Verdant Community Wellness Center

4710 196th St. SW, Lynnwood, WA 98036

Available Rooms and Resources

Location	Room	Room Name	Capacity	Resources in room
1st Floor	Large Training Room	Cedar	50 with tables & chairs 75 with chairs only	Large screen, projection system, microphone/sound system, whiteboard, tack boards, (2) podiums
1st Floor	Teaching Kitchen	Maple	8-10 hands-on 12-14 demonstration	2 screens that visualize the cooking surface, gas range, double ovens, microwave, cooking utensils/supplies
2nd Floor	Large Classroom #4	Birch	18-20 with tables & chairs 30 with chairs only	Drop-down screen, (2) whiteboards, coffee service center
2nd Floor	Private Meeting Room/ Small Conference Room #5	Cypress	conference table accommodates 4	Frosted glass privacy door, whiteboard, sink
2nd Floor	Medium Conference Room #6	Sequoia	conference table accommodates 6-8	Wall monitor, whiteboard
2nd Floor	Small Conference Room #7 closest to elevator	Madrona	conference table accommodates 4	Whiteboard

Additional Resources/Technology Available for Check Out
(On a first-come, first-served basis)

- Laptops – 3 available
- Projector – 1 available
- Extra Tables
- Extra Chairs
- Conference Phone – 1 available
- Flip-Chart Easel – 1 available

Items to Bring With You
(Please bring your own, if needed)

- Laptop and cable if you prefer to use your own
- Food and cooking supplies to use in Maple – Teaching Kitchen – if needed items are not provided on the kitchen equipment list
- Flip chart paper and markers
- Coffee (pots and filters are available to brew here)

For more information about scheduling a room at the Verdant Community Wellness Center, visit verdanthealth.org or call (425) 582-8600.