>Total Disbursements October 2024</b>				<b>1,775,474.94</b>	<b>A-F</b> no change to total approved disbursements

PUBLIC HOSPITAL DISTRICT #2 OF SNOHOMISH COUNTY

DBA VERDANT HEALTH COMMISSION

**WARRANT AND ELECTRONIC DISBURSEMENT APPROVAL- OCTOBER 2024**

WE, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish, County, Washington do hereby certify that the merchandise or services hereinafter specified in the supporting schedules referenced A-C and D-F have been received and the Warrant Numbers and Electronic Transactions detailed herein have been issued in the payment amounts as follows:

Type	Account	By	Date	Check #	Total	Reference
Warrants	2717-Warrant	Verdant	10/1/2024-10/31/2024	16651-16690	167,396.19	A
Warrants	7265-Property Management	JSH	10/1/2024-10/31/2024	J2723-J2758	153,448.71	B
Warrants	2725-Workers Comp	Eberle Vivian	10/1/2024-10/31/2024		-	C
				<b>Subtotal Warrants</b>	<b>320,844.90</b>	<b>A-C</b>
Electronic	2709-Operating	Verdant	10/1/2024-10/31/2024	ACH GRN2544- ACHGRN2590; ACHP7872328- ACHP8104456	1,454,630.04	D-E
Electronic	7265-Property	Verdant	10/1/2024-10/31/2024		-	F
				<b>Subtotal Electronic</b>	<b>1,454,630.04</b>	<b>D-F</b>
				<b>Total Disbursements</b>	<b>1,775,474.94</b>	<b>A-F</b>

These warrants and electronic disbursements are hereby approved.

Attest:

\_\_\_\_\_  
Riene Simpson-CPA, Director of Finance  
District Auditor

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

## Verdant Community Social Worker Highlights: November 2024

- Case Management – continuing support for clients.
- Continue to provide inreach/outreach with Swedish Edmonds Hospital.
- CHART Leadership and Facilitation support. CHART team meeting on October 31 to review client status.
- VOA 211 Community Resource Advocate – Continuing support and community introductions.
- This past month included, weekly team check ins and monthly team staff meeting, the monthly County, Human Services Providers call, monthly Homeless Policy Taskforce, monthly Snohomish County Community BH Committee, , monthly south county provider meeting, monthly South County Human Services Monthly Connect. Special photography event for Verdant staff.
- Verdant events and participation: I worked at the Verdant Community Health Networking Event at the Lynnwood Event Center
- December 14<sup>th</sup> will be Verdant's next Narcan distribution event. It will be held at the Edmonds Food Bank from 12:00 – 2:00 pm. Participants are encouraged to drop off non-perishable food while picking up their Narcan. This is in partnership with the food bank and the City of Edmonds.

## Marketing Report for Nov 2024 Board Meeting

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### Social Media: Oct 14 – Nov 12, 2024

Facebook	Instagram
<b>Reach:</b> 4,100 (down 70.0%)	<b>Reach:</b> 302 (down 10.1%)
<b>Content Interactions:</b> 148 (down 20.3%)	<b>Content Interactions:</b> 78 (down 4.8%)
<b>Followers:</b> 1,669 (up 6)	<b>Followers:</b> 245 (up 10)
<b>Posts:</b> 18 (down 5)	<b>Posts:</b> 15 (down 4)

### Current Happenings:

- The [November Newsletter](#) went out with the theme of acknowledging partners who work in food security during the holiday season
- Website requirements were discussed with the Company's provided developer who is putting together a project plan
- An exhibit design company was sourced to manufacture lighted information displays for The Langer Clinic to communicate who Verdant is to the public
- Discussions are in progress with media outlets about 2025 paid media opportunities: My Neighborhood News Network, Seattle Times and Latinoherald.com

### Nov Events

- Third Walk with a Latina Doc Nov 9
- Join or Die Screen @ Edmonds Waterfront Center Nov 19

### Press This Month

[Verdant brings nonprofit leaders together for community health networking event](#)

[Foundation for Edmonds School District receives funding to enhance food and family support programs - My Edmonds News](#)

[Health Matters: Roadblocks to health — Without transportation, local residents may skip health care](#)

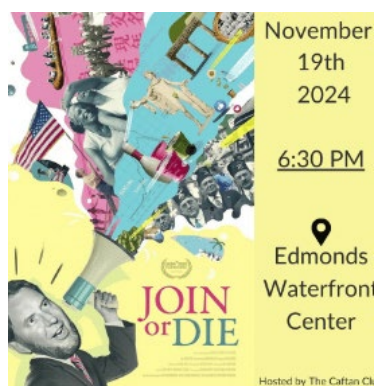
[Next Walk with a Latina Doc Nov. 9 at Meadowdale Middle School](#)

["Fake News" and the negative impact of health misinformation on the Latino community](#) (Sponsored story in Latinoherald.com)

[Verdant sponsoring teen cook-along Nov. 16: Buckwheat pancakes with warm apple compote](#)

[Verdant to present free Healthy Holiday Sides cooking demo Nov. 13](#)

## Other New Content/Promotional Materials Created



## Nutritional and Multicultural Programs Overview for October 2024

### Cooking Demonstrations:

- Verdant: High Protein One Pot Vegan Meals
- Verdant: Mocktails & Small Bites
- Verdant: Delicious and Cost-Effective Dishes
- Edmonds Waterfront: Monthly session for individuals struggling with food insecurity

**4 total**

### Teen Cooking Class:

- Verdant: Scriber Lake Teen cooking class
- Virtual: Teen Cook-Along - Sweet Potato Nachos and Blueberry Mango Smoothie

**3 total**

### Nutrition Education:

#### ***Collaboration with Stilly Valley- webinar provided by Sound Dietitians***

- Virtual: Preventing Type 2 Diabetes Series 8-Part Series
- Virtual: Food & Your Mood: The Link Between Nutrition & Mental Health 2-Part Series

**6 total**

## Multicultural Program Overview:

- Verdant: **Monthly Support Group (Women's Mental Wellness)** - Spanish - workshop
- Verdant: **Connecting, Empowering, and Guiding Your Teenager** *Latino Community Support 6-week series – (workshops)*
- Spanish Collaborative: **Building a Strong Heart** - *cooking demo*
- **High School Basics- 2** Explore optional high school programs: AP, Honors, CTE, IB, CIHS classes and Running Start program – *webinar*
- **Navigating the 5th Grade to Middle School Transition** How to support your child through the emotional, physical, and academic changes of the high school transition - *webinar*
- **Virtual - Navigating the 8th Grade to High School Transition** How to support your child through the emotional, physical, and academic changes of the high school transition - *webinar*
- **Drum Circle for Teens**

**10 total**

### **WinCo Vouchers distribution in October:**

- Community Partners – **133 vouchers**